Spring 2019

RECREATION GUIDE

MARCH * APRIL * MAY

Library Services * Parks * Recreation
Riparian * Special Events * Sports
On the Cover:
Opening day, February 9, at Cactus Yards. We have everything from adult softball, kickball and indoor soccer leagues to youth sports including baseball and indoor soccer. For more info on Cactus Yards go to gilbertaz.gov/cactusyards
Gilbert Parks and Recreation Department commits to provide superior parks, recreation and cultural programs, which exceed customer expectations, enhance the quality of life, and promote lifelong leisure and educational pursuits. These services are provided by a dedicated team, focused on fairness, trust and innovation, with a commitment to excellence.

Gilbert Parks & Recreation Office
90 East Civic Center Drive
Gilbert, AZ 85296

480-503-6200

Recreation@GilbertAZ.Gov

Contact & Connect

Gilbert Parks & Recreation

Our Mission

Gilbert Parks and Recreation

Foundation

Gilbert Town Council

Parks, Recreation & Library Services Advisory Board

Americans with Disabilities Act (ADA)
The Town of Gilbert complies with the Americans with Disabilities Act (ADA). For accommodations, please call (480) 503-6200.

Gilbert Assistance Program (GAP)
This scholarship program is designed to help economically challenged children to be able to participate in Gilbert Recreation Programs. Click for more information.

Connect for more fun!
Online Registration
Begins 2/26/19 for Residents
If you have not created a Gilbert Recreation Account, you must create one in order to register. If you have created one and can’t access your account, please call 480-503-6200.
GilbertRecreation.com

Walk-In Registration
Begins 2/28/19 for Residents
Feel free to visit any of these locations during typical business hours to register in person:
Freestone Recreation Center 1141 E. Guadalupe Rd.
Gilbert Community Center 130 N. Oak St.
Gilbert Parks & Recreation Offices 90 E. Civic Center Dr.
McQueen Park Activity Center 510 N. Horne St.

Mail-In Registration
Begins 2/28/19 for Residents
Mail Registration Form along with payment to:
Attention: Registration
90 E. Civic Center Dr.
Gilbert, AZ 85296
Make checks payable to Town of Gilbert
A $25 service charge will be assessed on returned checks.

Class Policies, Cancelation & Refund Information
Withdrawals, transfers and refunds are allowed up to 10 days prior to the program start date, less a $5 administrative fee. The administrative fee does not apply when the Town initiates a class cancelation due to low enrollment or unforeseen circumstances. In this case the full class fee will be credited back to the customer account. Credits will remain on customer accounts until the middle of the current class session to allow time for transfers to other classes or programs. Any remaining credits on accounts by mid-session will be refunded back to the cardholder. Classes priced at $10 or less are nonrefundable. No refunds or transfers within 10 days prior to the program start date.

How To
Register

General Registration Information
Spring Registration:
Friends of the Foundation Members: Monday, Feb. 25
Gilbert Resident Registration: Tuesday, Feb. 26
Non-Resident Registration: Thursday, Feb. 28
Summer Recreation Guide Online: Friday, April 12

Spring 2019 Recreation Guide
Program Locations

<table>
<thead>
<tr>
<th>Location</th>
<th>Address 1</th>
<th>Address 2</th>
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</thead>
<tbody>
<tr>
<td>CY</td>
<td>Cactus Yards</td>
<td>4536 E. Elliot Rd.</td>
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<tr>
<td>CC</td>
<td>Gilbert Community Center</td>
<td>130 N. Oak St.</td>
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<tr>
<td>CPARK</td>
<td>Crossroads District Park</td>
<td>2155 E. Knox Rd.</td>
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<tr>
<td>DPARK</td>
<td>Discovery District Park</td>
<td>2214 E. Pecos Rd.</td>
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<tr>
<td>FPARK</td>
<td>Freestone District Park</td>
<td>1045 E. Juniper Rd.</td>
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<tr>
<td>FRC</td>
<td>Freestone Recreation Center</td>
<td>1141 E. Guadalupe Rd.</td>
</tr>
<tr>
<td>MPAC</td>
<td>McQueen Park Activity Center</td>
<td>510 N. Horne St.</td>
</tr>
<tr>
<td>MPARK</td>
<td>McQueen District Park</td>
<td>490 N. Horne St.</td>
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<tr>
<td>PPARK</td>
<td>Page Park</td>
<td>120 N. Oak St.</td>
</tr>
<tr>
<td>RP</td>
<td>Riparian Preserve at Water Ranch</td>
<td>2757 E. Guadalupe Rd.</td>
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<tr>
<td>SERL</td>
<td>Southeast Regional Library</td>
<td>775 N. Greenfield Rd.</td>
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</table>

Registration Begins: February 26th • Register online at GilbertRecreation.com
Community & Family Events

March 2019

WIGGLE WORM ADVENTURES
Every Friday | 9-11am
5 Years & Under | $1.50 Res/$2 Non-Res
McQueen Park Activity Center | 480-503-6294

STORYTIME WITH BEAR
March 8 | 10am & 10:30am Seatings
All Ages | FREE
McQueen Park Activity Center | 480-503-6294

KIDZ KAMP AFTER DARK
March 8 | 5-9PM
5-10 YEARS | $20
Freestone Recreation Center | 480-503-6202

DOWNTOWN CONCERT SERIES
March 14 & 28 | 6:30-8:30pm
All Ages | FREE
Water Tower Plaza | 480-503-6200

GILBERT SYMPHONY
March 15 | TBD
All Ages | More info in January
Higley Performing Arts Center | gilbertaz.gov/events

KAPOW SUPERHERO ADVENTURE RUN
March 23 | 8am
All Ages | $35
Freestone Park | 480-503-6200

April 2019

WIGGLE WORM ADVENTURES
Every Friday | 9-11am
5 Years & Under | $1.50 Res/$2 Non-Res
McQueen Park Activity Center | 480-503-6294

Global Village
April 6 | 9am-2pm
All Ages | FREE
Gilbert Civic Center | 480-503-6200

MOVIE IN THE PARK
WRECK IT RALPH BREAKS THE INTERNET
April 5 | 7pm
All Ages | FREE
Gilbert Community Center | 480-503-6290

STORYTIME WITH BEAR
April 12 | 10am & 10:30am Seatings
All Ages | FREE
McQueen Park Activity Center | 480-503-6294

KIDZ KAMP AFTER DARK
April 12 | 5-9PM
5-10 YEARS | $20
Freestone Recreation Center | 480-503-6202

May 2019

WIGGLE WORM ADVENTURES
Every Friday | 9-11am
5 Years & Under | $1.50 Res/$2 Non-Res
McQueen Park Activity Center | 480-503-6294

STORYTIME WITH BEAR
May 10 | 10am & 10:30am Seatings
All Ages | FREE
McQueen Park Activity Center | 480-503-6294

KIDZ KAMP AFTER DARK
May 10 | 5-9PM
5-10 YEARS | $20
Freestone Recreation Center | 480-503-6202

MOVIE IN THE PARK-MARY POPPINS RETURNS
May 10 | 7pm
All Ages | FREE
Gilbert Community Center | 480-503-6290

DOWNTOWN CONCERT SERIES
May 9 & 23 | 6:30-8:30pm
All Ages | FREE
Water Tower Plaza | 480-503-6200

MOTHER/DAUGHTER SPRING TEA
May 11 | 10am-12pm
All Ages | $25 (Adult & child)
Gilbert Community Center | 480-503-6290
Downtown Concert Series
Water Tower Plaza
Thursdays 6:30-8:30PM
Food Trucks 6:00pm

March 14 - March 28 - April 11 - April 25

gilbertaz.gov/concerts

presented by:
Dignity Health.

2019 Gilbert Global Village Festival
Presented By:
Dignity Health.
Mercy Gilbert Medical Center

April 6, 2019
9am-2pm
Gilbert Civic Center

Gilbert Outdoors Expo
Gilbert Riparian Preserve
Presented By:
Banner Health Center

Save the Date! Offering Some of the Best Outdoor Leisure Activities in the Valley
February 23rd - 9am-2pm

Fishing
Hiking Tips
Birding
Observatory
Reptiles-Hands On Wildlife Education
Golf Demos
... and more

Call (480)503-6200 or visit
WWW.GILBERTAZ.GOV/OUTDOORS

Ethnic Foods Entertainment Crafts Cultural Displays World Market

www.gilbertaz.gov/globalvillage
**Earth and Arbor Day Celebration**

**Wednesday, April 17**

10:00AM TO 12:00PM

**at McQueen Park Activity Center**

FREE Family Activities Include:
- Face painting
- Recycle arts & crafts
- Recycling inspired games and activities
- Upcycled, Recycled and Repurposed DIY ideas
- Tree planting ceremony and workshop
- Live animals

FREE Earth Day Giveaways
- Learn about environmental programs offered in YOUR Town
- Receive conservation information from various Town of Gilbert Departments and other local organizations

FREE Plastic Grocery Bag Recycling
Bring in your plastic grocery bags and we’ll reuse them as mutt mitts in our Parks!

**FOR MORE INFORMATION**

www.gilbertaz.gov/mcqueen-activitycenter
480.503.6294

All ages Welcome

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**MOTHER DAUGHTER TEA PARTY**

**Gilbert Community Center**

130 North Oak Street

Gilbert, 85233

May 11th

10am until 12pm

$25 per couple/ $5 per additional daughter

Register online at gilbertrecreation.com
480-503-6290

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**MOTHER SON GLOW PARTY**

**Get your glow on!**

**June 14th**

Gilbert Community Center

130 north Oak Street

Gilbert, 85233

6:30pm to 8:30pm

$25 per couple/ $5 per additional son

Register online at gilbertrecreation.com
480-503-6290

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Registration Begins: February 26th • Register online at GilbertRecreation.com
Adaptive Recreation & Events

ADAPTIVE RECREATION OVERVIEW
Gilbert offers a wide variety of activities and programs for participants ages 14+ years with adaptive recreation needs. All of our programs and activities are designed to be fun, with an emphasis on meeting people and establishing new friendships. It is our hope that our programs will enrich the lives of our participants. Classes have limited availability and are fill up quickly so sign up to reserve your spot today. Feel free to email us if you have any questions.

AR Classes

ADAPTIVE STEM CAMP
Join Kids Connect for our Spring S.T.E.M. camp! Keep your child engaged in learning over break with hands-on activities that include science, engineering and art which are taught by 2 experienced special educators. Our camp will provide more than supervision and incorporate a schedule that teaches social skills, sensory regulation, behavior management and teamwork, along with themed activities. Low teacher to student ratio is a priority. Space will be limited.
15-10 YEARS
15863 M-F 3/11-3/15 9-11am MPAC $140
Instructor: Kids Connect Staff

COOKING 101-ADAPTIVE RECREATION
In your cooking class, we will provide easy to follow recipes that are fun to make and fast to put together. We will also learn basic kitchen safety tips. How-to instructions will be provided each week to re-create at home. Bring home the skills to be a great chef! The possibilities are endless! Participants should be able to follow simple directions and be safe around kitchen equipment. You must register for this class, drop-in not allowed for this class.
12+ YEARS
15411 W 3/20-5/15 4:30-5:30pm CC $95
Instructor: Pam Jackson

DANCE & TUMBLE
Adaptive Dance & Tumble provides exercise and social opportunities for your athlete. In this class we will have fun exploring movement concepts, developing dance skills, strengthening the body and brain and interacting with others. We will also proceed around an obstacle course focusing on basic tumble skills. Listening skills, social interaction, and building friendships are also a part of this class. Participants should be able to follow simple directions.
14+ YEARS
15862 T 3/19-5/14 4:30-5:30pm CC $140/$5 per week
Instructor: Jennifer Myers

HANDMADE CRAFTS
Come have fun with your friends while making a new craft each week. Each handmade craft will be a great keepsake item for your-self or to give as a gift. This class is designed specifically for persons with special needs. Participants should be able to follow simple directions. You must register for this class, drop-in not allowed for this class.
14+ YEARS
15277 T 3/19-5/14* 4:30-5:30pm CC $40
Instructor: Susan Miller *No class 4/30

RECREATION BOWLING
Individuals with special needs 8 years and older are encouraged to join in the fun of bowling. Taking part in this sport provides individuals the chance to develop physical fitness, self-confidence and build strong relationships. Those needing extra supervision must provide his/her own aide. Register in advance to guarantee your bowling lane. Practices will be held at Bowlero 1160 S. Gilbert Rd. Register early space is limited! All bowlers must register or RSVP to guarantee space no exceptions!
8+ YEARS
15282 TH 3/21-5/16 4:15-5:15pm Bowlero $54/$5 per week
Instructor: Gilbert Staff

SANCHIN-Ryu KARATE-ADAPTIVE STUDIES
Have fun learning the fundamental movements of Sanchin-Ryu. Benefits include: enhanced balance and coordination, improved motor skills, enhanced communication skills and useful self-defense techniques. Students study in a fun, high-energy, non-competitive environment. Participants must be able to follow simple directions. Please wear comfortable clothing that does not restrict movement.
10+ YEARS
15412 T 3/19-5/14 4:30-5:30pm CC $45
Instructor: Sanchin-Ryu Staff

ZUMBA
This is a slower paced cardio workout designed for beginners and those with physical limitations. Easy to follow dance steps are set to unique Latin dance music to help maximize caloric output with fun, fat burning movements. This class increases skills in coordination, balance, discipline, memory, and movement.
12+ YEARS
15281 M 3/18-5/13 5-6pm CC $45/$5 per week
Instructor: Michelle Dulansky

AR Classes
**March**

**Movie at the Community Center**
Sit back, relax, and enjoy a movie on the big screen! We will have pizza, popcorn, and drinks! Movie is TBA and will be shown on the big screen inside of the Gilbert Community Center.

*12+ Years*

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
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<tbody>
<tr>
<td>3/15</td>
<td>6:30-8:30pm</td>
<td>$5</td>
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**Barleens Arizona Opry**
Join us for dinner and a show! Barleens Arizona Opry offers some of Arizona's best musicians and entertainers the state has to offer. We will enjoy a fantastic show and a delicious dinner of roast, chicken, veggies, mashed potatoes and chocolate cake included in the admission. Ice cream sundaes and root beer floats will be available for purchase during intermission.

*14+ Years*

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<th>Time</th>
<th>Cost</th>
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<tr>
<td>3/8</td>
<td>5:15-10:15pm</td>
<td>$42</td>
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**April**

**Karaoke Night**
It’s here again! Warm up those vocal chords and get those dance moves ready because it’s karaoke time! Enjoy a night of singing, dancing and socializing with your friends. Food and drinks will be served.

*12+ Years*

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<th>Cost</th>
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<tr>
<td>4/19</td>
<td>6-9pm</td>
<td>$5</td>
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**Comedy Show**
Join us at the improve club for a night of fun, laughter, and games with Chandlers best comedy club, Improv Mania. This is a family friendly show and relies heavily on audience participating with shouting out suggestions. We will start the evening off at West Alley BBQ for dinner and then head to the show. There will be no shortage of laughs on this field trip! Please bring 20-25 Dollars for dinner. Transportation is provided and is limited to 20 passengers. Registration is required to receive group pricing.

*14+ Years*

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<th>Cost</th>
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<tr>
<td>4/12</td>
<td>5-8:30pm</td>
<td>$14</td>
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**May**

**Laua Prom**
Grab your grass skirt or Hawaiian shirt and Hula your way on down to the Gilbert Community Center for this year’s prom! We will have plenty of dancing, yummy Hawaiian food, and pictures! Grab a friend and let the island mentality for the night!

*14+ Years*

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<tr>
<td>5/17</td>
<td>6-9pm</td>
<td>$5</td>
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**Jakes Unlimited**
Join us at Jakes Unlimited for unlimited day of fun! We will spend the day enjoying the unlimited Buffet, including pizza, pasta, salads and more, playing unlimited video games, laser tag and rides, playing a game of regular and mini bowling, and on top of that you will receive a $10 game card for ticket redemption games! Transportation is provided and is limited to 20 passengers. Registration is required to receive group pricing. Transportation is provided and is limited to 20 passengers.

*14+ Years*

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<th>Date</th>
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<th>Cost</th>
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<tbody>
<tr>
<td>5/24</td>
<td>10:45am-4:15pm</td>
<td>$40</td>
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</table>

**June**

**Splashing and Dancing**
This special dance is designed specifically for teens and adults with special needs. Join your friends and family in a fun evening of swimming and dancing. Light refreshments will be served. The pool will be closed to the public and lifeguards will be on duty for this special event. This event will be held at the Mesquite Aquatic Center, 100 W. Mesquite Street.

*12+ Years*

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<th>Time</th>
<th>Cost</th>
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<tr>
<td>6/21</td>
<td>6:30-8:30pm</td>
<td>$5</td>
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**Lunch and Toy Story 4**
Come see Toy Story 4 and grab some lunch with friends! We will be going to Flix Brew House, where we can enjoy the movie with some delicious food! Please bring an additional 15-20 dollars for food or snacks and sit back, relax and enjoy! Transportation is provided and is limited to 20 passengers. Registration is required to receive group pricing.

*14+ Years*

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<tr>
<th>Date</th>
<th>Time</th>
<th>Cost</th>
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<tr>
<td>6/28</td>
<td>TBA</td>
<td>$9</td>
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ARIZONA SCIENCE CENTER MEDIEVAL MADNESS CAMP
Medieval Madness: Embark on a quest to uncover how people from the Middle Ages used science, art and engineering to shape the medieval world as we know it. Investigate castles, chemistry and catapults as well as engineer mechanical contraptions and discover the science of apothecary.

6-10 YEARS
15057 M-F 3/11-3/15 9am-12pm SERL $120
Instructor: Arizona Science Center Staff

CHARACTER, CHARM, ETIQUETTE & LEADERSHIP CAMP
Charm and etiquette, character, leadership, poise, social skills, manners, values, self-respect, are all behaviors important to healthy social and emotional growth. Your child is instructed in behaviors that demonstrate these values along with specific lessons in table manners, social skills, telephone etiquette and more. This course will build esteem and provide an advantage in valuable social skills. A one-time material fee of $8 will be collected by the instructor on the first day of class.

8-14 YEARS
15413 M-W 3/11-3/15 10am-12pm MPAC $69
Instructor: Arizona Academy of Charm Staff

FAIRYTEALE PRINCESS DANCE CAMP
Your princess will dress-up and dance each day away to their favorite songs along with our enchanted Fairytale Princesses. Ballet, jazz & creative movement will be taught at a professional dance studio. Dancers will also play princess games & get crafty. Princess costumes encouraged — don’t have one? Your dancer can wear one of ours! Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7, Chandler, AZ 85225.

3-7 YEARS
15058 M-W 3/11-3/13 10am-12pm DSD $65
Instructor: Desert Star Dance Staff

GOLF 3-DAY SPRING BREAK CAMP (LEVEL I)
Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for both the true beginner and newly intermediate level junior golfer. They will develop a proper pre-shot routine and jump right into making full swings and hitting golf balls. Chipping, pitching, putting and driver swing will follow. They will learn proper practice habits and finish ready to tackle the golf course. Rules, etiquette and golf course management will be taught accordingly. Advancement to the Golf Better Junior Series (Level II) will be determined by Coach Mike. Class limited to 6 players. Participants will be broken into groups according to age and skill level the first day of camp. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

4-17 YEARS
15059 T-TH 3/12-3/14 9-10am WS $95
Instructor: Mike Arrigoni, PGA

GOLF 3-DAY SPRING BREAK CAMP (LEVEL II)
Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for the junior golfer who is already playing golf or has the required skills to start playing on the golf course. Players will redevelop proper swing positions and start to achieve a more consistent ball flight. They will learn proper practice habits and finish ready to shoot lower scores on the golf course. Rules, etiquette and golf course management will be taught accordingly. Class limited to 10 players. Participants will be broken into groups according to age and skill level the first day of camp. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Irons – swing shape and solid contact
Week 2 Pitching – effective loft and distance control
Week 3 Irons – solid contact and direction
Week 4 Putting – aim, stroke, speed control and reading the green
Week 5 Driver – launch angle and maximum distance

8-17 YEARS
15060 T-TH 3/12-3/14 10-11am WS $115
Instructor: Mike Arrigoni, PGA

MORALS & MANNERS
Manners, values, self-respect, leadership, honesty, courage, responsibility, charm and etiquette are all learned behaviors that we cannot take for granted children are learning. Basic lessons in table manners, social skills, personal grooming, honesty, friendship and more. This camp will build esteem and provide the valuable social skills that train your child to be a young ladies and gentlemen. A one-time material fee of $8 will be collected by the instructor on the first day of class.

5-7 YEARS
15460 M-F 3/11-3/15 9-10am MPAC $69
Instructor: Arizona Academy of Charm Staff
**TENNIS HS JUNIOR VARSITY CAMP**
Intermediates with a major emphasis on basics of stroke production, strategy, learning sportsmanship, and fun drills. Please bring your favorite tennis racquet.

14-17 YEARS
15061 M-TH 3/11-3/14 11:30am-1pm FPARK $84
Instructor: Brett Hall

**TENNIS HS VARSITY CAMP**
High intermediates and advanced with a major emphasis on technique, drills singles and doubles strategy, and physical conditioning. Please bring your favorite tennis racquet.

14-17 YEARS
15062 M-TH 3/11-3/14 1-2:30pm FPARK $84
Instructor: Brett Hall

**TENNIS SPRING BREAK ALL STARS CAMP**
This class is designed for the junior who is striving to play matches. Class emphasis will be on improving stroke production, match play strategy, and positioning. Drills and games will be competitive with major emphasis on fun with music. Please bring your favorite tennis racquet.

8-14 YEARS
15063 M-TH 3/11-3/14 10-11am FPARK $84
Instructor: Brett Hall

**TENNIS SPRING BREAK FUTURE STARS CAMP**
For juniors who have very little exposure to tennis. Major emphasis will be placed on the basics of stroke production, playing games, learning sportsman-ship, meeting friends and lots of fun with music. Please bring your favorite tennis racquet.

6-9 YEARS
15064 M-TH 3/11-3/14 9-10am FPARK $56
Instructor: Brett Hall
**Arts & Crafts**

**ABC ART-PARENT/TOT**
This class is designed for students to participate in art activities related to each letter of the alphabet. Students will study 2-3 letters each week & do a craft related to the letters. A book and or creative movement maybe implemented if time permits. Dress for a mess & come be creative with us.

2 ½ -4 YEARS
15185 W 3/27-5/15 10-10:45am CC $50
15186 F 3/29-5/17* 10-10:45am CC $45
Instructor: Kathryn L’Heureux *No Class 4/19

**MESSY MONSTERS-PARENT/TOT**
Bring your toddler in for a messy art experience designed just for them! Shaving cream, paint and play-dough projects will engage your child’s senses while they have a messy good time. This class will end with group circle time to allow for an interactive experience to help your little one grow and develop through song, chants, play and stories. Come explore the amazing world of art and leave the clean up to us! Dress down for a messy time!

1 ½-3 YEARS
15344 F 3/22-5/17* 10:15-11am MPAC $45
Instructor: Lissa Coari *No class 4/19

**SQUISHY, MESSY, STICKY ART-PARENT/TOT**
Dress down cuz you’re gonna get MESSY using slime, paints, play dough, shaving cream and much, much more! Art teaches critical thinking, self-expression, problem solving, individuality, creativity and self-esteem. Your child will express themselves through finger painting, sponge art and more! Come explore the amazing world of art and leave the clean up to us! Dress down for a messy time!

2-5 YEARS
15335 F 3/22-5/17* 9:15-10am MPAC $45
Instructor: Lissa Coari *No class 4/19

**Dance/Cheer**

**BUBBLES & BOWS-PARENT/TOT**
Wiggle, dance, tumble and pop your way into this magical class! You and your child will learn the basics of tap, ballet, tumbling and active movement to surely keep you coming back for more! Silly songs, props and dress up costumes will be incorporated to let your child express their creative side. Now, what class would be complete without a bubble parade? Soft soled dance shoes and tap shoes are recommended for your child but not required.

2-3 ½ YEARS
15336 W 3/20-5/15* 9-9:40am MPAC $47
Instructor: TBA *No class 4/17

**TWINKLE TOES-PARENT/TOT**
Class is full of imagination and fun allowing you to interact with your child to introduce the fundamentals of dance techniques in ballet, tap and tumbling. Dance is about learning to nurture creative movement, follow directions, become aware of one’s body/surroundings and establish classroom etiquette. Great opportunity to let your little dancer build confidence and self-esteem and take the first step to leaving your side! Soft soled dance shoes and tap shoes are recommended for your child but not required.

2-3 ½ YEARS
15337 M 3/18-5/13 9-9:40am MPAC $47
15338 SAT 3/23-5/18* 9:30-10:15am MPAC $42
Instructor: Kate Del Sandro *No class 4/20

**WIGGLES & GIGGLES-PARENT/TOT**
Wiggles and Giggles is for children ages 18-36 months accompanied by a parent or guardian. Set to age appropriate music, Wiggles and Giggles is an exhilarating 45 minute class that combines dance, creative movement and tumbling in a professional dance studio. Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7 Chandler 85225.

1 ½-3 YEARS
15166 W 3/20-5/15 10-10:45am DSD $99
Instructor: Desert Star Dance Staff
Enrichment

**GREAT START FOR BIG KIDS-PARENT/TOT**
The first day of preschool can be overwhelming. This introductory big kid’s class can help your munchkin transition to a social and learning environment with you right by their side! Great Start provides a social and play based foundation to help achieve those early educational milestones. Together we’ll explore letters, numbers, shapes and colors through math, music, science, crafts and playtime. Each class will unwind with a story or two. Let us be your big kid’s guide to a successful education!

2-3 YEARS
15339 T/TH 3/19-5/16 9-9:45am MPAC $98
Instructor: Lissa Coari

Gymnastics & Movement

**BABIES IN MOTION-PARENT/TOT**
Little ones will explore by climbing up, down, under and over on child friendly equipment. This class gives your child the opportunity to express themselves through creative play to gain balance, coordination and social interaction. Music and props are incorporated to give your little one a jumping good time!

1-2 YEARS
15188 M 3/25-5/13 9-9:45am CC $42
Instructor: Kathryn L’Heureux
15400 W 3/20-5/15 9-9:45am SERL $47
15401 W 3/20-5/15 10-10:45am SERL $47
Instructor: Diana Hakes

**BABIES IN MOTION-PARENT/TOT INCLUDING SIBLINGS**
This class is an extension of the Babies in Motion class but with siblings in mind! Bring your toddler and your infant to this class to explore by climbing up, down, under and over on child friendly equipment. Your toddler will learn to express themselves through creative play to gain balance, coordination and social interaction, and your infant will have a blast watching, learning from and mimicking their older sibling. Music and props are incorporated to give your little one a jumping good time! Only toddler needs to register for class. Sibling must be 12 months or younger to be in classroom with registered toddler.

0-2 YEARS
15187 M 3/25-5/13 11-11:45am CC $42
Instructor: Kathryn L’Heureux

**HEAD OVER HEELS GYMNASTICS-PARENT/TOT**
Parents will learn to assist their little gymnast through warm-ups and stretching before jumping, climbing, crawling and rolling on our kid-friendly gymnastics equipment. Children are encouraged to explore the world of movement using mats and balance beams to build strength, balance and coordination. Focus on hand to eye coordination through the use of bean bags, balls, buckets and hoops. Your kid will flip for this class!

2-3 YEARS
15341 M 3/18-5/13 10-10:45am MPAC $47
Instructor: Betsy Vacco

Health & Fitness

**FUN & FITNESS-PARENT/TOT**
Get a fun workout with your little one using basic body movement and gross motor skills. Gain strength, flexibility and balance by crawling up, down, over and through mats, parachutes, hoops and more! Take a walk back to your own childhood by participating in some of the classic children songs and nursery rhymes. Class is wildly interactive with you by their side!

1½-3 YEARS
15340 M 3/18-5/13 9-9:45am MPAC $47
Instructor: Betsy Vacco

2-3 YEARS
15402 W 3/20-5/15 11-11:45am SERL $37
Instructor: Diana Hakes

**TODDLERS IN MOTION-PARENT/TOT**
Get a fun workout with your little one using basic body movement and gross motor skills. Gain strength, flexibility and balance crawling up, down, over and through mats, parachutes, hoops and more! Take a walk back to your own childhood by participating in some of the classic children songs and nursery rhymes. Class is wildly interactive with you by their side!

18MO-2 YEARS
15189 M 3/25-5/13 10-10:45am CC $42
Instructor: Kathryn L’Heureux

**BABY YOGA-PARENT/TOT** NEW!
Parent & Me Baby Yoga is the perfect way to practice yoga with your baby. This class allows you to enjoy yoga, introduces baby to the practice and promotes parent and baby bonding. It’s also a great way to meet other parents! This class takes place at Modern Milk Gilbert (MMG) located at 3244 E. Guadalupe Rd. Ste. 106, Gilbert, AZ 85233.

1 MONTH-1½ YEARS
15167 TH 3/21-4/18 10:30-11:20am MMG $50
Instructor: Modern Milk Staff

**FUNtastic FITNESS-PARENT/TOT**
This preparatory fitness class brings non-stop action and engaging fun to your kids. Every class experience is an adventure in fitness, motor skills development, brain training and EXERcitement! Classes concentrate on large muscle groups, motor skills, coordination, balance, resistance, flexibility and aerobic movement.

1½-3 YEARS
15168 T 3/19-5/7 9:30-10am MPAC $50
Instructor: Stretch-n-Grow Staff

Registration Begins: February 26th • Register online at GilbertRecreation.com
Moving, grooving, and growing for mom (or dad) and me. Created by Zumba® and BabyFirst for kids ages 0-4, the Zumbini® program combines music, dance and educational tools for 45 minutes of can’t-stop, won’t-stop bonding, learning, and fun! Silliness and wacky dance moves are not required – but highly, highly encouraged! Give your little one a healthier, happier, more enjoyable start!

A $35 per family supply fee will be charged on the first day of class. Supply fee will cover course book, CD and accompanying plush toy.

15329 T 3/19-5/14 11-11:45am FRC $47
15330 F 3/22-5/17* 10:15am-11am FRC $42
15333 F 3/22-5/17* 11:15am-12pm FRC $42
Instructor: Michelle Dulansky *No class 4/19

Both parent and tot can have fun together learning the fundamental movements of Sanchin-Ryu, an artistic form of self-defense designed in a way that size, strength, age or athletic ability are not factors in defending one’s self. Personal benefits include: enhanced balance, coordination and improved motor-skills.

3-6 YEARS
15171 F 3/22-5/17* 5:30-6:30pm FRC $40
Instructor: Sanchin-Ryu Staff *No class 4/19

BEGINNERS EDGE SPORTS TRAINING CLASSES
Beginners Edge Youth Sports Training Programs bring your player into the world of sports by teaching the sports skills they will need to get them ready to compete. Our fun training program is built to engage and excite them through multiple sessions of learning. Join the B.E.S.T. Team today and support the only non-franchise, locally owned and operated sports program here in AZ.

**4-SPORT MULTI-SPORT BY B.E.S.T.-PARENT/TOT**
Our industry-leading 4-Sport program brings: Soccer, Baseball/Softball, Basketball and Track. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level and in a non-competitive setting. Please bring an age-appropriate soccer ball for the first week. A batting tee and a basketball will be needed later in the session. These classes will take place on the grassy area in front of Freestone Recreation Center.

2-4 YEARS
15176 SAT 3/23-5/18* 11-11:45am FRC $98
15177 SUN 3/24-5/19* 11-11:45am FRC $98
Instructor: B.E.S.T. Staff *No class 4/20 & 4/21

**BASEBALL & SOFTBALL TRAINING WITH B.E.S.T.-PARENT/TOT**
Our industry-leading weekly Sluggers program will teach your kids the skills of baseball & softball by offering activities such as: fielding, throwing, hitting, base recognition, (sometimes) sliding and more! Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. A glove is not mandatory for kids under 4. Please bring a batting tee with your child’s name on it. These classes will take place on the grassy area in front of Freestone Recreation Center.

2-4 YEARS
15179 SAT 3/23-5/18* 11-11:45am FRC $98
Instructor: B.E.S.T. Staff *No class 4/20
**SOCCER SKILLS & FUN WITH B.E.S.T.-PARENT/TOT**
B.E.S.T. Sports industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level in a non-competitive setting. Please bring an age appropriate soccer ball with your child’s name on it, a water bottle and lots of energy! These classes will take place on the grassy area in front of Freestone Recreation Center.

1 ½-2 YEARS
- 15181 SAT 3/23-5/18* 9-9:45am FRC $98
- 15182 SUN 3/24-5/19* 9-9:45am FRC $98

2-4 YEARS
- 15180 F 3/22-5/17* 4-4:45pm FRC $98
Instructor: B.E.S.T. Staff *No class 4/19, 4/20 & 4/21

**MY FIRST SPORTS CLASS-PARENT/TOT**
Together, you and your child will have fun learning the basics of various sports such as t-ball, soccer and basketball while developing large motor skills and coordination. Emphasis is on learning to follow directions, take turns, develop coordination and promote self-esteem. Participants must wear tennis shoes.

2-3 YEARS
- 15342 TH 3/21-5/16 9:45-10:30am MPAC $47
Instructor: Betsy Vacco

**SPORTBALL PARENT & CHILD SPORTS CLASSES**
Sportball utilizes developmentally appropriate techniques to enhance motor skills, social skills and sport strategy with caregivers by their side. All coaches are professionally trained and must pass a rigorous Sportball certification process. Sportball provides all equipment.

**SPORTBALL MULTI-SPORT INDOOR-PARENT & CHILD**
Sportball Parent & Child programs help young children to develop & refine their motor skills, such as balance and coordination, as well as develop their social skills such as confidence, following instructions, turn-taking and sharing. Coaches introduce a different sport each class using developmentally appropriate games, activities and stories. Children are challenged according to their individual skill level and Coaches help grownups understand proven teaching techniques that can be applied outside of Sportball classes. All equipment provided.

27 MONTHS-3 ½ YEARS
- 15184 SAT 3/30-5/18* 9:40-10:20am CC $98
Instructor: Sportball Staff *No class 4/20

**SPORTBALL JUNIOR-PARENT/TOT**
Toddlers and parents/caregivers focus on physical movements and social exploration, learn fundamental sport skills and participate in creative motor games, songs, stories, bubble time and more. Coaches help grownups understand proven teaching techniques that can be applied outside of Sportball classes. Parents are encouraged to participate with their child and challenge them according to their skill level. All equipment provided.

16-27 MONTHS
- 15183 SAT 3/30-5/18* 9-9:35am CC $98
Instructor: Sportball Staff *No class 4/20
Early Childhood Classes 2-6 Years

Our classes are designed to encourage participation through instructor led activities. Your child will learn skills in sharing, listening and following directions. This is a time for peer socialization, purposeful play and teamwork to improve their cognitive, emotional and physical well-being. From first time participants to ongoing participants, we want this to be a fun, exciting experience for your little one. We don't force them to interact, yet we encourage them to work at their own pace. We hope to build their communication skills that will allow them to interact with their peers and instructor. This is a great opportunity for our Parks & Recreation staff to spend quality time with your child and enhance their learning that will carry them through life!

## Arts & Crafts

### AMAZING ART

Your little artist will have the opportunity to use different media such as paint and clay to create a work of art of their own. In each class students will learn about different artists and then create a masterpiece of their own.

**4-7 YEARS**
15287  F  3/29-5/17*  10-10:45am  FRC  $45
Instructor: Isabel Sesmas *No class 4/19

### LET’S CREATE MUSIC!

Get ready to learn about musical instruments through art and hands-on play! We’ll create our very own instruments then explore rhythm and pace while we march behind the conductor. Your little maestro will be introduced to basic music terminology while listening and playing with their homemade instruments. Introducing art & music at an early age will benefit language development, fine-motor skills and the ability to follow instructions. Come join the fun and create some noise with us! Additional music related crafts and games may be incorporated to round out the fun!

**3-6 YEARS**
15343  W  3/20-5/15  11-11:45am  MPAC  $50
Instructor: Lissa Coari

### PETITE PAINTERS

Do you have a little one who is a budding artist, eager to show off their skills? This class will focus on learning new skills for those pint sized Picasso’s in your family. Watercolor, pencil drawing, pastels and more will be used as you create weekly masterpieces.

**4-6 YEARS**
15254  W  3/27-5/15  9-9:45am  CC  $45
Instructor: Kathryn L’Heureux

### SQUISHY, MESSY, STICKY ART – SPRING THEMES

Dress down cuz you’re gonna get MESSY using slime, paints, play dough, shaving cream and much, much more! Art teaches critical thinking, self-expression, problem solving, individuality, creativity and self-esteem. Your child will express themselves through finger painting, sponge art and more! Come explore the amazing world of art and leave the clean up to us!

**3-5 YEARS**
15321  W  3/27-5/15  10:45-11:45am  FRC  $50
Instructor: Valerie Blake

### TOTally KIDS SUPER SPRING FUN

All the fun of spring packed into one class! Learn about life cycles by growing caterpillars into butterflies, plant and watch seeds grow, make beautiful spring time crafts, and so much more! This class will be fun, educational, and teach social skills!

**2½-4 YEARS**
15255  W  3/27-5/15  11-11:45am  CC  $45
Instructor: Kathryn L’Heureux

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### Arts & Crafts

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**4-7 YEARS**
15287  F  3/29-5/17*  10-10:45am  FRC  $45
Instructor: Isabel Sesmas *No class 4/19

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**3-6 YEARS**
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**4-6 YEARS**
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Instructor: Kathryn L’Heureux

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**3-5 YEARS**
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**2½-4 YEARS**
15255  W  3/27-5/15  11-11:45am  CC  $45
Instructor: Kathryn L’Heureux
COOKING 101 FOR KIDS
Calling all culinary enthusiasts! Let us teach your child the basics of baking and cooking. Each week will focus on a different course such as an appetizer, main dish, breakfast item or dessert. Class emphasizes group instruction, following directions, taking turns and kitchen safety. Recipes will be given out to recreate at home. Get ready to taste some amazing foods! Bring a storage container to transport food from class. Not recommended for children with food allergies.

3-6 YEARS
15344 F 3/22-5/17* 3-3:45pm MPAC $60
Instructor: Jenn Myers *No class 4/19

COOKING AROUND THE WORLD
Take a journey around the world without leaving the comfort of your kitchen! Enjoy making easy, scrumptious dishes from US, Mexico, Italy and Asia! Prepare an appetizer, dessert, snack or even a meal that may be sweet, salty, savory but always scrumptious. Your taste buds will thank you! Recipes will be shared to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food allergies.

3 ½-6 YEARS
15345 TH 3/21-5/16 4:15-5pm MPAC $65
Instructor: Darby McDaniel

CRAZY CHEFS
MUNCH, CRUNCH, and CHEW, this is absolutely the right class for YOU! We will bake, mix and blend a variety of delicious snacks that you’re sure to enjoy! Simple ingredients will allow you to prepare your own snacks that will absolutely amaze your family and friends! Receive a complimentary cookbook with all our recipes. Not recommended for children with food allergies. *This is NOT a parent tot class. Participants must be minimum age by the first day of class.*

*2 ½-4 YEARS*
15346 W 3/20-5/1 10-10:50am MPAC $45
3 ½-6 YEARS
15347 W 3/20-5/1 11-11:50am MPAC $45
Instructor: Cathy Gomez

DELECTABLE DESSERTS
Each week, your little baker will mix, whisk, stir and whip up a delicious dessert! They’ll be introduced to making cookies, cupcakes and other delectable desserts using simple ingredients and easy techniques that are sure to tickle their taste buds. We’ll lay the groundwork and practice food and kitchen safety in this class as well. Recipes will be shared to allow your kiddo to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food allergies.

3-6 YEARS
15348 F 3/22-5/17* 1-1:45pm MPAC $60
Instructor: Darby McDaniel *No class 4/19

UNICORN & RAINBOW TREATS!
Kid friendly, unicorn and rainbow inspired treats! Bright colors, delectable tastes with a sprinkle of magic! We’ll dabble in creating unicorn candy bark, unicorn cupcakes, rainbow funfetti dip and rainbow marshmallow dream bars to name a few. This class is only for those that are willing to ride a unicorn and chase a rainbow! Bring a storage container to transport food from class. Not recommended for children with food allergies.

4-7 YEARS
15349 W 3/20-5/1 1:15-2pm MPAC $65
Instructor: Darby McDaniel

BABY BALLERINAS
This ballet class is designed especially for the very young dancer. We will be using props, imagery and costumes during this class. *This is NOT a Parent/Tot class. Participant must be minimum age by the first day of class.*

*2 ½-3½ YEARS*
15226 T 3/19-5/14 10:15-10:45am CC $36
15227 W 3/20-5/15 10:15-10:45am CC $36
15228 TH 3/21-5/16 10:15-10:45am CC $36
Instructor: Jennifer Gallamore

BABY BALLERINAS II
This class is for students that have completed at least one class of Baby Ballerinas and are ready to progress their technique. This ballet class is designed especially for the very young dancers. We will be using props, imagery and costumes during this class. *This is NOT a Parent/Tot class. Participant must be minimum age by the first day of class.*

2 ½ -3½ YEARS
15229 W 3/20-5/15 9:30-10am CC $36
Instructor: Jennifer Gallamore

BALLET BUTTERFLY GARDEN
Learn ballet technique in our enchanting butterfly garden. Our imaginations will blossom as we dance with Plie the Poppy, Tendu the Tulip, Rainbows, Buzzing Bees, Coupe the Cricket, & Ballet Butterflies. Students must have completed a ballet class before enrolling in Ballet Butterfly Garden. Participant must be minimum age by the first day of class.

3-5 YEARS
15256 W 3/20-5/15 11:45am-12:30pm CC $47
Instructor: Jennifer Gallamore

Look for this icon to see our exciting NEW offerings this session!
Early Childhood Classes 2-6 Years

BALLET/ TAP 101
This ballet/tap class is perfect for children with no previous dance experience or those who would benefit from a second introduction course. Your child will work on basic ballet and tap technique through dances, games and fun activities.

3-5 YEARS
15293 W 3/20-5/15 9-9:45am FRC $47
Instructor: Raquel Gibson-Starks

BALLET/ TAP 102
This class is designed for the tiny dancer that has previous dance experience. Dancers should be familiar with 1st and 2nd position, plies, tip toes/releve, shuffle step, piques and should be comfortable articulating before the ball and heal in tap and point vs. flex in ballet.

3-5 YEARS
15295 W 3/20-5/15 10-10:45am FRC $47
Instructor: Raquel Gibson-Starks

BEAUTIFUL BALLERINAS
Beautiful Ballerinas is the place to be, you will learn basic ballet moves and routines using fanciful music. This class will encourage listening skills, following directions, positive self-image and cooperating with others. Ballet shoes and dancewear is recommended. Participants must be minimum age by the first day of class.

3-5 YEARS
15230 W 3/20-5/15 9-9:45am CC $47
15231 F 3/22-5/17* 9-9:45am CC $42
Instructor: Jennifer Myers *No Class 4/19

BOYS HIP HOP & TUMBLE
This class is for all you boys who like to move and groove! Come learn hip-hop dance moves and tumbling at a slow, easy-to-follow pace. Props and games will be incorporated to enhance the learning experience. This class is designed to develop motor skills, coordination and self-esteem. You’re kiddo will get just the right amount of challenge mixed with fun. Sneakers are required.

3 ½-6 YEARS
15350 M 3/18-5/13 3-3:45pm MPAC $47
Instructor: Darby McDaniel

CHEER, CHANTS & TUMBLE
The girls on this squad will learn basic cheer, tumbling, simple chants, kicks, dances and jumps set to age appropriate music. Skills are broken down into easy to follow steps, which will be put together into a short, fun routine to be performed at the end of the session. “Give me a C-H-E-E-R, C-H-A-N-T-S & T-U-M-B-L-E, what’s that spell?”...FUN! Athletic shoes are required.

3-6 YEARS
15300 T 3/19-5/14 10-10:45am FRC $47
Instructor: Raquel Gibson-Starks

DANCING DIVAS FOR KIDS
Sparkle and shine and unleash your inner diva! Basic jazz, hip hop and a little bit of tap will be broken down for easy to follow moves. Costumes, props and music will be incorporated to enhance their love of dance! The session will end with a short routine performed on the last day. Be sure to bring your cameras! Tap and ballet shoes are recommended but not required.

3-6 YEARS
15351 TH 3/21-5/16 6:15-7pm MPAC $47
Instructor: Darby McDaniel

DRESS UP & DANCE
Set to age appropriate music, our Preschool dancer class is designed to encourage a love for dance while building coordination and physical fitness. Dress Up and Dance consists of tap, jazz, ballet and creative movement perfect for your tiny dancer. Student is responsible for providing own dance wear and dance shoes specific to the dance style being taught. Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7 Chandler 85225.

3-5 YEARS
15414 F 3/22-5/17 4-5pm DSD $108
Instructor: Desert Star Dance Staff
FAIRYTALE BALLET
The magical journey begins here. Fairytale Ballet offers beginning exploration into classical ballet that incorporates costumes, props, and music into each class. Ballet shoes recommended. Costumes and props will be provided.
3-5 YEARS
15237 T 3/19-5/14 4-4:45pm CC $47
Instructor: Chloe Davis
15353 W 3/20-5/15* 12-12:45pm MPAC $42
Instructor: Darby McDaniel *No class 4/17

FUN WITH MOVEMENT
This class is perfect for kiddos who want to enjoy dance and games while working on coordination, rhythm and basic social skills. Rather than focusing on technique this class is designed to encourage creative movement and imagination.
3-5 YEARS
15304 T 3/19-5/14 9-9:45am FRC $47
Instructor: Raquel Gibson-Starks

JAZZY JUMPERS
If your little one loves dancing, this snazzy intro to jazz is the perfect class! Dancers will learn fancy footwork, leaps, and turns in a fun and engaging way.
2½-3 YEARS
15239 TH 3/21-5/16 9:30-10am CC $36
Instructor: Jennifer Gallamore

PIP SQUEAK HIP HOP
Does your little pip squeak love to dance and move? This introduction to hip hop focuses on rhythm and basic footwork taught at an easy to follow, comfortable pace using games and movement. Great way to get up and get funky! Class taught to upbeat, age appropriate music. Tennis shoes and relaxed clothing are recommended.
3-5 YEARS
15319 W 3/20-5/15 11-11:45am FRC $47
Instructor: Raquel Gibson-Starks
4-7 YEARS
15320 W 3/20-5/15* 4-4:45am FRC $42
Instructor: Jenn Myers *No class 5/1

PRESCHOOL BALLET
A beautiful beginning to ballet...magical costumes, enchanting props, and enlightening music that encourages creativity and imagination to make learning ballet magical. Classes including traditional barre warm ups, center work, and moving across the floor while learning ballet terminology. Participant must be minimum age by the first day of class.
3-5 YEARS
15245 T 3/19-5/14 11-11:45am CC $47
Instructor: Jennifer Gallamore

PRINCESS STORYTIME DANCE
Do you love to swirl and twirl like a princess? We will begin each class with a story and learn to dance like a real princess! Each week a new princess will teach the class ballet moves and at the end of the session there will be a recital where you can wear your favorite princess dress!
3-5 YEARS
15246 W 3/20-5/15 10-10:45am CC $47
15247 F 3/22-5/17* 10-10:45am CC $42
Instructor: Jennifer Myers *No Class 4/19

SMALL FRY SPIRIT LINE
Come and “kick” your cheer up a notch. We’ll learn some chants and cheer moves that you can rock out on any occasion, and also learn a fun “sideline” routine. Finally, we will also learn a few tumbling move to impress any crowd and really let that team spirit soar!
3-6 YEARS
15248 F 3/22-5/17* 11-11:45am CC $42
Instructor: Jenn Myers *No Class 4/19

SUPER HERO HIP HOP DANCE
This one is for boys and girls who love to dance and dress up like a super-hero. We will begin each class with a super-hero story and learn to dance. This introduction to hip hop focuses on rhythm and basic footwork taught at an easy to follow, comfortable pace using games and movement. Class taught to upbeat, age appropriate music. Tennis shoes and comfortable clothes are recommended.
4-6 YEARS
15250 T 3/19-5/14 3:30-4:15pm CC $47
15258 W 3/20-5/15 11-11:45am CC $47
Instructor: Jennifer Myers
Early Childhood
Classes 2-6 Years

TAP, BALLET & TUMBLE
Participants will learn tap, ballet, and tumbling at the most basic level. This class is designed to develop motor skills, coordination and self-esteem. Please note this is NOT a parent tot class, only registered participants will be allowed in the room. Tap and ballet shoes are recommended but not required. Participants must be minimum age by the first day of class.

4-6 YEARS
15323 W 3/20-5/15* 3-3:45pm FRC $42
Instructor: Jenn Myers *No class 5/1

TINKERBELL BALLET
Every week your little ‘Tinkerbell’ will tip toe into a world of imagination! Basic ballet steps will be taught to help build coordination, rhythm and vocabulary. Costumes, props and fairytales will be incorporated to create a magical environment for enhancing your Tinkerbell’s physical, emotional and social well-being. Ballet shoes recommended but not required.

3 ½-6 YEARS
15354 M 3/18-5/13 4-4:45pm MPAC $47
Instructor: Darby McDaniel
15355 F 3/22-5/17* 2-2:45pm MPAC $42
Instructor: Jenn Myers *No class 4/19

TINY TAPPERS
Whether your tiny tapper is a budding Broadway star or marches to their own beat, this class will help them with musicality, creativity, rhythm, balance, and coordination as we tap, clap, and sing in our magical tap shoes. Tap shoes are required.

2½-3 ½ YEARS
15251 T 3/19-5/14 9:30-10am CC $36
Instructor: Jennifer Gallamore

TWINKLE TOES
Class is full of imagination and fun, while introducing the fundamentals of dance techniques in ballet, tap and tumbling. At this age, dance is about learning to nurture creative movement, follow directions, become aware of one’s body/surroundings and establish classroom etiquette. Great opportunity to let your little dancer build confidence and self-esteem! Soft soled dance shoes and tap shoes are recommended but not required.

3-5 YEARS
15356 SAT 3/23-5/18* 10:20-11:05am MPAC $42
Instructor: Kate Del Sandro *No class 4/20

Enrichment

ADVANCED KINDERGARTEN READINESS
Give your kids a head start by enrolling them in Advanced Preschool. This is an advance class which will help develop core skills needed for academic success. Coursework includes; recognizing and writing letters and numbers, introduction to basic site words, colors and shapes. Each class includes reading and discussion groups to help develop each child’s love for reading and key listening and comprehension skills. Children will learn basic academic skills to succeed in Kindergarten. Participants must be the minimum age by the first day of class.

4-6 YEARS
15399 T/TH 3/19-5/14 9am-12pm SERL $270
Instructor: Rita Emrick

ADVENTURE TOTS
Your first time ‘student’ will experience an array of preschool activities. Join us on an adventure of colors, shapes, letters and numbers to build basic skills in preparation for kindergarten. Activities include learning centers, arts and crafts, music and physical activity. Special theme days will be included to enhance learning. *This is NOT a Parent Tot class. Participants must be minimum age by the first day of class.*

*2-3 YEARS*
15357 M/W 3/18-5/15 9-9:45am MPAC $ 9 8
15358 M/W 3/18-5/15 10-10:45am MPAC $ 9 8
Instructor: Lissa Coari

ADVENTURES IN LEARNING
Prepare your child for the adventure of a lifetime; kindergarten! Your little one will learn the basics of reading and writing that will encourage success for years to come. This class will incorporate hands-on manipulatives that will develop cognitive & motor skills, math by counting, sorting & grouping and creative play to encourage individuality, creativity & success! Snacks provided. Participants must be minimum age by the first day of class.

3 ½-6 YEARS
15359 T/TH 3/19-5/16 9am-12pm MPAC $280
Instructor: Jessica Butler

AMAZING LEARNING
Students will navigate through learning in a dual immersion class. Students will learn about numbers, letters, colors, science and so much more in English and Spanish. Students will learn through read alouds, centers, crafts, experiments, calendar time etc.

4-6 YEARS
15332 F 3/29-5/17* 9-9:45am FRC $45
Instructor: Isabel Sesmas *No class 4/19
**Animal Crackerz**
Check out this amazing program that incorporates reading, writing, math, science, art and music, along with social development in a fun, hands-on fashion. Using the Animated Alphabet curriculum, your child will be introduced to fun and friendly characters as they develop their letter recognition, vocabulary and fine motor skills. We'll develop the whole child in a fun and exciting way. **Participants must be minimum age by the first day of class.**

3½-6 YEARS
15360 M/W 3/18-5/15* 9am-12pm MPAC $265
Instructor: Debbie Johnston *No class 4/22

**Apples to Zebras**
This is an ongoing class throughout the current school year with different letters and themes each session. We'll learn letter and sounds, colors and shapes, and make amazing letter crafts. Come sing silly songs, wiggle, and dance and have fun with an amazing story time. This is a great class to develop skills as you prepare for your new adventure into kindergarten.

3-5 YEARS
15290 M/W 3/25-5/15 9-10:30am FRC $130
15291 T/TH 3/26-5/16* 9-10am FRC $100
Instructor: Valerie Blake *No class 5/2

**Beginning Spanish for Kids**
Students will be taught Spanish through read-alouds, songs and art activities. Students will learn colors, shapes, days of the week and more in Spanish. Kids will enjoy developing their Spanish skills in a fun and creative way.

3-5 YEARS
15298 F 3/29-5/17* 11-11:45am FRC $55
Instructor: Isabel Sesmas *No class 4/19

**Bizzy Beez & 1,2,3's**
Buzz on in for this adventure-filled class! We'll surely bee super buzzy learning colors, shapes, letters, sounds, sorting, matching and counting; in Spanish too! Crafts, songs, story time and dancing are some added extras! Let me help your child prepare for their new adventure into kindergarten. Snacks provided. **Participants must be minimum age by the first day of class.**

3-5 YEARS
15361 T/TH 3/19-5/2 10am-12pm MPAC $150
Instructor: Cathy Gomez

**Exploring S.T.E.A.M for Preschool Learners**
Give your preschooler a head start. He will learn about the world around him through investigation and play. Objects found in nature, like feathers, rocks and leaves help preschoolers figure out math concepts like “big, bigger, biggest” as well as learning appreciation of the world around them. By tapping into your child’s natural curiosity through play, he will build skills in Reading, Writing, Math and Science. Social Studies activities will help him discover how he fits into his world. Friendships are cultivated with classmates, and many activities help foster fine and gross motor skills. The class meets twice a week for 2 hours with a packed curriculum that is fun, interesting, and geared to spark your little one's creativity.

3-5 YEARS
15404 M/F 3/18-5/17 10-12pm SERL $160
Instructor: Laura Schreiber *No class 4/19 & 4/22

**Fun with Phonics**
Who says learning can’t be fun? Join us as we prepare for reading, writing, math and science in this fun-filled program. Letter recognition and phonetic awareness will be taught through songs, chants, music and movement. Each week we will focus on a different letter with hands-on, engaging activities and projects. Sprinkle math and science into the mix for a well-rounded classroom learning experience. **Participants must be minimum age by the first day of class.**

3½-5 YEARS
15362 M/W/F 3/18-5/17* 9am-12pm MPAC $399
Instructor: Jessica Butler *No class 4/19

**Funday Friday**
Come join us for a fun-filled adventure land loaded with a variety of activities your child is sure to enjoy! Make amazing crafts, sing silly songs, play outdoors, take a nature walk, watch funny movies, make yummy buttered popcorn, read fairytales, make delicious ice cream, paint colorful collages, dig for dinos, and go on a bear hunt...just to name a few! This is a place where a kid can be a kid! **Participants must be minimum age by the first day of class.**

3-5 YEARS
15363 F 3/22-5/3* 10am-12pm MPAC $66
Instructor: Cathy Gomez

**Kinder Readiness Learning Adventures**
This class is designed for children who have completed at least one year in a preschool program and will enter kindergarten in the Fall of 2019. Daily activities include writing, reading and math-readiness skills. Activities support education curriculum goals and encourage socialization and independence. Special themes and activities make the learning even more fun!

4-6 YEARS
15312 T/TH 3/26-5/16 10:15am-12:15pm FRC $170
Instructor: Valerie Blake
Early Childhood
Classes 2-6 Years

LEARN MORE FOR 3-4'S
Looking for the next step to independence for your 3 & 4 year olds? This class will continue to reinforce letters, numbers, shapes and colors. Math, music, crafts, purposeful play and snack time will be incorporated into our weekly curriculum. Class will unwind with a story or two! Participants must be minimum age by the first day of class.
3-4 YEARS
15364  T/TH  3/19-5/16  10am-12pm  MPAC $190
Instructor: Lissa Coari

LITTLE LEARNERS
Is your little one ready for the school experience? This class is designed to help your little learner achieve academic success through hands-on and engaging activities that ready children for their kindergarten experience. We will work on recognition of letters, numbers, colors, name, prewriting skills, counting, ABC’s, the seasons, and so much more. Arts and crafts, music, rhyme, movement and stories will enrich our experience in a fun and social atmosphere.
3-6 YEARS
15403  W  3/20-5/15  11am-12pm  SERL $55
Instructor: Rita Emrick

LITTLE SCHOLARS
Is your little Einstein ready for the school experience? This class is designed to help your little learner achieve academic success through hands-on and engaging activities that ready children for their kindergarten experience. We will work on name recognition, prewriting skills, counting, ABC’s, weather, the seasons, and so much more. Arts and crafts, music, and stories will enrich our experience in a fun and social atmosphere.
3-5 YEARS
15314  M/W  3/18-5/15  9am-12pm  FRC $280
Instructor: Debra Shaw

LITTLE SCIENTIST
Have fun learning about a variety of different topics such as the life cycle of a butterfly, reptiles, weather, our skeletal system and many more. Children will learn about these through simple experiments, books, songs and hands-on activities. Participants must be minimum age by the first day of class.
3-6 YEARS
15315  M  3/25-5/13  10:45-11:45am  FRC $50
Instructor: Valerie Blake

LITTLE S.T.E.A.M (ers)
This class is geared towards the littlest makers. Children will begin to learn to create, problem solve, and work together all while in an encouraging, social environment. Science, technology, engineering, art, and math will be used in age-appropriate activities to get your little one started on the right path to learning.
2 ¼-3 ½ YEARS
15240  F  3/29-5/17*  9-9:45am  CC $45
Instructor: Kathryn L’Heureux

LUNCH BOX LEARNERS
Is your little one all ready for school? Well, pack your lunchbox, join the fun and make friends with this terrific early childhood experience. Each day your child will have the opportunity to explore their ABC’s and 123’s through art, crafts, games, songs, and stories! After working up our appetites we will settle down with our lunches for a true ‘big kid’ experience. Participants must be minimum age by the first day of class. Please send a sack lunch with your child, food allergies will be discussed on the first day of class, please NO peanut products.
3-6 YEARS
15316  T/TH  3/19-5/16  10am-1pm  FRC $280
Instructor: Debra Shaw

LUNCH BUNCH LEARNERS
Get your child prepped and ready for kindergarten with this wildly popular class. Writing skills, letter sounds, name recognition, counting in English and Spanish, weather and science are just a few of the fun, exciting topics we will cover; all while experiencing art, music, story-time, physical fitness and pretend play. Learn important social skills and manners each day while enjoying a lunch packed from home and participate in fun community activities throughout the session. Please note: Food allergies will be discussed on the first day. As a precaution, please NO peanut products.
3 ½-5 ½ YEARS
15241  M/W  3/18-5/15*  9am-12pm  CC $250
Instructor: Susan Miller

MAGICAL MORNINGS SMART START
Is your child ready for a longer class? This 2 hours/ twice a week class offers a lot. We will begin to learn our letters, and their sounds through song and music. We will begin to recognize our names, count to 20, experiment with science, as well as learn some basic Spanish. Repetition is a big key to learning. We continue with colors, shapes, and explore some other valuable skills that are key to academic success. There will be weekly themes, daily art projects, sticky messy play, lots of fun songs, stories, and of course some exciting special activities. This class continues through the calendar year with new activities and skills being added each session. Participant must be minimum age by the first day of class.
3-4 ½ YEARS
15242  T/TH  3/19-5/16*  9-11am  CC $170
Instructor: Susan Miller

MAGICAL MORNINGS TODDLERSCHOOL
This is a “first experience” class without parents. This is a chance for your child to be “on his own”, and develop his/her own unique personality. Our academics will center around colors and shapes, counting to 10, music and movement, crafts and stories, and more. Children will learn to socialize, and play with other in a structured learning environment. This class continues throughout the school year with new activities being added each session. Participant must be minimum age by the first day of class.
2 ½-3 ½ YEARS
15243  T/TH  3/19-5/16*  11:15am-12:15pm  CC $90
Instructor: Susan Miller
TINY TOTS PRESCHOOLERS
Your little one will make new friends and have lots of fun while getting an introduction to preschool. We’ll practice fine motor skills, following directions and social skills. Beginning concepts such as letters, numbers, and colors will also be incorporated through crafts, songs, stories and games. *This is NOT a Parent Tot class. Participants must be minimum age by the first day of class.*

*2-3 YEARS*
15244  F  3/26-5/17  9-9:45am  SERL  $50
Instructor: Laura Schreiber *No class 4/19 & 4/22

Gymnastics & Movement

BEGINNING GYMNASTICS
Improve strength, flexibility, coordination and balance in positive, upbeat environment. Class encourages confidence and fitness and teaches kids valuable skills to take them to the next level. In this class students will learn basic floor exercise, beam, bar, and pre-vault skills.

3-5 YEARS
15233  TH  3/21-5/16  11:45am-12:30pm  CC  $47
Instructor: Jennifer Gallamore

3 ½ -5 YEARS
15232  F  3/22-5/17*  9-9:45am  CC  $42
15234  F  3/22-5/17*  10-10:45am  CC  $42
Instructor: Betsy Vacco *No class 4/19

BEGINNING GYMNASTICS II
This class is designed for students who have mastered the skills of Beginning Gymnastics I and are ready to learn backward rolls, cartwheels, and how to build a bridge. We’ll be learning balance beam dismounts, new skills on the bar and trampoline, and fun group activities. NOTE: Students must have completed Beginning Gymnastics to enroll in this class.

4-6 YEARS
15276  TH  3/21-5/16  12:45-1:30pm  CC  $47
Instructor: Jennifer Gallamore
Early Childhood
Classes 2-6 Years

DYNAMIC GYMNASTICS
Dynamic Gymnastics is designed for those beginning athletes who are new to the sport of tumbling and gymnastics. Teaching the basic gymnastic elements and building confidence with the required skills needed to advance. Dynamic gymnastics focuses on strength and flexibility, forward and backward rolls, cartwheels and round-offs, backbend flexibility, handstands and the back handspring.
3-6 YEARS
15235 F 3/22-5/17 11-11:45am CC $42
15236 F 3/22-5/17 3:15-4pm CC $42
Instructor: Betsy Vacco *No Class 4/19

FUN, FITNESS, AND TUMBLING
Come and join us for some fun! This class will utilize props and equipment such as a balance beam, a parachute, balls, jump ropes and tunnels. We will also work on basic tumbling skills. Emphasis will be on self-esteem and interacting with others.
3-5 YEARS
15238 F 3/22-5/17 12-12:45pm CC $42
Instructor: Betsy Vacco *No Class 4/19

HEAD OVER HEELS GYMNASTICS
This class is geared towards the young gymnast that would like to learn basic floor gymnastics such as forward & straddle rolls and how to walk on a balance beam. They will also practice skills to accomplish headstands, beginner cartwheels and arching. Kids will work on gross motor skills such as balance, coordination and flexibility. Focus on hand to eye coordination through the use of bean bags, balls, buckets and hoops. Your kid will flip for this class!
3-5 YEARS
15365 M 3/18-5/13 11-11:45am MPAC $47
15366 TH 3/21-5/16 3:15-4pm MPAC $47
Instructor: Betsy Vacco
15367 SAT 3/23-5/18* 9:30-10:15am MPAC $42
Instructor: TBA *No class 4/20

TINY TOTS TUMBLING
Your tot will flip for this class! Learn basic tumbling techniques using mats, hoops, balance beams and other fun props and games. Emphasis will be on sharing, taking turns, following directions and cooperation. *This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.*
*2-3 YEARS*
15409 M 3/18-5/13 9-9:45am SERL $42
15410 M 3/18-5/13 10-10:45am SERL $42
Instructor: Michelle Lohman *No class 4/22
15368 W 3/20-5/15* 9:50-10:30am MPAC $42
*2 ½-3 ½ YEARS*
Instructor: TBA *No class 4/17

TUMBLE BUGS
Join our high energy adventure in rolling, bouncing, stretching, balance, listening skills, and body awareness through the use of beams, bars, tunnels, and tumbling mats. This is NOT a Parent/Tot class. Participant must be minimum age by the first day of class.
2 ½-3 ½ YEARS
15252 W 3/20-5/15 11-11:30am CC $36
15253 TH 3/21-5/16 11-11:30am CC $36
Instructor: Jennifer Gallamore

FUNtastic FITNESS
This preparatory fitness class brings non-stop action and engaging fun to your kids. Every class experience is an adventure in fitness, motor skills development, brain training and EXERcitement! Classes concentrate on large muscle groups, motor skills, coordination, balance, resistance, flexibility and aerobic movement.
4-6 YEARS
15417 T 3/19-5/7 10-10:30am SERL $50
Instructor: Stretch-n-Grow Staff

KIDS YOGA
This fun class uses silly poses, group work and fun music to help children gain coordination, focus, listening skills and confidence. Let them unwind and stretch their little bodies while you take a break! Parents are encouraged to let their preschoolers enjoy this class on their own. This class takes place at Modern Milk Gilbert (MMG) located at 3244 E. Guadalupe Rd. Ste. 106, Gilbert, AZ 85233
2-5 YEARS
15418 W 3/20-4/17 4:15-5pm MMG $50
Instructor: Modern Milk Staff

AWESOME ATHLETES
Dribble, dunk and dash your way into this AWESOME sports class! Designed to give your little athlete a sampling of soccer, basketball, flag football, track and field, t-ball and a whole lot more! This is a great opportunity for your kiddo to join the team, have fun and practice good sportsmanship, following directions and teamwork. Grab your glove and register today to knock it out at the Rec! Participants must wear tennis shoes. *This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.*
*2 ½-3 ½ YEARS*
15370 TH 3/21-5/16 9-9:40am MPAC $47
Instructor: Betsy Vacco
3-6 YEARS
15292 TH 3/21-5/16 10-10:45am FRC $47
Instructor: Martiana Byrd
15371 TH 3/21-5/16 10:45-11:30am MPAC $47
Instructor: Betsy Vacco

Health & Fitness

Sports
BEGINNERS EDGE SPORTS TRAINING

Registration Begins: February 26th • Register online at GilbertRecreation.com

BEGINNERS EDGE SPORTS TRAINING

Beginners Edge Youth Sports Training Programs bring your player into the world of sports by teaching the sports skills they will need to get them ready to compete. Our fun training program is built to engage and excite them through multiple sessions of learning. Join the B.E.S.T. Team today and support the only non-franchise, locally owned and operated sports program here in AZ.

BASKETBALL SKILLS AND DRILLS WITH B.E.S.T.

Our industry-leading basketball skills and drills clinics introduce and advance your players ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it.

3-6 YEARS
15419 SAT 3/23-5/18* 9-9:45am FRC $98
15420 SUN 3/24-5/19* 11-11:45am FRC $98
Instructor: B.E.S.T. Staff *No class 4/20 & 4/21

FLAG FOOTBALL SKILLS AND DRILLS BY B.E.S.T.

Our industry-leading football skills and drills clinics will teach football terminology, good sportsmanship, passing, receiving, agility, cradling, kicking/punting, flag/touch, blocking, defense/offense skills and more! Our goal and focus is to maintain an energetic and highly active program that will allow your player to enjoy and learn the joy of the gridiron that will teach, encourage and advance your young players regardless of their skill level. Bring your favorite football, we got the rest. This class will take place on the grassy area in front of Freestone Recreation Center.

3-6 YEARS
15421 SUN 3/24-5/19* 9-9:45am FRC $98
Instructor: B.E.S.T. Staff *No class 4/21

SOCCER SKILLS & FUN WITH B.E.S.T.

B.E.S.T. Sports industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage and advance your young players regardless of their skill level in a non-competitive setting. Please bring an age appropriate size soccer ball with your child's name on it, a water bottle and lots of energy! These classes will take place on the grassy area in front of Freestone Recreation Center.

3-6 YEARS
15422 SAT 3/23-5/18* 10-10:45am FRC $98
15423 SUN 3/24-5/19* 10-10:45am FRC $98
Instructor: B.E.S.T. Staff *No class 4/20 & 4/21

GOLF READY JUNIOR SERIES (LEVEL I)

Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for both the true beginner and newly intermediate level junior golfer. They will develop a proper pre-shot routine and jump right into making full swings and hitting golf balls. They will learn proper practice habits and finish ready to tackle the golf course. Rules, etiquette and golf course management will be taught accordingly. Advancement to the Golf Better Junior Series (Level II) will be determined by Coach Mike. Class limited to 10 players. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Pre-shot fundamentals and basic swing
Week 2 Chipping and pitching
Week 3 Full iron swing from the fairway
Week 4 Putting including aim, stroke and reading the green
Week 5 Driver swing

3-6 YEARS
15424 T 3/19-4/16 5-6pm WS $125
15425 T 4/23-5/7 5-6pm WS $95
15426 W 3/20-4/17 5-6pm WS $125
15427 W 4/24-5/8 5-6pm WS $95
15428 SAT 3/23-4/20 11am-12pm WS $125
15429 SAT 4/27-5/11 11am-12pm WS $95
Instructor: Mike Arrigoni, PGA

IntroSk8™

Have you ever wanted to learn to ice skate? What better way to keep cool! Come on down to AZ ICE Gilbert and learn how to ice skate - it’s the closest thing to flying! Our IntroSk8 program is designed to get skaters comfortable with the basics of ice skating, including getting up and falling down, moving forward, stopping and overall skating safety! The class is a 1/2 hour in duration and will prepare skaters for further skating in the AZ ICE Gilbert group lesson structure! Come skate with us! Ice skates are provided. AZ Ice (AI) is located at 2305 E Knox Rd., Gilbert, AZ 85296.

4-6 YEARS
15430 SAT 3/23 11:05-11:35am AI $15
15431 SAT 4/13 11:05-11:35am AI $15
15432 SAT 5/18 11:05-11:35am AI $15
Instructor: AZ Ice Staff

KIDDIE KICKERS

Kick start your child’s sport career in this introductory soccer class designed to enhance your child’s physical and cognitive abilities. Basic ball handling skills such as kicking, passing, and shooting will be learned during practice drills and game time. Good sportsmanship, teamwork and appropriate classroom behavior are encouraged.

3-6 YEARS
15372 TH 3/21-5/16 5:15-6pm MPAC $47
Instructor: Betsy Vacco
LITTLE HOOPSTERS
This program is intended to teach the participant the fundamentals of basketball while providing a positive recreational experience for boys and girls. Participants will learn shooting, passing, dribbling, drills. Other games may be incorporated as well to help enhance motor skills.

3-5 YEARS
15313 TH 3/21-5/16 11-11:45am FRC $47
Instructor: Martiana Byrd

MEGA SUPER SPORTS MANIA
Your super star will learn the basic skills of a variety of sports and games that will help build strong bones and healthy bodies. We’ll focus on motor skills, balance, coordination, flexibility and social development as we interact and have fun. Concentration will be on soccer, basketball, t-ball, hockey, kickball and tennis. Participants must wear tennis shoes.

4-7 YEARS
15373 F 3/22-5/17* 2-2:45pm MPAC $42
Instructor: Darby McDaniel *No class 4/19

MY FAVORITE SPORTS
This class will have all of your little ones favorite sports combined into one action packed session. Kids will have social interaction and learn fine motor skills with sports like soccer, t-ball, hockey and football. A class for any sports enthusiast. Good sportsmanship, teamwork and appropriate classroom behavior will be emphasized. Other active games may be introduced to help enhance your child’s experience and fine motor skills. Participants must wear tennis shoes.

3-5 YEARS
15318 TH 3/21-5/16 9-9:45am FRC $47
Instructor: Martiana Byrd

PEE WEE P.E.
Your little sportster will enjoy this high energy class that will keep ‘em moving by playing a variety of sports and games; soccer, tennis, hockey, t-ball, obstacle course, relay races and much, much more! Emphasis on skill development, teamwork, good sportsmanship and physical activity to help build strong bones and encourage socialization. This is a non-competitive, playful atmosphere. Participants must wear tennis shoes.

3-6 YEARS
15376 M 3/18-5/13 12-12:45pm MPAC $47
Instructor: Betsy Vacco

SPORTBALL BASKETBALL, INDOOR
Slamdunk! Sportball basketball programs are non-competitive and skill-based, providing children with the opportunity to learn how to play basketball with the help of experienced coaches. Programs focus on these fundamental skills of basketball: dribbling, passing, shooting, pivoting, defense and more in fun, exciting, skill-focused play.

4-6 YEARS
15433 TH 3/28-5/16 5-5:55pm FRC $110
Instructor: Sportball Staff

SPORTBALL MULTI-SPORT, INDOOR
Refine, rehearse, repeat! Each class focuses on one of eight different popular sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. All equipment is provided.

4-6 YEARS
15434 SAT 3/30-5/18* 10:25-11:20am CC $98
Instructor: Sportball Staff *No class 4/20

SPORTBALL SOCCER & T-BALL, INDOOR
Sportball Soccer & T-Ball programs introduce children to fundamental concepts of gameplay and provided the basic skills required to score with confidence in a supportive, non-competitive environment. The first half of the program zeroes in on soccer skills, the second half of the program helps children develop t-ball skills. Trained, certified Sportball Coaches apply their dedicated instruction in fun, exciting, skills-focused games.

4-6 YEARS
15435 SAT 3/30-5/18* 11:25am-12:20pm CC $98
Instructor: Sportball Staff *No class 4/20

Look for this icon to see our exciting NEW offerings this session!
AMAZING ART
Your little artist will have the opportunity to use different media such as paint and clay to create a work of art of their own. In each class students will learn about different artists and then create a masterpiece of their own.
8-12 YEARS
15288 M 3/25-5/13 4:15-5pm FRC $50
Instructor: Isabel Sesmas

AMAZING CLAY
Students will have the opportunity to learn about the different properties of clay and create a masterpiece of their own design.
5-12 YEARS
15289 M 3/25-5/13 5:15-6pm FRC $55
Instructor: Isabel Sesmas

ELEMENTS OF ART
Develop fundamental art concepts and hone your ability to make artistic decisions. Media exploration is encouraged using markers, pastels, watercolor and acrylic paint, as well as colored pencils. Learn sophisticated art concepts such as form, pattern, texture and contrast through the introduction of the “elements and principles of art.”
6-10 YEARS
15191 W 3/20-5/15 4:30-5:30pm CC $55
Instructor: Lisa Martineau

INTERMEDIATE ART
This class is for youth who are interested in making two or three more complex projects over the course of the session. We will devote multiple classes to each completing each masterpiece, all while learning and diving deeper into concepts and ideas.
10-15 YEARS
15196 SAT 3/23-5/18* 9:30-10:30am CC $50
Instructor: Lisa Martineau *No Class 4/20

KIDS CANVAS PAINT PARTY
Come paint along with us! This class will be a social evening filled with fun and paint. When you arrive, we will walk you step-by-step through the process. We provide all the supplies and you get to go home with your very own masterpiece.
6-12 YEARS
15193 W 3/13 6-7pm CC $15
15194 W 4/17 6-7pm CC $15
15197 W 5/15 6-7pm CC $15
Instructor: Lisa Martineau

LET’S DRAW & PAINT
Come have some fun creating with us! In this drawing and painting class students will learn drawing techniques while experimenting with color. Students will explore graphite, oil pastels and acrylic paint. Let’s learn skills that let us express our imaginations! Supplies included.
7-10 YEARS
15377 T 3/26-5/7 5-6:30pm MPAC $75
Instructor: Kate Del Sandro

AMAZING ART
Calling all culinary enthusiasts! Let us teach your child the basics of baking and cooking. Each week will focus on a different course such as an appetizer, main dish, breakfast item or dessert. Class emphasizes following directions, taking turns and kitchen safety. Recipes will be given out to recreate at home. Get ready to taste some amazing foods! Bring a storage container to transport food from class. Not recommended for children with food allergies.
5-8 YEARS
15378 F 3/22-5/17* 4:10-5pm MPAC $60
7-12 YEARS
15379 F 3/22-5/17* 5:15-6:05pm MPAC $60
Instructor: Jenn Myers *No class 4/19

AMAZING CLAY
Take a journey around the world without leaving the comfort of your kitchen! Enjoy making easy, scrumptious dishes from US, Mexico, Italy and Asia! Prepare an appetizer, dessert, snack or even a meal that may be sweet, salty, savory but always scrumptious. Your taste buds will thank you! Recipes will be shared to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food allergies.
8-12 YEARS
15380 TH 3/21-5/16 5:15-6pm MPAC $65
Instructor: Darby McDaniel

KIDS KITCHEN
Have a child who loves to help you in the kitchen? This class will excite them and expand their culinary abilities. They will learn to make simple, yet delicious recipes like breakfast burritos, chicken salad sandwiches, pizzas and even superfood cookies! Each class they will take home the recipe to recreate for you at home. Not recommended for children with food allergies.
10-16 YEARS
15195 SAT 3/23-5/18* 11am-12pm CC $45
*No Class 4/20
Instructor: Lisa Martineau

KIDS CANVAS PAINT PARTY
Come paint along with us! This class will be a social evening filled with fun and paint. When you arrive, we will walk you step-by-step through the process. We provide all the supplies and you get to go home with your very own masterpiece.
6-12 YEARS
15193 W 3/13 6-7pm CC $15
15194 W 4/17 6-7pm CC $15
15197 W 5/15 6-7pm CC $15
Instructor: Lisa Martineau

LET’S DRAW & PAINT
Come have some fun creating with us! In this drawing and painting class students will learn drawing techniques while experimenting with color. Students will explore graphite, oil pastels and acrylic paint. Let’s learn skills that let us express our imaginations! Supplies included.
7-10 YEARS
15377 T 3/26-5/7 5-6:30pm MPAC $75
Instructor: Kate Del Sandro

AMAZING ART
Calling all culinary enthusiasts! Let us teach your child the basics of baking and cooking. Each week will focus on a different course such as an appetizer, main dish, breakfast item or dessert. Class emphasizes following directions, taking turns and kitchen safety. Recipes will be given out to recreate at home. Get ready to taste some amazing foods! Bring a storage container to transport food from class. Not recommended for children with food allergies.
5-8 YEARS
15378 F 3/22-5/17* 4:10-5pm MPAC $60
7-12 YEARS
15379 F 3/22-5/17* 5:15-6:05pm MPAC $60
Instructor: Jenn Myers *No class 4/19

AMAZING CLAY
Take a journey around the world without leaving the comfort of your kitchen! Enjoy making easy, scrumptious dishes from US, Mexico, Italy and Asia! Prepare an appetizer, dessert, snack or even a meal that may be sweet, salty, savory but always scrumptious. Your taste buds will thank you! Recipes will be shared to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food allergies.
8-12 YEARS
15380 TH 3/21-5/16 5:15-6pm MPAC $65
Instructor: Darby McDaniel

KIDS KITCHEN
Have a child who loves to help you in the kitchen? This class will excite them and expand their culinary abilities. They will learn to make simple, yet delicious recipes like breakfast burritos, chicken salad sandwiches, pizzas and even superfood cookies! Each class they will take home the recipe to recreate for you at home. Not recommended for children with food allergies.
10-16 YEARS
15195 SAT 3/23-5/18* 11am-12pm CC $45
*No Class 4/20
Instructor: Lisa Martineau

KIDS CANVAS PAINT PARTY
Come paint along with us! This class will be a social evening filled with fun and paint. When you arrive, we will walk you step-by-step through the process. We provide all the supplies and you get to go home with your very own masterpiece.
6-12 YEARS
15193 W 3/13 6-7pm CC $15
15194 W 4/17 6-7pm CC $15
15197 W 5/15 6-7pm CC $15
Instructor: Lisa Martineau

LET’S DRAW & PAINT
Come have some fun creating with us! In this drawing and painting class students will learn drawing techniques while experimenting with color. Students will explore graphite, oil pastels and acrylic paint. Let’s learn skills that let us express our imaginations! Supplies included.
7-10 YEARS
15377 T 3/26-5/7 5-6:30pm MPAC $75
Instructor: Kate Del Sandro
**DANCE/CHEER**

**BALLET/TAP 101**
This ballet/tap class is perfect for children with no previous dance experience or those who would benefit from a second introduction course. Your child will work on basic ballet and tap technique through dances, games and fun activities.

**5-8 YEARS**
15294 SAT 3/30-5/18* 9-9:45am FRC $37
Instructor: Jenn Myers *No class 4/20

**BALLET/TAP 102**
This class is designed for the tiny dancer that has previous dance experience. Dancers should be familiar with 1st and 2nd position, plies, tip toes/releve, shuffle step, piques and should be comfortable articulating before the ball and heal in tap and point vs. flex in ballet.

**7-13 YEARS**
15296 SAT 3/30-5/18* 10-10:45am FRC $37
Instructor: Jenn Myers *No class 4/20

**CHEERLEADING 101**
A fun and exciting way to introduce kids to the basic skills of cheerleading. Emphasis is on building trust and confidence while encouraging their personal best. Build strength, flexibility and learn basic technical skills such as tumbling, dance, jumps, cheers and stunts to be successful in their squad. **Taught by collegiate national champion in competition cheer. Athletic shoes are required.

**6-10 YEARS**
15381 M 3/18-5/13 6-6:45pm MPAC $47
Instructor: Darby McDaniel**

**7-12 YEARS**
15301 T 3/19-5/14 4-5pm FRC $47
Instructor: Raquel Gibson-Starks

**CHEERLEADING 102**
We will learn more advanced jumps, cheers and dances. This course will also introduce basic stunting skills. In terms of tumbling, cheerleaders will work on handstands cartwheels and bridges. All interested cheerleaders should have basic hand/arm motions, basic rhythm, solid prep for a jump and a solid forward roll.

**7-12 YEARS**
15302 T 3/19-5/14 5:15-6:30pm FRC $47
Instructor: Raquel Gibson-Starks

**CONTEMPORARY DANCE FOR BEGINNERS**
This popular form of dance uses unpredictable, expressive movements that combines elements of classical ballet, modern, jazz and lyrical genres. Dancers are encouraged to connect the mind and body through fluid dance movements, while maintaining a strong focus on technique. Students often dance barefoot, but may also opt for jazz shoes, ballet shoes or foot paws if preferred.

**7-12 YEARS**
15382 F 3/22-5/17 6:30-7:15pm MPAC $42
Instructor: Jenn Myers *No class 4/19

**DANCING DIVAS**
Sparkle and shine and unleash your inner diva! Learn fun dance moves and routines set to the hottest (edited) music heard on the radio. Basic jazz, hip hop and even a little bit of tap will be broken down for easy to follow moves. Sign up with a friend or make a new one in class!

**5-8 YEARS**
15383 M 3/18-5/13 4:50-5:35pm MPAC $47
Instructor: Darby McDaniel

**DANCE THEATER**
Why just take a dance class when you can learn to act too! Each class we will take acting and dance and fuse them together to tell a story through movement. Perfect for aspiring stars of the stage! Dance shoes recommended.

**7-13 YEARS**
15303 SAT 3/23-5/18* 11am-12pm FRC $42
Instructor: Jenn Myers *No class 4/20
DESERT STAR DANCE STUDIO CLASSES
Desert Star Dance has been serving families in the East Valley for 15 years. We have classes for all ages, experience, levels of interest and offer a diverse array of styles to choose from. Our goal is to provide a strong foundation in dance though solid, fundamental training while utilizing fun and creative teaching techniques. Our professional dance studio creates a safe, family friendly atmosphere where we strive to maintain a balance between fun and discipline and where students are encouraged to understand the dedication it takes to become an accomplished dancer. Our professional and experienced staff is devoted to sharing their knowledge of dance and the performing arts.

JR. DANCE SAMPLER
Your dancer will learn jazz technique, musical theatre, and hip hop during this dynamic and energetic class. Set to age appropriate music, this class will introduce and alternate between three styles of dance while encouraging fun, cardiovascular health. Your dancer is also sure to make a friend or two! Student is responsible for providing own dance wear and dance shoes specific to the dance style being taught. Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7 Chandler 85225.

7-11 YEARS
15436 TH 3/21-5/16 5-6pm DSD $108

MINI COMBO
Perfect for beginning dancers, our combo class introduces tap, jazz, and some ballet in a safe, professional environment. Dance is a great way to build coordination, encourage physical fitness and develop listening skills. Student is responsible for providing own dance wear and dance shoes specific to the dance style being taught. Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7 Chandler 85225.

7-7 YEARS
15437 SAT 3/19-5/14 5-5:45pm CC $47
Instructor: Chloe Davis

FAIRYTALE BALLET
The magical journey begins here. Fairytale Ballet offers beginning exploration into classical ballet that incorporates costumes, props, and classical music into each class. Ballet shoes recommended. Costumes and props will be provided.

5-7 YEARS
15192 T 3/19-5/14 5-5:45pm CC $47
Instructor: Chloe Davis

HIP HOP DANCE
In this basic hip hop class you will learn combinations broken down step by step and taught at a comfortable pace to Hip Hop music. You can also get into great shape and meet tons of new friends, so come on in and join the fun!

6-12 YEARS
15306 W 3/20-5/15 5-5:45pm FRC $47
Instructor: Jenn Myers

PIP SQUEAK HIP HOP
Does your little pip squeak love to dance and move?! This introduction to hip hop focuses on rhythm and basic footwork taught at an easy to follow, comfortable pace using games and movement. Great way to get up and get funky! Class taught to upbeat, age appropriate music. Tennis shoes and comfortable clothes are recommended.

4-7 YEARS
15320 W 3/20-5/15* 4-4:45pm FRC $42
Instructor: Jenn Myers *No class 5/1

TAP, BALLET & TUMBLE
Participants will learn tap, ballet, and tumbling at the most basic level. This class is designed to develop motor skills, coordination and self-esteem. Please note this is NOT a parent tot class, only registered participants will be allowed in the room. Tap and ballet shoes are recommended but not required.

4-6 YEARS
15323 W 3/20-5/15* 3-3:45pm FRC $42
Instructor: Jenn Myers *No class 5/1

TAP TIME
Learn the fundamentals of tap such as movements, vocabulary, basic rhythm and steps that progress into fun dance combinations. Techniques will be learned through easy-to-follow steps using games, props and other fun activities. Keep calm and tap dance on! Tap shoes recommended.

6-9 YEARS
15385 SAT 3/23-5/18* 11:15am-12pm MPAC $42
Instructor: Kate Del Sandro *No class 4/20

YOUTH/TEEN CLASSES 5-16 YEARS

TWEEN HIP HOP I
An urban dance form choreographed to hip hop and rap music (clean and edited). Hip Hop incorporates rhythm, isolations, arm movement and footwork. These classes teach popping, locking, waving, breaking and more. Hip Hop enhances strength and good cardiovascular fitness in a fun and funky way! For beginner-intermediate tweens! Student is responsible for providing own dance wear and dance shoes specific to the dance style being taught. Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7 Chandler 85225.

11+ YEARS
15439 TH 3/21-5/16 8-9pm DSD $108
ACT BOOTCAMP
Are you looking for a quick and effective way to improve your test scores? These ACT Boot Camp classes are an intensive four-hour workshop that focus on strategy; how to take the test, how to avoid the traps, and preparing for the writing section. We provide you the most up to date test prep information. Presentations are given with visual Power Point backup, and students are provided a binder containing the workshop information including practice questions, tips and vocabulary lists. Students, please bring pencils, paper and calculators to class.

13-20 YEARS
14911 SAT 3/16 9am-1pm SERL $99
15440 SAT 3/30 9am-1pm SERL $99
Instructor: Test Prep Boot Camp Staff

SAT BOOTCAMP
Are you looking for a quick and effective way to improve your test scores? This SAT Boot Camp classes is an intensive four-hour workshop that focuses on strategy; how to take the test, how to avoid the traps, and preparing for the writing section. We provide you the most up to date test prep information. Presentations are given with visual Power Point backup, and students are provided a binder containing the workshop information including practice questions, tips and vocabulary lists. Students, please bring pencils, paper and calculators to class.

13-20 YEARS
14912 SAT 2/23 9am-1pm SERL $99
15441 SAT 4/13 9am-1pm SERL $99
Instructor: Test Prep Bootcamp Staff

Equestrian

ADVANCED HORSEMANSHIP
Prerequisite: Must have taken Intermediate Horsemanship in the past year. This fast paced class is designed to work with those who want training techniques for both horse and rider. We will work more intensively on each student’s abilities and areas they wish to progress in such as trail riding, western pleasure, barrel racing, roping and team penning. We will cover fundamentals of each area of interest for each student. Students under 18 must have parent/guardian sign a liability waiver at first class. Swingin’ C Ranch (SCR) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.

6+ YEARS
14915 T 3/5-3/26 7-8pm SCR $141
15443 T 4/2-4/23 6:30-7:30pm SCR $141
15444 T 5/7-5/28 6:30-7:30pm SCR $141
Instructor: Swingin’ C Ranch Staff

BEGINNING HORSEMANSHIP
This class is designed to teach students the basics of Western riding horsemanship. We will begin with grooming, general care and saddling safely. We will cover mounting and dismounting, proper posture and balance when riding. We will work with each student on simple control techniques such as asking the horses to walk and stop. Students under 18 must have parent/guardian sign a liability waiver at first class. Swingin’ C Ranch (SCR) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.

6+ YEARS
14917 T 3/5-3/26 6-7pm SCR $141
15445 T 5/7-5/28 5:30-6:30pm SCR $141
Instructor: Swingin’ C Ranch Staff

INTERMEDIATE HORSEMANSHIP
Prerequisite: Must have taken Beginning Horsemanship or Introduction to Horsemanship in the past year. This class will focus on more specific control and Western riding techniques such as getting the horse to respond to certain cues and learning how to post while in a trot. We will cover different gaits, as well as identifying the gait and correct leads while mounted. Students under 18 must have parent/guardian sign a liability waiver at first class. Swingin’ C Ranch (SCR) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.

6+ YEARS
15447 T 4/2-4/23 5:30-6:30pm SCR $141
Instructor: Swingin’ C Ranch Staff
Gymnastics & Movement

DYNAMIC GYMNASTICS
Dynamic Gymnastics is designed for those beginning athletes who are new to the sport of tumbling and gymnastics. Teaching the basic gymnastic elements and building confidence with the required skills needed to advance. Dynamic gymnastics focuses on strength and flexibility, forward and backward rolls, cartwheels and round-offs, backbend flexibility, handstands and the back handspring.

6-8 YEARS
15190 F 3/22-5/17* 4:15-5pm CC $42
Instructor: Betsy Vacco *No Class 4/19

GYMNASTICS 101
BEGINNER LEVEL: Best recommended for kids needing help to master the basic skills. Improve strength, flexibility, coordination and balance in a positive, upbeat environment. Class encourages confidence and fitness and teaches kids valuable skills to take them to the next level. Progression is at-their-own-pace and they'll enjoy social interaction with peers. Focus on floor gymnastics; front/back rolls, handstands, cartwheels, backbends and balancing.

5-8 YEARS
15386 W 3/20-5/15 4:15-5:05pm MPAC $47
15387 TH 3/21-5/16 4:10-5pm MPAC $47
15388 SAT 3/23-5/18* 10:30-11:20am MPAC $42
15389 SAT 3/23-5/18* 11:30am-12:25pm MPAC $42
Instructor: Betsy Vacco
*No class 4/20

GYMNASTICS 102
INTERMEDIATE LEVEL: Best recommended for kids who have mastered the basic skills and have prior gymnastics background. This class is a continuation of skill development from Gymnastics 101 with more emphasis on strength and flexibility. Kids will learn the next set of progression to include walkovers through full range of motion. Class stresses safety and spotting techniques and will begin working on a routine that will be performed at the end of the session.

6-12 YEARS
15390 W 3/20-5/15 4:10-5:05pm MPAC $47
Instructor: Betsy Vacco

INTRO TO ACROGYMNASTICS
What is it? Acro - meaning “top most” has come to be linked to the gymnastic world of stacking on top of each other. We will learn the basics utilizing yoga, dance and gymnastics techniques. We will challenge out bodies and minds in a safe and encouraging atmosphere. No matter the body type, everyone will have the opportunity to base, spot and fly. We ask that all participants have had at least 2 sessions of Gymnastics 101 or a full session of Gymnastics 102.

7-13 YEARS
15311 TH 3/21-5/16 5-5:50pm FRC $47
Instructor: Jenn Myers

Registration Begins: February 26th • Register online at GilbertRecreation.com
HUNG GAR KUNG FU
A southern style of Kung Fu that originated in the Shaolin Temple. Hung Gar will teach the practitioner stamina, flexibility and endurance by doing isometric exercises and postures. Self-defense and patience are part of this Martial arts class.

13+ YEARS
15307 W 3/20-5/15 6:30-8:30pm FRC $90
Instructor: Peter Pena

TAI JI QUAN
Introduction to Tai Ji Quan for people with no experience and wanting to be knowledgeable of this Chinese holistic style. Tai Ji Quan, which means Grand Ultimate Fist, is a classical Chinese internal martial arts system created out of the Daoist concept of balance. Tai Ji Quan, with its movements imitating the flow of water, is an exercise which improves balance, coordination, respiratory and cardiovascular systems. All levels are welcome.

16+ YEARS
15322 T 3/19-5/14 7-8pm FRC $45
Instructor: Peter Pena

SANCHIN-RYU KARATE
Sanchin-Ryu is an artistic form of self-defense designed in a way, so that size and strength, age and athletic ability aren’t factors in defending one’s self. Taught on an individual basis, students study in a non-competitive environment while working on Sanchin-Ryu’s practical movements and no-nonsense approach to self-defense. To truly understand every facet of conflict resolution we study three levels of self-defense awareness; physical, mental and emotional. Emphasis is on having fun, building self-confidence, coordination, and leadership skills through the study of a true martial art. Classes are taught in a fun, high-energy environment. Please wear comfortable clothing that does not restrict movement. Instructors: Black Belts; Steven Ahles 7th Dan, Doug Sawyer 3rd Dan, and Brent Sawyer 3rd Dan.

SANCHIN-RYU KARATE-FAMILY
For individuals and families from all walks of life. Come study the full form of Sanchin-Ryu, an artistic form of self-defense designed in a way, so that size or strength, age or athletic ability are not factors in defending one’s self. Have fun learning a true martial Art in a non-competitive, fun, high-energy environment. Family participation is encouraged. Open to all levels of students.

6+ YEARS
15455 T 3/19-5/14 6:30-7:30pm CC $45
15452 W 3/20-5/15 5:30-6:30pm MPAC $45
15453 F 3/22-5/17* 6:30-7:30pm FRC $40
15454 SAT 3/23-5/18* 9:30-10:30am FRC $40
Instructor: Sanchin-Ryu Karate Staff *No class 4/19 & 4/20

SANCHIN-RYU’S SELF-DEFENSE FOR TEENS & PARENTS
Learn street-wise techniques designed in a way, so that size, strength, age or athletic ability are not factors in defending one’s self. Learn to act on stressful situations rather than being controlled by them. Sign up for this class by yourself or with a family member or friend! Please wear comfortable clothing that does not restrict movement and covers the shoulders.

13+ YEARS
15456 SAT 4/6 12-2:30pm MPAC $24
Instructor: Sanchin-Ryu Karate Staff

SANCHIN-RYU KARATE & SELF-DEFENSE FOR YOUTH
Students will learn alternatives to fighting and be empowered with techniques to handle everyday scenarios they may encounter at work, school, the park, and even among friends. In a fun, high-energy, go-at-your-own pace environment students build self-confidence, develop focus, discipline and physical fitness. Students are taught the full form of Sanchin-Ryu, an artistic form of self-defense designed in a way, so that size or strength, age or athletic ability are not factors in defending one’s self. These classes are age appropriate for content and situational subjects.

6-12 YEARS
15450 T 3/19-5/14 5:30-6:30pm CC $45
15449 F 3/22-5/17* 4:30-5:30pm FRC $40
Instructor: Sanchin-Ryu Karate Staff *No class 4/19

SANCHIN-RYU KARATE-ADVANCED
This advanced class will be structured for those students holding the rank of Purple belt or higher. Students will study advanced Sanchin-Ryu forms and their hand to hand application.

10+ YEARS
15451 W 3/20-5/15 6:30-8:30pm MPAC $90
Instructor: Sanchin-Ryu Karate Staff
ASHI CHILD & BABYSITTING SAFETY TRAINING CLASS
The Childcare & Babysitting course (CABS) helps build confidence, self-esteem and skills necessary to care for infants and children on a daily basis and in emergency situations. The course includes an introduction to CPR & First aid, diaper changing, feeding and choking prevention. Students will receive a workbook and a child and babysitting safety certificate upon completion. **Please bring a sack lunch.**

**11-16 YEARS**
- **15457** SAT 3/30 9:30am-1:30pm SERL $55
- **15458** SAT 4/27 9:30am-1:30pm SERL $55

Instructor: Cross Lifeline Emergency Staff

INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE
Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won’t have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. **Bring your acoustic guitar.** Materials Fee of $29 will be collected in class by the instructor for the workbook and practice DVD.

**13+ YEARS**
- **15459** TH 4/11 6:15-8:45pm MPAC $30

Instructor: Craig Coffman

ADVANCED BASKETBALL
Advanced Basketball will work on developing a consistency with shooting form, ball handling, and coordination, including team oriented drills to gain an understanding of team play. Players with advanced skill level and a strong foundation of the fundamentals that are looking to be prepared for competitive and organized team play will develop an increased comfort level within a team environment. Participants are welcome to bring their own ball and water.

**10-13 YEARS**
- **15331** W 3/20-5/15 6:30-7:15pm FRC $47

Instructor: Trevor Henry

ARCHERY CLASSES IN GILBERT
Gilbert Archery Range is a small outdoor range in Freestone Park, set up for shooting recurve and compound bows out to 70 meters. Town archery classes, activities, events, and the Gilbert Archery Club, are run there by high quality, certified coaches. Open shooting times are posted at GilbertArchery.com. The Gilbert Archery Range (GAR) is located on the open lot on Freestone Parkway across the street from Freestone Recreation Center.

ARCHERY FOR BEGINNERS
All ages welcome. **All equipment is provided.** Come learn to shoot like the Olympians. The Gilbert Archery Range (GAR) is located on the open lot on Freestone Parkway across the street from Freestone Recreation Center. A $20 supply fee will be collected by the instructor on the first day of class.

**8+ YEARS**
- **15461** SAT 3/30-4/20 9-10am GAR $60
- **15462** SAT 4/27-5/18 9-10am GAR $60

Instructor: Gilbert Archery Staff

ARCHERY FOR INTERMEDIATE
If you’ve taken our beginners class and want to continue refining your skills, this is the class for you. **Equipment is provided.** You may bring your own equipment, but it’ll need to pass a safety check. The Gilbert Archery Range (GAR) is located on the open lot on Freestone Parkway across the street from Freestone Recreation Center. A $20 supply fee will be collected by the instructor on the first day of class.

**8+ YEARS**
- **15463** SAT 3/23-4/20* 10:15-11:15am GAR $60
- **15464** SAT 3/23-4/20* 10:15-11:15am GAR $60

Instructor: Gilbert Archery Staff *No class 4/6

ARCHERY FUN
All ages welcome. **All equipment is provided.** Come learn to shoot like the Olympians. The Gilbert Archery Range (GAR) is located on the open lot on Freestone Parkway across the street from Freestone Recreation Center. A $20 supply fee will be collected by the instructor on the first day of class.

**8+ YEARS**
- **15465** SAT 4/11-5/16 5-6pm GAR $100

Instructor: Gilbert Archery Staff
BEGINNERS EDGE SPORTS TRAINING CLASSES
Beginners Edge Youth Sports Training Programs bring your player into the world of sports by teaching the sports skills they will need to get them ready to compete. Our fun training program is built to engage and excite them through multiple sessions of learning. Join the B.E.S.T. Team today and support the only non-franchise, locally owned and operated sports program here in AZ.

4 SPORT MULTI-SPORT WITH B.E.S.T.
Our industry-leading 4-Sport program brings you multiple weeks of 4 fantastic sports: Soccer, Baseball/Softball, Basketball and Track. We will teach your player how to kick and control a soccer ball, how to hit, catch, throw and run the bases, shoot and dribble a basketball and running, jumping and building strength + endurance in our Track & Field program. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee and a basketball is needed later in the session. These classes will take place on the grassy area in front of Freestone Recreation Center.

5-8 YEARS
15466 SAT 3/23-5/18* 12-12:45pm FRC $98
15467 SUN 3/24-5/19* 12-12:45pm FRC $98
Instructor: B.E.S.T. Staff *No class 4/20 & 4/21

BASEBALL & SOFTBALL TRAINING WITH B.E.S.T.
Our industry-leading weekly Sluggers program will teach your kids the skills of baseball & softball by offering activities such as: fielding, throwing, hitting, base recognition, (sometimes) sliding and more! Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. Please provide your own baseball hitting tee and glove.

5-8 YEARS
15468 SAT 3/23-5/18* 12-12:45pm FRC $98
Instructor: B.E.S.T. Staff *No class 4/20

BASKETBALL SKILLS AND DRILLS WITH B.E.S.T.
Our industry-leading basketball skills and drills clinics introduce and advance your players ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child’s favorite basketball with their name on it.

7-10 YEARS
15469 SAT 3/23-5/18* 10-10:45am FRC $98
15472 SUN 3/24-5/19* 10-10:45am FRC $98
Instructor: B.E.S.T. Staff *No class 4/20 & 4/21

FLAG FOOTBALL SKILLS AND DRILLS BY B.E.S.T.
Our industry-leading football skills and drills clinics will teach football terminology, good sportsmanship, passing, receiving, agility, cradling, kicking/punting, flag/touch, blocking, defense/defense skills and more! Our goal and focus is to maintain an energetic & highly active program that will allow your player to enjoy and learn the joy of the gridiron that will teach, encourage and advance your young players regardless of their skill level. Bring your favorite football, we got the rest. This class will take place on the grassy area in front of Freestone Recreation Center.

7-10 YEARS
15469 SUN 3/24-5/19* 12-12:45pm FRC $98
Instructor: B.E.S.T. Staff *No class 4/21

SOCCER SKILLS TRAINING WITH B.E.S.T.
Our industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic & highly active program that will allow your player to enjoy and learn the joy of the gridiron that will teach, encourage and advance your young players regardless of their skill level. Please bring an age appropriate soccer ball with your child’s name on it and a water bottle. These classes will take place on the grassy area in front of Freestone Recreation Center.

7-10 YEARS
15470 SUN 3/24-5/19* 12-12:45pm FRC $98
Instructor: B.E.S.T. Staff *No class 4/20

5-8 YEARS
15471 F 3/22-5/17* 4:45-5:30pm FRC $98
15470 SUN 3/24-5/19* 12-12:45pm FRC $98
Instructor: B.E.S.T. Staff *No class 4/20

A 501 (c)(3) organization created to assist in providing support to various services:
- Park and Playground improvements
- Youth programs
- Learn to swim programs
- Riparian Preserve at Water Ranch Lake
- Dog Parks
- Special Events
- Adaptive programs
AND MUCH MORE...

Interested in becoming a member of the Board of Directors??

jennifer.laurila@elbertaz.gov

www.gilbertpark.org

MAKE A DONATION TODAY!!!
BEGINNING BASKETBALL
This beginner only class will introduce the basic fundamentals of basketball which includes developing proper footwork, ball handling, and shooting skills. The focus of this class is to emphasize sportsmanship and teamwork while also having fun. Participants are welcome to bring their own ball and water.

7-10 YEARS
15297 W 3/20-5/15 4:30-5:15 FRC $47
Instructor: Trevor Henry

BEGINNING VOLLEYBALL
Introduce and review basic volleyball skills: bump, set, spike, and serve. Learn the game through drills and skill instruction. Participants need to wear tennis shoes and may bring their own volleyball to class each day.

7-12 YEARS
15299 T 3/19-5/14 5-5:45pm FRC $47
Instructor: Jake Magruder

INTERMEDIATE BASKETBALL
Players will build on the skills learned in Beginning Basketball, with a focus on improving passing, dribbling, and shooting, while also understanding the proper footwork and movement in basketball. Players will develop an understanding of the game as they are introduced to some basketball terminology and game based play, including rules and regulations. Participants are welcome to bring their own ball and water.

8-11 YEARS
15308 W 3/20-5/15 5:30-6:15pm FRC $47
Instructor: Trevor Henry

INTERMEDIATE VOLLEYBALL
In this class we will review basic volleyball skills: bump, set, spike, and serve and build on these skills through drills and instruction. Participants must have taken the Beginners Volleyball class or have a working understanding of the basics before taking Intermediate. Participants need to wear tennis shoes and may bring their own volleyball to class each day.

9-15 YEARS
1531 T 3/19-5/14 6-7pm FRC $47
Instructor: Jake Magruder

GOLF READY JUNIOR SERIES (LEVEL 1)
Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for both the true beginner and newly intermediate level junior golfer. They will develop a proper pre-shot routine and jump right into making full swings and hitting golf balls. They will learn proper practice habits and finish ready to tackle the golf course. Rules, etiquette and golf course management will be taught accordingly. Advancement to the Golf Better Junior Series (Level II) will be determined by Coach Mike. Class limited to 10 players. Closed toe shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Pre-shot fundamentals and basic swing
Week 2 Chipping and pitching
Week 3 Full iron swing from the fairway
Week 4 Putting including aim, stroke and reading the green
Week 5 Driver swing

8-12 & 13-17 YEARS
15475 T 3/19-4/16 5-6pm WS $125
15476 T 4/23-5/7 5-6pm WS $95
15477 W 3/20-4/17 5-6pm WS $125
15478 W 4/24-5/8 5-6pm WS $95
15479 SAT 3/23-4/20 11am-12pm WS $125
15480 SAT 4/27-5/11 11am-12pm WS $95
Instructor: Mike Arrigoni, PGA

GOLF BETTER JUNIOR SERIES (LEVEL II)
Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for the junior golfer who is already playing golf or has the required skills to start playing on the golf course. Players will redevelop proper swing positions and start to achieve a more consistent ball flight. They will learn proper practice habits and finish ready to shoot lower scores on the golf course. Rules, etiquette and golf course management will be taught accordingly. *Class limited to 6 players

Week 1 Irons – swing shape and solid contact
Week 2 Pitching – effective loft and distance control
Week 3 Irons – solid contact and direction
Week 4 Putting – aim, stroke, speed control and reading the green
Week 5 Driver – launch angle and maximum distance

8-12 & 13-17 YEARS
15473 TH 3/21-4/18 5-6pm WS $150
15474 TH 4/25-5/9 5-6pm WS $115
15475 TH 5/13-6/3 5-6pm WS $115
15476 TH 6/7-7/1 5-6pm WS $115
15477 TH 7/12-8/6 5-6pm WS $115
Instructor: Mike Arrigoni, PGA

IntroSk8™
Have you ever wanted to learn to ice skate? What better way to keep cool! Come on down to AZ ICE Gilbert and learn how to ice skate - it’s the closest thing to flying! Our IntroSk8 program is designed to get skaters comfortable with the basics of ice skating, including getting up and falling down, moving forward, stopping and overall skating safety! The class is a 1/2 hour in duration and will prepare skaters for further skating in the AZ ICE Gilbert group lesson structure! Come skate with us! Ice skates are provided. AZ Ice (AI) is located at 2305 E Knox Rd., Gilbert, AZ 85296.

7-13 YEARS
15478 SAT 3/23 11:05-11:35am AI $15
15479 SAT 3/30 11:05-11:35am AI $15
15480 SAT 4/6 11:05-11:35am AI $15
Instructor: AZ Ice Staff
SPORTBALL INDOOR BASKETBALL
Slamdunk! Sportball basketball programs are non-competitive and skill-based, providing children with the opportunity to learn how to play basketball with the help of experienced coaches. Programs focus on these fundamental skills of basketball: dribbling, passing, shooting, pivoting, defense and more in fun, exciting, skill-focused play. Please bring a basketball with your child’s name on it.

7-9 YEARS
15484 TH 3/28-5/16 6-6:55pm FRC $110
Instructor: Sportball Staff

TENNIS ALL STARS
This class is designed for the junior who is striving to play matches. Class emphasis will be on improving stroke production, match play strategy, and positioning. Drills and games will be competitive with major emphasis on fun with music. Please bring a tennis racquet to class.

8-15 YEARS
15485 W/F 3/20-4/12 4-5:30pm FPARK $168
Instructor: Brett Hall

TENNIS FUTURE STARS
For juniors who have very little exposure to tennis. Major emphasis will be placed on the basics of stroke production, playing games, learning sportsmanship, meeting friends and lots of fun with music. Please bring a tennis racquet to class.

6-9 YEARS
15486 T/TH 3/19-4/11 4:30-5:30pm FPARK $112
Instructor: Brett Hall
# Youth & Adult Sports

## Softball - Freestone
- **Men’s**
- **Co-Ed**
- **Women’s**
  - Registration is accepted until the league is full.

### Registration Dates

- Sports league registration is done entirely online at [GilbertRecreation.com](http://GilbertRecreation.com)
- Beginning 7am on 3/19.

<table>
<thead>
<tr>
<th>SPORT</th>
<th>REGISTRATION DATES</th>
<th>START DATE</th>
<th>LEAGUE FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Softball - Freestone</td>
<td></td>
<td>5/5/19</td>
<td>$370 single header $585 double header per team</td>
</tr>
<tr>
<td>Men’s</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Co-Ed</td>
<td></td>
<td></td>
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<tr>
<td>Women’s</td>
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</tbody>
</table>

## Basketball
- **Men’s**
- **Upper B**
- **Intermediate C**
- **Lower D**
  - Registration is accepted until the league is full.

### Registration Dates

- Sports league registration is done entirely online at [GilbertRecreation.com](http://GilbertRecreation.com)
- Beginning 7am on 3/19.

<table>
<thead>
<tr>
<th>SPORT</th>
<th>REGISTRATION DATES</th>
<th>START DATE</th>
<th>LEAGUE FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Basketball</td>
<td></td>
<td>4/28/19</td>
<td>$495 per team</td>
</tr>
<tr>
<td>Men’s</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Upper B</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Intermediate C</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lower D</td>
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</tbody>
</table>

## Volleyball
- **Co-Ed**
- **Upper A**
- **Upper B**
  - Registration is accepted until the league is full.

### Registration Dates

- Sports league registration is done entirely online at [GilbertRecreation.com](http://GilbertRecreation.com)
- Beginning 7am on 3/19.

<table>
<thead>
<tr>
<th>SPORT</th>
<th>REGISTRATION DATES</th>
<th>START DATE</th>
<th>LEAGUE FEE</th>
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</thead>
<tbody>
<tr>
<td>Volleyball</td>
<td></td>
<td>4/29/19</td>
<td>$280 per team</td>
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<tr>
<td>Co-Ed</td>
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<tr>
<td>Upper A</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Upper B</td>
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## Cactus Yards

Gilbert Parks and Recreation is thrilled to begin its second season at Cactus Yards. All leagues begin the week of April 15. Program information is available at [GilbertAZ.gov/CactusYards](http://GilbertAZ.gov/CactusYards).

Registration begins at 7:00 AM on Tuesday, March 19. Deadline to register is April 4 or when league fills. Register at [GilbertRecreation.com](http://GilbertRecreation.com).

- **Softball - Cactus Yards**
  - **Men’s**
  - **Co-Ed**
  - **Adult Kickball**
    - **C0-Ed**
  - **Indoor Soccer**
    - **Men’s**
    - **Co-Ed**
  - **Youth Soccer**
    - **5-12yrs**

### Registration Dates

- Sports league registration is done entirely online at [GilbertRecreation.com](http://GilbertRecreation.com)
- Beginning 7am on 3/19.

<table>
<thead>
<tr>
<th>SPORT</th>
<th>REGISTRATION DATES</th>
<th>START DATE</th>
<th>LEAGUE FEE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Softball - Cactus Yards</td>
<td></td>
<td>4/15/19</td>
<td>$685 per team</td>
</tr>
<tr>
<td>Men’s</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Co-Ed</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult Kickball</td>
<td></td>
<td>4/15/19</td>
<td>$450 per team</td>
</tr>
<tr>
<td>Co-Ed</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Indoor Soccer</td>
<td></td>
<td>4/15/19</td>
<td>$750 per team</td>
</tr>
<tr>
<td>Men’s</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Co-Ed</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Youth Soccer</td>
<td></td>
<td>4/15/19</td>
<td>$90 per player</td>
</tr>
<tr>
<td>5-12yrs</td>
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</table>
Youth & Adult Sports

Play like you are in the big leagues!

Amenities
Indoor Field House
Batting Cages
Dining Options
Playground
Stadium Seating
8-ball fields

Adult Leagues
• Adult Softball
• Adult Kickball
• Adult Indoor Soccer

Youth League Information
• Youth Spring Ball
• Youth Indoor Soccer

Early Childhood Sports Classes
• Sportball Classes

Grab Some Merch
Shirts & Hats
available in the
Admin. Building

Grab Some Food
at Sliders or the Fieldhouse Grill

For more info: 480-503-6639
ART-DRAWING
A drawing is the starting point of every work of art. Learn how to compose a masterpiece through perspective, shading, texture, and more in this fluid class that will take you places! *Supplies will be provided.*

**16+ YEARS**
15169 T 3/19-5/14 5:15-6:45pm CC $78
Instructor: Lisa Martineau

ART-OIL PAINTING
Want to learn how to paint with oils? Now’s your chance! Learn basic color theory and how to mix and apply paints. You’ll end up with a masterpiece you’ll be proud to hang on your wall. All levels welcome. Students will provide their own supplies. A supply list will be provided the first day of class.

**16+ YEARS**
15170 F 3/22-5/17* 10:30am-12pm CC $70
Instructor: Lisa Martineau *No Class 4/19

ART-WATERCOLOR
In this class we will explore the world of aqueous media. Come try your hand at painting still lifes, flowers, wreaths, and more; all while using water soluble paint!

**16+ YEARS**
15178 F 3/22-5/17* 12:30-2pm CC $70
Instructor: Lisa Martineau *No Class 4/19

BEGINNING YOGA
This class is for those interested in learning more about yoga. We will work on traditional yoga poses both standing and sitting, breathing techniques and simple meditation practices. This class is perfect for beginners.

**16+ YEARS**
15391 M 3/18-5/13 6-7pm MPAC $49  
15392 F 3/22-5/17* 9-10am MPAC $44
Instructor: Jeanette Runnings *No class 4/19

INDOOR FITNESS CLASSES BY TRUE BODY FITNESS
True Body Fitness offers a fun and friendly way to torch calories. Classes are taught by a Certified Personal Trainer, Maggie Colecchia, who can modify or progress workouts so ALL FITNESS LEVELS ARE WELCOME. Silver Sneakers FLEX is now accepted for all classes. In order to register with the Silver Sneakers FLEX program, you must come to class early to get registered. Flexible options allow you to decide how many classes to take each month: 4, 6, 8, 10 or unlimited. Bring your yoga mat and water. See course code 15004 for February, 15005 for March, 15510 for April, and 15511 for May.

<table>
<thead>
<tr>
<th>Package</th>
<th>Cost</th>
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<tbody>
<tr>
<td>4 Class</td>
<td>$30</td>
</tr>
<tr>
<td>6 Class</td>
<td>$40</td>
</tr>
<tr>
<td>8 Class</td>
<td>$50</td>
</tr>
<tr>
<td>10 Class</td>
<td>$60</td>
</tr>
<tr>
<td>Unlimited</td>
<td>$70</td>
</tr>
<tr>
<td>Trial Class</td>
<td>$10</td>
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GENTLE YOGA by TRUE BODY FITNESS
Using mild Yoga poses to create balance in our bodies to promote strength, flexibility and endurance. *This is a beginner’s class.*

**16+ YEARS**
15512 W 3/6-3/27 6:45-7:30pm SERL $50
15513 W 4/3-4/24 6:45-7:30pm SERL $50
15516 W 5/1-5/22 6:45-7:30pm SERL $50
Instructor: Maggie Colecchia

TOTAL BODY TONING
Lean muscle mass naturally diminishes with age. This strength training program focuses on all major muscle groups to help develop strong bones, manage your weight, improve your ability to do everyday activities, achieve better balance, manage chronic conditions, and sharpen your thinking skills.

**16+ YEARS**
M 6-6:45pm SERL
W 6:45-7:30pm SERL-Ladies Only

40 Spring 2019 Recreation Guide
MOMMY & ME FIT
This moderate paced class is open to expectant and babywearing moms! This is a time-based class focusing on full body moves, core stability and everyday functionality. A great way to prepare for labor & delivery, getting back in shape (healthy recovery) and promoting bonding with baby! Pre-crawlers are also welcome to hang out with mom during class if you choose not to wear baby. A blanket/floor mat or infant seat is recommended. On-site childcare for older siblings provided for $5 per child. This class takes place at Modern Milk Gilbert (MMG) located at 3244 E. Guadalupe Rd. Ste. 106, Gilbert, AZ 85233.

18+ YEARS
15518 M 3/18-5/13 11:30am-12:30pm MMG $90
15519 F 3/22-5/17 9:30-10:30am MMG $90
Instructor: Modern Milk Staff

PRENATAL YOGA
This comprehensive prenatal yoga class focuses on preparing women physically, mentally and emotionally for the beautiful process of childbirth and motherhood. This class will increase strength, physical and mental endurance, flexibility, breath and body awareness, while reducing fatigue and improving relaxation. Prenatal yoga can also help to reduce back pain and other common ailments associated with pregnancy such as nausea, tight hips, and heartburn. You will enjoy connecting with your baby and other mamas-to-be in this fun and relaxing class. This class is also perfect for postpartum mamas looking for a gentle practice.

18+ YEARS
15520 M 3/18-4/15 5:45-7pm MMG $50
15521 SAT 3/23-4/20 9-10:15am MMG $50
Instructor: Modern Milk Staff

SWORD STRENGTH
Looking to sculpt your biceps, triceps, and core? Holding a wooden sword (bokken), bring out your inner warrior for an hour of fun cardio mixed with resistance training to target your arms and core. We will whittle away your middle, but we will also strengthen your back, chest and glutes! We provide the sword and all equipment. Just bring a Yoga mat, towel and water and get ready to work your powerhouse (core).

18+ YEARS
15522 W 3/6-3/27 6-6:45pm SERL $50
15523 W 4/3-4/24 6-6:45pm SERL $50
15524 W 5/1-5/22 6-6:45pm SERL $50
Instructor: Maggie Collechia

SWORD STRENGTH AND GENTLE YOGA BUNDLE
Take both the Gentle Yoga and Sword Strength by True Body Fitness for the same dates and get a bundled price. If you are taking both classes, you must register for the bundle in order to receive the discounted rate. See the class descriptions above.

16+ YEARS
15514 W 3/6-3/27 6-7:30pm SERL $75
15515 W 4/3-4/24 6-7:30pm SERL $75
15517 W 5/1-5/22 6-7:30pm SERL $75
Instructor: Maggie Collechia

MARTIAL ARTS

HUNG GAR KUNG FU
A southern style of Kung Fu that originated in the Shaolin Temple. Hung Gar will teach the practitioner stamina, flexibility and endurance by doing isometric exercises and postures. Self-defense and patience are part of this Martial arts class.

13+ YEARS
15307 W 3/20-5/15 6:30-8:30pm FRC $90
Instructor: Brent Sawyer 3rd Dan.

SANCHIN-RYU KARATE
Sanchin-Ryu is an artistic form of self-defense designed in a way, so that size and strength, age and athletic ability aren’t factors in defending one’s self. Taught on an individual basis, students study in a non-competitive environment while working on Sanchin-Ryu’s practical movements and non-nonsense approach to self-defense. To truly understand every facet of conflict resolution we study three levels of self-defense awareness; physical, mental and emotional. Emphasis is on having fun, building self-confidence, coordination, and leadership skills through the study of a true martial art. Classes are taught in a fun, high-energy environment.

Instructors: Black Belts; Steven Ahles, 7th Dan, Doug Sawyer, 3rd Dan, and Brent Sawyer 3rd Dan.

SANCHIN-RYU KARATE-ADULT
Students will learn alternatives to fighting and be empowered with techniques to handle everyday scenarios they may encounter at work, school, the park and even among friends. In a fun, high-energy, go-at-your-own pace environment students build self-confidence, develop focus, discipline and physical fitness. Students are taught the full form of Sanchin-Ryu, an artistic form of self-defense designed in a way, so that size, strength, age or athletic ability are not factors in defending one’s self.

15+ YEARS
15527 SAT 3/23-5/18* 8-9:30am FRC $60
Instructor: Sanchin-Ryu Karate Staff *No class 4/20

SANCHIN-RYU KARATE WOMEN’S SELF DEFENSE
Learn street-wise techniques designed in a way, so that size, strength, age or athletic ability are not factors in defending one’s self. Learn to act on stressful situations rather than being controlled by them. Sign up for this class by yourself or with a family member or friend! Please wear comfortable clothing that does not restrict movement and covers the shoulders.

16+ YEARS
15525 TH 3/21-5/16 10-11am MPAC $45
15526 SAT 5/4 12-2:30pm FRC $24
Instructor: Sanchin-Ryu Karate Staff

SANCHIN-RYU KARATE-ADVANCED
See MARTIAL ARTS section under YOUTH for class description and info.

SANCHIN-RYU KARATE-FAMILY
See MARTIAL ARTS section under YOUTH for class description and info.
CREATIVE WRITING AND PUBLISHING WORKSHOPS
Explore Fiction, Nonfiction, Children’s, YA, Family History and Memoirs. Based on your interests Ms. Janson provides personalized materials and writing instruction. Beginners and advanced writers are invited to attend. All classes are taught by Marilyn Janson at the Southeast Regional Library.

YOUNG ADULT WRITING: FICTION & NONFICTION
Fiction and Nonfiction Fantasy, Sci-Fi, teen, and New Adult. Award Winning Writer Marilyn J. Janson M.S. Ed. shares her foolproof story structure, character, and world building method with you.

AUTHORS, WRITERS & SOCIAL MEDIA
Before you finish your first draft, create your media presence. Learn the secrets of establishing a platform, website, Linkedin, Pinterest, and FB profiles. Bring your tablet, phone, or laptop.

FICTION AND NONFICTION WRITING- BEGINNING YOUR STORY
Beginning Your Story. Don’t know how to start your story? In this interactive class Award Winning Writer Marilyn J. Janson M.S. Ed. shares her perfect scene and dialogue writing technique.

WRITER’S BLOCK-SHORT STORIES & NOVELS
Hit a wall with your writing? Don’t know how to get your character(s) out of a dilemma? Award Winning Writer Marilyn J. Janson M.S. Ed. helps you to create cliffhangers, tension, and suspense.

TAI JI QUAN
Introduction to Tai Ji Quan for people with no experience and wanting to be knowledgeable of this Chinese holistic style. Tai Ji Quan, which means Grand Ultimate Fist, is a classical Chinese internal martial arts system created out of the Daoist concept of balance. Tai Ji Quan, with its movements imitating the flow of water, is an exercise which improves balance, coordination, respiratory and cardiovascular systems. All levels are welcome.

ASHI, AED, CPR & FIRST AID TRAINING- ADULT, CHILD & INFANT
Used properly, First Aid and CPR can SAVE LIVES! Learn proper techniques to be effective in an emergency. Recognize the signs/symptoms of injuries and sudden illness. Receive crucial information on emergencies such as bleeding, shock and burns. Recognize and treat life threatening emergencies such as cardiac arrest and choking. Upon completion of this course, participants will receive a two year certification card.

CHORDS ARE KEY FOR GUITAR
See SPECIAL INTEREST section under YOUTH for class description and info.

CHORDS ARE KEY FOR PIANO
Some music teachers may not want you to know this, but you don’t need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you’ll need to play any song in this one session. Any song, any style, any key! Materials Fee of $29 will be collected in class by the instructor for the workbook and practice CD.

We’re excited to announce our t-shirt collaboration with State Forty Eight! Want to get your hands on a shirt? We’ll be selling t-shirts onsite at Cactus Yards for $25 with a limited quantity available. Get one before they’re gone!
PHOTO ORGANIZATION & SCRAPBOOKING
The Scrapbooking Workshop is an open, fun workshop surrounded by other scrapbookers and photo organizers. You will have space and time to complete your albums. The workshop is open to all digital and traditional scrapbookers as well as those who attended the Digital Photo Stress to Digital Photo Peace class. Tips and ideas will be shared throughout the day. You can choose to take the full day workshop or a half day. Bring your own supplies to complete a traditional photo album. Scrapbook supplies kits are available for purchase in the case you were to run out of supplies to complete your album. Bring your laptops and digital pictures and/or printed pictures.

18+ YEARS
15542 SAT 3/23 9:30am-1:00pm MPAC $20
15543 SAT 3/23 9:30am-4:45pm MPAC $25
15544 SAT 4/13 9:30am-1:00pm MPAC $20
15545 SAT 4/13 9:30am-4:45pm MPAC $25
15546 SAT 5/18 9:30am-1:00pm MPAC $20
15547 SAT 5/18 9:30am-4:45pm MPAC $25
Instructor: Debra Durma

PHOTO & VIDEO SOS
Are your pictures and videos overwhelming you? Do you have digital pictures and videos on the computer, camera cards, iPhones, iPads, etc.? Do you have printed pictures in boxes, drawers, closets, etc.? Would you like to find a picture for your son/daughter’s school project, but have no idea where it would be? Are you afraid if you lose your phone or your computer crashes that all your digital photos and videos would be gone? If you answered yes to any of these questions, then this class is for you. This class will help you take your photo and video mess and turn it into a beautifully, organized collection of memories that your family will enjoy for generations. Class 1: Set-up your photo and video goals, learn the basics of ABC photo organization, and learn methods to store photos and videos safely. Class 2: We review more photo organization techniques, learn photo editing tricks and understand the basics for safely sharing photos.

18+ YEARS
15537 M 3/25-4/1 10-11:15am MPAC $30
15538 M 3/25-4/1 6-7:15pm MPAC $30
15539 T 5/7-5/14 10:30-11:45am MPAC $30
15540 T 5/7-5/14 6-7:15pm MPAC $30
Instructor: Debra Durma

ARCHERY FOR WOMEN
Take some ME TIME. Join us in learning the great sport of archery. We’ll have fun, win prizes, and get a workout without even trying. We have all the equipment you need but bring your own if you’d like. The Gilbert Archery Range (GAR) is located on the open lot on Freestone Parkway across the street from Freestone Recreation Center.

18+ YEARS
15548 TH 3/21-4/18* 9-10am GAR $60
15549 TH 4/25-5/16 9-10am GAR $60
Instructor: Gilbert Archery Staff *No class 4/4

BEGINNER, INTERMEDIATE, CLINICS and ARCHERY EXPERIENCE See SPORTS section under YOUTH for class description and info.

GOLF READY ADULTS SERIES (LEVEL I)
Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for both the true beginner and newly intermediate level golfer. Players will develop a proper pre-shot routine and jump right into making full swings and hitting golf balls. The goal is to finish this session knowing how to practice and ready to tackle the golf course. Rules, etiquette and golf course management will be taught accordingly. Advancement to the Golf Better Adult Series (Level II) will be determined by Coach Mike. Class is limited to 6 players. Closed toe shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Pre-shot fundamentals and basic swing shape
Week 2 Chipping and pitching
Week 3 Full iron swing from the fairway
Week 4 Putting aim, stroke, speed control and reading the green
Week 5 Driver swing

18+ YEARS
15552 T 3/19-4/16 6-7pm WS $175
15553 T 4/23-5/7 6-7pm WS $125
15554 SAT 3/23-4/20 10-11am WS $175
15555 SAT 4/27-5/11 10-11am WS $125
Instructor: Mike Arrigoni, PGA

GOLF BETTER ADULTS SERIES (LEVEL II)
Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for the avid golfer who wants to shoot lower scores by improving some or many areas of their game. This class is focused on specific golf swing positions leading to better contact and a consistent ball flight. Players will learn to pitch the ball the ball closer to the hole and sink more putts. Advancement to private lessons will be determined by Coach Mike. Class limited to 6 players. Closed toe shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Irons – swing shape and solid contact
Week 2 Pitching – effective loft and distance control
Week 3 Irons – solid contact and direction
Week 4 Putting – aim, stroke, speed control and reading the green
Week 5 Driver – launch angle and maximum distance

18+ YEARS
15550 TH 3/21-4/18 6-7pm WS $200
15551 TH 4/25-5/9 6-7pm WS $150
Instructor: Mike Arrigoni, PGA
TENNIS ADULT DRILL AND SKILL CLINICS
These clinics for men and women will combine instruction and doubles drills with a different theme each week. They are fast paced and designed to improve your game and physical conditioning. NTRP 3.0 and above welcome. Please bring your own tennis racquet, all other equipment will be supplied.

18+ YEARS
15046 W 2/20-4/10 9-10am FPARK $15 per day
15047 F 2/22-4/12 12-1pm FPARK $15 per day
15048 SAT 2/23-4/13 9-10am FPARK $15 per day
Instructor: Brett Hall

TENNIS ADULT MINI CAMP
Join us for our Adult Mini Tennis Camps to get your tennis game dialed in! NTRP 3.0 & above! Please bring your own tennis racquet, all other equipment will be supplied.

18+ YEARS
15050 SAT 3/9 9am-1pm FPARK $95
15556 SAT 4/6 9am-1pm FPARK $95
Instructor: Brett Hall

TENNIS PRO SUPERVISED PLAY DAY
Join our Tennis Director in the popular weekly doubles play days; men’s, ladies, and senior mixed where you will get to play doubles with the pro and receive doubles tips! Fun uplifting music played! NTRP 3.0 and above welcome. Meet new players. Please bring your own tennis racquet, all other equipment will be supplied.

18+ YEARS-LADY’S DOUBLES
15052 W 2/20-4/10 5:30-7pm FPARK $10 per day

18+ YEARS-MEN’S DOUBLES
15053 TH 2/22-4/11 5:30-7pm FPARK $10 per day

50+ YEARS-SENIOR MIXED DOUBLES
15054 T 2/23-4/9 9-10:30am FPARK $10 per day
Instructor: Brett Hall
We provide a wide variety of recreational, educational and leisure activities for adults 50 years of age and "BETTER"! Adults 50+ have first priority; however, adults under 50 may participate in certain activities if space is available. Please call the Senior Center if you have any questions, 480-503-6059. Join us for these fun events and to view more visit us online at gilbertaz.gov/seniors.

**CHAIR EXERCISE**
Join us for a non-impact exercise class. Chair Exercises are workouts done while seated in a chair, or sometimes standing next to or behind the chair for stability.
T/TH 8:30-9am CC FREE

**GENTLE YOGA**
This class focuses on restorative and gentle stretching of yoga to increase flexibility and strength. This class is excellent for those with limited mobility or beginners.
W 9-10am CC FREE

**LINE DANCING**
Learn to line dance! Alleviate stress and exercise to great music with wonderful people. New participants are always welcome!
M 11:15am-12:15pm CC $3 (Beginners)
W 11:15am-12:15pm CC $3

**SILVER SNEAKERS**
The Silver Sneakers Fitness Program is an innovative health, exercise and wellness program helping our seniors to live healthy and active lifestyles. Come join us for a fun way to exercise! Space is limited, first come first serve.
T 1-2pm CC FREE
TH-Geri Fit 1-2pm CC FREE

**TAI CHI**
Tai Chi/Medical Chi Chong will help to relieve arthritis, stress, and enhance your immune system. This class is on-going. No registration required.
M 9-9:45am CC FREE

**ZUMBA**
Zumba combines a dance workout with a party-like atmosphere. Zumba takes the popular Latin-dance inspired workout to make it accessible for seniors. Zumba Gold builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves.
M 8:45-9:45am CC FREE

**MARCH**

**BARLEENS AZ OPRY**
Join us for dinner and a show! Barleens Arizona Opry offers some of Arizona’s best musicians and entertainers the state has to offer. We will enjoy a fantastic show and a delicious dinner of roast, chicken, veggies, mashed potatoes and chocolate cake included in the admission. Ice cream sundaes and root beer floats will be available for purchase during intermission.
F 3/8 5:15-10pm CC $42

**MARCH ST. PATTY’S DAY PARTY**
Wear green and don’t get pinched! Join us for some special St. Patty’s day treats. No sign-up required.
F 3/15 10:30-11am CC FREE

**HALE THEATER**
Join us for Singing in the Rain at Hale Theater. Meet us for a fun Saturday afternoon for a matinée performance in Gilbert. **Sign up from Feb 27th-March 8th**
F 3/23 3pm CC $32

**HOARSEBACK RIDING**
Join us for a beautifully scenic one hour horseback ride at Saguaro Lake. A guided walking trail ride. Dinner @ Superstition Skies Restaurant, cost for dinner is on your own. **Sign up from March 6th-21st**
F 3/28 2:45-7pm CC $70

**APRIL**

**SENIOR EXPO**
We will have health vendors, free massages, handmade craft items, local businesses, etc. This is your opportunity to get all the info you need or ask questions about things you are curious about.
F 4/5 9am-12pm CC FREE

**DESERT BELLE BOAT TOUR**
Relax in air-conditioned comfort on a 90 minute narrated public cruise and see exotic Arizona wildlife, towering canyon walls, and dramatic desert vistas. Box Lunch is included plus boarding first! **Sign up from March 19th-April 2nd.**
F 4/16 10am-4pm CC $52

**HALE THEATER**
Join us Saturday afternoon for a matinée performance of Big River at the Hale Theater in Gilbert. **Sign up from March 27th-April 12th.**
F 4/27 3pm CC $32

**LEARN MORE AT GILBERTAZ.GOV/SENIORS**
**Active Adults**

**Programs 50+ Years**

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**Dining Out**

Come join us for good food, good company, and maybe even some laughs! LEAVING the Senior Center at 4pm. All participants attending must sign up in the Senior Center Office 480-503-6059.

- **Murphy’s Law Irish Pub**
  - March 13
  - Sign up Feb 26th-March 12th

- **Joes’ BBQ**
  - April 10
  - Sign up Mar 26th-April 9th

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**MOVIES AT FAT CATS**

Join us monthly at Fat Cats! Cost is $7 per person. The movie title will be announced on the day of the sign up. We will leave the center 45 minutes prior to the start of the movie.

Monthly Movies are offered at the center as well! On the 2nd Friday of every month at 1pm there will be a movie playing. Sign up in the activities book one day before so we can rent the movie. Min participants: 6

- **March 19**
  - Sign up from March 13-18
- **April 16**
  - Sign up from April 10-15
- **May 21**
  - Sign up from May 15-20

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**Ongoing Activities for Active Adults at the Gilbert Senior Center**

**ARTS & CRAFTS:**
- Scrapbooking & Craft Club: Free craft classes all supplies provided. Most Fridays from 12:15-3pm.
- Knitting/Crochet Club: Join us for knitting & crocheting projects every Wednesday at 12:30pm

**COMPUTERS:**
- Computer Lounge: The Community Center has a computer lounge with three public computers. Computers are available daily during facility hours.

**COMMUNITY FREE “LIBRARY”:** A great way to share a book! Take one with you and either return to the library or pass them along to others. Donations welcome.

**OUTREACH SERVICES:**
The following services are available by appointment only. Benefit help, lawyer services, SNAP, please call 480-503-6061 to schedule your appointment today!

**CARD & GAMES:**
- **Bingo:** Cost is $.50 cents to play per card. limit 3 cards. Every Mon & Fri 10:15-11:30am
- **Bridge Club:** Every Mon at 10am & Thurs at 12:12pm
- **Bunco:** Wed at 12:30pm
- **Rummikub Club:** Every Tues & Thurs at 12:30pm
- **Pinochle:** Fri 9am-12pm
- **Mahjong:** Tues 1:15pm

**HEALTH & WELLNESS:**
- **Blood Pressure Checks:** Join us on the 2nd & 4th Tues of every month from 10am-12pm
- **Health Presentations:** We will cover different topics every month. 12:15pm most starts times.
- **Fitness Center:** The Center has a paid for usage fitness center available. Cost of monthly membership is $15 or pay a $2 daily fee.

**SOCIAL FUN**
- **Entertainment & Dancing:** Join us every Tues & Thurs from 11am-12pm.
- **Movies:** Held the 2nd Friday of the month for a movie & popcorn. Movie start time is 1pm.

For information on becoming a members of the Gilbert Senior Center please visit the center for a tour. For details call 480-503-6059 or visit our website.
**Riparian Programs**

**BIRD WALKS**

Monthly bird walk at the Riparian. Walk is geared for adults. The walk will last about 90 min. – 2 hours with additional wrap up time at the end to go over the list of species seen and heard. Free, although any donations are accepted. $5 donation suggested. **Limited to 12 participants. Please register with Kathe Anderson at kathe.coot@cox.net.**

- **SAT 4/27** 6am  Riparian
- **SUN 5/19** 6am  Riparian
- **SAT 6/1** 6am  Riparian

**RIPARIAN TOURS WITH THE NATURALIST**

Join Gilbert Naturalist Jennie Rambo for a tour of the Riparian Preserve. Observe diverse species of beautiful ducks, elegant shorebirds in the ponds, songbirds, and jewel-like hummingbirds along the trails. Learn about the wonders of bird migration, native trees and wildflowers, and the importance of riparian habitats and water conservation. January – April, 9-10:30am, 2nd Saturday of the month. **Meet at the Dragonfly Ramada.**

**FAMILY BIRD WALKS**

The Gilbert Family Birdwalks are held every third Saturday of the month, October through April at the Gilbert Riparian Preserve. These free walks are sponsored by Desert Rivers Audubon, The Riparian Preserve, and Liberty Wildlife. We provide loaner binoculars, Bird Bingo Cards for kids, and expert leaders to take you around the ponds at both locations. **Walks leave every 15 minutes or so and last about 45 minutes.**

- **SAT 3/16** 8am-12pm  Riparian
- **SAT 4/20** 8am-12pm  Riparian

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**Field Trips to the Riparian Preserve**

**October - April**

*Tuesdays, Thursdays, or Fridays | 9:30am - 1:00pm*

The Riparian Preserve offers area schools access to a wide variety of environmental studies. Our unique setting allows students to participate in fun and educational experiences not possible in the classroom.

All activities at the Preserve are correlated to the current Arizona State Standards and are cross-curricular in their approach. By offering outdoor programming for students, the Riparian Preserve is supporting Arizona’s schools in developing environmentally literate citizens of our future.

**NEW!** Let our instructors bring the Riparian topics to you! Teachers may arrange a topic on experienced right at your own school.

Please see our Field Trip Program sheet for more info. Or visit our website at www.gilbertaz.gov/parks

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**Classes & Programs**

- **Field Trips to the Riparian Preserve**
- **Riparian Programs**
- **NEW!** Let our instructors bring the Riparian topics to you! Teachers may arrange a topic on experienced right at your own school.

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**Registration Begins: February 26th • Register online at GilbertRecreation.com**
ALL AGES STORYTIME
Miss Jennifer would like to welcome kids ages 2-5 and their caregivers to all ages story time! During this time we engage kids with interactive stories, songs, and fingerplays appropriate for this wide age range. No Registration-Tickets will be distributed outside the library on a first come first served basis before we open at 10. One ticket per person, not per party and you must be physically present to receive one. *Keep in mind seating is limited to ensure the quality of storytime and once storytime begins no late comers will be admitted so arrive early to ensure your spot!*

2-5 YEARS
W 3/20-3/27 10:15-10:45am Perry Free
W 3/20-3/27 11:15-11:45am Perry Free

BABY LAPSI STORITIME
In baby storytime we have fun sharing books, lap-sit songs and rhymes, puppets, bubbles and more focusing on the interaction between caregiver and child. Learn tips to build a foundation for reading at home. Playtime and social time follows program. This program is for babies ages birth to 18 months ONLY accompanied by a caregiver. Older siblings may not be in the room during this program so if you are unable to attend because you have older children we invite to try our Wednesday and Thursday storytimes for all ages!

0-18 MONTHS
T 3/19-3/26 10:15-11am Perry Free

BOPPIN’ BUGS TODDLER STORYTIME
This storytime is designed with your toddler in mind. This time is filled with music and movement, a story, and some social time for kids and caregivers for some fun cooperative play. Tickets will be distributed on a first come first served basis. One ticket per person, not per party and you must be physically present to receive one. *Keep in mind seating is limited to ensure the quality of storytime and once storytime begins no late comers will be admitted so arrive early to ensure your spot!*

T 3/19 11:15am-12pm Perry Free

CURIOSITY CLUB
For ages 6-12. Experiment and explore through hands-on STEAM activities. Activities will be based on a different children’s book or series each month. Registration is required at www.mcldaz.org.

6-12 YEARS
W 3/20-3/27 10:15-10:45am Perry Free

MAGIC TREE HOUSE BOOK CLUB
Once a month kids in 1st-3rd grade will meet for our Magic Tree House book club! Each month we will talk about the adventures of Jack and Annie and do a craft or activity that relates to the theme or place they visited. Registration is required at www.mcldaz.org. Check the calendar of events at www.mcldaz.org for each month’s titles. Reserve your book early so you have time to read it BEFORE we meet on the last Wednesday of every month (adjustments may be made around holiday dates). *We will hold a select number of copies at Perry (first come, first served).*

GRADES 1-3
W 3/27 4-4:45pm Perry Free
W 4/24 4-4:45pm Perry Free

PAWS 2 READ
Join a registered therapy dog who loves stories. Research shows that reading to dogs not only boosts reading fluency, but can also increase confidence and improve social skills. *Children ages five and older are invited to read their favorite book to the special library dog.*

5+ YEARS
SAT 4/20 10:30am-12pm Perry Free
W 4/24 10:30am-12pm Perry Free

TEEN ART: POM POM KEYCHAINS
Create your own pom pom keychain. All materials provided. *No registration provided but limited to 25 participants. In the TEEN ROOM.*

TH 3/28 2:30-4pm Perry Free

TEEN BITES: BANANA TREATS
Hungry after school? Learn how to make Frozen Banana Bites and BaNilla Bites using a few simple ingredients you probably have at home. All materials provided. Registration is required at www.mcldaz.org. Come with clean hands and an empty stomach. Food Allergies: This program may have food that contains milk, dairy, soy, wheat, gluten, sugar, and nuts.

13-19 YEAR OLDS
TH 4/25 2:30-3:30pm Perry Free

TEEN BITES: ICE CREAM TACOS
Super yummy Ice Cream Tacos are easy to make! Nothing is as sweet and tasty as waffles and ice cream! Registration Required. Come with clean hands and an empty stomach. Food Allergies: This program may have food that contains milk, dairy, soy, wheat, gluten, sugar, and nuts. Registration is required at www.mcldaz.org.

13-19 YEAR OLDS
TH 5/2 2:30-4pm Perry Free

TEEN BOOK CLUB OF AWESOMENESS MEETING
We read and review pre-published and newly published teen books and have exciting discussions with our peers! Teens ages 13-19 are welcome to participate.

13-19 YEAR OLDS
W 3/20, 4/3, 4/17 3-4:30pm Perry Free
W 5/1, 5/15 3-4:30pm Perry Free
TEEN GAME DAY
Teens ages 13-19 are welcome to The Den - A Space for Teens - and play video games, board games and computer games. *Space limited to 25 teens.*

**13-19 YEAR OLDS**
F 3/29, 4/5, 5/3, 5/17 2-3:30pm Perry Free

TEEN MINUTE2WIN
Teens (13-19) Test your skills at Minute2Win with a series of 60 second challenges using common household items. Compete with other teens to successfully complete assigned challenges in just one minute! *Free and registration is not required, and is limited to the first 25 teens. In the TEEN ROOM.*

**13-19 YEAR OLDS**
TH 4/11, 5/9 2:30pm Perry Free

PERRY MOVIE CLUB
This program will explore great classic, modern classic, indie, foreign language and documentary films for adults. Titles will be chosen based on reviews, awards won and other factors. Movie showing will be on the last Tuesday of each month beginning promptly at 2 p.m. After the film, a short discussion will take place about the film, including whether participants enjoyed the film and discussion regarding the artistic and cultural merits. Check the calendar of events at [www.mcldaz.org](http://www.mcldaz.org) for each month’s titles.

**STITCH & FRIENDS**
Do you like to knit or crochet? Join the Stitch & Friends group and make service projects for Project Linus (an organization that makes handmade blankets for ill children).

**TECH ASSISTANCE**
Sign up for a one-hour session with a librarian and receive assistance with downloading e-books, using the library catalog, accessing databases, and using other library resources. Please bring an up-to-date library card to your appointment, along with any devices and passwords you might need. Registration is required at [www.mcldaz.org](http://www.mcldaz.org).

BATTLE OF THE BOOKS DISTRICT BATTLE
Perry is hosting the Higley School District’s battle starting at 5pm in the main part of the library.

**FAMILY MOVIE MONDAYS**
Join us for Family Movie Mondays! Each month we will show a movie for the entire family so bring snacks, pillows, and enjoy some classic family films at the library. Check our calendar of events at [www.mcldaz.org](http://www.mcldaz.org) or call 602-652-3000 for movie titles.

ADULT BOOK GROUP
Join us each month on the 4th Monday at 10:30am to read and discuss a work of literary fiction. Check Perry Library’s events calendar each month for the current book at [www.mcldaz.org](http://www.mcldaz.org).

**18+ YEARS**
M 3/25, 4/22 10:30am-12pm Perry Free

NONFICTION BOOK GROUP
Join us each month for a lively discussion of a non-fiction selection.

**M**
4/1, 5/6 1-2:30pm Perry Free

AARP TAX SERVICE
Representatives from AARP will prepare and file your tax returns for FREE on Saturdays from 10am-2pm (February 2 through April 13). Come on a first come, first serve basis. Be sure to bring in all necessary paperwork to complete your tax returns. NOTE: This service is not available to individuals with Small Businesses.

**18+ YEARS**
SAT 3/23-4/13 10am-2pm Perry Free

CLASSIC ALBUM DISCUSSION
Join us each month for the Classic Album Discussion Group at Perry. Every month we will listen to a short album in its entirety and then discuss the album afterwards. Please check our calendar of events for album titles. Refreshments will be provided.

**M**
4/8, 5/13 5:30-6:45pm Perry Free

CREATIVE WRITING
Always wanted to be a writer or working on your novel, but need some editing? If so, join our group.
Note: Bring a sample of your writing each month.

**W**
4/10, 5/8 12:30-3pm Perry Free

GET CRAFTY
For adults ages 18+. Join us for an evening of crafty, Pinterest-inspired fun!

**M**
3/25, 4/29 5:30-6:30pm Perry Free
Children's Programs

AN EVENING WITH DADDY!
Join us for a special, evening storytime full of stories, songs, rhymes, movement, and fingerplays for toddlers (ages 1-3) and their father figures. Registration not required, but space is limited for quality, safety, and comfort.

M 3/25, 4/29 6-6:30pm SERL Free

BABY AND DADDY LAPSIT
This is a special one-on-one story time designed to encourage development of language and motor skills incorporating, simple songs, rhymes, movements, activities, and finger plays. For infants ages 0-18 months with their fathers and/or father figures.

0-18 MONTHS
SAT 3/23, 4/27 10:15-10:45am SERL Free

BABY LAPSIT
Introduce baby to the joys of reading! Infants (0-18 months) and their grownups will enjoy a special one-on-one storytime designed to encourage the development of language and motor skills through stories, songs, rhymes, movement, and fingerplays. Registration and/or tickets are not required, but space is limited for safety and comfort. To provide quality one-on-one bonding time and to accommodate all participants, we politely ask that older siblings not attend these storytimes. Please ask about our storytimes for toddlers, preschoolers, and families.

0-18 MONTHS
T 3/19-4/30 10:15-10:45am SERL Free

PRESCCHOOL STORYTIME
Promote school readiness in your preschooler! Children (ages 3-5) and their grownups will enjoy stories, songs, rhymes, and activities that encourage early literacy skills, as well as a lifelong love of reading and learning. Registration and/or tickets are not required, but space is limited for quality, safety, and comfort. Parents and caregivers are expected to stay with their children during storytimes.

3-5 YEARS
TH 3/21-4/25 10:15-10:45am SERL Free
TH 3/21-4/25 11:15-11:45am SERL Free

SONG-TASTIC STORYTIME!
Join Miss Lisa for a storytime consisting entirely of songs, rhymes, fingerplays, dancing, and musical instrument play! Appropriate for ages 1-5 and a caregiver. Keep in mind seating is limited to ensure the quality of storytime. Once storytime begins, no latecomers will be admitted. Arrive early to ensure your spot!

1-5 YEARS
M 4/1, 5/6 10:15-10:45am SERL Free

TODDLER TIME
Discover letters, numbers, colors, and more with your toddler! Children (ages 1-3) and their grownups will enjoy stories, songs, rhymes, fingerplays, and movement activities that explore the fundamentals of language, literacy, and learning. Registration and/or tickets are not required, however, space is limited for quality, safety, and comfort. Parents and caregivers are expected to stay with their children during storytimes.

1-3 YEARS
W 3/20-4/24 10:15-10:45am SERL Free

BABY PLAYDATE
Baby Playdate is an opportunity for infants, ages 0-24 months and their parents or caregivers to play, read books, listen to music and socialize. Unlike a regular storytime, the focus of Baby Playdate is on free play.

0-24 MONTHS
F 3/22, 4/5, 4/19, 5/3, 5/17 10:15-10:45am SERL Free

BLOCK PARTY
Let’s party! A variety of building blocks and manipulative toys will be provided to encourage creativity and growth. Appropriate for ages 0-5 years old.

0-5 YEARS
F 3/29, 4/12, 4/26, 5/10 10:15-10:45am SERL Free

HORRIBLE HISTORIANS
Do you love learning about the vile parts of history? Do you like the gruesome things that people have done in the past? Well, this is the club for you! Join us as we dig into the past to uncover the most disgusting parts of ancient and medieval history. Registration is required at www.mcldaz.org.

8-13 YEAR
TH 4/11, 5/9 3:45-4:45pm SERL Free

IMAGINATION STATION
Pretend play provides an opportunity for children to imagine, create, and experience their world together! Young children can drop-in for an afternoon of free play, where costumes and toys will be provided to help them learn how to solve problems, communicate, and cooperate with their peers. Registration and/or tickets are not required, but space is limited on a first come, first served basis.

2-5 YEARS
F 4/12, 5/10 2:15-3pm SERL Free
RANDOM FANDOM FAIR
“Allons-y! Winter is coming! I volunteer as tribute!” Geeks and nerds alike are invited to join us at the library for an awesome afternoon of fandom-themed crafts, games, and activities. We solemnly swear we will be up to no good! Cosplay is encouraged. Registration is not required, but supplies are limited on a first come, first served basis. This program is geared for tweens, teens, and adults.
9+ YEARS
SAT 4/6 1-3pm SERL Free

SELF-GUIDED STEAM
Explore scientific principles and get some hands-on knowledge with our self-guided STEAM modules. Each module relates to a topic in Science, Technology, Engineering, the Arts, or Mathematics and includes a number of different experiments and activities to help children learn and discover. Activities are geared toward ages 4-12. This program is self-guided and self-paced. No registration is required, but availability of materials is on a first-come/first-served basis. Sharing and cooperation may be necessary. Please note: This is a self-guided series, intended to help parents teach their children about STEAM subjects. While the modules include materials to explain concepts and help guide learners, there will be no instructor present. Parent participation is required.
M 3/25, 4/29 12-2pm SERL Free

TWEEN TINKER LAB
Tweens (ages 9-13), join us at this open workshop where you can design and build projects using assorted supplies. Each time we meet there is a different building challenge so you won’t want to miss it! Registration is required at www.mcldaz.org.
9-13 YEARS
TH 4/4, 5/2 3:45-4:45pm SERL Free

KID’S CRAFT CLUB
Calling all crafters ages 7-12! Come join us every fourth Thursday of the month for our Kid’s Craft Club where you can get creatively crafty. Our craft varies each month, so you won’t want to miss it! Registration is required at www.mcldaz.org as supplies are limited. Please be prompt as instructions will be given at the beginning of the program.
7-12 YEARS
TH 3/28, 4/25 3:45-4:45pm SERL Free

KID’S LEGO CLUB
Are you up for a challenge? Come join us on the third Thursday of every month for some Lego fun! Please be prompt, as we will announce the building challenge at the beginning of each session. Registration is required at www.mcldaz.org due to limited supplies.
7-12 YEARS
TH 3/21, 4/18, 5/16 3:45-4:45pm SERL Free

PAPER BAG PUPPETS
Practice fine motor skills with cutting and gluing while having fun creating a paper bag puppet!
While supplies last.
M 3/25 10:15-11am SERL Free

PAWS 2 READ
Paws to Read pairs Delta-registered therapy animals and their handlers with young readers. Warm, brown eyes and happy grins make all the difference to children’s reading experiences resulting in an increase in reading levels and word recognition, and a higher desire to read and write. The animals listen and don’t tease, laugh, or judge the children. Plus, the animals love to be read to! Sign up for a therapy animal will begin at 10:15am. for a 15-minute time slot between 10:30am and 12pm. Which animal the child will read to will be on a first-come, first-served basis the day of the program. Please go to the PAWS sign-up table in the Youth Services area of the library.
SAT 4/13, 5/11 10:30am-12pm SERL Free

PAWS 2 READ
Paws to Read pairs Delta-registered therapy animals and their handlers with young readers. Warm, brown eyes and happy grins make all the difference to children’s reading experiences resulting in an increase in reading levels and word recognition, and a higher desire to read and write. The animals listen and don’t tease, laugh, or judge the children. Plus, the animals love to be read to! Sign up for a therapy animal will begin at 10:15am. for a 15-minute time slot between 10:30am and 12pm. Which animal the child will read to will be on a first-come, first-served basis the day of the program. Please go to the PAWS sign-up table in the Youth Services area of the library.
SAT 4/13, 5/11 10:30am-12pm SERL Free

TEENS CRAFTER HOURS
Enjoy exploring new crafts? Teens (ages 12-18), join us for this fun evening of crafting. Each time we meet we make a new project. All materials are provided. Registration is required at www.mcldaz.org.
12-18 YEARS
W 4/10, 5/8 6-7:30pm SERL Free
BOOKENDS: ADULT FICTION DISCUSSION GROUP
Adults of all ages read and discuss fiction titles on the third Tuesday of each month.
T 3/19, 4/16 10:30am-12pm SERL Free

BOOKS TO MOVIES
Have you ever seen a movie and thought “That’s not how it is in the book”? If so, then this book club is for you! Join us at the Southeast Regional Library where each month we will read a book and compare it to its movie counterpart. We will judge if movie does the book justice! Registration is required at www.mcldaz.org.
W 3/20, 4/17, 5/15 2-3pm SERL Free

MONDAY MORNING MUSINGS
Join us each month for a lively discussion of titles by debut authors. We meet the 2nd Monday at 10:30am.
M 4/8, 5/13 10:30am-12pm SERL Free

MYSTERY BOOK DISCUSSION
Join us each month as we discuss a title from the mystery, thriller or suspense genres.
T 3/12 7-8pm SERL Free

COLOR ME RELAXED!
Join us for adult coloring and conversation. If you never find time at home, come relax and de-stress. We provide supplies, and free designs. You’re also welcome to bring your own pages and supplies if you’d like. Registration is required at www.mcldaz.org; seating is limited.
T 3/26 6:30-7:30pm SERL Free

EXERCISE YOUR MIND WITH COMPUTER PUZZLES
Did you know computer coding is easier than you think? Join the Southeast Regional Library Adult Code Club. We meet once a week and help sharpen your mind solving computer programming puzzles. You can show your family what you make with “code.” No experience is required. Come and go as your schedules allows. Bring ear buds/headphones for instructional videos. Registration is required at www.mcldaz.org.
W 13/27, 4/10, 4/24 1:30-3pm SERL Free

GENEALOGY OPEN LAB
Get help with starting genealogy research, or with help getting around brick walls. Work with Mesa FamilySearch volunteers to reach your next step in discovering your roots. Access to free genealogy library databases and computers. Free WiFi for personal laptops brought to the lab.
W 3/20, 4/10, 4/24 10-11:30am SERL Free

HEALTHRHYTHMS DRUM CIRCLE
Join us to experience the meditative stress relief of community drumming. HealthRhythms drum circles are fun and relaxing social gatherings. All instruments are provided and musical experience is not necessary. Research has shown that drumming reduces stress, strengthens the immune system, and relieves tension and anxiety. Registration is required at www.mcldaz.org.
M 4/1, 5/6 6:30-8pm SERL Free

ONE-ONE-ONE DIGITAL ASSISTANCE
If you need assistance learning how to download digital eBooks or audiobooks to your reading device, then please stop in for personalized assistance with a library professional. Assistance is limited to questions about digital books and services and will not address specific technical questions about each device. Please be prepared with the basic use of your device such as accessing device settings, accessing WiFi, how to login.
M 3/18-5/13 11-12pm SERL Free

RANDOM FANDOM FAIR
“Allons-y! Winter is coming! I volunteer as tribute!” Geeks and nerds alike are invited to join us at the library for an awesome afternoon of fandom-themed crafts, games, and activities. We solemnly swear we will be up to no good! Cosplay is encouraged. Registration is not required, but supplies are limited on a first come, first served basis. This program is geared for tweens, teens, and adults.
9+ YEARS
SAT 4/6 1-3pm SERL Free

COLOR LAB
Join us for music and coloring at the library! We will provide markers, crayons, gel pens, colored pencils, and coloring sheets featuring your favorite characters, seasonal designs, and more. YOU bring the creativity! No registration required, but space and supplies are limited. Program intended for children, ages 17 and younger.
F 4/5, 4/19, 5/3, 5/17 3-4pm SERL Free

LIL’ TRAILBLAZERS
Join us for a 30-minute walk around the Riparian Preserve at Water Ranch! We will explore the natural world living behind the library, and then share our observations during a short circle-time. No registration required, but space is limited. All ages welcome! Please bring plenty of water. We recommend walking shoes, weather-appropriate clothing, and sun protection as needed. Children are encouraged to bring a notebook to write down their observations during the walk. The group will meet outside the library’s patio on the NE side of the building.
SAT 3/30, 4/27 10-11am SERL Free
NIGHT-TIME STAY & PLAY
Families: Join us for fun with puppet theater, felt boards, and imaginative play! Registration not required, but space is limited.
M 4/8, 5/13 6-6:45pm SERL Free

OOPSIES! (FINE FORGIVENESS FOR KIDS!)
OOPSIES! Did you accidentally rack up overdue fines last month? Read at the library and reduce your fines! Youth customers can join us each month for an hour of free reading to earn up to $5 off their outstanding overdue fines. Bring your own books or choose from our assortment of readers, picture books, chapter books, and graphic novels.
5:15-5:25 Check-in & book selection
5:30-6:30 READ!
Registration is REQUIRED at www.mcldaz.org and space is limited. For ages 0-17; children under 8 must be accompanied by a caregiver. Only applicable toward overdue fines on juvenile and student accounts. Fine waive will be issued at the end of the program hour and cannot be built up as credit on a library account. Please include your library card number upon registration.
W 4/3, 5/1 5:15-6:30pm SERL Free

PJ PARTY FAMILY STORYTIME
Shake your sillies out before bedtime and enjoy stories, rhymes, and songs for all ages! Children are encouraged to wear comfy pajamas, snuggle with their favorite bedtime buddy, and bring a grown-up to partake in the fun. Tickets are required, as space is strictly limited for safety and comfort. As a courtesy to our staff and customers, no one will be admitted once the storytime program has started. Tickets are required and will be distributed at 5:45pm in the youth services area near the baby space & DVDs.
W 3/27, 4/24 6-6:30pm SERL Free

WEE READ (FAMILY STORYTIME)
Catch us when you can! Families, gear up for summertime this month as we enjoy books, music, movement, and activities that encourage early literacy skills for all ages! Registration and/or tickets are not required, however, space is limited for quality, safety, and comfort. Parents and caregivers are expected to stay with their children during storytimes.
M 5/13 10:15-10:45am SERL Free
M 5/13 11:15-11:45am SERL Free

T 5/7 10:15-10:45am SERL Free
T 5/7 11:15-11:45am SERL Free

WEE READ (FAMILY STORYTIME)
Catch us when you can! Families, gear up for summertime this month as we enjoy books, music, movement, and activities that encourage early literacy skills for all ages! Registration and/or tickets are not required, however, space is limited for quality, safety, and comfort. Parents and caregivers are expected to stay with their children during storytimes.
M 5/13 10:15-10:45am SERL Free
M 5/13 11:15-11:45am SERL Free

T 5/7 10:15-10:45am SERL Free
T 5/7 11:15-11:45am SERL Free
LIBRARY, POOLS & RIPARIAN INFORMATION

LIBRARIES

- **Perry Library**
  1965 E. Queen Creek Rd.
  602-652-3000
  M-TH 10am-7pm
  SUN Closed

- **Southeast Regional Library**
  775 N. Greenfield Rd.
  602-652-3000
  M-TH 10am-9pm
  F-SAT 10am-5pm
  SUN 1-5pm

- **Friends of the Library**
  775 N. Greenfield Rd.
  480-539-5128
  M-SAT 10am-4pm

POOLS

Gilbertaz.gov/aquatics

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<th>Pool</th>
<th>Aquacize Classes</th>
<th>Concessions</th>
<th>Diving Boards</th>
<th>Junior Lifeguard Program</th>
<th>Kiddie Slides</th>
<th>Play Features</th>
<th>Private Rentals</th>
<th>Public Swim Sessions</th>
<th>Shade Ramadas</th>
<th>Splash Pad</th>
<th>Swim Lessons</th>
<th>Water Slides</th>
<th>Youth Swim &amp; Dive Teams</th>
<th>Zero Depth Area</th>
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RIPARIAN PRESERVES

Gilbertaz.gov/riparianpreserve

- **Neely Ranch**
  215 N. Cooper Rd.

- **Water Ranch**
  2757 E. Guadalupe Rd.
# PARKS INFORMATION

[Image: Gilbertaz.gov/parks]

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<thead>
<tr>
<th>Lights</th>
<th>Splash Pad</th>
<th>Some Areas Available for Reservations</th>
<th>Amphitheater</th>
<th>Beaches/Swim Areas</th>
<th>Basketball Courts</th>
<th>Bocce Ball</th>
<th>BMX Park Area</th>
<th>Concessions</th>
<th>Dog Park</th>
<th>Equestrian/Multi-use Trail</th>
<th>Lacrosse/Frisbee</th>
<th>Multi-Use Fields</th>
<th>Multi-Family Bathroom Restrooms</th>
<th>Playground</th>
<th>Ramadas</th>
<th>Restrooms</th>
<th>Skate Park</th>
<th>Soccer Fields</th>
<th>Tennis Courts</th>
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**Note:**

* **COSMO DOG PARK:** The OFF LEASH areas will be closed each Tuesday morning until noon for routine maintenance.

* **CROSSROADS PARK:** Visit Polar Ice (480-503-7080). Polar Ice offers 10% 20% discount for regular priced programs, entrance fees and birthday parties for Gilbert Residents. Check out the Recreation Learn to Skate classes offered as well inside this guide.

* **FREESTONE PARK:** The SKATE PARK is closed the first Tuesday of every month for routine maintenance. Visit the Freestone Railroad (480-632-2702) or the RIP City Batting Cages (480-497-9548).

For park reservations call 480-503-6200