

Youth/Teen Non-Profit Service Opportunities

July 2025

Organizations listed serve Gilbert residents in need

This is provided as an overview, however, please check directly with the organization for updates.

Aster Aging

Empowering and supporting East Valley older adults and their families to remain independent and engaged in our communities.

[Aster Aging, Inc. : Help Us : Volunteer \(asteraz.org\)](http://asteraz.org)

Phone: (480) 964-9014

Ages: Family Friendly project opportunities

Group Volunteer Opportunities available

- We are happy to work with groups and service clubs of adults, teens and children under 12 to create meaningful volunteer projects.

AZCEND

Offers services such as food boxes, senior nutrition & activities, rent & utility assistance, homeless services, case management, and family programming.

[Volunteer – AZCEND](http://azcend.org)

Phone: (480) 963-1423 X106 or volunteer@azcend.org

Ages: Adult and youth volunteers (at least 5 years of age or above). Volunteers 5 to 14 years old must be accompanied by an adult; court-ordered community service volunteers are accepted on a case-by-case basis.

Volunteer Opportunities: Food Bank support –Data Entry positions –Kitchen Assistant

Boost a Foster Family

Meets the needs of low-income kinship families applying for foster care licensure.

<http://boostafosterfamily.org/>

Phone: (480) 298-5665

Ages: Family friendly

General Opportunities:

- Donate a Starter Kit or Unused Gift Cards
- Start a Drive - Conduct a drive for a certain item such as smoke alarms or coin drive. Simply fill out your contact information at the following link. <http://boostafosterfamily.org/index/start-a-drive/>

Boys & Girls Club-Gilbert Branch

BGCAZ offers after school and summer programs for youth in grades K-12

[Volunteer Boys & Girls Clubs of the Valley](http://bgcaz.org)

Gilbert Branch Phone: (480)813-2020 or (602) 954-8182

Email: donna.martin@bgcaz.org or info@bgcaz.org

Ages: 13 years and up (high school students preferred as youngest age – varies by location)

Club Volunteer Opportunities: Homework Hero, Sports Coach, Sports League Volunteer, Club Activity Specialist (program areas may include Arts, Games Room, Computer lab, Education Center), and other opportunities as needed. Club Volunteer opportunities are available Mon – Friday during club hours, with some Saturdays for sports programs.

Event Volunteers: Opportunities to support local branch activities, and BGCAZ fund raising events. These opportunities are perfect for volunteers with limited time and busy schedules. Weekend opportunities available.

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Clothes Cabin-One Small Step:

Provides free clothing, household linens, shoes, work boots and additional necessities to people in need.

[Clothes Cabin \(onesmallstepaz.org\)](http://ClothesCabin(onesmallstepaz.org))

Phone: (480) 285-4111

Email: info@onesmallstepaz.org

Ages: 16 and up

Needs: Client Services - Our clients need help registering and selecting clothes. Volunteers use their computer skills to collect client data and service statistics; another volunteer acts as a store associate to help clients with clothes, bagging their selections, and retrieving linens upon request. Knowing Spanish is a big asset! The commitment is Thursday 4p-7p.

City Hope

Offering food, clothing and hygiene items, free of charge, to all our guests.

<https://www.cityhopeaz.org/get-involved>

Phone: 480-900-5422

Email: info@christaz.org

Ages: Volunteers must be 15 years of age or older to serve without a parent present. Children as young as 10 can serve in the center when accompanied by a parent.

Needs: Sort donations, stock shelves, or shop with guests

Cultivate Goodness:

Making serving easy! We seek out areas of greatest need and provide relief, cultivating goodness in our local community.

<https://cultivate-goodness.org/support/>

Email: info@cultivate-goodness.org

Ages: All ages

- Provide a meal for a domestic violence shelter
- Opportunities at the Queen Creek botanical garden

HD South

Celebrates the past, inspires unity of all people, and cultivates life-enriching collaboration.

[Volunteer Opportunities in Gilbert | HD SOUTH](#)

Phone: (480) 926-1577

Email: info@hdsouth.org

Ages: 16 or older

General Volunteer Opportunities:

- Collections Volunteers
- Program Volunteers
- Event Volunteers

House of Refuge

Transitional Housing Program with supportive services for families experiencing homelessness

[Volunteer – House of Refuge](#)

Phone: (480) 988-9242 X15

Email: volunteer@houseofrefuge.org

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Ages: Must be at least 15 years old. Must be 18 if volunteering in the Community Center.

Individual volunteers- required to possess a fingerprint clearance card & volunteer for a minimum of two shifts per month, committing to at least a six-month term.

Opportunities include:

- Working alongside our Maintenance with groundskeeping including but not limited to cleaning/painting homes, general repairs & landscaping.
- Through our Donation Center, greeting donors, unloading, processing, organizing, & storing donations.
- We also welcome all Boy Scouts and Girl Scouts troops for community projects, Eagle Scout projects and Bronze, Silver & Gold award projects.

JFCS

Strengthens the community by providing behavioral health, healthcare and social services to all ages, faiths, and backgrounds. We offer a safe space to be attentive, compassionate, and provide confidential care.

[JFCS Volunteering | Greater Phoenix Volunteer Opportunities \(jfcsaz.org\)](https://www.jfcsaz.org)

Phone: (602) 567-8383 volunteercoordinator@jfcsaz.org

Ages: Adult, Teen and Group volunteers are welcome to help serve at JFCS though

- Ambassadors
- Organizational Support
- Special Events
- Food Pantry
- Professional Leadership development
- Youth programs support
- Senior Program Support

Junior Achievement

Empowering youth people to own their own economic success

<https://www.jaaz.org/volunteer/>

Phone: 480-377-8500

Email: info@jaaz.org

Ages: Adult, Teen, Groups, and Professional Leadership Group

Activities:

- Annual Backpack Drive
- Caring Cards Program
- MITZVAH Projects
- Senior Programs

Matthew's Crossing Food Bank

Provides food assistance including backpacks for youth and food closets at public schools

[Volunteer – Matthew's Crossing Food Bank \(matthewscrossing.org\)](https://www.matthewscrossing.org)

Phone: (480)857-2296

Email: info@matthewscrossing.org

Ages: Children 5-13 can volunteer with an adult. Age 14 and over can volunteer without an adult.

Spanish speaking volunteers needed for all shifts. Must be able to lift 25lbs regularly throughout the shift and stand for three (3) hours.

Opportunities for Individuals and groups (less than 20).

- **Emergency Food Box Program** - Shifts are M,T,TH,F from 7:30AM-11:00AM and Wed 2:30PM-6:00PM
- **Meals to Grow Backpack Program**-Tuesdays 8:30AM-12:00PM

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Midwest Food Bank

Gathers and distributes food donations to non-profits and disaster sites without cost to recipients

[Arizona - Midwest Food Bank](#)

Phone: 480-892-0134

Email: volunteercoordinator@midwestfoodbank.org

Ages: Family friendly for all ages

On-site Opportunities include:

- Repackaging bulk foods into manageable quantities for distribution
- Labeling bags or cans
- Preparing disaster relief boxes and/or 'snack pack' kits

Salvation Army

Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

[Volunteer Opportunities - The Salvation Army USA Western Territory](#)

Phone: 1-800-728-7825

Ages: Family friendly opportunities

- **Food Pantry Worker:** Assist with the preparation of the food boxes for distribution.
- **Senior Meal Program:** Do you love being in the kitchen? Do you love helping others? This is the perfect opportunity for you!
- **Salad and Go:** One THURSDAY a month. Helping build salads for those in the community.

Save the Family

Equips families to address poverty, overcome homelessness and achieve self-sufficiency.

<http://savethefamily.org/get-involved/volunteer/>

Phone: (480) 898-0228 x201 or volunteer@savethefamily.org

Ages: Family Friendly opportunities

Group Opportunities: Welcome Home Paint and Clean Projects, Clean and Sanitize Classrooms, Organize a Donation Drive or Baby Shower

St. Anne Friends of the Needy Food Bank

Providing food and assistance to families and individuals in crisis in our community.

[Friends of the Needy Ministry | St. Anne \(stanneaz.org\)](#)

Phone: (480) 507-4466 or (480) 507-4400

Email: Johnc@stanneaz.org

- **Volunteer** stocking and organizing canned goods, sorting through grocery rescue, prepping boxes of food for clients, sorting through donations of children's clothing, organizing baby items (diapers, wipes, food). Volunteers are needed on public distribution days, Tues - Thurs, from 8am - 11:30am. If larger groups of 10 - 15 would like to volunteer, contact John for a private Saturday shift, from 7:30am-11:30am.
- **Donate-** Milk, eggs, meats, Pasta & sauces, PB & Jelly, canned goods and other nonperishable items, as well as children's needs (diapers, clothing, toys, etc.). [Financial contributions](#), gift cards for grocery stores are also accepted. **Donation drop-off during our hours of operation Mon-Sunday from 7AM-12PM**

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United Food Bank

Provides supplemental and emergency food to those in need.

[Volunteer – United Food Bank](#)

Ages: Children ages 5 to 15 can volunteer to build food bags/sort food when accompanied by an adult. Ages 16-17 can volunteer independently with a signed waiver by a parent or guardian.

Opportunities can be one-time or on-going.

- Host a food drive
- Become a fundraiser
- Building emergency food bags

Weekly Collective LLC:

Organizes volunteers to provide yard work and other small house maintenance services to qualifying seniors in Gilbert.

<https://weeklycollective.com>

Phone: (480) 223-7863

Ages: Family Friendly, Groups and Individuals

Volunteer opportunities:

- Gilbert Day of Service for Seniors

OTHER VOLUNTEER RESOURCES:

- Just Serve: www.justserve.org