WINTER 2019

RECREATION GUIDE

JANUARY * FEBRUARY * MARCH

Library Services * Parks * Recreation
Riparian * Special Events * Sports
Gilbert is excited to announce that the sports facility at Elliot District Park will reopen on February 9, 2019, with a new name – Cactus Yards. The facility is currently undergoing renovations which will include a fresh look and new partnerships.

“We are excited to not only reopen this facility in 2019 but to be able to give it a new look and name,” said Gilbert Mayor Jenn Daniels. “We’ve worked hard to ensure that this facility is in premier condition and that we get the right partners on board so that Cactus Yards is a place where Gilbert residents can proudly play and visitors from all over can enjoy.”

As part of the renovations, Gilbert is thrilled to partner with the Arizona Diamondbacks Foundation to enhance Diamondbacks Field, one of the eight replica fields, with a newly redesigned scoreboard showing homage to the Arizona home team.

“The Arizona Diamondbacks Foundation is proud to partner with the town of Gilbert on this incredible facility that will impact the youth of Arizona for years to come,” said Diamondbacks President and CEO Derrick Hall. “Young athletes from around the state will come to Cactus Yards and when they look around the field, they will share the same pride that their favorite D-backs players have while representing their hometown team.”

In addition to the facility enhancements being completed, Gilbert is pleased to be working with Craft Culinary Concepts to bring a unique culinary experience, entertainment, catering and special events capabilities to Cactus Yards.

“Craft Culinary Concepts is pleased to be selected as the food and beverage provider for Cactus Yards,” said Reggie Davis, Senior Vice President of Craft Culinary Concepts. “We look forward to partnering with Gilbert to provide an exciting new local gathering spot for Gilbert residents and sports teams!”

Gilbert Parks and Recreation is currently booking tournaments for 2019 and will begin league registration in December. Save the date, as Gilbert will be hosting an event on February 9, 2019, to commemorate opening day. Event details will be available in the coming months.

To learn more about the new Cactus Yards, visit gilbertaz.gov/CactusYards.
Gilbert Parks and Recreation Department commits to provide superior parks, recreation and cultural programs, which exceed customer expectations, enhance the quality of life, and promote lifelong leisure and educational pursuits. These services are provided by a dedicated team, focused on fairness, trust and innovation, with a commitment to excellence.
Online Registration
Begins 1/1/18 for Residents

If you have not created a Gilbert Recreation Account, you must create one in order to register. If you have created one and can’t access your account, please call 480-503-6200.

GilbertRecreation.com

Walk-In Registration
Begins 1/1/18 for Residents

Feel free to visit any of these locations during typical business hours to register in person:

- Freestone Recreation Center 1141 E. Guadalupe Rd.
- Gilbert Community Center 130 N. Oak St.
- Gilbert Parks & Recreation Offices 90 E. Civic Center Dr.
- McQueen Park Activity Center 510 N. Horne St.

Mail-In Registration
Begins 1/1/18 for Residents

Mail Registration Form along with payment to:

Attention: Registration
90 E. Civic Center Dr.
Gilbert, AZ 85296

Make checks payable to Town of Gilbert
A $25 service charge will be assessed on returned checks.

General Registration Information

Winter Registration:

- Friends of the Foundation Members: Monday, Dec. 10
- Gilbert Resident Registration: Tuesday, Dec. 11
- Non-Resident Registration: Thursday, Dec. 13
- Spring Recreation Guide Online: Friday, Feb. 15

Class Policies, Cancelation & Refund Information

Withdrawals, transfers and refunds are allowed up to 10 days prior to the program start date, less a $5 administrative fee. The administrative fee does not apply when the Town initiates a class cancelation due to low enrollment or unforeseen circumstances. In this case the full class fee will be credited back to the customer account. Credits will remain on customer accounts until the middle of the current class session to allow time for transfers to other classes or programs. Any remaining credits on accounts by mid-session will be refunded back to the cardholder. Classes priced at $10 or less are nonrefundable. No refunds or transfers within 10 days prior to the program start date.
Program Locations

<table>
<thead>
<tr>
<th>Location</th>
<th>Description</th>
<th>Address</th>
<th>Contact</th>
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</thead>
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<td>Cactus Yards</td>
<td>4536 E. Elliot Rd.</td>
<td></td>
</tr>
<tr>
<td>CC</td>
<td>Gilbert Community Center</td>
<td>130 N. Oak St.</td>
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<td>CPARK</td>
<td>Crossroads District Park</td>
<td>2155 E. Knox Rd.</td>
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<td>Freestone Recreation Center</td>
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<td>Page Park</td>
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<td>RP</td>
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<td>2757 E. Guadalupe Rd.</td>
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<td>SERL</td>
<td>Southeast Regional Library</td>
<td>775 N. Greenfield Rd.</td>
<td>480-503-6256</td>
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Registration Begins: December 11th • Register online at GilbertRecreation.com
Community & Family Events

December 2018

WIGGLE WORM ADVENTURES
Every Friday | 9-11am
5 Years & Under | $1.50/$2
McQueen Park Activity Center | 480-503-6294

RIPARIAN AFTER DARK
Dec 7, 8, 14, 15, 21, & 22 | 5:30-9pm
All Ages | FREE
Riparian Preserve | GilbertAZ.gov/RA

STORY TIME WITH BEAR
Dec 14 | 10am & 10:30am Seatings
All Ages | FREE
McQueen Park Activity Center | 480-503-6294

HOLIDAY CRAFT TIME AT McQUEEN
Dec 21 | 9:30-11:30am
All Ages | FREE
McQueen Park Activity Center | 480-503-6294

January 2019

WIGGLE WORM ADVENTURES
Every Friday | 9-11am
5 Years & Under | $1.50 Res/$2 Non-Res
McQueen Park Activity Center | 480-503-6294

STORYTIME WITH BEAR
Jan 11 | 10am & 10:30am Seatings
All Ages | FREE
McQueen Park Activity Center | 480-503-6294

KIDZ KAMP AFTER DARK
Jan 11 | 5-9PM
5-10 YEARS | $20
Freestone Recreation Center | 480-503-6202

February 2019

WIGGLE WORM ADVENTURES
Every Friday | 9-11am
5 Years & Under | $1.50 Res/$2 Non-Res
McQueen Park Activity Center | 480-503-6294

FATHER DAUGHTER DANCE
Feb 1 | 6:30-8:30pm
2-17 YEARS | $25 Per Couple/ $5 Additional Daughter(s)
Gilbert Community Center | 480-503-6290

STORYTIME WITH BEAR
Feb 8 | 10am & 10:30am Seatings
All Ages | FREE
McQueen Park Activity Center | 480-503-6294

March 2019

FATHER DAUGHTER DANCE
Feb 8 | 6:30-8:30pm
2-17 YEARS | $25 Per Couple/ $5 Additional Daughter(s)
Gilbert Community Center | 480-503-6290

KIDZ KAMP AFTER DARK
Feb 8 | 5-9PM
5-10 YEARS | $20
Freestone Recreation Center | 480-503-6202

GILBERT OUTDOORS EXPO
Feb 23 | 9am-2pm
All Ages | FREE
Gilbert Riparian Preserve | 480-503-6200

SAFARI ADVENTURE PARTY
Feb 27 | 12-1pm
All Ages | $5
McQueen Park Activity Center | 480-503-6294

KAPOW SUPERHERO ADVENTURE RUN
March 23 | 8am
All Ages | $35
Freestone Park | 480-503-6200

MOVIE IN THE PARK
Mar 22 | 7pm
All Ages | FREE
Gilbert Community Center | 480-503-6290

MOVIE IN THE PARK
March 29 | 7pm
All Ages | FREE
Gilbert Community Center | 480-503-6290

KIDZ KAMP AFTER DARK
March 8 | 5-9PM
5-10 YEARS | $20
Freestone Recreation Center | 480-503-6202
Community & Family Events

Downtown Concert Series

WATER TOWER PLAZA
THURSDAYS
6:30-8:30PM
Food Trucks 6:00pm

March 14 - March 28 - April 11 - April 25

presented by:
Dignity Health

gilbertaz.gov/concerts

Gilbert Outdoors Expo

Gilbert Riparian Preserve

Presented By:
Banner Health Center

Save the Date! OFFERING SOME OF THE BEST OUTDOOR LEISURE ACTIVITIES IN THE VALLEY
February 23rd - 9am-2pm

Call (480)503-6200 or visit www.gilbertaz.gov/outdoors

2019 Gilbert Global Village Festival

Presented By:
Dignity Health.
Mercy Gilbert Medical Center

April 6, 2019
9am-2pm
Gilbert Civic Center

www.gilbertaz.gov/globalvillage

Ethnic Foods Entertainment Crafts
Cultural Displays World Market
ADAPTIVE RECREATION OVERVIEW
The Gilbert Parks & Recreation Adaptive Recreation Program strives to provide a comfortable, inviting, educational, and social environment where participants can learn and interact with others. The goal is to provide the best opportunities for participants to enrich their lives.

AR Classes

ADAPTIVE GYMNASTICS
This class is available to individuals with Intellectual and Developmental Disabilities. Adaptive Gymnastics will allow your loved one to focus on their individual skills which will include a balance beam routine or a floor exercise routine. All gymnasts will also master 2 of the 5 following skills: a stuck landing, a tuck, a somersault, a cartwheel or a round-off. This class is a level 1 gymnastics class and will provide an inclusive, encouraging and empowering environment for all athletes to compete, grow and challenge themselves. You must RSVP to guarantee your spot, no exceptions! Participants should be able to follow simple directions. 8+ YEARS
14815 W 1/9-3/6 5:15-6pm CC $45/$5 per week
Instructor: Lauren Cantrell

ADAPTIVE SWIM LESSONS
Our instructors deliver a safe, high-quality program to all who come to us. Everyone can learn to safely enjoy the water for exercise or recreation. Inclusion in any of our classes is always an option if it is safe to do so. It isn’t about what you can’t do…it is about what you can do. RA, Fibromyalgia, Neuropathy, TBI, Cerebral Palsy, Down Syndrome, Blindness, Paralysis, Autism, MS, Spina Bifida, amputations, Stroke, Obesity, … whatever physical or developmental disability you are living with … learning to safely enjoy the water can give you years of enjoyment. The British Swim School’s Adapted Aquatics program offers adapted swim lessons throughout the week, keeping class sizes extremely small with a 2:1 ratio for those who need the attention. We offer a safe, quality program for everyone who wants to learn to swim! A $5 evaluation fee will be collected by the instructor for a required evaluation that will determine your specific needs and goals, and to schedule you for an appropriate class. Private lessons can be arranged per request. Classes may be 1:1, 1:2, or 1:4 ratios depending on results of an evaluation. Classes will take place at LA Fitness (LAF) 3625 S. Gilbert Rd., Gilbert AZ 85297.
ALL AGES
14713 F 1/11-2/1 4:30-5pm LAF $105
14714 F 2/8-3/1 4:30-5pm LAF $105
Instructor: British Swim School Staff

COOKING 101-ADAPTIVE RECREATION
In your cooking class, we will provide easy to follow recipes that are fun to make and fast to put together. We will also learn basic kitchen safety tips. How-to instructions will be provided each week to re-create at home. Bring home the skills to be a great chef! The possibilities are endless! This class is specifically designed for persons with special needs. Participants should be able to follow simple directions. You must register for this class, drop-in not allowed for this class. 12+ YEARS
14733 W 1/9-3/6 4:30-5:30pm CC $95
Instructor: Pam Jackson

HANDMADE CRAFTS
Come have fun with your friends while making a new craft each week. Each handmade craft will be a great keepsake item for your-self or to give as a gift. This class is designed specifically for persons with special needs. Participants should be able to follow simple directions. You must register for this class, drop-in not allowed for this class.
14816 T 1/8-3/5 4:30-5:30pm CC $45
Instructor: Susan Miller

RECREATION BOWLING
Individuals with special needs 8 years and older are encouraged to join in the fun of bowling. Taking part in this sport provides individuals the chance to develop physical fitness, self-confidence and build strong relationships. Those needing extra supervision must provide his/her own aide. Register in advance to guarantee your bowling lane. Practices will be held at Bowlero 1160 S. Gilbert Rd. Register early space is limited! All bowlers must register or RSVP to guarantee space no exceptions!
8+ YEARS
14824 TH 1/10-3/7 4:15-5:15pm Bowlero $54/$6 per week
Instructor: Gilbert Staff
SANCHIN-RYU KARATE-ADAPTIVE STUDIES
Have fun learning the fundamental movements of Sanchin-Ryu. Benefits include: enhanced balance and coordination, improved motor skills, enhanced communication skills and useful self-defense techniques. Students study in a fun, high-energy, non-competitive environment. Participants must be able to follow simple directions. Please wear comfortable clothing that does not restrict movement.

10+ YEARS
14742 T 1/8-3/5 4:30-5:30pm CC $45
Instructor: Sanchin-Ryu Staff

SPECIAL OLYMPICS CHEER & DANCE
Let’s Go Gilbert! Join our gold medal team and have a blast learning cheers, chants, and dances! Cheerleaders will have the opportunity to participate in the Special Olympics Cheer competition in February. This activity gives participants a chance to belong to a team, make new friends, increase coordination and enhance self-esteem.

12+ YEARS
14817 T 1/8-3/5 4:30-6pm CC $45
Instructor: Jennifer Myers

ZUMBA
This is a slower paced cardio workout designed for beginners and those with physical limitations. Easy to follow dance steps are set to unique Latin dance music to help maximize caloric output with fun, fat burning movements. This class increases skills in coordination, balance, discipline, memory, and movement.

12+ YEARS
14820 M 1/7-3/4* 5-6pm CC $35/$5 per week
Instructor: Michelle Dulansky *No class 1/21 & 2/18

OUT OF AFRICA WILDLIFE PARK
Come see a tiger splash show, go on a safari, feed a giraffe, and more on this awesome adventure to the Out of Africa Wildlife Park. Admission includes the safari ride, shows, giraffe feeding, shuttle, animal encounters, and presentations. You must bring additional money if you would like to feed a tiger ($5). Pack a lunch or bring additional money for the café.

14+ YEARS
14842 F 1/11 8:45am-6pm CC $27

KARAOKE
It’s here again! Warm up those vocal chords and get those dance moves ready because it’s karaoke time! Enjoy a night of singing, dancing and socializing with your friends. Food and drinks will be served.

12+ YEARS
14825 F 1/18 6-9pm CC $5

WEDNESDAY NIGHT SOCIAL NIGHT
Join us once a month as we get together for a social hour with friends! We will play bingo, sing karaoke, play games, and more as we spend some time getting to know each other. The Town of Gilbert will no longer be providing snacks for social nights, please contact the Community Center at 480-503-6290 if you would like to donate a snack. FREE!! Registration is appreciated.

12+ YEARS
14818 W 1/9 5:30-6:30pm CC FREE BINGO
14819 W 2/13 5:30-6:30pm CC FREE KARAOKE
14822 W 3/13 5:30-6:30pm CC FREE BINGO

RENAISSANCE FESTIVAL
Join us as we travel back in time to place where there are turkey legs a plenty and the belly laughs are never ending! We will spend the day watching comedy and jousting shows, eating delicious foods, and enjoying the renaissance festivities! Transportation is provided and is limited to 20 passengers. Participants are welcome to join us at The Renaissance Festival once the van is full. Registration is required to receive group pricing.

14+ YEARS
14828 SAT 2/9 9:15am-5pm CC $25

SWEETHEART DANCE
Love is in the air! Come with your special someone or enjoy this dance with your friends. There will be food, drinks, and of course CANDY! This is a semi-formal event so dress to impress and go home with a photo to remember the evening.

14+ YEARS
14826 F 2/15 6-9pm CC $5

MOVIE AT THE COMMUNITY CENTER
Sit back, relax, and enjoy a movie on the big screen! We will have pizza, popcorn, and drinks! Movie is TBA and will be shown on the big screen inside of the Gilbert Community Center.

12+ YEARS
14827 F 3/15 6:30-8:30pm CC $5

BARLEENS ARIZONA OPRY
Join us for dinner and a show! Barleens Arizona Opry offers some of Arizona’s best musicians and entertainers the state has to offer. We will enjoy a fantastic show and a delicious dinner of roast, chicken, veggies, mashed potatoes and chocolate cake included in the admission. Ice cream sundaes and root beer floats will be available for purchase during intermission.

14+ YEARS
14843 F 3/8 5:15-10:15pm CC $42

Registration Begins: December 11th • Register online at GilbertRecreation.com
ARIZONA SCIENCE CENTER ARCTIC ADVENTURE CAMP
How do animals and people survive in the Arctic? Campers will explore the world of artic animals and learn about adaptations for withstanding the frigid temperatures and ice of the North Pole. Register today and make snow, ice dough and more!

**6-10 YEARS**
14597 W-F 1/2-1/4 9am-12pm SERL $60
Instructor: Arizona Science Center Staff

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**GOLF 3-DAY WINTER BREAK CAMP (LEVEL I)**
Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for both the true beginner and newly intermediate level junior golfer. They will develop a proper pre-shot routine and jump right into making full swings and hitting golf balls. Chipping, pitching, putting and driver swing will follow. They will learn proper practice habits and finish ready to tackle the golf course. Rules, etiquette and golf course management will be taught accordingly. *Advancement to the Golf Better Junior Series (Level II)* will be determined by Coach Mike.

**Week 1** Irons – swing shape and solid contact
**Week 2** Pitching – effective loft and distance control
**Week 3** Irons – solid contact and direction
**Week 4** Putting – aim, stroke, speed control and reading the green
**Week 5** Driver – launch angle and maximum distance

**8-17 YEARS**
15055 W-F 12/26-12/28 10-11am WS $115
15056 W-F 1/2-1/4 10-11am WS $115
Instructor: Mike Arrigoni, PGA

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**SPORTBALL SPORTS CAMP**
Sportball’s action-packed camps introduce children to a variety of ball sports games and activities PLUS arts and crafts, snack time, stories, music, co-operative games and more! Camps may run indoors and outdoors, depending on the location and weather. A $10 supply fee will be collected by the instructor on the first day of class.

**3-6 YEARS**
14501 W-F 12/26-12/28 9am-12pm CC $75
14502 W-F 1/2-1/4 9am-12pm CC $75
Instructor: Sportball Staff

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**WRESTLING CAMP**
The 29th Annual Holiday Wrestling camp is for beginners and experienced wrestlers 5 years-6th grade. Sponsored by the Gilbert Parks and Recreation Department and conducted by Campo Verde High School Varsity Wrestling Coach, Chris Bishop. The format for the camp is two days of instruction followed by match day for the camp finale. Each participant will receive ribbons for each match wrestled and be eligible for the Braiden Rainey Sportsmanship Award. A camp T-shirt is included! This camp will take place at Campo Verde High School Main Gym located at 3870 S Quartz Street, Gilbert AZ 85297. Full Credit or refund through January 2nd. No refunds or credits after January 2nd.

**5-6 YEARS (K-1st grades Participants must be 5 years of age by 1/2)***
14291 W-F 1/2-1/4 9-9:45am CV $31

**6-8 YEARS (2nd-3rd grades)***
14292 W-F 1/2-1/4 9:55-10:45am CV $31

**8-12 YEARS (4th-6th grades)***
14293 W-F 1/2-1/4 10:55-11:55am CV $31
### ARIZONA SCIENCE CENTER MEDIEVAL MADNESS CAMP

Medieval Madness: Embark on a quest to uncover how people from the Middle Ages used science, art and engineering to shape the medieval world as we know it. Investigate castles, chemistry and catapults as well as engineer mechanical contraptions and discover the science of apothecary.

**6-10 YEARS**

<table>
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<th>ID</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
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<td>15057</td>
<td>M-F</td>
<td>3/11-3/15</td>
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<td>SERL</td>
<td>$120</td>
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Instructor: Arizona Science Center Staff

### FAIRYTALE PRINCESS DANCE CAMP

Your princess will dress-up and dance each day away to their favorite songs along with our enchanted Fairytale Princesses. Ballet, jazz & creative movement will be taught at a professional dance studio. Dancers will also play princess games & get crafty. Princess costumes encouraged – don’t have one? Your dancer can wear one of ours! Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7, Chandler, AZ 85225.

**3-7 YEARS**

<table>
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Instructor: Desert Star Dance Staff

### GOLF 3-DAY SPRING BREAK CAMP (LEVEL I)

Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for both the true beginner and newly intermediate level junior golfer. They will develop a proper pre-shot routine and jump right into making full swings and hitting golf balls. Chipping, pitching, putting and driver swing will follow. They will learn proper practice habits and finish ready to tackle the golf course. Rules, etiquette and golf course management will be taught accordingly. Advancement to the Golf Better Junior Series (Level II) will be determined by Coach Mike. Class limited to 6 players. Participants will be broken into groups according to age and skill level the first day of camp. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

**4-17 YEARS**

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<tr>
<th>ID</th>
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<td>9-10am</td>
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<td>$95</td>
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Instructor: Mike Arrigoni, PGA

### GOLF 3-DAY SPRING BREAK CAMP (LEVEL II)

Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for the junior golfer who is already playing golf or has the required skills to start playing on the golf course. Players will redevelop proper swing positions and start to achieve a more consistent ball flight. They will learn proper practice habits and finish ready to shoot lower scores on the golf course. Rules, etiquette and golf course management will be taught accordingly. Class limited to 10 players. Participants will be broken into groups according to age and skill level the first day of camp. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

**8-17 YEARS**

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<thead>
<tr>
<th>ID</th>
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<td>15060</td>
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<td>10-11am</td>
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Instructor: Mike Arrigoni, PGA

### TENNIS HS JUNIOR VARSITY CAMP

Intermediates with a major emphasis on basics of stroke production, strategy, learning sportsmanship, and fun drills. Please bring your favorite tennis racquet.

**14-17 YEARS**

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<td>FPARK</td>
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Instructor: Brett Hall

### TENNIS HS VARSITY CAMP

High intermediates and advanced with a major emphasis on technique, drills singles and doubles strategy, and physical conditioning. Please bring your favorite tennis racquet.

**14-17 YEARS**

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<td>3/11-3/14</td>
<td>1-2:30pm</td>
<td>FPARK</td>
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Instructor: Brett Hall

### TENNIS SPRING BREAK ALL STARS CAMP

This class is designed for the junior who is striving to play matches. Class emphasis will be on improving stroke production, match play strategy, and positioning. Drills and games will be competitive with major emphasis on fun with music. Please bring your favorite tennis racquet.

**8-14 YEARS**

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<td>15063</td>
<td>M-TH</td>
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<td>10-11am</td>
<td>FPARK</td>
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Instructor: Brett Hall

### TENNIS SPRING BREAK FUTURE STARS CAMP

For juniors who have very little exposure to tennis. Major emphasis will be placed on the basics of stroke production, playing games, learning sportsmanship, meeting friends and lots of fun with music. Please bring your favorite tennis racquet.

**6-9 YEARS**

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Instructor: Brett Hall
**ABC ART-PARENT/TOT**
This class is designed for students to participate in art activities related to each letter of the alphabet. Students will study 2-3 letters each week and do a craft related to the letters. A book and or creative movement maybe implemented if time permits. Dress for a mess & get creative with us.

2 ½-4 YEARS
14762 W 1/9-3/6 10-10:45am CC $55
14763 F 1/11-3/8 10-10:45am CC $55
Instructor: Kathryn L’Heureux

**DISCOVERY ART-PARENT/TOT**
Come and explore, create and learn in this exciting class that develops and encourages self-expression and confidence through arts. Children will have fun and learn with different colors, shapes and textures. We will use a variety of art supplies including glue, clay, paint, play-dough, and more!

1 ½-2 YEARS
14766 F 1/11-3/8 9-9:30am CC $44
Instructor: Kathryn L’Heureux

**MESSY MONSTERS-PARENT/TOT**
Bring your toddler in for a messy art experience designed just for them! Shaving cream, paint and play-dough projects will engage your child's senses while they have a messy good time. This class will end with group circle time to allow for an interactive experience to help your little one grow and develop through song, chants, play and stories. Come explore the amazing world of art and leave the clean up to us! Dress down for a messy time!

1 ½-3 YEARS
14761 W 1/16-3/6 10-10:45am DSD $88
Instructor: Desert Star Dance Staff

**SQUISHY, MESSY, STICKY ART-PARENT/TOT**
Dress down cuz you’re gonna get MESSY using slime, paints, play dough, shaving cream and much, much more! Art teaches critical thinking, self-expression, problem solving, individuality, creativity and self-esteem. Your child will express themselves through finger painting, sponge art and more! Come explore the amazing world of art and leave the clean up to us! Dress down for a messy time!

2-5 YEARS
14846 F 1/11-3/8 9:15-10am MPAC $53
Instructor: Lissa Coari

**GREAT START FOR BIG KIDS-PARENT/TOT**
The first day of preschool can be overwhelming. This introductory big kid’s class can help your munchkin transition to a social and learning environment with you right by their side! Great Start provides a social and play based foundation to help achieve those early educational milestones. Together we’ll explore letters, numbers, shapes and colors through math, music, science, crafts and playtime. Each class will unwind with a story or two. Let us be your big kid’s guide to a successful education!

2-3 YEARS
14849 T/TH 1/8-3/7 9-9:45am MPAC $98
Instructor: Lissa Coari
**Gymnastics & Movement**

**HEAD OVER HEELS GYMNASTICS-PARENT/TOT**
Parents will learn to assist their little gymnast through warm-ups and stretching before jumping, climbing, crawling and rolling on our kid-friendly gymnastics equipment. Children are encouraged to explore the world of movement using mats and balance beams to build strength, balance and coordination. Focus on hand to eye coordination through the use of bean bags, balls, buckets and hoops. Your kid will flip for this class!

**TODDLERS IN MOTION-PARENT/TOT**
Get a fun workout with your little one using basic body movement and gross motor skills. Gain strength, flexibility and balance crawling up, down, over and through mats, parachutes, hoops and more! Take a walk back to your own childhood by participating in some of the classic children songs and nursery rhymes. Class is wildly interactive with you by their side!

**BABIES IN MOTION-PARENT/TOT**
Little ones will explore by climbing up, down, under and over on child friendly equipment. Class gives your child the opportunity to express themselves through creative play to gain balance, coordination and social interaction. Music and props are incorporated to give your little one a jumping good time!

**BABIES IN MOTION-PARENT/TOT INCLUDING SIBLINGS**
This class is an extension of the Babies in Motion class but with siblings in mind! Bring your toddler and your infant to this class to explore by climbing up, down, under and over on child friendly equipment. Music and props are incorporated to give your little one a jumping good time! Only toddler needs to register for class. Sibling must be 12 months or younger to be in classroom with registered toddler.

**FUN & FITNESS-PARENT/TOT**
Get a fun workout with your little one using basic body movement and gross motor skills. Gain strength, flexibility and balance by crawling up, down, over and through mats, parachutes, hoops and more! Take a walk back to your own childhood by participating in some of the classic children songs and nursery rhymes. Class is wildly interactive with you by their side!

**MOMMY & ME FITNESS-PARENT/TOT**
Working out with your little one is not just a good way to fit in exercise, but it’s important for your relationship with your baby and their physical and mental development. Come join us as we bond with our little ones through fun exercises such as the Peek-A-Boo Crunch, Singing Plank, Walking Lungs, and the Push Up Kiss. Each class will feature exercises, songs, stories and fun for you and your little one!

**ZUMBINI©-PARENT/TOT**
Moving, grooving, and growing for mom (or dad) and me. Created by Zumba® and BabyFirst for kids ages 0-4, the Zumbini® program combines music, dance and educational tools for 45 minutes of can’t-stop, won’t-stop bonding, learning, and fun! Silliness and wacky dance moves are not required – but highly, highly encouraged! Give your little one a healthier, happier, more enjoyable start! A $35 per family supply fee will be charged on the first day of class. Supply fee will cover course book, CD and accompanying plush toy.
**Martial Arts**

**SANCHIN-RYU KARATE-PARENT/TOT**
Both parent and tot can have fun together learning the fundamental movements of Sanchin-Ryu, an artistic form of self-defense designed in a way, that size, strength, age or athletic ability are not factors in defending one’s self. Personal benefits include: enhanced balance, coordination and improved motor-skills.

3-6 YEARS
14749 F 1/11-3/8* 5:30-6:30pm FRC $40
Instructor: Sanchin-Ryu Staff *No class 2/22

**SPORTS**

BEGINNERS EDGE SPORTS TRAINING CLASSES
Beginners Edge Youth Sports Training Programs bring your player into the world of sports by teaching the sports skills they will need to get them ready to compete. Our fun training program is built to engage and excite them through multiple sessions of learning. Join the B.E.S.T. Team today and support the only non-franchise, locally owned and operated sports program here in AZ.

**4-SPORT MULTI-SPORT BY B.E.S.T.-PARENT/TOT**
Our industry-leading 4-Sport program brings: Soccer, Baseball/Softball, Basketball and Track. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level and in a non-competitive setting. Please bring an age-appropriate soccer ball for the first week. A batting tee and a basketball will be needed later in the session. These classes will take place on the grassy area in front of Freestone Recreation Center.

2-4 YEARS
14780 SAT 1/19-3/9 11-11:45am FRC $98
14781 SUN 1/20-3/10 11-11:45am FRC $98
Instructor: B.E.S.T. Staff

**BASEBALL & SOFTBALL TRAINING WITH B.E.S.T.-PARENT/TOT**
Our industry-leading weekly Sluggers program will teach your kids the skills of baseball & softball by offering activities such as: fielding, throwing, hitting, base recognition, (sometimes) sliding and more! Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level.

A glove is not mandatory for kids under 4. Please bring a batting tee with your child’s name on it.

These classes will take place on the grassy area in front of Freestone Recreation Center.

2-4 YEARS
14783 SAT 1/19-3/9 11-11:45am FRC $98
Instructor: B.E.S.T. Staff

**SOCCER SKILLS & FUN WITH B.E.S.T.-PARENT/TOT**
B.E.S.T. Sports industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level in a non-competitive setting. Please bring an age appropriate soccer ball with your child’s name on it, a water bottle and lots of energy! These classes will take place on the grassy area in front of Freestone Recreation Center.

1½-2 YEARS
14793 SAT 1/19-3/9 9-9:45am FRC $98
14794 SUN 1/20-3/10 9-9:45am FRC $98

2-4 YEARS
14792 F 1/18-3/8 4-4:45pm FRC $98
Instructor: B.E.S.T. Staff
**MY FIRST SPORTS CLASS-PARENT/TOT**
Together, you and your child will have fun learning the basics of various sports such as t-ball, soccer and basketball while developing large motor skills and coordination. Emphasis is on learning to follow directions, take turns, develop coordination and promote self-esteem. Participants must wear tennis shoes.

2-3 YEARS
14852  TH  1/10-3/7  9:45-10:30am  MPAC  $60
Instructor: Betsy Vacco

**SPORTBALL PARENT & CHILD SPORTS CLASSES**
Sportball utilizes developmentally appropriate techniques to enhance motor skills, social skills and sport strategy with caregivers by their side. All coaches are professionally trained and must pass a rigorous Sportball certification process. Sportball provides all equipment.

**SPORTBALL MULTI-SPORT INDOOR-PARENT & CHILD**
Sportball Parent & Child programs help young children to develop & refine their motor skills, such as balance and coordination, as well as develop their social skills such as confidence, following instructions, turn-taking and sharing. Coaches introduce a different sport each class using developmentally appropriate games, activities and stories. Children are challenged according to their individual skill level and Coaches help grownups understand proven teaching techniques that can be applied outside of Sportball classes. All equipment provided.

16 MONTHS-2 YEARS
14803  SAT  1/12-3/9  9-9:30am  CC  $60
Instructor: Sportball Staff

2-4 YEARS
14799  SAT  1/12-3/9  9:40-10:20am  CC  $110
Instructor: Sportball Staff

**SPORTBALL SOCCER & T-BALL OUTDOOR-PARENT & CHILD**
Sportball Parent & Child programs help young children to develop & refine their motor skills, such as balance and coordination, as well as develop their social skills such as confidence, following instructions, turn-taking and sharing. Children are introduced to fundamental concepts of gameplay and provided the basic skills required to play with confidence in a supportive, non-competitive environment. The first half of the program zeroes in on t-ball skills, the second half of the program helps children develop soccer skills. MATERIAL FEE: One-time material fee required for 1st time Sportball students. ($20 for jersey and soccer ball). Payable to instructor on first day of class. This class will take place on the grassy area in front of the Gilbert Community Center.

2-4 YEARS
14804  SAT  1/12-3/9  9-9:40am  PPARK  $110
Instructor: Sportball Staff
Early Childhood Classes 2-6 Years

Our classes are designed to encourage participation through instructor led activities. Your child will learn skills in sharing, listening and following directions. This is a time for peer socialization, purposeful play and teamwork to improve their cognitive, emotional and physical well-being. From first time participants to ongoing participants, we want this to be a fun, exciting experience for your little one. We don’t force them to interact, yet we encourage them to work at their own pace. We hope to build their communication skills that will allow them to interact with their peers and instructor. This is a great opportunity for our Parks & Recreation staff to spend quality time with your child and enhance their learning that will carry them through life!

AMAZING ART
Your little artist will have the opportunity to use different media such as paint and clay to create a work of art of their own. In each class students will learn about different artists and then create a masterpiece of their own.
4-7 YEARS
14950 F 1/11-3/8 10-10:45am FRC $55
Instructor: Isabel Sesmas

ART ACADEMY
Come and learn like the masters! In Art Academy students will learn techniques to master skills in drawing; such as portraits, animals, and still life and painting using different mediums, methods and brush strokes. This class is sure to bring out your child’s creativity and talent.
4-6 YEARS
14645 F 1/11-3/8 11-11:45am CC $55
Instructor: Kathryn L’Heureux

KRAFTY KIDS
Join us on a creative adventure! Students will love creating unique and wonderful things, exploring fun, process-led art techniques and simply playing with paint and other art mediums such as recycled materials to create something out of nothing. Miss Lissa will provide engaging hands-on activities and fun-filled project ideas with all the materials needed for your Krafty Kid to explore their imagination!
3-5 YEARS
14853 M 1/7-3/4* 11-11:45am MPAC $43
Instructor: Lissa Coari *No class 1/21 & 2/18

LET’S CREATE MUSIC!
Get ready to learn about musical instruments through art and hands-on play! We’ll create our very own instruments then explore rhythm and pace while we march behind the conductor. Your little maestro will be introduced to basic music terminology while listening and playing with their homemade instruments. Introducing art & music at an early age will benefit language development, fine-motor skills and the ability to follow instructions. Come join the fun and create some noise with us! Additional music related crafts and games may be incorporated to round out the fun!
3-6 YEARS
14854 W 1/9-3/6 11-11:45am MPAC $53
Instructor: Lissa Coari

MESSY ART
Dress for a mess and get ready to explore the amazing world of art. Children express themselves through finger painting, sponge art and more!! Art teaches critical thinking, self-expression, problem solving, individuality, creativity and self-esteem.
3-4 YEARS
14699 W 1/9-3/6 10-10:45am CC $55
Instructor: Kathryn L’Heureux

SQUISHY, MESSY, STICKY ART – WINTER THEMES
Dress down cuz you’re gonna get MESSY using slime, paints, play dough, shaving cream and much, much more! Art teaches critical thinking, self-expression, problem solving, individuality, creativity and self-esteem. Your child will express themselves through finger painting, sponge art and more! Come explore the amazing world of art and leave the clean up to us!
3-5 YEARS
14986 W 1/9-3/6 10:45-11:45am FRC $55
Instructor: Valerie Blake

Arts & Crafts

NEW!
### Early Childhood Classes 2-6 Years

#### Cooking

**COOKING 101 FOR KIDS**
Calling all culinary enthusiasts! Let us teach your child the basics of baking and cooking. Each week will focus on a different course such as an appetizer, main dish, breakfast item or dessert. Class emphasizes group instruction, following directions, taking turns and kitchen safety. Recipes will be given out to recreate at home. Get ready to taste some amazing foods! **Bring a storage container to transport food from class. Not recommended for children with food allergies.**

<table>
<thead>
<tr>
<th>3-6 YEARS</th>
<th>14855 F</th>
<th>1/11-3/8</th>
<th>11:45am-12:30pm</th>
<th>MPAC</th>
<th>$65</th>
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<tr>
<td>Instructor: Darby McDaniel</td>
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| 3-6 YEARS | 14856 F | 1/11-3/8 | 3-3:45pm | MPAC | $65 |
| Instructor: Jenn Myers |

**COOKING AROUND THE WORLD**
Take a journey around the world without leaving the comfort of your kitchen! Enjoy making easy, scrumptious dishes from US, Mexico, Italy and Asia! Prepare an appetizer, dessert, snack or even a meal that may be sweet, salty, savory but always scrumptious. Your taste buds will thank you! Recipes will be shared to recreate at home. **Bring a storage container to transport food from class. Not recommended for children with food allergies.**

| 3 ½-6 YEARS | 14857 T | 1/8-3/5 | 12-12:45pm | MPAC | $65 |
| Instructor: TBA |

**CRAZY CHEFS**
MUNCH, CRUNCH, and CHEW, this is absolutely the right class for YOU! We will bake, mix and blend a variety of delicious snacks that you’re sure to enjoy! Simple ingredients will allow you to prepare your own snacks that will absolutely amaze your family and friends! Receive a complimentary cookbook with all our recipes. **Not recommended for children with food allergies.** *This is NOT a Parent/Tot class. Participants must be minimum age by the first day of class.*

| 2 ½-4 YEARS* | 14858 W | 1/9-3/6 | 10-10:50am | MPAC | $65 |
| 3 ½-6 YEARS | 14859 W | 1/9-3/6 | 11-11:50am | MPAC | $65 |
| Instructor: Cathy Gomez |

**DELECTABLE DESSERTS**
Each week, your little baker will mix, whisk, stir and whip up a delicious dessert! They’ll be introduced to making cookies, cupcakes and other delectable desserts using simple ingredients and easy techniques that are sure to tickle their taste buds. We’ll lay the groundwork and practice food and kitchen safety in this class as well. Recipes will be shared to allow your kiddo to recreate at home. **Bring a storage container to transport food from class. Not recommended for children with food allergies.**

| 3-6 YEARS | 14860 F | 1/11-3/8 | 1-1:45pm | MPAC | $65 |
| Instructor: Darby McDaniel |

#### Dance/Cheer

**BABY BALLERINAS**
This ballet class is designed especially for the very young dancer. We will be using props, imagery and costumes during this class. *This is NOT a Parent/Tot class. Participant must be minimum age by the first day of class.*

| 2-3 ½ YEARS* | 14649 T | 1/8-3/5 | 10:15-10:45am | CC | $36 |
| 14650 W | 1/9-3/6 | 10:15-10:45am | CC | $36 |
| 14651 TH | 1/10-3/7 | 10:15-10:45am | CC | $36 |
| Instructor: Jennifer Gallamore |

**BABY BALLERINAS II**
This class is for students that have completed at least one class of Baby Ballerinas and are ready to progress their technique. This ballet class is designed especially for the very young dancers. We will be using props, imagery and costumes during this class. *This is NOT a Parent/Tot class. Participant must be minimum age by the first day of class.*

| 2 ½-3 ½ YEARS | 14652 W | 1/9-3/6 | 9:30-10am | CC | $36 |
| Instructor: Jennifer Gallamore |

**BALLET/TAP 101**
This ballet/tap class is perfect for children with no previous dance experience or those who would benefit from a second introduction course. Your child will work on basic ballet and tap technique through dances, games and fun activities.

| 3-5 YEARS | 14955 W | 1/9-3/6 | 9-9:45am | FRC | $47 |
| Instructor: Raquel Gibson-Starks |

**BALLET/TAP 102**
This class is designed for the tiny dancer that has previous dance experience. Dancers should be familiar with 1st and 2nd position, plies, tip toes/relevé, shuffle step, piques and should be comfortable articulating before the ball and heel in tap and point vs. flex in ballet.

| 3-5 YEARS | 14956 W | 1/9-3/6 | 10-10:45am | FRC | $47 |
| Instructor: Raquel Gibson-Starks |

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*Registration Begins: December 11th • Register online at [GilbertRecreation.com](http://GilbertRecreation.com)*
BEAUTIFUL BALLERINAS
Beautiful Ballerinas is the place to be, you will learn basic ballet moves and routines using fanciful music. This class will encourage listening skills, following directions, positive self-image and cooperating with others. *Ballet shoes and dancewear is recommended. Participants must be minimum age by the first day of class.*

3-5 YEARS
14653 W 1/9-3/6 9-9:45am CC $47
14654 F 1/11-3/8 9-9:45am CC $47
Instructor: Jennifer Myers

3½-6 YEARS
14862 W 1/9-3/6 12:05-12:50pm MPAC $47
Instructor: Darby McDaniel

CHEER, CHANTS & TUMBLE
The girls on this squad will learn basic cheer, tumbling, simple chants, kicks, dances and jumps set to age appropriate music. Skills are broken down into easy to follow steps, which will be put together into a short, fun routine to be performed at the end of the session. “Give me a C-H-E-E-R, C-H-A-N-T-S & T-U-M-B-L-E, what's that spell?”...FUN! *Athletic shoes are required.*

3½-6 YEARS
14960 T 1/8-3/5 11-11:45am FRC $47
Instructor: Raquel Gibson

3-5 YEARS
14864 T 1/8-3/5 9:50-10:35am MPAC $47
Instructor: TBA

DANCING DIVAS FOR KIDS
Sparkle and shine and unleash your inner diva! Basic jazz, hip hop and a little bit of tap will be broken down for easy to follow moves. Costumes, props and music will be incorporated to enhance their love of dance! The session will end with a short routine performed on the last day. Be sure to bring your cameras! *Top and ballet shoes are recommended but not required.*

3-5 YEARS
14864 T 1/8-3/5 9:50-10:35am MPAC $47
Instructor: TBA

CARL's CREATIONS A LA CARTE
This class is designed to encourage your youngster's creativity with a focus on art, music and dance. This class will be celebrated with a parent and child performance at the end of the session!

3-5 YEARS
14865 W 1/11-3/8 9:15-9:45am MPAC $47
Instructor: TBA

FAIRYTALE BALLET
The magical journey begins here. Fairytale Ballet offers beginning exploration into classical ballet that incorporates costumes, props, and music into each class. *Ballet shoes recommended. Costumes and props will be provided.*

3-5 YEARS
14283 T 1/8-3/5 4-4:45pm CC $47
Instructor: Chloe Davis
14865 W 1/9-3/6 11:15am-12pm MPAC $47
Instructor: Darby McDaniel

4-6 YEARS
14984 W 1/9-3/6 9-9:45am FRC $47
Instructor: Raquel Gibson-Starks

5-7 YEARS
14866 T 1/8-3/5 10:45-11:30pm MPAC $47
Instructor: TBA

NEW!
FUN WITH MOVEMENT
This class is perfect for kiddos who want to enjoy dance and games while working on coordination, rhythm and basic social skills. Rather than focusing on technique this class is designed to encourage creative movement and imagination.

3-5 YEARS
14998 T 1/8-3/5 9-9:45am FRC $47
Instructor: Raquel Gibson-Starks

JAZZY JUMPERS
If your little one loves dancing, this snazzy intro to jazz is the perfect class! Dancers will learn fancy footwork, leaps, and turns in a fun and engaging way.

2½-3 YEARS
14666 TH 1/10-3/7 9:30-10am CC $36
Instructor: Jennifer Gallamore

LITTLE CUTIES DANCE COMBO
Set to age appropriate music, our preschool dance class is designed to encourage a love for dance while building coordination and physical fitness. Lil Cuties Combo Class consists of tap, jazz, ballet and creative movement perfect for your tiny dancer. Student is responsible for providing own dance wear and dance shoes specific to the dance style being taught. *Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7 Chandler 85225.*

3-5 YEARS
14756 TH 1/10-3/7 6-7pm DSD $90
Instructor: Desert Star Dance Staff

3-6 YEARS
14823 T 1/8-3/5 4-4:45pm CC $47
Instructor: Jenn Myers

PIP SQUEAK HIP HOP
Does your little pip squeak love to dance and move? This introduction to hip hop focuses on rhythm and basic footwork taught at an easy to follow, comfortable pace using games and movement. Great way to get up and get funky! Class taught to upbeat, age appropriate music. *Tennis shoes and relaxed clothing are recommended.*

3½-6 YEARS
14866 T 1/8-3/5 10:45-11:30pm MPAC $47
Instructor: TBA

4-7 YEARS
14985 W 1/9-3/6 4-4:45am FRC $47
Instructor: Jenn Myers
PRESCHOOL BALLET
A beautiful beginning to ballet...magical costumes, enchanting props, and enlightening music that encourages creativity and imagination to make learning ballet magical. Classes including traditional barre warm ups, center work, and moving across the floor while learning ballet terminology. Participant must be minimum age by the first day of class.
3-5 YEARS
14676  T  1/8-3/5  11-11:45am  CC $47
Instructor: Jennifer Gallamore

PRESCHOOL BALLET II
A beautiful beginning to ballet, magical costumes, enchanting props, and enlightening music that encourages creativity and imagination to make learning ballet magical. Classes including traditional barre warm ups, center work, and moving across the floor while learning ballet terminology. Participant must be minimum age by the first day of class.
4-6 YEARS
15068  T  1/8-3/5  12-12:45pm  CC $47
Instructor: Jennifer Gallamore

PRINCESS STORYTIME DANCE
Do you love to swirl and twirl like a princess? We will begin each class with a story and learn to dance like a real princess! Each week a new princess will teach the class ballet moves and at the end of the session there will be a recital where you can wear your favorite princess dress!
3-5 YEARS
14677  W  1/9-3/6  10-10:45am  CC $47
14678  F  1/11-3/8  10-10:45am  CC $47
Instructor: Jennifer Myers

SMALL FRY SPIRIT LINE
“Come and kick” your cheer up a notch. We’ll learn some chants and cheer moves that you can rock out on any occasion, and also learn a fun “sideline” routine. Finally, we will also learn a few tumbling move to impress any crowd and really let that team spirit soar!
3-6 YEARS
14821  F  1/11-3/8  11-11:45am  CC $47
Instructor: Jennifer Myers

TAP, BALLET & TUMBLE
Participants will learn tap, ballet, and tumbling at the most basic level. This class is designed to develop motor skills, coordination and self-esteem. Please note this is NOT a parent tot class, only registered participants will be allowed in the room. Tap and ballet shoes are recommended but not required. Participants must be minimum age by the first day of class.
4-6 YEARS
14988  W  1/9-3/6  3-3:45pm  FRC $47
Instructor: Jenn Myers

TINKERBELL BALLET
Every week your little ‘Tinkerbell’ will tip toe into a world of imagination! Basic ballet steps will be taught to help build coordination, rhythm and vocabulary. Costumes, props and fairytales will be incorporated to create a magical environment for enhancing your Tinkerbell’s physical, emotional and social well-being. Ballet shoes recommended but not required.
3 ½-6 YEARS
14867  M  1/7-3/4*  4-4:45pm  MPAC $37
Instructor: Jenn Myers
14869  F  1/11-3/8  2-2:45pm  MPAC $47
Instructor: Darby McDaniel *No class 1/21 & 2/18

TINY TAPPERS
Whether your tiny tapper is a budding Broadway star or marches to their own beat, this class will help them with musicality, creativity, rhythm, balance, and coordination as we tap, clap, and sing in our magical tap shoes. Tap shoes are required.
2½-3½ YEARS
14682  T  1/8-3/5  9:30-10am  CC $36
Instructor: Jennifer Gallamore

TWINKLE TOES
Class is full of imagination and fun, while introducing the fundamentals of dance techniques in ballet, tap and tumbling. At this age, dance is about learning to nurture creative movement, follow directions, become aware of one’s body/surroundings and establish classroom etiquette. Great opportunity to let your little dancer build confidence and self-esteem! Soft soled dance shoes and tap shoes are recommended but not required.
3-5 YEARS
14868  SAT  1/12-3/9  10:30-11:15am  MPAC $47
Instructor: Katie Del Sandro
Early Childhood
Classes 2-6 Years

Enrichment

ADVANCED KINDERGARTEN READINESS
Give your kids a head start by enrolling them in Advanced Preschool. This is an advance class which will help develop core skills needed for academic success. Coursework includes: recognizing and writing letters and numbers, introduction to basic site words, colors and shapes. Each class includes reading and discussion groups to help develop each child's love for reading and key listening and comprehension skills. Children will learn basic academic skills to succeed in Kindergarten. Participants must be the minimum age by the first day of class.

4-6 YEARS
14700 T/TH 1/8-3/7 9-12pm SERL $265
Instructor: Rita Emrick

ADVENTURE TOTS
Your first time 'student' will experience an array of preschool activities. Join us on an adventure of colors, shapes, letters and numbers to build basic skills in preparation for kindergarten. Activities include learning centers, arts and crafts, music and physical activity. Special theme days will be included to enhance learning. *This is NOT a Parent Tot class. Participants must be minimum age by the first day of class.*

*2-3 YEARS*
14870 M/W 1/7-3/6* 9-9:45am MPAC $88
14871 M/W 1/7-3/6* 10-10:45am MPAC $88
Instructor: Lissa Coari  *No class 1/21 & 2/18

ADVENTURES IN LEARNING
Prepare your child for the adventure of a lifetime; kindergarten! Your little one will learn the basics of reading and writing that will encourage success for years to come. This class will incorporate hands-on manipulatives that will develop cognitive & motor skills, math by counting, sorting & grouping and creative play to encourage individuality, creativity & success! Snacks provided. Participants must be minimum age by the first day of class.

3 ½-6 YEARS
14872 T/TH 1/8-3/7 9am-12pm MPAC $280
Instructor: Jessica Butler

ANIMAL CRACKERZ
Check out this amazing program that incorporates reading, writing, math, science, art and music, along with social development in a fun, hands-on fashion. Using the Animated Alphabet curriculum, your child will be introduced to fun and friendly characters as they develop their letter recognition, vocabulary and fine motor skills. We'll develop the whole child in a fun and exciting way. Participants must be minimum age by the first day of class.

3 ½-6 YEARS
14873 M/W 1/7-2/27* 9am-12pm MPAC $220
Instructor: Debbie Johnston  *No class 1/21 & 2/18

APPLES TO ZEBRAS
This is an ongoing class throughout the current school year with different letters and themes each session. We’ll learn letter and sounds, colors and shapes, and make amazing letter crafts. Come sing silly songs, wiggle, and dance and have fun with an amazing story time. This is a great class to develop skills as you prepare for your new adventure into kindergarten.

3-5 YEARS
14949 M/W 1/7-3/6* 9-10:30am FRC $131
14953 T/TH 1/8-3/7 9-10am FRC $100
Instructor: Valerie Blake  *No class 1/21 & 2/18

BEGINNING SPANISH FOR KIDS
Students will be taught Spanish through read-alouds, songs and art activities. Students will learn colors, shapes, days of the week and more in Spanish. Kids will enjoy developing their Spanish skills in a fun and creative way.

3-5 YEARS
14999 F 1/11-3/8 11-11:45am FRC $55
Instructor: Isabel Sesmas

BIZZY BEEZ & 1,2,3's
Buzz on in for this adventure-filled class! We’ll surely bee super bizzy learning colors, shapes, letters, sounds, sorting, matching and counting; in Spanish too! Crafts, songs, story time and dancing are some added extras! Let me help your child prepare for their new adventure into kindergarten. Snacks provided. Participants must be minimum age by the first day of class.

3-5 YEARS
14874 T/TH 1/8-3/7 10am-12pm MPAC $190
Instructor: Cathy Gomez

FUN AT THE ZOO
Have a budding zoologist on your hands? Then this is the class for them! Come learn all about different types and breeds of animals, why they live where and what they do. Children will learn through fun, energetic lessons, story time and arts and crafts projects centered around a different animal each week.

3-5 YEARS
14697 W 1/9-3/6 9-9:45am CC $55
Instructor: Kathryn L’Heureux

FUN WITH PHONICS
Who says learning can’t be fun? Join us as we prepare for reading, writing, math and science in this fun-filled program. Letter recognition and phonetic awareness will be taught through songs, chants, music and movement. Each week we will focus on a different letter with hands-on, engaging activities and projects. Sprinkle math and science into the mix for a well-rounded classroom learning experience. Participants must be minimum age by the first day of class.

3 ½-5 YEARS
14875 M/W/F 1/7-3/8* 9am-12pm MPAC $385
Instructor: Jessica Butler  *No class 1/21 & 2/18
FUNDAY FRIDAY
Come join us for a fun-filled adventure land loaded with a variety of activities your child is sure to enjoy! Make amazing crafts, sing silly songs, play outdoors, take a nature walk, watch funny movies, make yummy buttered popcorn, read fairytales, make delicious ice cream, paint colorful collages, dig for dinos, and go on a bear hunt...just to name a few! This is a place where a kid can be a kid! Participants must be minimum age by the first day of class.

3-5 YEARS
14877  F  1/11-3/6  10am-12pm  MPAC  $98
Instructor: Cathy Gomez

LEARN MORE FOR 3-4’S
Looking for the next step to independence for your 3 & 4 year olds? This class will continue to reinforce letters, numbers, shapes and colors. Math, music, crafts, purposeful play and snack time will be incorporated into our weekly curriculum. Class will unwind with a story or two! Participants must be minimum age by the first day of class.

3-4 YEARS
14876  T/TH  1/8-3/3  10am-12pm  FRC  $190
Instructor: Lissa Coari

LITTLE SCHOLARS
Is your little Einstein ready for the school experience? This class is designed to help your little learner achieve academic success through hands-on and engaging activities that ready children for their kindergarten experience.
We will work on name recognition, prewriting skills, counting, ABC’s, weather, the seasons, and so much more. Arts and crafts, music, and stories will enrich our experience in a fun and social atmosphere.

3-5 YEARS
14979  M/W  1/7-3/6*  9am-12pm  FRC  $250
Instructor: Debra Shaw  *No class 1/21 & 2/18

LITTLE LEARNERS
Is your little one ready for the school experience? This class is designed to help your little learner achieve academic success through hands-on and engaging activities that ready children for their kindergarten experience.
We will work on recognition of letters, numbers, colors, name, prewriting skills, counting, ABC’s, the seasons, and so much more. Arts and crafts, music, rhyme, movement and stories will enrich our experience in a fun and social atmosphere.

3-6 YEARS
14704  W  1/9-3/6  11am-12pm  SERL  $55
Instructor: Rita Emrick
14705  M/F  1/7-3/4*  10-12pm  SERL  $170
Instructor: Laura Schreiber  *No class 1/21 & 2/18

Instructor: Isabel Sesmas

LITTLE PALEONTOLOGIST
Students will become paleontologists. Students will learn about fossils, dinosaurs, rocks and so much more. Students will learn through read alouds, dino digs, study of fossils/rocks, projects/crafts.

3-6 YEARS
14978  F  1/11-3/8  9-9:45am  FRC  $55
Instructor: Isabel Sesmas

LUNCH BOX LEARNERS
Is your little one all ready for school? Well, pack your lunchbox, join the fun and make new friends with this terrific early childhood experience.
Each day your child will have the opportunity to explore their ABC’s and 123’s through art, crafts, games, songs, and stories! After working up our appetites we will settle down with our lunches for a true ‘big kid’ experience. Participants must be minimum age by the first day of class.
Please send a sack lunch with your child, food allergies will be discussed on the first day of class, please NO peanut products.

3-6 YEARS
14981  T/TH  1/8-3/7  10am-1pm  FRC  $280
Instructor: Debra Shaw
Early Childhood
Classes 2-6 Years

LUNCH BUNCH LEARNERS
Get your child prepped and ready for kindergarten with this wildly popular class. Writing skills, letter sounds, name recognition, counting in English and Spanish, weather and science are just a few of the fun, exciting topics we will cover; all while experiencing art, music, story-time, physical fitness and pretend play. Learn important social skills and manners each day while enjoying a lunch packed from home and participate in fun community activities throughout the session. Please note: Food allergies will be discussed on the first day. As a precaution, please NO peanut products.

3 ½-5 ½ YEARS
14670 M/W 1/7-3/6* 9am-12pm CC $270
Instructor: Susan Miller *No class 1/21 & 2/18

MAGICAL MORNINGS SMART START
Is your child ready for a longer class? This 2 hours/ twice a week class offers a lot. We will begin to learn our letters, and their sounds through song and music. We will begin to recognize our names, count to 20, experiment with science, as well as learn some basic Spanish. Repetition is a big key to learning. We continue with colors, shapes, and explore some other valuable skills that are key to academic success. There will be weekly themes, daily art projects, sticky messy play, lots of fun songs, stories, and of course some exciting special activities. This class continues through the calendar year with new activities and skills being added each session.
Participant must be minimum age by the first day of class.
3-4 ½ YEARS
14671 T/TH 1/8-3/7 9-11am CC $190
Instructor: Susan Miller

MAGICAL MORNINGS TODDLERSCHOOL
This is a “first experience” class without parents. This is a chance for your child to be “on his own”, and develop his/her own unique personality. Our academics will center around colors and shapes, counting to 10, music and movement, crafts and stories, and more. Children will learn to socialize, and play with other in a structured learning environment. This class continues throughout the school year with new activities being added each session.
Participant must be minimum age by the first day of class.
2 ½-3 ½ YEARS
14672 T/TH 1/8-3/7 11:15am-12:15pm CC $100
Instructor: Susan Miller

MATH MUNCHERS
In some classes you have to crunch numbers, but in this class we get to MUNCH numbers! Children will love learning about numbers and math using all kinds of treats to learn counting, graphing, geometry, and basic addition and subtraction. Math Munches makes learning math fun and delicious!
3 ½-5 YEARS
14673 F 1/11-3/8 10-10:45am CC $55
Instructor: Kinley Smith

SUPER SCIENCE KIDS
This hands-on class is sure to peak your child’s inner scientist! We’ll create experiments that pop, fizz and explode that are sure to jump start your child’s excitement and create a sense of wonder and discovery! Your child will have a blast in this class!
3-5 YEARS
14644 W 1/9-3/6 11-11:45am CC $55
Instructor: Kathryn L’Heureux

TINY TOTS PRESCHOOLERS
Your little one will make new friends and have lots of fun while getting an introduction to preschool. We’ll practice fine motor skills, following directions and social skills. Beginning concepts such as letters, numbers, and colors will also be incorporated through crafts, songs, stories and games. *This is NOT a Parent Tot class. Participants must be minimum age by the first day of class.*
*2-3 YEARS*
14708 M 1/7-3/4* 9-9:45am SERL $45
14709 F 1/11-3/8 9-9:45am SERL $55
Instructor: Laura Schreiber *No class 1/21 & 2/18

MIGHTY MUNCHKINS
First time Preschooler? This is the class for you! Introduce your child to the alphabet, numbers, shapes, games and much, much more. We will sing songs, make crafts and practice our listening skills while having fun.
2-3 YEARS
14982 T/TH 1/8-3/7 9-9:40am FRC $100
Instructor: Debra Shaw

READY, SET, GO!
Continue the learning journey exploring math, literacy, science and art concepts through games, songs, stories and projects. Children will participate in a variety of engaging activities including sensory activities, sensory writing, letter recognition, rhyming songs and games, counting activities and games, and science experiments. Come join the fun! *This is NOT a Parent Tot class. Participants must be minimum age by the first day of class.*
*2 ½-4 YEARS*
14707 W 1/9-3/6 10-10:45am SERL $50
Instructor: Rita Emrick

SUPERFINE STEAM TIME
This class is a chance to engage your child into the 21st century world of STEAM education. What is STEAM you ask? Well, it is Science, Technology, Engineering, Art and Mathematics. It is a “hands on” educational experience in a social setting. It could be building a robot out of Legos, playing in a sand/water table, stacking blocks by height, mixing paint colors on a piece of paper, or going outside to count rocks! All of this is learning through play and investigation which will build your child’s life skills and interests.
3 ½-5 YEARS
14680 T/TH 1/8-3/7 9-11am CC $190
Instructor: Kinley Smith

TOTally KIDS WINTER FUN
All the fun of winter packed into one class! Make snow, have snowball fights, create beautiful winter art, make ice cream, read winter themed stories, and more! There may not be snow in Gilbert but we SNOW your child to be “on his own”, and develop his/her own unique personality. Our investigation which will build your child’s life skills and interests.
3 ½-5 YEARS
14684 F 1/11-3/8 11-11:45am CC $190
Instructor: Kinley Smith
Gymnastics & Movement

ABC’S & 1-2-3’s OF TUMBLING
Does your little one love to flip, spin, and twirl? Join us as we explore the ABC’s and 1-2-3’s of tumbling. Each week we will learn a new tumbling move in association with our letters and numbers. A great way to give your kinesthetic learner a head start!

3-5 YEARS
14948 M 1/7-3/4* 9-9:45am FRC $37
Instructor: Jenn Myers *No 1/21 & 2/18

BEGINNING GYMNASTICS
Improve strength, flexibility, coordination and balance in positive, upbeat environment. Class encourages confidence and fitness and teaches kids valuable skills to take them to the next level. In this class students will learn basic floor exercise, beam, bar, and pre-vault skills.

3½ - 5 YEARS
14656 W 1/9-3/6 11:45am-12:30pm CC $47
14657 TH 1/10-3/7 11:45am-12:30pm CC $47
Instructor: Jennifer Gallamore

14655 F 1/11-3/8 9-9:45am CC $47
14658 F 1/11-3/8 10-10:45am CC $47
Instructor: Betsy Vacco

BEGINNING GYMNASTICS II
This class is designed for students who have mastered the skills of Beginning Gymnastics I and are ready to learn backward rolls, cartwheels, and how to build a bridge. We’ll be learning balance beam dismounts, new skills on the bar and trampoline, and fun group activities. NOTE: Students must have completed Beginning Gymnastics to enroll in this class.

4-6 YEARS
15070 TH 1/10-3/7 12:45-1:30pm CC $47
Instructor: Jennifer

DYNAMIC GYMNASTICS
Dynamic Gymnastics is designed for those beginning athletes who are new to the sport of gymnastics and tumbling. Teaching the basic gymnastic elements and building confidence with the required skills needed to advance. Dynamic gymnastics focuses on strength and flexibility, forward and backward rolls, cartwheels and round-offs, backbend flexibility, handstands and the back handspring.

3½-6 YEARS
14660 F 1/11-3/8 11-11:45am CC $47
14661 F 1/11-3/8 3:15-4pm CC $47
Instructor: Betsy Vacco

FUN, FITNESS, AND TUMBLING
Come and join us for some fun! This class will utilize props and equipment such as a balance beam, parachute, balls, jump ropes and tunnels. We will also work on basic tumbling skills. Emphasis will be on self-esteem and interacting with others.

3-5 YEARS
14664 F 1/11-3/8 12-12:45pm CC $47
14967 M 1/7-3/4* 10-10:45am FRC $37
Instructor: Jenn Myers *No 1/21 & 2/18

HEAD OVER HEELS GYMNASTICS
This class is geared towards the young gymnast that would like to learn basic floor gymnastics such as forward & straddle rolls and how to walk on a balance beam. They will also practice skills to accomplish headstands, beginner cartwheels and arching. Kids will work on gross motor skills such as balance, coordination and flexibility. Focus on hand to eye coordination through the use of bean bags, balls, buckets and hoops. Your kid will flip for this class!

3-5 YEARS
14878 M 1/7-3/4* 11-11:45am MPAC $37
Instructor: Betsy Vacco *No class 1/21 & 2/18

14879 TH 1/10-3/7 3:15-4pm MPAC $47
Instructor: Betsy Vacco

14880 SAT 1/12-3/9 9:30-10:15am MPAC $47
Instructor: Darby McDaniel

TINY TOTS TUMBLING
Your tot will flip for this class! Learn basic tumbling techniques using mats, hoops, balance beams and other fun props and games. Emphasis will be on sharing, taking turns, following directions and cooperation. *This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.*

2-3 YEARS
14710 M 1/7-3/4* 9-9:45am SERL $37
14711 M 1/7-3/4* 10-10:45am SERL $37
Instructor: Michelle Lohman *No class 1/21 & 2/18

14881 TH 1/10-3/7 9:50-10:30am CC $47
*2 ½-3 ½ YEARS*
14882 TH 1/10-3/7 10:30-11:10am CC $47
Instructor: Betsy Vacco

TUMBLE BUGS
Join our high energy adventure in rolling, bouncing, stretching, balance, listening skills, and body awareness through the use of beams, bars, tunnels, and tumbling mats. This is NOT a Parent/Tot class. Participant must be minimum age by the first day of class.

2 ½-3 ½ YEARS
14685 W 1/9-3/6 11-11:30am CC $36
14686 TH 1/10-3/7 11-11:30am CC $36
Instructor: Jennifer Gallamore

Registration Begins: December 11th • Register online at GilbertRecreation.com
**Health & Fitness**

**FUNtastic FITNESS**
This preparatory fitness class brings non-stop action and engaging fun to your kids. Every class experience is an adventure in fitness, motor skills development, brain training and EXERcitement! Classes concentrate on large muscle groups, motor skills, coordination, balance, resistance, flexibility and aerobic movement.

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**Special Interest**

**SWIM LESSONS BY BRITISH SWIM SCHOOL**
For 37 years, British Swim School has been dedicated to teaching water survival skills to children as young as three months old through adults. CEO Rita Goldberg founded British Swim School in 1981 and developed the unique and highly effective teaching methods that are a recognized trademark of the brand. Swim School currently operates out of nearly 200 schools within 21 states and is developing internationally within Canada and Turkey. The organization holds around 13,000 lessons per week nationally and conducted nearly 600,000 swimming lessons in 2017.

**SWIM LESSONS FOR BEGINNERS**
Geared towards gentle water exploration and developing the child’s awareness to the aquatic environment while introducing water survival skills. The total aim is to build confidence and self-esteem as well as develop awareness, and the ability to respond to new challenges while giving your child independence to explore the aquatic environment. **These classes will take place at LA Fitness (LAF) 3625 S. Gilbert Rd., Gilbert AZ 85297.**

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Instructor: British Swim School

**SWIM LESSONS INTERMEDIATE LEVEL**
These classes will cover stroke development and pre-swim team levels. Swimmers focus on the correct arm, leg and breathing coordination, and endurance and progress through the four strokes. **These classes will take place at LA Fitness (LAF) 3625 S. Gilbert Rd., Gilbert AZ 85297.**

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Instructor: British Swim School

**Sports**

**AWESOME ATHLETES**
Dribble, dunk and dash your way into this AWESOME sports class! Designed to give your little athlete a sampling of soccer, basketball, flag football, track and field, t-ball and a whole lot more! This is a great opportunity for your kiddo to join the team, have fun and practice good sportsmanship, following directions and teamwork. Grab your glove and register today to knock it out at the Rec! **Participants must wear tennis shoes. *This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.***

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BEGINNERS EDGE SPORTS TRAINING
Beginners Edge Youth Sports Training Programs bring your player into the world of sports by teaching the sports skills they will need to get them ready to compete. Our fun training program is built to engage and excite them through multiple sessions of learning. Join the B.E.S.T. Team today and support the only non-franchise, locally owned and operated sports program here in AZ.

BASKETBALL SKILLS AND DRILLS WITH B.E.S.T.
Our industry-leading basketball skills and drills clinics introduce and advance your players ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child's favorite basketball with their name on it.

3-6 YEARS
14784 SAT 1/19-3/9 9-9:45am FRC $98
14785 SUN 1/20-3/10 11-11:45am FRC $98
Instructor: B.E.S.T. Staff

FLAG FOOTBALL SKILLS AND DRILLS BY B.E.S.T.
Our industry-leading football skills and drills clinics will teach football terminology, good sportsmanship, passing, receiving, agility, cradling, kicking/punting, flag/touch, blocking, defense/offense skills and more! Our goal and focus is to maintain an energetic & highly active program that will allow your player to enjoy and learn the joy of the gridiron that will teach, encourage and advance your young players regardless of their skill level. Bring your favorite football, we got the rest. This class will take place on the grassy area in front of Freestone Recreation Center.

3-6 YEARS
14787 SUN 1/20-3/10 9-9:45am FRC $98
Instructor: B.E.S.T. Staff

SOCCER SKILLS & FUN WITH B.E.S.T.
B.E.S.T. Sports industry-leading weekly soccer class will teach your kids the skills of soccer by offering activities such as: dribbling, kicking, throw-ins, goalie skills, (age permitting: scrimmaging) and more! Our goal and focus is to maintain an energetic and highly active program that will teach, encourage and advance your young players regardless of their skill level. These classes will take place on the grassy area in front of Freestone Recreation Center.

3-6 YEARS
14790 SAT 1/19-3/9 9-9:45am FRC $98
14791 SUN 1/20-3/10 10-10:45am FRC $98
Instructor: B.E.S.T. Staff

DUAL SPORT COMBO
Kick start your child's sport career in this introduction to basketball and soccer. This class designed to enhance your child's physical and cognitive abilities. Basic ball handling skills such as kicking, passing and shooting will be learned during practice drills and game time. Good sportsmanship, teamwork and appropriate classroom behavior are encouraged. Participants must wear sneakers.

3-6 YEARS
14966 M 1/7-3/4* 2-2:45pm FRC $47
Instructor: Isabel Sesmas *No class 1/21& 2/18

GOLF READY JUNIOR SERIES (LEVEL I)
Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for both the true beginner and newly intermediate level junior golfer. They will develop a proper pre-shot routine and jump right into making full swings and hitting golf balls. They will learn proper practice habits and finish ready to tackle the golf course. Rules, etiquette and golf course management will be taught accordingly. Advancement to the Golf Better Junior Series (Level II) will be determined by Coach Mike. Class limited to 10 players. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Pre-shot fundamentals and basic swing
Week 2 Chipping and pitching
Week 3 Full iron swing from the fairway
Week 4 Putting including aim, stroke and reading the green
Week 5 Driver swing

4-7 YEARS
14829 T 1/8-2/5 5-6pm WS $125
14830 T 2/12-3/12 5-6pm WS $125
14831 W 1/9-2/6 5-6pm WS $125
14832 W 2/13-3/13 5-6pm WS $125
14833 SAT 1/12-2/9 11am-12pm WS $125
14834 SAT 2/16-3/16 11am-12pm WS $125
Instructor: Mike Arrigoni, PGA

IntroSk8™
Have you ever wanted to learn to ice skate? What better way to keep cool! Come on down to AZ ICE Gilbert and learn how to ice skate - it's the closest thing to flying! Our IntroSk8™ program is designed to get skaters comfortable with the basics of ice skating, including getting up and falling down, moving forward, stopping and overall skating safety! The class is a 1/2 hour in duration and will prepare skaters for further skating in the AZ ICE Gilbert group lesson structure! Come skate with us! Ice skates are provided. AZ Ice (AI) is located at 2305 E Knox Rd., Gilbert, AZ 85296.

4-5 YEARS
14836 SAT 1/12 11:05-11:35am AI $15
14837 SAT 2/9 11:05-11:35am AI $15
14838 SAT 3/9 11:05-11:35am AI $15
Instructor: AZ Ice Staff

LITTLE HOOPTERS
This program is intended to teach the participant the fundamentals of basketball while providing a positive recreational experience for boys and girls. Participants will learn shooting, passing, dribbling, drills. Other games may be incorporated as well to help enhance motor skills.

4-7 YEARS
14977 TH 1/10-3/7 11-11:45am FRC $47
Instructor: Martiana Byrd

KIDDIE KICKERS
Kick start your child’s sport career in this introductory soccer class designed to enhance your child’s physical and cognitive abilities. Basic ball handling skills such as kicking, passing, and shooting will be learned during practice drills and game time. Good sportsmanship, teamwork and appropriate classroom behavior are encouraged.

3-6 YEARS
14885 TH 1/10-3/7 6:15-7pm MPAC $47
Instructor: Darby McDaniel
MEGA SUPER SPORTS MANIA
Your super star will learn the basic skills of a variety of sports and games that will help build strong bones and healthy bodies. We’ll focus on motor skills, balance, coordination, flexibility and social development as we interact and have fun. Concentration will be on soccer, basketball, t-ball, hockey, kickball and tennis. Participants must wear tennis shoes.
4-7 YEARS
14800 TH 1/10-3/7 5-5:55pm FRC $110
Instructor: Darby McDaniel

MY FAVORITE SPORTS
This class will have all of your little ones favorite sports combined into one action packed session. Kids will have social interaction and learn fine motor skills with sports like soccer, t-ball, hockey and football. A class for any sports enthusiast. Good sportsmanship, teamwork and appropriate classroom behavior will be emphasized. Other active games may be introduced to help enhance your child’s experience and fine motor skills. Participants must wear tennis shoes.
3-5 YEARS
14983 M 1/7-3/4* 3-3:45pm FRC $37
Instructor: Isabel Sesmas *No class 1/21 & 2/18
15001 TH 1/10-3/7 9-9:45am FRC $47
Instructor: Martiana Byrd
3-6 YEARS
14887 W 1/9-3/6 3:15-4pm MPAC $47
14888 TH 1/10-3/7 11:45am-12:30pm MPAC $47
Instructor: Betsy Vacco

PEE WEE P.E.
Your little sportster will enjoy this high energy class that will keep 'em moving by playing a variety of sports and games; soccer, tennis, hockey, t-ball, obstacle course, relay races and much, much more! Emphasis on skill development, teamwork, good sportsmanship and physical activity to help build strong bones and encourage socialization. This is a non-competitive, playful atmosphere. Participants must wear tennis shoes.
3-6 YEARS
14889 M 1/7-3/4* 12-12:45pm MPAC $37
Instructor: Betsy Vacco *No class 1/21 & 2/18

SPORTBALL SOCCER, OUTDOOR
Sportball soccer programs are non-competitive and skill-based, providing children with the opportunity to learn how to play soccer with the help of experienced coaches. Programs focus on these fundamental skills of soccer: throw-ins, kicking, dribbling and goalie skills. Children are taught to apply these soccer skills successfully and confidently in soccer games. MATERIAL FEE: One-time material fee required for 1st time Sportball soccer students. ($20 for jersey and soccer ball). Payable to instructor on first day of class. This class at Page Park (PPARK) will take place on the grassy area in front of the Gilbert Community Center.
4-6 YEARS
14805 SAT 1/12-3/9 9:45-10:40am PPARK $110
Instructor: Sportball Staff

SPORTBALL SOCCER & T-BALL, OUTDOOR
Sportball Soccer & T-Ball programs introduce children to fundamental concepts of gameplay and provided the basic skills required to score with confidence in a supportive, non-competitive environment. The first half of the program zeroes in on soccer skills, the second half of the program helps children develop t-ball skills. Trained, certified Sportball Coaches apply their dedicated instruction in fun, exciting, skills-focused games. MATERIAL FEE: One-time material fee required for 1st time Sportball students. ($20 for jersey and soccer ball). Payable to instructor on first day of class. This class at Page Park (PPARK) will take place on the grassy area in front of the Gilbert Community Center. 4-6 YEARS
14806 T 1/8-3/5 4:30-5:30pm PPARK $110
Instructor: Sportball Staff

SPORTBALL T-BALL, OUTDOOR
Big League Fun! Sportball t-ball programs are non-competitive and skill-based, providing children with the opportunity to learn how to play t-ball with the help of experienced coaches. Programs focus on these fundamental skills of t-ball: throwing, catching, batting form, running bases and fielding in fun, exciting, skill-focused play. Please bring a glove. MATERIAL FEE: One-time material fee required for 1st time Sportball t-ball students. ($20 for t-shirt and hat). Payable to instructor on first day of class. Please bring a baseball glove, all other equipment provided. This class at Page Park (PPARK) will take place on the grassy area in front of the Gilbert Community Center.
4-6 YEARS
14810 SAT 1/12-3/9 10:50-11:45am PPARK $110
Instructor: Sportball Staff

SPORTBALL MULTI-SPORT, INDOOR
Refine, rehearse, repeat! Each class focuses on one of eight different popular sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. All equipment is provided.
4-6 YEARS
14797 SAT 1/12-3/9 10:25-11:20am CC $110
Instructor: Sportball Staff

SPORTBALL BASKETBALL, INDOOR
Slamdunk! Sportball basketball programs are non-competitive and skill-based, providing children with the opportunity to learn how to play basketball with the help of experienced coaches. Programs focus on these fundamental skills of basketball: dribbling, passing, shooting, pivoting, defense and more in fun, exciting, skill-focused play.
4-6 YEARS
14800 TH 1/10-3/7 5:55pm FRC $110
Instructor: Sportball Staff
AMAZING ART
Your little artist will have the opportunity to use different media such as paint and clay to create a work of art of their own. In each class students will learn about different artists and then create a masterpiece of their own.

8-12 YEARS
14951 M 1/7-3/8* 4:15-5pm FRC $45
Instructor: Isabel Sesmas *No class 1/21 & 2/18

AMAZING CLAY
Students will have the opportunity to learn about the different properties of clay and create a masterpiece of their own design.

5-12 YEARS
14952 M 1/7-3/8* 5:15-6pm FRC $50
Instructor: Isabel Sesmas *No class 1/21 & 2/18

ELEMENTS OF ART
Develop fundamental art concepts and hone your ability to make artistic decisions. Media exploration is encouraged using markers, pastels, watercolor and acrylic paint, as well as colored pencils. Learn sophisticated art concepts such as form, pattern, texture and contrast through the introduction of the “elements and principles of art.”

6-10 YEARS
14771 W 1/9-3/6 4:30-5:30pm CC $55
Instructor: Lisa Martineau

KIDS CANVAS PAINT PARTY
Come paint along with us! This class will be a social evening filled with fun and paint. When you arrive, we will walk you step-by-step through the process. We provide all the supplies and you get to go home with your own masterpiece.

6-12 YEARS
14776 W 1/9-3/6 6-7pm CC $15
Instructor: Lisa Martineau

PRINCIPLES OF ART
This class will be a fun way to learn how to compose a work of art. Learn the principles of art including balance, emphasis, movement, proportion, rhythm, unity, and variety in a fun hands-on way. Work in a variety of media to hone your skills as a developing artist.

10-16 YEARS
14773 T 1/8-3/5 4:30-5:30pm CC $55
Instructor: Lisa Martineau

COOKING 101 FOR YOUTH
Calling all culinary enthusiasts! Let us teach your child the basics of baking and cooking. Each week will focus on a different course such as an appetizer, main dish, breakfast item or dessert. Class emphasizes following directions, taking turns and kitchen safety. Recipes will be given out to recreate at home. Get ready to taste some amazing foods! Bring a storage container to transport food from class. Not recommended for children with food allergies.

5-8 YEARS
14890 F 1/11-3/8 4:10-5pm MPAC $65
7-12 YEARS
14891 F 1/11-3/8 5:15-6:05pm MPAC $65
Instructor: Jenn Myers

COOKING AROUND THE WORLD
Take a journey around the world without leaving the comfort of your kitchen! Enjoy making easy, scrumptious dishes from US, Mexico, Italy and Asia! Prepare an appetizer, dessert, snack or even a meal that may be sweet, salty, savory but always scrumptious. Your taste buds will thank you! Recipes will be shared to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food allergies.

10-16 YEARS
14892 W 1/9-3/6 6:10-7pm MPAC $65
Instructor: Darby McDaniel

KIDS KITCHEN
Have a child who loves to help you in the kitchen? This class will excite them and expand their culinary abilities. They will learn to make simple, yet delicious recipes like breakfast burritos, chicken salad sandwiches, pizzas and even superfood cookies! Each class they will take home the recipe to recreate for you at home. Not recommended for children with food allergies.

10-16 YEARS
14772 TH 1/10-3/7 4:15-5:15pm CC $55
Instructor: Lisa Martineau

KIDS CANVAS PAINT PARTY
Come paint along with us! This class will be a social evening filled with fun and paint. When you arrive, we will walk you step-by-step through the process. We provide all the supplies and you get to go home with your very own masterpiece.

6-12 YEARS
14776 W 2/13 6-7pm CC $15
Instructor: Lisa Martineau

PRINCIPLES OF ART
This class will be a fun way to learn how to compose a work of art. Learn the principles of art including balance, emphasis, movement, proportion, rhythm, unity, and variety in a fun hands-on way. Work in a variety of media to hone your skills as a developing artist.

10-16 YEARS
14773 T 1/8-3/5 4:30-5:30pm CC $55
Instructor: Lisa Martineau

Look for this icon to see our exciting NEW offerings this session!
**BALLET/TAP 101**
This ballet/tap class is perfect for children with no previous dance experience or those who would benefit from a second introduction course. Your child will work on basic ballet and tap technique through dances, games and fun activities.

*5-8 YEARS*
14990 SAT 1/12-3/9 9-9:45am FRC $47
Instructor: Jenn Myers *No class 2/23*

**BALLET/TAP 102**
This class is designed for the tiny dancer that has previous dance experience. Dancers should be familiar with 1st and 2nd position, plies, tip toes/releve, shuffle step, piques and should be comfortable articulating before the ball and heal in tap and point vs. flex in ballet.

*7-13 YEARS*
14991 SAT 1/12-3/9 10-10:45am FRC $47
Instructor: Jenn Myers *No class 2/23*

**CHEERLEADING 101**
A fun and exciting way to introduce kids to the basic skills of cheerleading. Emphasis is on building trust and confidence while encouraging their personal best. Build strength, flexibility and learn basic technical skills such as tumbling, dance, jumps, cheers and stunts to be successful in their squad. **Taught by collegiate national champion in competition cheer. Athletic shoes are required.**

*6-10 YEARS*
14893 TH 1/10-3/7 5:15-6pm MPAC $47
Instructor: **Darby McDaniel**

*7-12 YEARS*
14961 M 1/7-3/4* 4-5pm FRC $37
Instructor: Raquel Gibson-Starks *No class 1/21 & 2/18*

**CHEERLEADING 102**
We will learn more advanced jumps, cheers and dances. This course will also introduce basic stunting skills. In terms of tumbling, cheerleaders will work on handstands cartwheels and bridges. All interested cheerleaders should have basic hand/arm motions, basic rhythm, solid prep for a jump and a solid forward roll.

*7-12 YEARS*
14992 M 1/7-3/4* 5:15-6:30pm FRC $46
Instructor: Raquel Gibson-Starks *No class 1/21 & 2/18*

**CONTEMPORARY DANCE FOR BEGINNERS**
This popular form of dance uses unpredictable, expressive movements that combines elements of classical ballet, modern, jazz and lyrical genres. Dancers are encouraged to connect the mind and body through fluid dance movements, while maintaining a strong focus on technique. *Students often dance barefoot, but may also opt for jazz shoes, ballet shoes or foot paws if preferred.*

*7-12 YEARS*
14894 F 1/11-3/8 6:30-7:15pm MPAC $47
Instructor: Jenn Myers

**CONTEMPORARY/LYRICAL 101**
Contemporary/lyrical dance is based on ballet technique, improvisation, fluid choreography, musicality and storytelling. This is a great class for creative kiddos who want to try a style that will challenge their imagination and their athleticism.

*8-12 YEARS*
14993 T 1/8-3/5 4-5:15pm FRC $58
Instructor: Raquel Gibson-Starks

**CONTEMPORARY/LYRICAL 102**
Contemporary/lyrical dance is based on ballet technique, improvisation, fluid choreography, musicality and storytelling. This is a great class for creative kiddos who want to try a style that will challenge their imagination and their athleticism. Previous dance experience in ballet, contemporary or lyrical experience is a must. Interested dancers should have an understanding on flexed vs pointed feet, plies, basic turns (caine, soutenu), posse and should be comfortable stretching in splits.

*8-13 YEARS*
14994 T 1/8-3/5 5:30-6:45pm FRC $58
Instructor: Raquel Gibson-Starks

14995 W 1/9-3/6 6-6:50pm FRC $47
Instructor: Jenn Myers

**DANCE THEATER**
Why just take a dance class when you can learn to act too! Each class we will take acting and dance and fuse them together to tell a story through movement. Perfect for aspiring stars of the stage! *Dance shoes recommended.*

*7-13 YEARS*
14962 SAT 1/12-3/9 11am-12pm FRC $47
Instructor: Jenn Myers *No class 2/23*

**DANCING DIVAS**
Sparkle and shine and unleash your inner diva! Learn fun dance moves and routines set to the hottest (edited) music heard on the radio. Basic jazz, hip hop and even a little bit of tap will be broken down for easy to follow moves. Sign up with a friend or make a new one in class!

*5-8 YEARS*
14895 M 1/7-3/4* 4:50-5:35pm MPAC $37
Instructor: Darby McDaniel *No class 1/21 & 2/18*
GET FUN-KY!
Our Hip Hop class enhances strength and cardiovascular fitness in fun and funky ways! Hip Hop is an urban dance form choreographed to hip hop and rap music (clean and edited). Hip Hop incorporates rhythm, isolations, arm movement and footwork. Our classes teach popping, locking, waving, breaking and more! Student is responsible for providing own dance wear and dance shoes specific to the dance style being taught. Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7 Chandler 85225.

7-11 YEARS
14754 TH 1/10-3/6 7-8pm DSD $90

MINI HIP HOP
Get your Mini dancer moving with our energetic and exciting class! Mini Hip Hop is set to clean, upbeat music in our friendly professional dance studio. Student is responsible for providing own dance wear and dance shoes specific to the dance style being taught. Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7 Chandler 85225.

5-7 YEARS
14757 SAT 1/12-3/9 9-10am DSD $90

MINI JAZZ
This class is perfect for those new to dance or those who want to experience a classic style. Set to a variety of music, this class will introduce classic Broadway style jazz technique while encouraging fun, cardiovascular health. Your dancer is sure to make a friend or two! Student is responsible for providing own dance wear and dance shoes specific to the dance style being taught. Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7 Chandler 85225.

5-7 YEARS
14755 W 1/9-3/6 4-5pm DSD $90

TWEEN HIP HOP I
An urban dance form choreographed to hip hop and rap music (clean and edited). Hip Hop incorporates rhythm, isolations, arm movement and footwork. These classes teach popping, locking, waving, breaking and more. Hip Hop enhances strength and good cardiovascular fitness in a fun and funky way! For beginner-intermediate tweens! Student is responsible for providing own dance wear and dance shoes specific to the dance style being taught. Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7 Chandler 85225.

8-12 YEARS
14758 W 1/9-3/6 8-9pm DSD $90

TEEN JAZZ FOR BEGINNERS
Your Teen dancer will learn beginning jazz technique and choreography during this dynamic and energetic class. Set to jazz music, this class will introduce classic Broadway style jazz dance while encouraging fun, cardiovascular health. Your dancer is also sure to make a friend or two! Student is responsible for providing own dance wear and dance shoes specific to the dance style being taught. Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7 Chandler 85225.

11-18 YEARS
14759 TH 1/10-3/6 8-9pm DSD $90

TUTUS AND TAP SHOES
Mini dancers will be introduced to ballet and tap basics during Miss Janice’s Friday class. This class is designed for beginning dancers and is a great introduction to dance. Student is responsible for providing own dance wear and dance shoes specific to the dance style being taught. Desert Star Dance (DSD) is located at 1020 E. Ray Rd. Suite 7 Chandler 85225.

5-7 YEARS
14760 F 1/11-3/8 5-6pm DSD $90

FAIRYTALE BALLET
The magical journey begins here. Fairytale Ballet offers beginning exploration into classical ballet that incorporates costumes, props, and classical music into each class. Ballet shoes recommended. Costumes and props will be provided.

5-7 YEARS
15069 T 1/8-3/5 5-5:45pm CC $47
Instructor: Chloe Davis

HIP HOP DANCE
In this basic hip hop class you will learn combinations broken down step by step and taught at a comfortable pace to Hip Hop music. You can also get into great shape and meet tons of new friends, so come on in and join the fun!

6-12 YEARS
14970 W 1/9-3/6 5-5:45pm FRC $47
Instructor: Jenn Myers

PIP SQUEAK HIP HOP
Does your little pip squeak love to dance and move?! This introduction to hip hop focuses on rhythm and basic footwork taught at an easy to follow, comfortable pace using games and movement. Great way to get up and get funky! Class taught to upbeat, age appropriate music. Tennis shoes and comfortable clothes are recommended.

4-7 YEARS
14985 W 1/9-3/6 4-4:45am FRC $47
Instructor: Jenn Myers

TAP, BALLET & TUMBLE
Participants will learn tap, ballet, and tumbling at the most basic level. This class is designed to develop motor skills, coordination and self-esteem. Please note this is NOT a parent tot class, only registered participants will be allowed in the room. Tap and ballet shoes are recommended but not required.

4-6 YEARS
14988 W 1/9-3/6 3-3:45pm FRC $47
Instructor: Jenn Myers

Registration Begins: December 11th • Register online at GilbertRecreation.com
ACT BOOTCAMP
Are you looking for a quick and effective way to improve your test scores? These ACT Boot Camp classes are an intensive four-hour workshop that focus on strategy; how to take the test, how to avoid the traps, and preparing for the writing section. We provide you the most up to date test prep information. Presentations are given with visual Power Point backup, and students are provided a binder containing the workshop information including practice questions, tips and vocabulary lists. Students, please bring pencils, paper and calculators to class.

13-20 YEARS
14910 SAT 1/12 9am-1pm SERL $99
14911 SAT 3/16 9am-1pm SERL $99
Instructor: Test Prep Boot Camp Staff

SAT BOOTCAMP
Are you looking for a quick and effective way to improve your test scores? This SAT Boot Camp classes is an intensive four-hour workshop that focuses on strategy; how to take the test, how to avoid the traps, and preparing for the writing section. We provide you the most up to date test prep information. Presentations are given with visual Power Point backup, and students are provided a binder containing the workshop information including practice questions, tips and vocabulary lists. Students, please bring pencils, paper and calculators to class.

13-20 YEARS
14912 SAT 2/23 9am-1pm SERL $99
Instructor: Test Prep Bootcamp Staff

ADVANCED HORSEMANSHIP
Prerequisite: Must have taken Intermediate Horsemanship in the past year. This fast paced class is designed to work with those who want training techniques for both horse and rider. We will work more intensively on each student’s abilities and areas they wish to progress in such as trail riding, western pleasure, barrel racing, roping and team penning. We will cover fundamentals of each area of interest for each student. Students under 18 must have parent/guardian sign a liability waiver at first class. Swingin’ C Ranch (SCR) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.

6+ YEARS
14914 T 2/5-2/26 7-8pm SCR $141
14915 T 3/5-3/26 7-8pm SCR $141
Instructor: Swingin’ C Ranch Staff

BEGINNING HORSEMANSHIP
This class is designed to teach students the basics of Western riding horsemanship. We will begin with grooming, general care and saddling safely. We will cover mounting and dismounting, proper posture and balance when riding. We will work with each student on simple control techniques such as asking the horses to walk and stop. Students under 18 must have parent/guardian sign a liability waiver at first class. Swingin’ C Ranch (SCR) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.

6+ YEARS
14916 T 1/8-1/29 6-7pm SCR $141
14917 T 3/5-3/26 6-7pm SCR $141
Instructor: Swingin’ C Ranch Staff

Enrichment
The image contains a page from a document detailing various classes for Youth/Teen (ages 5-16) at Gilbert Recreation. The page provides information on class names, instructors, ages, days, times, and locations. Here is a structured representation of the content:

### Gymnastics & Movement

#### Dynamic Gymnastics
Dynamic Gymnastics is designed for those beginning athletes who are new to the sport of tumbling and gymnastics. Teaching the basic gymnastic elements and building confidence with the required skills needed to advance. Dynamic gymnastics focuses on strength and flexibility, forward and backward rolls, cartwheels and round-offs, backbend flexibility, handstands and the back handspring.

**6-8 Years**
- 14770 F 1/11-3/8 4:15-5pm CC $47  
  Instructor: Betsy Vacco

**5-8 Years**
- 14918 T 1/8-1/29 7-8pm SCR $141  
  Instructor: Darby McDaniel
- 14919 T 2/5-2/26 6-7pm SCR $141  
  Instructor: Swingin’ C Ranch Staff

#### Gymnastics 101

**BEGINNER LEVEL:** Best recommended for kids needing help to master the basic skills. Improve strength, flexibility, coordination and balance in a positive, upbeat environment. Class encourages confidence and fitness and teaches kids valuable skills to take them to the next level. Progression is at-their-own-pace and they'll enjoy social interaction with peers. Focus on floor gymnastics; front/back rolls, handstands, cartwheels, backbends and balancing.

**5-8 Years**
- 14896 W 1/9-3/6 5:10-6pm MPAC $47  
  Instructor: Darby McDaniel
- 14897 TH 1/10-3/7 4:10-5pm MPAC $47  
  Instructor: Betsy Vacco
- 14898 SAT 1/12-3/9 10:30-11:20am MPAC $47  
  Instructor: Swingin’ C Ranch Staff

**5-8 Girls**
- 14996 TH 1/10-3/7 4-4:45pm FRC $47  
  Instructor: Jenn Myers

#### Gymnastics 102

**INTERMEDIATE LEVEL:** Best recommended for kids who have mastered the basic skills and have prior gymnastics background. This class is a continuation of skill development from Gymnastics 101 with more emphasis on strength and flexibility. Kids will learn the next set of progression to include walkovers through full range of motion. Class stresses safety and spotting techniques and will begin working on a routine that will be performed at the end of the session.

**6-12 Years**
- 14901 W 1/9-3/6 4:05-5pm MPAC $47  
  Instructor: Betsy Vacco

#### Intro to Acrobatics

What is it? Acro - meaning “top most” has come to be linked to the gymnastic world of stacking on top of each other. We will learn the basics utilizing yoga, dance and gymnastics techniques. We will challenge our bodies and minds in a safe and encouraging atmosphere. No matter the body type, everyone will have the opportunity to base, spot and fly. We ask that all participants have had at least 2 sessions of Gymnastics 101 or a full session of Gymnastics 102.

**7-13 Years**
- 14975 TH 1/10-3/7 5-5:50pm FRC $47  
  Instructor: Jenn Myers

#### Tumbling & Shout

Need a positive outlet for your child's energy and excitement? This beginning class is a great introduction to tumbling and floor gymnastics. Participants will have a terrific time learning somersaults, backbends, handstands, cartwheels, and round offs. Your child will be head over heels for this class.

**6-12 Years**
- 14996 TH 1/10-3/7 4-4:45pm FRC $47  
  Instructor: Jenn Myers

#### Tumbling 101

Does your child need to run off some energy? Have they been begging to learn a cartwheel? Then put them in this beginning tumbling class! They will learn tons of basic tumbling skills that they can build on to hopefully advance to the next level (Tumbling 102), like somersaults, handstands, headstands, and maybe even a cartwheel! Class is structured for safe and fun learning for beginning tumblers, but can be taken multiple times to assure strong basics.

**5-8 Years**
- 14968 M 1/7-3/4* 4-4:45pm FRC $37  
  Instructor: Jenn Myers *No class 1/21 & 2/18

**Tumbling 102**

Does your student have the tumbling bug?!?! This is the next level in a series that allows your tumbler to progress. We will take those cartwheels and turn them into one-handed and crossovers, and even into round-offs. Handstands could be front and backs limbers and walkovers. Class is structured for level 2 beginner tumblers, with a solid cartwheel as a starting point.

**7-12 Years**
- 14969 M 1/7-3/4* 5-5:45pm FRC $37  
  Instructor: Jenn Myers *No class 1/21 & 2/18

#### Tumbling 200

Ready for intermediate tumbling?!?! I am! This is the third step in the series for serious tumblers. We will have fun learning acro moves and stretches, and starting to learn handsprings and tucks, while still perfecting the tumbling we have learned up to this point. Tumblers should have a solid foundation of cartwheels, backbends, and handstands before moving up to this level.

**7-13 Years**
- 14997 M 1/7-3/4* 6-6:50pm FRC $37  
  Instructor: Jenn Myers *No class 1/21 & 2/18

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**Registration Begins:** December 11th • Register online at GilbertRecreation.com
HUNG GAR KUNG FU
A southern style of Kung Fu that originated in the Shaolin Temple. Hung Gar will teach the practitioner stamina, flexibility and endurance by doing isometric exercises and postures. Self-defense and patience are part of this Martial arts class.

13+ YEARS
14971 W 1/9-3/6 6:30-8:30pm FRC $90
Instructor: Peter Pena

TAIJI QUAN
Introduction to Tai Ji Quan for people with no experience and wanting to be knowledgeable of this Chinese holistic style. Tai Ji Quan, which means Grand Ultimate Fist, is a classical Chinese internal martial arts system created out of the Daoist concept of balance. Tai Ji Quan, with its movements imitating the flow of water, is an exercise which improves balance, coordination, respiratory and cardiovascular systems. All levels are welcome.

16+ YEARS
14987 T 1/8-3/5 7-8pm FRC $45
Instructor: Peter Pena

SANCHIN-RYU KARATE
Sanchin-Ryu is an artistic form of self-defense designed in a way, so that size and strength, age and athletic ability aren’t factors in defending one’s self. Taught on an individual basis, students study in a non-competitive environment while working on Sanchin-Ryu’s practical movements and no-nonsense approach to self-defense. To truly understand every facet of conflict resolution we study three levels of self-defense awareness; physical, mental and emotional. Emphasis is on having fun, building self-confidence, coordination, and leadership skills through the study of a true martial art. Classes are taught in a fun, high-energy environment. Please wear comfortable clothing that does not restrict movement. Instructors: Black Belts; Steven Ahles 7th Dan, Doug Sawyer 3rd Dan, and Brent Sawyer 3rd Dan.

10+ YEARS
14744 W 1/9-3/6 6:30-8:30pm MPAC $90
Instructor: Sanchin-Ryu Karate Staff

SANCHIN-RYU KARATE-ADVANCED
This advanced class will be structured for those students holding the rank of Purple belt or higher. Students will study advanced Sanchin-Ryu forms and their hand to hand application.

10+ YEARS
14744 W 1/9-3/6 6:30-8:30pm MPAC $90
Instructor: Sanchin-Ryu Karate Staff
SANCHIN-RYU’S SELF-DEFENSE FOR TEENS & PARENTS
Learn street-wise techniques designed in a way, so that size, strength, age or athletic ability are not factors in defending one’s self. Learn to act on stressful situations rather than being controlled by them. Sign up for this class by yourself or with a family member or friend! Please wear comfortable clothing that does not restrict movement and covers the shoulders.
13+ YEARS
14750 SAT 2/2 12-2:30pm MPAC $24
Instructor: Sanchin-Ryu Karate Staff

ASHI CHILD & BABYSITTING SAFETY TRAINING CLASS
The Childcare & Babysitting course (CABS) helps build confidence, self-esteem and skills necessary to care for infants and children on a daily basis and in emergency situations. The course includes an introduction to CPR & First aid, diaper changing, feeding and choking prevention. Students will receive a workbook and a child and babysitting safety certificate upon completion. Please bring a sack lunch.
11-16 YEARS
14459 SAT 12/29 9:30am-1:30pm SERL $55
14920 SAT 1/26 9:30am-1:30pm SERL $55
Instructor: Cross Lifeline Training Staff

CHORDS ARE KEY FOR GUITAR
Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won’t have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Materials Fee of $29 will be collected in class by the instructor for the workbook and practice DVD.
13+ YEARS
14921 TH 1/10 6:15-8:45pm MPAC $30
Instructor: Craig Coffman

CHARACTER, CHARM & LEADERSHIP
Charms and etiquette, character, leadership, poise, social skills, manners, values, self-respect, are all behaviors important to healthy social and emotional growth. Your child is instructed in these values along with lessons in table manners, grace, telephone etiquette and more. This course will build esteem and provide an advantage in valuable social skills. A one-time material fee of $8 will be collected by the instructor on the first day of class.
8-14 YEARS
14922 W 1/9-2/6 6-7pm MPAC $69
Instructor: Arizona Academy of Charm Staff

MORALS & MANNERS
It is never too young for manners, values, self-respect, leadership, honesty, courage, responsibility, charm and etiquette. As these are all learned behaviors and they get shaped in this class. Basic lessons in table manners, social decorum, personal grooming, etiquette and more. This camp will build esteem and provide the valuable social skills that train your child to be young ladies and gentlemen. A one-time material fee of $8 will be collected by the instructor on the first day of class.
5-8 YEARS
14923 SAT 1/19-2/9 10-11am MPAC $59
Instructor: Arizona Academy of Charm Staff

ARCHERY CLASSES IN GILBERT
Gilbert Archery Range is a small outdoor range in Freestone Park, set up for shooting recurve and compound bows out to 70 meters. Town archery classes, activities, events, and the Gilbert Archery Club, are run there by high quality, certified coaches. Open shooting times are posted at GilbertArchery.com. The Gilbert Archery Range (GAR) is located on the open lot on Freestone Parkway across the street from Freestone Recreation Center.

ARCHERY FOR BEGINNERS
All ages welcome. All equipment is provided. Come learn to shoot like the Olympians. The Gilbert Archery Range (GAR) is located on the open lot on Freestone Parkway across the street from Freestone Recreation Center. A $20 supply fee will be collected by the instructor on the first day of class.
8+ YEARS
14925 SAT 1/12-2/2 9-10am GAR $60
14926 SAT 2/16-3/9 9-10am GAR $60
Instructor: Gilbert Archery Staff

ARCHERY FOR INTERMEDIATE
If you’ve taken our beginners class and want to continue refining your skills, this is the class for you. Equipment is provided. You may bring your own equipment, but it’ll need to pass a safety check. The Gilbert Archery Range (GAR) is located on the open lot on Freestone Parkway across the street from Freestone Recreation Center. A $20 supply fee will be collected by the instructor on the first day of class.
8+ YEARS
14927 SAT 1/12-2/2 10:15-11:15am GAR $60
14928 SAT 2/16-3/9 10:15-11:15am GAR $60
Instructor: Gilbert Archery Staff
BEGINNERS EDGE SPORTS TRAINING CLASSES

Beginners Edge Youth Sports Training Programs bring your player into the world of sports by teaching the sports skills they will need to get them ready to compete. Our fun training program is built to engage and excite them through multiple sessions of learning. Join the B.E.S.T. Team today and support the only non-franchise, locally owned and operated sports program here in AZ.

4 SPORT MULTI-SPORT WITH B.E.S.T.

Our industry-leading 4-Sport program brings you multiple weeks of 4 fantastic sports: Soccer, Baseball/Softball, Basketball and Track. We will teach your player how to kick and control a soccer ball, how to hit, catch, throw and run the bases, shoot and dribble a basketball and running, jumping and building strength + endurance in our Track & Field program. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. Please bring an age-appropriate soccer ball for the first week. A hitting tee and a basketball is needed later in the session. These classes will take place on the grassy area in front of Freestone Recreation Center.

5-8 YEARS
14778 SAT 1/19-3/9 12-12:45pm FRC $98
14779 SUN 1/20-3/10 12-12:45pm FRC $98
Instructor: B.E.S.T. Staff

BASKETBALL SKILLS AND DRILLS WITH B.E.S.T.

Our industry-leading basketball skills and drills clinics introduce and advance your players ability for ball handling, dribbling, defense, jumping, passing, shooting and the triple threat position. Our goal and focus is to maintain an energetic & highly active program that will teach, encourage and advance your young players regardless of their skill level. This is an extremely active, endurance-based class. Please bring your child’s favorite basketball with their name on it.

7-10 YEARS
14786 SAT 1/19-3/9 10-10:45am FRC $98
14787 SUN 1/20-3/10 10-10:45am FRC $98
Instructor: B.E.S.T. Staff

FLAG FOOTBALL SKILLS AND DRILLS BY B.E.S.T.

Our industry-leading football skills and drills clinics will teach football terminology, good sportsmanship, passing, receiving, agility, cradling, kicking/punting, flag/touch, blocking, defense/offense skills and more! Our goal and focus is to maintain an energetic and highly active program that will allow your player to enjoy and learn the joy of the gridiron that will teach, encourage and advance your young players regardless of their skill level. Bring your favorite football, we got the rest. This class will take place on the grassy area in front of Freestone Recreation Center.

7-10 YEARS
14789 SUN 1/20-3/10 12-12:45pm FRC $98
Instructor: B.E.S.T. Staff

BEGINNING SOCCER

Your soccer stars will develop technical, physical, psychological and social skills in this fun introduction to soccer to develop the person not just the player. Participants will learn the fundamentals of soccer in a low pressure environment. Understanding, coordination, balance and small sided games will be a focus. Participants must wear tennis shoes and bring water.

7-12 YEARS
14958 M 1/7-2/25* 4:30-5:15pm FRC $32
Instructor: Heather Callis *No class 1/21 & 2/18
BEGINNING VOLLEYBALL
Introduce and review basic volleyball skills: bump, set, spike, and serve. Learn the game through drills and skill instruction. Participants need to wear tennis shoes and may bring their own volleyball to class each day.

7-12 YEARS
14959 T 1/8-3/5 4:30-5:15pm FRC $47
Instructor: Jake Magruder

INTERMEDIATE VOLLEYBALL
This class will review basic volleyball skills: bump, set, spike, and serve and build on these skills through drills and instruction. Participants must have taken the Beginners Volleyball class or have a working understanding of the basics before taking Intermediate. Participants need to wear tennis shoes and bring their own volleyball to class each day.

7-12 YEARS
14972 W 1/9-3/6 6-6:45pm FRC $47
Instructor: Trevor Henry

GOLF READY JUNIOR SERIES (LEVEL I)
Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for both the true beginner and newly intermediate level junior golfer. They will develop a proper pre-shot routine and jump right into making full swings and hitting golf balls. They will learn proper practice habits and finish ready to tackle the golf course. Rules, etiquette and golf course management will be taught accordingly. Advancement to the Golf Better Junior Series (Level II) will be determined by Coach Mike. Class limited to 10 players. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Pre-shot fundamentals and basic swing
Week 2 Chipping and pitching
Week 3 Full iron swing from the fairway
Week 4 Putting including aim, stroke and reading the green
Week 5 Driver swing

8-12 & 13-17 YEARS
14934 T 1/8-2/5 5-6pm WS $125
14935 T 2/12-3/12 5-6pm WS $125
14936 W 1/9-2/6 5-6pm WS $125
14937 W 2/13-3/13 5-6pm WS $125
14938 SAT 1/12-2/9 11am-12pm WS $125
14939 SAT 2/16-3/16 11am-12pm WS $125
Instructor: Mike Arrigoni, PGA

NEW!
GOLF BETTER JUNIOR SERIES (LEVEL II)
Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for the junior golfer who is already playing golf or has the required skills to start playing on the golf course. Players will redevelop proper swing positions and start to achieve a more consistent ball flight. They will learn proper practice habits and finish ready to shoot lower scores on the golf course. Rules, etiquette and golf course management will be taught accordingly. *Class limited to 6 players

Week 1 Irons – swing shape and solid contact
Week 2 Pitching – effective loft and distance control
Week 3 Irons – solid contact and direction
Week 4 Putting – aim, stroke, speed control and reading the green
Week 5 Driver – launch angle and maximum distance

8-12 & 13-17 YEARS
14940 TH 1/10-2/7 5-6pm WS $150
14941 TH 2/14-3/14 5-6pm WS $150
Instructor: Mike Arrigoni, PGA

NEW!
SPEED & AGILITY TRAINING
Let Coach Trevor help your athlete reach his/her athletic potential and fitness goals. High intensity drills will help strengthen coordination, balance, speed, power and muscular endurance. Enhance athletic performance through sprints, footwork and explosive movement and drills. This training class is sure to minimize the risk of injury and improve reaction time to make a better athlete. Taught by former ASU athlete, Trevor Kohl. Athletes must wear athletic shoes.

8-12 YEARS
14902 W 1/9-3/6 5:15-6pm MPAC $47
10-15 YEARS
14903 W 1/9-3/6 6:15-7pm MPAC $47
Instructor: Trevor Kohl

Registration Begins: December 11th • Register online at GilbertRecreation.com
SPORTBALL INDOOR BASKETBALL
Slamdunk! Sportball basketball programs are non-competitive and skill-based, providing children with the opportunity to learn how to play basketball with the help of experienced coaches. Programs focus on these fundamental skills of basketball: dribbling, passing, shooting, pivoting, defense and more in fun, exciting, skill-focused play. Please bring a basketball.

7-9 YEARS
14802 TH 1/10-3/7 6-6:55pm FRC $110
Instructor: Sportball Staff

SPORTBALL SOCCER-OUTDOORS
Sportball soccer programs are non-competitive and skill-based, providing children with the opportunity to learn how to play soccer with the help of experienced coaches. Programs focus on these fundamental skills of soccer: throw-ins, kicking, dribbling and goalie skills. Children are taught to apply these soccer skills successfully and confidently in soccer games. MATERIAL FEE: One-time material fee required for 1st time Sportball soccer students. ($20 for jersey and soccer ball). Payable to instructor on first day of class. This class takes place on the grassy area in front of the Gilbert Community Center.

7-9 YEARS
14808 T 1/8-3/5 5:30-6:30pm PPARK $110
Instructor: Sportball Staff

TENNIS ALL STARS
This class is designed for the junior who is striving to play matches. Class emphasis will be on improving stroke production, match play strategy, and positioning. Drills and games will be competitive with major emphasis on fun with music. Please bring a tennis racquet to class.

8-15 YEARS
14942 SAT 1/12 11am-12pm FPARK $5 (Trial)
14944 W/F 1/16-2/8 4-5:30pm FPARK $168
14945 W/F 2/13-3/8 4-5:30pm FPARK $168
Instructor: Brett Hall

TENNIS FUTURE STARS
For juniors who have very little exposure to tennis. Major emphasis will be placed on the basics of stroke production, playing games, learning sportsmanship, meeting friends and lots of fun with music. Please bring a tennis racquet to class.

6-9 YEARS
14943 SAT 1/12 10-11am FPARK $5 (Trial)
14946 T/TH 1/15-2/7 4:30-5:30pm FPARK $112
14947 T/TH 2/12-3/7 4:30-5:30pm FPARK $112
Instructor: Brett Hall
## Youth & Adult Sports

### Contact Us...
For more information about our sports programs: (480) 503-6200

### Register Today...
Register for all Adult Sports at GilbertRecreation.com

Severe weather may result in field/park closures. For the most up-to-date information about these closures, call our Gilbert Parks and Recreation main information line at (480) 503-6201.

<table>
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<tr>
<th>SPORT</th>
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| Softball  
Men’s  
Co-Ed  
Women’s | Sports league registration is done entirely online at GilbertRecreation.com beginning 7am on 12/11. Registration is accepted until the league is full. | 1/20/19 | $370 single header  
$585 double header per team |
| Basketball  
Men’s  
Upper B  
Intermediate C  
Lower D | Sports league registration is done entirely online at GilbertRecreation.com beginning 7am on 12/11. Registration is accepted until the league is full. | 1/20/19 | $495 per team |
| Volleyball  
Co-Ed  
Upper A  
Upper B | Sports league registration is done entirely online at GilbertRecreation.com beginning 7am on 12/11. Registration is accepted until the league is full. | 1/28/19 | $280 per team |

### Gilbert Youth Volleyball League Winter 2019
Gilbert Parks and Recreation is thrilled to announce its Winter 2019 Gilbert Youth Volleyball Season. The league is open for both girls and boys ages 7-14 and is designed for beginning to intermediate level players. The season runs 6 weeks and each week consists of 1 indoor practice (Monday or Tuesday nights at McQueen Park Activity Center) and 1 game (Saturday mornings at South Valley Junior High School). The program begins the week of January 21. Registration fee is $90 per participant and includes coaching, player uniform, and games. Program information is available at GilbertRecreation.com. Registration begins at 7:00 AM on Tuesday, October 2. Deadline to register is January 3 or when league fills.

Each team will be assigned a coach with a high level of volleyball knowledge. This program’s emphasis is skill development. Participants will learn the essential skills and components of the game. The league format gives participants the opportunity to receive the benefits that come with a team sport including; building confidence, developing relationships, and the value of commitment. Please contact Tyler Smith by phone 480.503.6242 or by email tyler.smith@gilbertaz.gov with any questions.

Registration Begins: December 11th • Register online at GilbertRecreation.com
ART-OIL PAINTING
Want to learn how to paint with oils? Now’s your chance! Learn basic color theory and how to mix and apply paints. You’ll end up with a masterpiece you’ll be proud to hang on your wall. All levels welcome. Students will provide their own supplies. A supply list will be provided the first day of class.

16+YEARS
14752 TH 1/10-3/7 5:30-7pm CC $78
Instructor: Lisa Martineau

ART-DRAWING
A drawing is the starting point of every work of art. Learn how to compose a masterpiece through perspective, shading, texture, and more in this fluid class that will take you places! Supplies will be provided.

16+YEARS
14751 T 1/8-3/5 5:45-6:45 CC $55
Instructor: Lisa Martineau

BEGINNING YOGA
This class is for those interested in learning more about yoga. We will work on traditional yoga poses both standing and sitting, breathing techniques and simple meditation practices. This class is perfect for beginners.

16+ YEARS
14904 M 1/7-3/4* 6-7pm MPAC $39
14905 F 1/11-3/8 9-10am MPAC $49
Instructor: Jeanette Runnings *No class 1/21 & 2/18

INDOOR FITNESS CLASSES BY TRUE BODY FITNESS
True Body Fitness offers a fun and friendly way to torch calories. Classes are taught by a Certified Personal Trainer, Maggie Colecchia, who can modify or progress workouts so ALL FITNESS LEVELS ARE WELCOME. Silver Sneakers FLEX is now accepted for all classes. In order to register with the Silver Sneakers FLEX program, you must come to class early to get registered. Flexible options allow you to decide how many classes to take each month: 4, 6, 8, 10 or unlimited. Bring your yoga mat and water. See course code 14558 for December, 15003 for January, 15004 for February, and 15005 for March.

4 Class Package-$30  10 Class Package-$60
6 Class Package-$40  Unlimited Class Package-$70
8 Class Package-$50  Trial Class-$10

GENTLE YOGA
Using mild Yoga poses to create balance in our bodies to promote strength, flexibility and endurance. This is a beginner’s class. *No class 1/21 & 2/28.

16+ YEARS
M 1/14-2/25* 6-6:45pm SERL-Ladies Only
SAT 1/19-2/23 8:45-9:30am SERL

LADIES ONLY TOTAL BODY TONING
Lean muscle mass naturally diminishes with age. This strength training program focuses on all major muscle groups to help develop strong bones, manage your weight, improve your ability to do everyday activities, achieve better balance, manage chronic conditions, and sharpen your thinking skills. *No class 1/21 & 2/28.

16+ YEARS
M 1/14-2/25* 6-6:45pm SERL-Ladies Only
W 1/16-2/27 6-6:45pm SERL-Co-Ed

SWORD STRENGTH-CO-ED
Looking to sculpt your biceps, triceps, and core? Holding a wooden sword (bokken), bring out your inner warrior for an hour of fun cardio mixed with resistance training to target your arms and core. We will whittle away your middle, but we will also strengthen your back, chest and glutes! We provide the sword and all equipment. Just bring a yoga mat, towel and water and get ready to work your powerhouse (core).

16+ YEARS
15010 W 1/16-1/30 6-6:45pm SERL $38

SWORD & YOGA BUNDLE-CO-ED
15100 W 1/16-1/30 6-7:30pm SERL $56
MOMMY & ME FIT
This moderate paced class is open to expectant and babywearing moms! This is a time-based class focusing on full body moves, core stability and everyday functionality. A great way to prepare for labor & delivery, getting back in shape (healthy recovery) and promoting bonding with baby! Pre-crawlers are also welcome to hang out with mom during class if you choose not to wear baby. A blanket/floor mat or infant seat is recommended. On-site childcare for older siblings provided for $5 per child. This class takes place at Modern Milk Gilbert (MMG) located at 3244 E. Guadalupe Rd. Ste. 106, Gilbert, AZ 85233.

18+ YEARS
15006 M 1/7-2/25 11:30am-12:30pm MMG $90
15007 F 1/11-3/1 9:30-10:30am MMG $90
Instructor: Modern Milk Staff

PRENATAL YOGA
This comprehensive prenatal yoga class focuses on preparing women physically, mentally and emotionally for the beautiful process of childbirth and motherhood. This class will increase strength, physical and mental endurance, flexibility, breath and body awareness, while reducing fatigue and improving relaxation. Prenatal yoga can also help to reduce back pain and other common ailments associated with pregnancy such as nausea, tight hips, and heartburn. You will enjoy connecting with your baby and other mamas-to-be in this fun and relaxing class. This class is also perfect for postpartum mamas looking for a gentle practice.

18+YEARS
15008 M 1/7-2/4 5:45-7pm MMG $50
15009 SAT 1/5-2/2 9-10:15am MMG $50
Instructor: Modern Milk Staff

HUNG GAR KUNG FU
A southern style of Kung Fu that originated in the Shaolin Temple. Hung Gar will teach the practitioner stamina, flexibility and endurance by doing isometric exercises and postures. Self-defense and patience are part of this Martial arts class.

13+ YEARS
14971 W 1/9-3/6 6:30-8:30pm FRC $90
Instructor: Peter Pena

TAI JI QUAN
Introduction to Tai Ji Quan for people with no experience and wanting to be knowledgeable of this Chinese holistic style. Tai Ji Quan, which means Grand Ultimate Fist, is a classical Chinese internal martial arts system created out of the Daoist concept of balance. Tai Ji Quan, with its movements imitating the flow of water, is an exercise which improves balance, coordination, respiratory and cardiovascular systems. All levels are welcome.

16+ YEARS
14987 T 1/8-3/5 7-8pm FRC $45
Instructor: Peter Pena

SANCHIN-RYU KARATE
Sanchin-Ryu is an artistic form of self-defense designed in a way, so that size and strength, age and athletic ability aren’t factors in defending one’s self. Taught on an individual basis, students study in a non-competitive environment while working on Sanchin-Ryu’s practical movements and non-nonsense approach to self-defense. To truly understand every facet of conflict resolution we study three levels of self-defense awareness; physical, mental and emotional. Emphasis is on having fun, building self-confidence, coordination, and leadership skills through the study of a true martial art. Classes are taught in a fun, high-energy environment. Instructors: Black Belts; Steven Ahles, 7th Dan, Doug Sawyer, 3rd Dan, and Brent Sawyer 3rd Dan.

15+ YEARS
14743 SAT 1/12-3/9* 8-9:30am FRC $60
*No class 2/23
Instructor: Sanchin-Ryu Karate Staff

SANCHIN-RYU KARATE WOMEN’S SELF DEFENSE
Learn street-wise techniques designed in a way, so that size, strength, age or athletic ability are not factors in defending one’s self. Learn to act on stressful situations rather than being controlled by them. Sign up for this class by yourself or with a family member or friend! Please wear comfortable clothing that does not restrict movement and covers the shoulders.

16+ YEARS
14740 TH 1/10-3/7 10-11am MPAC $45
14741 SAT 2/16 12-2:30pm FRC $24
Instructor: Sanchin-Ryu Karate Staff

SANCHIN-RYU KARATE-ADVANCED
See MARTIAL ARTS section under YOUTH for class description and info.

SANCHIN-RYU KARATE-FAMILY
See MARTIAL ARTS section under YOUTH for class description and info.
ASHI, AED, CPR & FIRST AID
TRAINING- ADULT, CHILD & INFANT
Used properly, First Aid and CPR can SAVE LIVES! Learn proper techniques to be effective in an emergency. Recognize the signs/symptoms of injuries and sudden illness. Receive crucial information on emergencies such as bleeding, shock and burns. Recognize and treat life threatening emergencies such as cardiac arrest and choking. Upon completion of this course, participants will receive a two year certification card.

16+ YEARS
15011 W 1/2 5:30-9pm SERL $40
15012 W 2/6 5:30-9pm SERL $40
15013 W 3/6 5:30-9pm SERL $40
Instructor: Cross Lifeline Training Staff

CHORDS ARE KEY FOR GUITAR
See SPECIAL INTEREST section under YOUTH for class description and info.

CHORDS ARE KEY FOR PIANO
Some music teachers may not want you to know this, but you don’t need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you’ll need to play any song in this one session. Any song, any style, any key! Materials Fee of $29 will be collected in class by the instructor for the workbook and practice CD.

18+ YEARS
15014 M 1/7 6:15-8:45pm MPAC $30
Instructor: Craig Coffman

CREATIVE WRITING AND PUBLISHING WORKSHOPS
Explore Fiction, Nonfiction, Children’s, YA, Family History and Memoirs. Based on your interests Ms. Janson provides personalized materials and writing instruction. Beginners and advanced writers are invited to attend. All classes are taught by Marilyn Janson at the Southeast Regional Library.

NOVEL WRITING: PAGE TURNERS
Create seeds of suspense and foreshadowing from your novel’s beginning to end. Award Winning Writer Marilyn June Janson M.S. Ed. shares her secret method.

10+ YEARS
15016 SAT 1/19 10am-12pm SERL $25

SHORT STORY WRITING: FICTION AND NONFICTION
Write a new story or complete a work in progress. Award Winning Writer Marilyn June Janson M.S. Ed. helps you to organize and write your short fiction or memoir pieces.

10+ YEARS
15017 SAT 2/2 10am-12pm SERL $25
Instructor: Debra Durma

PHOTO & VIDEO SOS
Are your pictures and videos overwhelming you? Do you have digital pictures and videos on the computer, camera cards, iPhones, iPads, etc.? Do you have printed pictures in boxes, drawers, closets, etc.? Would you like to find a picture for your son/daughter’s school project, but have no idea where it would be? Are you afraid if you lose your phone or your computer crashes that all your digital photos and videos would be gone? If you answered yes to any of these questions, then this class is for you. This class will help you take your photo and video mess and turn it into a beautifully, organized collection of memories that your family will enjoy for generations. Class 1: Set-up your photo and video goals, learn the basics of ABC photo organization, and learn methods to store photos and videos safely. Class 2: We review more photo organization techniques, learn photo editing tricks and understand the basics for safely sharing photos.

18+ YEARS
15032 TH 1/17-1/24 10-11:30am MPAC $30
15033 TH 1/17-1/24 6-7:30pm MPAC $30
15030 T 2/12-2/19 10-11:30am MPAC $30
15031 T 2/12-2/19 6-7:30pm MPAC $30
Instructor: Debra Durma
EARLY CHILDHOOD STEP
SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING
This 8-sessions series emphasizes positive parent-child relationships. Parents will learn to encourage cooperative behaviors by providing a consistent, loving environment. Topics include: Child & Brain Development, Building Self-Esteem, Family Communication, Positive Discipline and Social and Emotional Development. Free materials and gifts for participating are included. Free childcare is provided by Arizona’s Children Association.
Parents/Caregivers of Children BIRTH-5 YEARS
15034 TH 1/10-3/7* 6-7:30pm SERL FREE
Instructor: Arizona’s Children Association Staff *No class 2/14

ARCHERY FOR WOMEN
Take some ME TIME. Join us in learning the great sport of archery. We’ll have fun, win prizes, and get a workout without even trying. We have all the equipment you need but bring your own if you’d like. The Gilbert Archery Range (GAR) is located on the open lot on Freestone Parkway across the street from Freestone Recreation Center.
18+ YEARS
14932 TH 1/10-1/31 9-10am GAR $60
14933 TH 2/14-3/7 9-10am GAR $60
Instructor: Gilbert Archery Staff

GOLF READY ADULTS SERIES (LEVEL I)
Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for both the true beginner and newly intermediate level golfer. Players will develop a proper pre-shot routine and jump right into making full swings and hitting golf balls. The goal is to finish this session knowing how to practice and ready to tackle the golf course. Rules, etiquette and golf course management will be taught accordingly. Advancement to the Golf Better Adult Series (Level II) will be determined by Coach Mike. Class is limited to 6 players. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.
Week 1 Pre-shot fundamentals and basic swing shape
Week 2 Chipping and pitching
Week 3 Full iron swing from the fairway
Week 4 Putting aim, stroke, speed control and reading the green
Week 5 Driver swing
18+ YEARS
15037 T 1/8-2/5 6-7pm WS $175
15038 T 2/12-3/12 6-7pm WS $175
15039 TH 12/27 6-7pm WS $45
15040 SAT 1/12-2/9 10-11am WS $175
15041 SAT 2/16-3/16 10-11am WS $175
Instructor: Mike Arrigoni, PGA

GOLF BETTER ADULTS SERIES (LEVEL II)
Coach Mike Arrigoni, PGA Professional will provide instruction, perfect for the avid golfer who wants to shoot lower scores by improving some or many areas of their game. This class is focused on specific golf swing positions leading to better contact and a consistent ball flight. Players will learn to pitch the ball the ball closer to the hole and sink more putts. Advancement to private lessons will be determined by Coach Mike. Class limited to 6 players. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.
Week 1 Irons – swing shape and solid contact
Week 2 Pitching – effective loft and distance control
Week 3 Irons – solid contact and direction
Week 4 Putting – aim, stroke, speed control and reading the green
Week 5 Driver – launch angle and maximum distance
18+ YEARS
15042 TH 1/3 6-7pm WS $55
15043 TH 1/10-2/7 6-7pm WS $200
15044 TH 2/14-3/14 6-7pm WS $200
Instructor: Mike Arrigoni, PGA

CARDO TENNIS
Cardio Tennis is a great way for players of all skill sets to enjoy the game. You’ll get an AMAZING workout, a chance to socialize and enhance your tennis skills in just one hour! Set to upbeat music, cardio tennis will keep your heart rate up and your feet moving for a fun workout. Taught by USPTA certified tennis instructor. Players need to provide own racquet.
16+ YEARS
14906 W 1/9-3/6* 9-10am MPAC $50
Instructor: Karen Fleissner *No class 1/21 & 2/18

Registration Begins: December 11th • Register online at GilbertRecreation.com
**TENNIS 1.0**  
Class is designed to introduce players to the basic skills of tennis; stance, grip, serve, strokes and scoring. Emphasis on hand-eye coordination, drills, good sportsmanship and having fun! *Taught by USPTA certified tennis instructor.* **Players need to provide own racquet.**  
**16+ YEARS**  
14907 W 1/9-3/6* 10-11am MPAC $50  
Instructor: Karen Fleissner *No class 1/21 & 2/18*

**NEW!**

**TENNIS 2.0-2.5**  
A continuation of Tennis 1.0, 2.0 players should be able to engage in a short rally, but not necessarily control the direction of your shots. We’ll continue to develop the basic skills and introduce strategy while playing the game. *Taught by USPTA certified tennis instructor.* **Players need to provide own racquet.**  
**16+ YEARS**  
14908 TH 1/10-3/7 9-10am MPAC $50  
Instructor: Karen Fleissner

**TENNIS 3.0**  
Take the next step in tennis to continue developing stance, footwork, grip, stroke production and serve while incorporating the fundamentals of match play. Ideal for players who have previous tennis playing experience and can sustain a short rally of slow to medium pace. Emphasis on recreational play, good sportsmanship and having fun! Class designed for beginner/intermediate player. *Taught by USPTA certified tennis instructor.* **Players need to provide own racquet.**  
**16+ YEARS**  
14909 TH 1/10-3/7 10-11am MPAC $50  
Instructor: Karen Fleissner

**NEW!**

**TENNIS ADULT DRILL AND SKILL CLINICS**  
These clinics for men and women will combine instruction and doubles drills with a different theme each week. They are fast paced and designed to improve your game and physical conditioning. NTRP 3.0 and above welcome. *Please bring your own tennis racquet, all other equipment will be supplied.*  
**18+ YEARS**  
15045 SAT 2/9 9am-1pm FPARK $95  
15050 SAT 3/9 9am-1pm FPARK $95  
Instructor: Brett Hall

**NEW!**

**TENNIS OLYMPICS**  
Test your tennis skills! Players will be divided into teams where you will compete in skills contests, team singles and doubles match play followed by a big group doubles team game. NTRP 3.0 & above. Medals for 1st and 2nd place teams. Refreshments provided. Sign up by January 21st!  
**18+ YEARS**  
15051 SAT 1/26 1-3:30pm FPARK $15  
Instructor: Brett Hall

**NEW!**

**TENNIS PRO SUPERVISED PLAY DAY**  
Join our Tennis Director in the popular weekly doubles play days; men’s, ladies, and senior mixed where you will get to play doubles with the pro and receive doubles tips! Fun uplifting music played! NTRP 3.0 and above welcome. Meet new players. *Please bring your own tennis racquet, all other equipment will be supplied.*  
**18+ YEARS-LADY’S DOUBLES**  
15097 W 1/16-4/10 5:30-7pm FPARK $10 per day  
**18+ YEARS-MEN’S DOUBLES**  
15097 TH 1/17-4/11 5:30-7pm FPARK $10 per day  
**50+ YEARS-SENIOR MIXED DOUBLES**  
15097 T 1/15-4/9 9-10:30am FPARK $10 per day  
Instructor: Brett Hall
We provide a wide variety of recreational, educational and leisure activities for adults 50 years of age and “BETTER”! Adults 50+ have first priority; however, adults under 50 may participate in certain activities if space is available. Please call the Senior Center if you have any questions, 480-503-6059. Join us for these fun events and to view more visit us online at gilbertaz.gov/seniors.

**CHAIR EXERCISE**
Join us for a non-impact exercise class. Chair Exercises are workouts done while seated in a chair, or sometimes standing next to or behind the chair for stability.

T/TH 8:30-9am CC FREE

**DRAWING CLASS**
Learn how to compose a masterpiece through perspective, shading, texture, and more in this fluid class that will take you places! Every level is welcome!

Sign-up Dec. 10th-Jan. 4th
T (1/8-2/26) 1-2pm CC $30

**GENTLE YOGA**
This class focuses on restorative and gentle stretching of yoga to increase flexibility and strength. This class is excellent for those with limited mobility or beginners.

W 9-10am CC FREE

**LINE DANCING**
Learn to line dance! Alleviate stress and exercise to great music with wonderful people. New participants are always welcome!

M 11:15am-12:15pm CC $3 (Beginners)
W 11:15am-12:15pm CC $3

**SILVER SNEAKERS**
The Silver Sneakers Fitness Program is an innovative health, exercise and wellness program helping our seniors to live healthy and active lifestyles. Come join us for a fun way to exercise! Space is limited, first come first serve.

T 1-2pm CC FREE
TH-Geri Fit 1-2pm CC FREE

**TAI CHI**
Tai Chi/Medical Chi Chong will help to relieve arthritis, stress, and enhance your immune system. This class is on-going. No registration required.

M 9-9:45am CC FREE

**ZUMBA**
Zumba combines a dance workout with a party-like atmosphere. Zumba takes the popular Latin-dance inspired workout to make it accessible for seniors. Zumba Gold builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves.

F 8:45-9:45am CC FREE

**Social Events**

**DECEMBER**

**HOLIDAY NIGHT PARTY**
Join us for dinner and dancing, dinner served at 5:30pm. Cost is $12 for active participants; $15 for Non Active/Guests. Tickets sold: Nov. 15th-Dec. 3rd

SAT 12/8 4:15pm CC $12/$15

**JANUARY**

**RHYTHM CATS**
Join us for buffet and rock n’ roll show. Sign up from December 21st - January 13th

M 1/31 5pm CC $40

**FEBRUARY**

**FEBRUARY VALENTINES PARTY**
Celebrate the day of love with your friends at the Gilbert Senior Center!

T 2/14 10:30-11am CC FREE

**MARCH**

**BARLEENS AZ OPRY**
Join us for dinner and a show! Barleens Arizona Opry offers some of Arizona’s best musicians and entertainers the state has to offer. We will enjoy a fantastic show and a delicious dinner of roast, chicken, veggies, mashed potatoes and chocolate cake included in the admission. Ice cream sundaes and root beer floats will be available for purchase during intermission.

F 3/8 5:15-10pm CC $42

**MARCH ST. PATTY’S DAY PARTY**
Wear green and don’t get pinched! No sign-up required.

F 3/15 10:30-11am CC FREE

**LEARN MORE AT** gilbertaz.gov/seniors
Dining Out

Come join us for good food, good company, and maybe even some laughs! LEAVING the Senior Center at 4pm. All participants attending must sign up in the Senior Center Office 480-503-6059.

Rosati’s
January 9
Sign up Jan 2nd-8th

TBA
February 13
Sign up Feb 6th-12th

Ongoing Activities for Active Adults at the Gilbert Senior Center

<table>
<thead>
<tr>
<th>ARTS &amp; CRAFTS:</th>
<th>COMPUTERS:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Scrapbooking &amp; Craft Club: Free craft classes all supplies provided. Most Fridays from 12:15-3pm.</td>
<td>Computer Lounge: The Community Center has a computer lounge with three public computers. Computers are available daily during facility hours.</td>
</tr>
<tr>
<td>Knitting/Crocheting Club: Join us for knitting &amp; crocheting projects every Wednesday at 12:30pm</td>
<td>COMMUNITY FREE “LIBRARY”: A great way to share a book! Take one with you and either return to the library or pass them alog to others. Donations welcome.</td>
</tr>
</tbody>
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<thead>
<tr>
<th>CARDS &amp; GAMES:</th>
<th>HEALTH &amp; WELLNESS:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bingo: Cost is .50 cents to play per card. limit 3 cards. Every Mon &amp; Fri 10:15-11:30am</td>
<td>Blood Pressure Checks: Join us on the 2nd &amp; 4th Tues of every month from 10am-12pm</td>
</tr>
<tr>
<td>Bridge Club: Every Mon At 10am &amp; Thurs at 12:12pm</td>
<td>Health Presentations: We will cover different topics every topics very month. 12:15pm most starts times.</td>
</tr>
<tr>
<td>Bunco: Wed at 12:30pm</td>
<td>Fitness Center: The Center has a paid for usage fitness center available. Cost of monthly membership is $15 or pay a $2 daily fee.</td>
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<tr>
<td>Rummikub Club: Every Tues &amp; Thurs at 12:30pm</td>
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<tr>
<td>Pinoche: Fri 9am-12pm</td>
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<tr>
<td>Mahjong: Tues 1:15pm</td>
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<tr>
<th>OUTREACH SERVICES:</th>
<th>SOCIAL FUN</th>
</tr>
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<tr>
<td>The following services are available by appointment only. Benefit help, lawyer services, SNAP, please call 480-503-6061 to schedule your appointment today!</td>
<td>Entertainment &amp; Dancing: Join us every Tues &amp; thurs from 11am-12pm.</td>
</tr>
<tr>
<td>Movies: Held the 2nd Friday of the month for a movie &amp; popcorn. Movie start time is 1pm.</td>
<td>For information on becoming a members of the Gilbert Senior Center please visit the center for a tour. For details call 480-503-6059 or visit our website.</td>
</tr>
</tbody>
</table>

MOVIES AT FAT CATS

Join us monthly at Fat Cats! Cost is $7 per person. The movie title will be announced on the day of the sign up. We will leave the center 45 minutes prior to the start of the movie.

Monthly Movies are offered at the center as well! On the 2nd Friday of every month at 1pm there will be a movie playing. Sign up in the activities book one day before so we can rent the movie. Min participants: 6

January 22
Sign up from Jan 16-21

February 19
Sign up from Feb 13-18

March 19
Sign up from March 13-18

Winter 2019 Recreation Guide
Riparian Programs

BIRD WALKS
Monthly bird walk at the Riparian. Walk is geared for adults. The walk will last about 90 min. – 2 hours with additional wrap up time at the end to go over the list of species seen and heard. Free, although any donations are accepted. $5 donation suggested. Limited to 12 participants. Please register with Kathe Anderson at kathe.coot@cox.net.

SUN 1/13 8:00am Riparian
SUN 2/10 7:30am Riparian
SAT 3/23 7:00am Riparian Big Sit

RIPARIAN TOURS WITH THE NATURALIST
Join Gilbert Naturalist Jennie Rambo for a tour of the Riparian Preserve. Observe diverse species of beautiful ducks, elegant shorebirds in the ponds, songbirds, and jewel-like hummingbirds along the trails. Learn about the wonders of bird migration, native trees and wildflowers, and the importance of riparian habitats and water conservation. January – April, 9:00am-10:30am, 2nd Saturday of the month. Meet at the Dragonfly Ramada.

Field Trips to the Riparian Preserve
October - April
Tuesdays, Thursdays, or Fridays | 9:30am - 1:00pm
The Riparian Preserve offers area schools access to a wide variety of environmental studies. Our unique setting allows students to participate in fun and educational experiences not possible in the classroom.

The Riparian Preserve is supporting Arizona’s schools in developing environmentally literate citizens of our future.

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All activities at the Preserve are correlated to the current Arizona State Standards and are cross-curricular in their approach. By offering outdoor programming for students, the Riparian Preserve is supporting Arizona’s schools in developing environmentally literate citizens of our future.

Only $6 per student
Several different educational topics to choose from

Riparian After Dark
December
7th-8th, 14th-15th & 21st-22nd
5:30-9:00pm

Visit the Gilbert Rotary Centennial Observatory
Operated by the East Valley Astronomy Club
Open to the public every Friday and Saturday evening from dusk until 9:30, weather permitting.
Kids Welcome!
10 donation requested.
Join us the 2nd Friday of each month for:
'EVAC Star Party' night: amateur astronomers will share their telescopes and answer questions.
Skywatch Lecture Series: held in the Southeast Regional Library
7:30-8:30 pm (2nd) December
Located on the Riparian Preserve, next to the Southeast Regional Library, Greenfield and Guadalupe in Gilbert
ALL AGES STORYTIME
Miss Jennifer would like to welcome kids ages 2-5 and their caregivers to all ages story time! During this time we engage kids with interactive stories, songs, and fingerplays appropriate for this wide age range. No Registration-Tickets will be distributed outside the library on a first come first served basis before we open at 10. One ticket per person, not per party and you must be physically present to receive one. Keep in mind seating is limited to ensure the quality of storytime and once storytime begins no late comers will be admitted so arrive early to ensure your spot!

2-5 YEARS
W 1/9-1/30 10:15-10:45am Perry Free
W 1/9-1/30 11:15-11:45am Perry Free

BABY LAPSIT STORYTIME
In baby storytime we have fun sharing books, lap-sit songs and rhymes, puppets, bubbles and more focusing on the interaction between caregiver and child. Learn tips to build a foundation for reading at home. Playtime and social time follows program. This program is for babies ages birth to 18 months ONLY accompanied by a caregiver. Older siblings may not be in the room during this program so if you are unable to attend because you have older children we invite you to try our Wednesday and Thursday storytimes for all ages!

0-18 MONTHS
T 1/8-1/29 10:15-11am Perry Free

BOPPIN’ BUGS TODDLER STORYTIME
This storytime is designed with your toddler in mind. This time is filled with music and movement, a story, and some social time for kids and caregivers for some fun cooperative play. Tickets will be distributed on a first come first served basis. One ticket per person, not per party and you must be physically present to receive one. Keep in mind seating is limited to ensure the quality of storytime and once storytime begins no late comers will be admitted so arrive early to ensure your spot!

T 1/8-1/29 11:15am-12pm Perry Free

SENSITIVE STORYTIME
Sensitive storytime welcomes all types of learners and is especially good for wigglers 2-5 years old who have trouble in regular storytime, have sensitivities to noise or crowds or are on the spectrum. Play time follows a shortened version of storytime where the library will provide toys and activities for intentional play which encourages early literacy skills! This playtime provides the necessary bonding with your child as well as social time for your child with their peers. No Registration-Tickets will be handed out 15 minutes prior on a first come first served basis to the first 15 kids and their caregivers. As always you must be present to get a ticket, please come early to ensure your spot.

F 1/11, 1/25 11:15am-12pm Perry Free

ADULT BOOK GROUP
Join us each month on the 4th Monday at 10:30am to read and discuss a work of literary fiction. Check Perry Library’s events calendar each month for the current book at www.mcldaz.org.

ADULTS 18+
M 1/28, 2/25 10:30am-12pm Perry Free

NONFICTION BOOK GROUP
Join us each month for a lively discussion of a non-fiction selection.
M 1/7, 2/4, 3/4 1-2:30pm Perry Free

CLASSIC ALBUM DISCUSSION
Join us each month for the Classic Album Discussion Group at Perry. Every month we will listen to a short album in its entirety and then discuss the album afterwards. Please check our calendar of events for album titles. Refreshments will be provided.
M 1/14, 2/11 5:30-6:45pm Perry Free

FAMILY MOVIE MONDAYS
Join us for Family Movie Mondays! Each month we will show a movie for the entire family so bring snacks, pillows, and enjoy some classic family films at the library. Check our calendar of events at www.mcldaz.org or call 602-652-3000 for movie titles.
M 1/7, 2/4, 3/4 4:30-6:30pm Perry Free

LEAP INTO SCIENCE: BALANCE
In a series of activity stations, families investigate the concept of balancing together by balancing with their bodies, exploring balancing games and toys, and creating balanced structures. For ages 3-10. This event is held in partnership with Leap into Science, a nationwide program developed by The Franklin Institute Science Museum that integrates open-ended science activities with children’s books. Registration is required at www.mcldaz.org.

3-10 YEAR OLDS
TH 2/28 3-3:45pm Perry Free
TH 2/28 4-4:45pm Perry Free
GOODNIGHT STORYTIME WITH DADDY AND ME
Come join us at the Southeast Regional Library for an evening storytime. This is a special one-on-one storytime designed to encourage development of language and motor skills by incorporating stories with simple songs, rhymes, movement activities, and finger plays. For infants ages 0-18 months with father figures. Pajamas are optional. Registration is required at www.mcldaz.org.

M 1/28  6-6:30pm SERL Free

SONG-TASTIC STORYTIME!
Join Miss Lisa for a storytime consisting entirely of songs, rhymes, finger plays, dancing, and musical instrument play! Appropriate for ages 1-5 and a caregiver. Keep in mind seating is limited to ensure the quality of storytime. Once storytime begins, no late comers will be admitted. Arrive early to ensure your spot!

1-5 YEARS
M 1/7, 2/4, 3/4  10:15-10:45 SERL Free

KID’S CRAFT CLUB
Calling all crafters ages 7-12! Come join us every fourth Thursday of the month for our Kid’s Craft Club where you can get creatively crafty. Our craft varies each month, so you won’t want to miss it! Registration is required at www.mcldaz.org as supplies are limited. Please be prompt as instructions will be given at the beginning of the program.

7-12 YEARS
TH 1/24, 2/28  3:45-4:45pm SERL Free

KID’S LEGO CLUB
Are you up for a challenge? Come join us on the third Thursday of every month for some Lego fun! Please be prompt, as we will announce the building challenge at the beginning of each session. Registration is required at www.mcldaz.org due to limited supplies.

7-12 YEARS
TH 1/17, 2/21  3:45-4:45pm SERL Free

LITTLE LEARNERS
1-5 year olds, come explore and have fun learning! This month, we will have fun with Early Literacy Fun. Enjoy letter and word activities just right for pre-readers and early readers.

1-5 YEARS
SAT 2/2, 3/2  2-3pm SERL Free

PONY BEAD JEWELRY MAKING
Practice fine motor skills while having fun creating necklaces and bracelets with pony beads!

M 2/11  10:15-11am SERL Free
BOOKENDS: ADULT FICTION DISCUSSION GROUP  
Adults of all ages read and discuss fiction titles on the third Tuesday of each month.  
T  1/15, 2/19  10:30am-12pm  SERL  Free

MONDAY MORNING MUSINGS  
Join us each month for a lively discussion of titles by debut authors. We meet the 2nd Monday at 10:30am.  
M  1/14, 2/11  10:30am-12pm  SERL  Free

MYSTERY BOOK DISCUSSION  
Join us each month as we discuss a title from the mystery, thriller or suspense genres.  
T  1/8, 2/12  7-8pm  SERL  Free

COLOR ME RELAXED!  
Join us for adult coloring and conversation. If you never find time at home, come relax and de-stress. We provide supplies, and free designs.  
You’re also welcome to bring your own pages and supplies if you’d like. Registration is required at www.mcldaz.org; seating is limited.  
T  1/29, 2/26  6:30-8pm  SERL  Free

EXERCISE YOUR MIND WITH COMPUTER PUZZLES  
Did you know computer coding is easier than you think? Join the Southeast Regional Library Adult Code Club. We meet once a week and help sharpen your mind solving computer programming puzzles. You can show your family what you make with “code.” No experience is required. Come and go as your schedules allows. Bring ear buds/headphones for instructional videos. Registration is required at www.mcldaz.org.  
T  1/7, 1/14, 1/21, 1/28  10:30am-12pm  SERL  Free

GENEALOGY: PRESERVING YOUR FAMILY RECORDS  
The records we keep about our family create a record of who we are and where we come from. Handed down through generations, these records may include letters, diaries, photographs and objects. During this workshop, participants will explore resources and techniques for storing, organizing, handling and preserving your family records. Presented by Susan Irwin, Vice President for Library & Archives at the Arizona Historical Society. Registration is required at www.mcldaz.org.  
T  1/29, 2/26  6:30-7:30pm  SERL  Free

GENEALOGY: VITAL RECORDS  
Vital Records include birth certificates, marriage licenses and death certificates, and provide clues and information about relatives you are researching to build your family tree. Denise Crawford, Mesa FamilySearch, will explain how to use how to use these records and where to find them. Registration is required at www.mcldaz.org.  
W  3/6  10:15-11:30am  SERL  Free

GENEALOGY: WEST VALLEY GENEALOGY SOCIETY  
The West Valley Genealogy Society currently has the largest collection of genealogy materials in Arizona. Learn about the society’s collection, the society’s future, and upcoming programs. Registration is required at www.mcldaz.org.  
W  1/9  10:15-11:30am  SERL  Free

GROWING ORCHIDS FOR BEGINNERS  
Join us to learn how to grow these interesting and exotic flowers that can bloom for months. Orchids are beautiful but not necessarily expensive nor difficult to grow. You will create a mini orchid greenhouse out of a plastic jug to take home your own orchid seedling. All supplies are provided. This program is suitable for adults and teens 12 and up. Registration is required at www.mcldaz.org.  
SAT  1/12  1-2:30pm  SERL  Free

HEALTHIER LIVING WITH CHRONIC PAIN SERIES  
Managing your chronic pain can be complex and frustrating. The Healthy Living with Chronic Pain workshop series is designed to teach you the skills that you need to manage your chronic pain condition and get your life back. This 7-week workshop provided by Dignity Health is for adults living with a chronic pain condition, and is also appropriate for caregivers and anyone interested in learning more about chronic pain self-management and overall health and well-being. Sessions are 2.5 hours each, and meet once per week. Seating is limited. January 24 is shortened “session zero” from 12:30-1:30 pm. Registration is required at www.mcldaz.org.  
TH  1/24-3/7  12:30-2:30pm  SERL  Free

HEALTHRHYTHMS DRUM CIRCLE  
Join us to experience the meditative stress relief of community drumming. HealthRhythms drum circles are fun and relaxing social gatherings. All instruments are provided and musical experience is not necessary. Research has shown that drumming reduces stress, strengthens the immune system, and relieves tension and anxiety. Registration is required at www.mcldaz.org.  
M  1/7, 2/4, 3/4  6:30-8pm  SERL  Free

LEARNING LIBBY  
Did you know that you could get eBooks from the library? Meet Libby! We will walk through how to set up the Libby app so you have access to eBooks and eAudio right at your fingertips! Please come prepared with the Libby by Overdrive app already downloaded to your device. Have your library card handy to start checking out today! Libby is compatible with Apple and Android devices. Libby is not currently supported by Kindle. Registration is required at www.mcldaz.org.  
F  1/15  10:30-12pm  SERL  Free
NATURE SKETCHING SERIES
Adults can learn and practice sketching nature in these ninety minute classes with Gilbert Naturalist Jennie Rambo from the Gilbert Riparian Preserve. Ms. Rambo has instructed many fine arts classes at locations including the Desert Botanical Garden. Classes are taught on three successive Thursdays; different topic each week. Register for those you can attend. All supplies provided. Registration required at www.mcldaz.org.
16 YEARS OR OLDER
TH 1/24-2/7 3:30-5pm SERL Free

ONE-ONE-ONE DIGITAL ASSISTANCE
If you need assistance learning how to download digital eBooks or audiobooks to your reading device, then please stop in for personalized assistance with a library professional. Assistance is limited to questions about digital books and services and will not address specific technical questions about each device. Please be prepared with the basic use of your device such as accessing device settings, accessing WIFI, how to login.
M 1/7-3/4* 11-12pm SERL Free
* No class 1/21 or 2/18

ONLINE LEARNING
Did you know that your Maricopa County Library card allows you to enroll in online classes? We will explore Gale Courses, Learning Express Library, and Rocket Languages. Make sure to bring your library card and see where curiosity takes you! Registration is required at www.mcldaz.org.
W 1/16 10:30-11:30am SERL Free

ONLINE LEARNING: TECHBOOMERS 101
Techboomers is an online, self-paced learning tool that teaches you how to use popular websites and apps for free. Join us as we explore the courses they offer on everything from technology basics to social networking and video and image sharing sites, including Facebook, Instagram, Twitter and over 100 others. Registration is required at www.mcldaz.org.
W 2/13 10:30-11:30am SERL Free

POLLINATOR GARDENING
Come learn about our Sonoran Desert pollinators: bees (both native and honeybees), butterflies, hummingbirds, moths, and bats. Discover specific strategies in your gardening practices to help lessen the threats to these pollinators. Come find out what our pollinators need from you to thrive! Presented by Lee Ann Aronson, Master Gardener. Registration is required at www.mcldaz.org.
SAT 2/16 11am-12pm SERL Free

THURSDAY NIGHT FILM CLUB
Join us on the first Thursday of each month as we view and discuss film classics and favorites from the 30s through the 80s. General discussion will take place after film screenings, as time allows. Check the flyer at Southeast Regional Library or call 602-652-3000 for this month’s title.
TH 2/7, 3/7 6-8pm SERL Free

COLOR LAB
Join us for music and coloring at the library! We will provide markers, crayons, gel pens, colored pencils, and coloring sheets featuring your favorite characters, seasonal designs, and more. YOU bring the creativity! No registration required, but space and supplies are limited. Program intended for children, ages 17 and younger.
F 1/18, 2/1, 2/15 3-4pm SERL Free

LIL’ TRAILBLAZERS
Join us for a 30-minute walk around the Riparian Preserve at Water Ranch! We will explore the natural world living behind the library, and then share our observations during a short circle-time. No registration required, but space is limited. All ages welcome! Please bring plenty of water. We recommend walking shoes, weather-appropriate clothing, and sun protection as needed. Children are encouraged to bring a notebook to write down their observations during the walk. The group will meet outside the library’s patio on the NE side of the building.
SAT 1/26, 2/23 10-11am SERL Free

OOPSIES! (FINE FORGIVENESS FOR KIDS!)
OOPSIES! Did you accidentally rack up overdue fines last month? Read at the library and reduce your fines! Youth customers can join us each month for an hour of free reading to earn up to $5 off their outstanding overdue fines. Bring your own books or choose from our assortment of readers, picture books, chapter books, and graphic novels. 5:15-5:25 Check-in & book selection 5:30-6:30 READ! Registration is REQUIRED at www.mcldaz.org and space is limited. For ages 0-17; children under 8 must be accompanied by a caregiver. Only applicable toward overdue fines on juvenile and student accounts. Fine waive will be issued at the end of the program hour and cannot be built up as credit on a library account. Please include your library card number upon registration.
W 2/6, 3/6 5:15-6:30pm SERL Free

PJ PARTY FAMILY STORYTIME
Shake your sillies out before bedtime and enjoy stories, rhymes, and songs for all ages! Children are encouraged to wear comfy pajamas, snuggle with their favorite bedtime buddy, and bring a grown-up to partake in the fun. Tickets are required, as space is strictly limited for safety and comfort. As a courtesy to our staff and customers, no one will be admitted once the storytime program has started. Tickets are required and will be distributed at 5:45 p.m. in the youth services area near the baby space & DVDs.
W 1/30, 2/27 6-6:30pm SERL Free
LIBRARY, POOLS & RIPARIAN INFORMATION

LIBRARIES

<table>
<thead>
<tr>
<th>Library</th>
<th>Address</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Perry Library</td>
<td>1965 E. Queen Creek Rd.</td>
<td>M-TH 10am-7pm F-SAT 10am-4pm</td>
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<tr>
<td></td>
<td>602-652-3000</td>
<td>SUN Closed</td>
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<td>Southeast Regional Library</td>
<td>775 N. Greenfield Rd.</td>
<td>M-TH 10am-9pm F-SAT 10am-5pm</td>
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<td>602-652-3000</td>
<td>SUN 1-5pm</td>
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<td>Friends of the Library</td>
<td>775 N. Greenfield Rd.</td>
<td>M-SAT 10am-4pm</td>
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POOLS

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<tr>
<th>Pool</th>
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<tbody>
<tr>
<td></td>
<td>(480) 892-2414</td>
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<tr>
<td>Mesquite Pool</td>
<td>100 W. Mesquite St.</td>
<td>Aquatic Classes, Concessions, Diving Boards, Kiddie Slides, Play Features, Private Rentals, Public Swim Sessions, Shade Ramadas, Splash Pad, Swim Lessons, Water Slides, Youth Swim &amp; Dive Teams, Zero Depth Area</td>
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<tr>
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<td>(480) 503-6292</td>
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<tr>
<td>Perry Pool</td>
<td>1775 E. Queen Creek Rd.</td>
<td>Aquatic Classes, Concessions, Diving Boards, Kiddie Slides, Play Features, Private Rentals, Public Swim Sessions, Shade Ramadas, Splash Pad, Swim Lessons, Water Slides, Youth Swim &amp; Dive Teams, Zero Depth Area</td>
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<td>(480) 503-6227</td>
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<td>Williams Field Pool</td>
<td>1900 S. Higley Rd.</td>
<td>Aquatic Classes, Concessions, Diving Boards, Kiddie Slides, Play Features, Private Rentals, Public Swim Sessions, Shade Ramadas, Splash Pad, Swim Lessons, Water Slides, Youth Swim &amp; Dive Teams, Zero Depth Area</td>
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<td>(480) 503-6226</td>
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RIPARIAN PRESERVES

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<th>Preserve</th>
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<tr>
<td>Neely Ranch</td>
<td>215 N. Cooper Rd.</td>
<td>Barbeque Grills, Camping, Lake/Fishing, Observatory, Picnic Tables, Playground Equipment, Restrooms, Shade Ramadas</td>
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<tr>
<td>Water Ranch</td>
<td>2757 E. Guadalupe Rd.</td>
<td>Barbeque Grills, Camping, Lake/Fishing, Observatory, Picnic Tables, Playground Equipment, Restrooms, Shade Ramadas</td>
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<tr>
<td>Some areas are available for reservations.</td>
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**PARKS INFORMATION**

Gilbertaz.gov/parks

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<thead>
<tr>
<th>Parks</th>
<th>Amphitheater</th>
<th>Baseball/Softball Fields</th>
<th>Basketball Courts</th>
<th>Batting Cage</th>
<th>Bounce House Area</th>
<th>Concessions</th>
<th>Dog Park</th>
<th>Electricity</th>
<th>Equestrian/Multi-use Trail</th>
<th>Lake/Fishing</th>
<th>Multi-Use Fields</th>
<th>Picnic Tables/Barbeque Grills</th>
<th>Playground</th>
<th>Ramadas</th>
<th>Restrooms</th>
<th>Skate Park</th>
<th>Soccer Fields</th>
<th>Tennis Courts</th>
<th>Train Depot &amp; Carousel</th>
<th>Volleyball Courts</th>
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* **COSMO DOG PARK**—The **OFF LEASH** areas will be closed each Tuesday morning until noon for routine maintenance.

* **CROSSROADS PARK**—Visit Polar Ice (480-503-7080). Polar Ice offers 10%-20% discount for regular priced programs, entrance fees and birthday parties for Gilbert Residents. Check out the Recreation Learn to Skate classes offered as well inside this guide.

* **FREESTONE PARK**—The **SKATE PARK** is closed the first Tuesday of every month for routine maintenance. Visit the Freestone Railroad (480-632-2702) or the RIP City Batting Cages (480-497-9548).