Human Services
Community Resource Guide
Directory of Services in the Gilbert Area
Spring 2019
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This is a brief listing of some of the providers available in and near Gilbert. This guide is intended to connect residents with community assets, provide information about resources to improve quality of life and offer access to information for residents who are in need of services.

The Town of Gilbert (Gilbert) does not endorse any provider or evaluate the quality of service provided. You are encouraged to research and determine the best provider for your family.

Gilbert accepts no liability for the content of this Resource Guide, or for the consequences of any actions taken on the basis of the information provided.

Other resources may be available at 211, Maricopa County Health Services and County Department of Public Health and via 211 at cir.org.

It’s our goal to provide current and accurate information; however businesses may have changed locations or contact information. To report errors or to submit additional agencies for consideration, click here.

Date Revised: 9/24/2018
Heritage Center-Gilbert
132 W Bruce Ave, Gilbert 85233
480-428-5446
gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/heritage-center

AZCEND
CAP office- Emergency financial assistance for utilities and eviction prevention.
Family Resource Center- free parenting education workshops, interactive family play opportunities, story time for families with children 0-5.
480-428-5446
azcend.org

Dignity Health
Children’s dental clinic, immunization clinics, vision and hearing clinics for children, Mommy Fit Classes, Keeping Kids Safe programs, Healthier Living Self-Management
Children’s Dental 480-292-8728
Hearing & Vision 480-728-5602
Immunization Clinic 480-728-3777 (children) 480-728-2004 (adults)
Workshops 480-728-2376
dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach

Mission of Mercy-MOM
Free medical care and prescription medications
480-758-8343
momaz.org

Southwest Behavioral & Health Services
Counseling services, case management, Child and Family Team Meetings, resource development, and community outreach.
480-695-8198
www.sbhservices.org

Women, Infant & Children (WIC)
Nutrition and breastfeeding information, health foods, community referrals
602-506-9333
maricopa.gov/1491/Women-Infants-Children-WIC

Abuse, Adult & Children
9-1-1

Adult Protective Services
Services to protect adults from abuse, neglect or exploitation.
1-877-767-2385
azdes.gov/daas/aps

Arizona Department of Child Safety
Report suspected child abuse, neglect, exploitation or abandonment
1-888-767-2445
dcs.az.gov/

Winged Hope
Assistance with treatment of child abuse or domestic violence
480-757-7030
wingedhope.org

Adoption/Foster Care

Aid to Adoption of Special Kids
Connecting children in foster care to mentors, creates families through adoption and foster care
602-254-2275
aask-az.org

ASA Now
Respite care, therapeutic programs, and support for foster families and caregivers
asanow.org

Boost a Foster Family
Provides assistance to Arizona foster families and those seeking foster care licensure
480-298-5665
boostafosterfamily.org

Child Crisis Arizona: Family Resource Center, Adoption, Foster Care
Education classes, foster care and adoption services
(480) 834-9424
childcrisisaz.org/
Adoption/Foster Care

Eagle Pathway
Resource for youth and single moms exiting foster care
480-225-6664
eaglepathway.com

Foster Care & Adoption - Arizona's Children Association
Train and support foster care families; provide adoption services
800.944.7611
arizonaschildren.org/foster-adopt/

Foster Arizona
Connecting kids to foster families
fosterarizona.org

Helen’s Hope Chest
Clothes, personal hygiene items, school supplies, & baby items for children in foster care
mesaunitedway.org/helenshope/
480-834-2121

Jose’s Closet
Clothes, school backpacks, toys, diapers and other resources for foster/adoptive families
480-313-8496
josescloset.org

LDS Family Services: AZ Mesa LDS Family Services Office
1-800-453-3860 ext. 2-1711
(480)-968-2995
provide1living.org/lds-family-services/adoption-resources

Alcohol and/or Drugs

Arizona Bridge to Recovery (ABR)
Addiction Recovery Center for drugs & alcohol
480.649.1141
communitybridgesaz.org/program-directory/

ASAP - Adolescent Substance Abuse
602-434-0249
asapaz.com

ASPIRE Outpatient Women’s Substance Abuse Treatment
480-768-6022
communitybridgesaz.org/programs/womens-and-childrens/aspire/

Community Bridges
Crisis mobile teams, inpatient/outpatient opioid & mental health treatment
877-931-9142
communitybridgesaz.org

Celebrate Recovery
Recovery ministry
480-257-3968
sunvalley.com/recovery-care

Center for Hope
Transitional housing program for women; assists with substance abuse and behavioral health
480.461.1711
communitybridgesaz.org/videos/center-for-hope/

Chandler Valley Hope
Addiction treatment facility; residential & partial day levels of care
480-899-3335
valleyhope.org/locations/chandler-valley-hope/

Dynamic Living Counseling
Counseling, classes and treatment services
480-507-9919
dynamicliving.net/

East Valley Addiction Recovery Center
480.962.7711
communitybridgesaz.org/program-directory/

Gilbert Youth & Adult Resources
Comprehensive counseling program
480-635-7701
gilbertaz.gov/departments/police/community/youth-adult-resources
**Alcohol and/or Drugs**

Pathways Program for Teens/Young Adults  
Rehab treatment center  
877-921-4050  
thePathwayProgram.com

Hope for Addiction, Inc.  
Weekly meetings, mentorship, transition support and practical tools  
480-782-0403  
myHopeForAddiction.com

Salvation Army Adult Rehabilitation Center  
Residential recovery program  
1-800-728-7825 | 602-256-4500  
salvationarmymphoenix.org/#!adult-rehabilitation-center/c1lgc

Teen Challenge of Arizona  
Faith-based solutions for youth, adults and families struggling with life controlling problems.  
800-346-7859  
tcaz.org

**Injured Wildlife:**

Arizona Covey  
(Quail)  
602-996-1934

East Valley Wildlife  
(Bird, including ducks; small mammals)  
480-814-9339 or ewwildlife@aol.com  
eastvalleywildlife.org

Liberty Wildlife  
(Birds, mammals, reptiles, amphibians)  
480-998-5550  
libertywildlife.org/

Southwest Wildlife  
(Large Native Arizona mammals)  
480-471-9109  
southwestwildlife.org

Wild Wing Rescue  
(Hummingbirds, Native and migratory songbirds)  
480-893-6660

**Benefits**

Arizona Health Care Cost Containment System (AHCCCS)  
Medical insurance coverage  
602-417-7100 | Application 855-432-7587  
des.az.gov/services/basic-needs/ahcccs-health-insurance-medical-assistance

Arizona Long Term Care System (ALTCS)  
Medicaid program to help seniors and disabled individuals afford health care  
602-417-6600  
altcs.com

DES Childcare Assistance  
Financial aid for child care assistance  
602-542-2526  
des.az.gov/services/basic-needs/child-care-home

**Animals: Stray or Injured Animals/Animal Cruelty, Emergency Placement**

HALO Animal Rescue  
Adoptions and rescues  
602-971-9222  
halorescue.org

Arizona Humane Society  
Rescue & adoptions  
602-997-7585 x134  
azhumane.org

Maricopa County Animal Care & Control  
602-506-3011  
maricopa.gov/pets
**Medicare**  
*Health care assistance for 65+*  
1-800-772-1213 | TTY 1-800-325-0778  
[ssa.gov/medicare/apply.html](http://ssa.gov/medicare/apply.html)

**Nutrition Assistance**  
(formerly Food Stamp program)  
*Supports families to prevent under-nutrition*  
1-855-432-7587  
[azdes.gov/nutrition_assistance](http://azdes.gov/nutrition_assistance)

**Social Security Disability (SSI/SSDI)**  
*Benefits to disabled adults and children*  
1-800-772-1213 | TTY 1-800-325-0778  
[ssocialsecurity.gov/disabilityssi/ssi.html](http://socialsecurity.gov/disabilityssi/ssi.html)

**Social Security (retirement)**  
*Retirement financial benefits*  
1-800-772-1213  
[ssa.gov/retirement/retirement.htm](http://ssa.gov/retirement/retirement.htm)

**Temporary Assistance for Needy Families (TANF)**  
*Temporary cash assistance to meet basic needs*  
1-855-432-7587  
[des.az.gov/content/cash-assistance-overview](http://des.az.gov/content/cash-assistance-overview)

**Women, Infants and Children (WIC)**  
*Nutrition program, supplemental foods & referrals for pregnant, breastfeeding and postpartum women, infants & children under 5*  
1-800-252-5942  
[azdhs.gov/azwic](http://azdhs.gov/azwic)

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**Child/Teen Services**

**Big Brothers Big Sisters**  
*Mentoring program for 6-18*  
602-264-9254 | TTY 1-800-367-8939  
[bbbsaz.org](http://bbbsaz.org)

**Boys Town National Crisis Hotline**  
*Provide information, guidance, and expertise*  
800-448-3000  
[boystown.org](http://boystown.org)

**Chandler-Gilbert YMCA**  
*Sports, childcare, community programs*  
480-899-9622  
[valleymca.org/chandler-gilbert](http://valleymca.org/chandler-gilbert)

**Florence Crittenton Services of Arizona**  
*Housing, outpatient & skills programs*  
602-274-7318 | TDD 602-288-4551  
[flocrit.org](http://flocrit.org)

**Gilbert Boys & Girls Club**  
*After school, teen & summer programs; youth and teen sports leagues; homework assistance*  
480-813-2020  
[clubzona.org/gilbertbranch.html](http://clubzona.org/gilbertbranch.html)

**HomeBase Youth Services – Homeless Youth**  
*Affordable housing*  
602-263-5531  
[hbys.org](http://hbys.org)

**HandsOn Greater Phoenix**  
*Coordinates volunteer opportunities*  
602-973-2212  
[handsonphoenix.org](http://handsonphoenix.org)

**Not My Kid**  
*Education programs-substance abuse, bullying, internet safety and more*  
602-652-0163  
[notmykid.org](http://notmykid.org)

**Teen Lifeline, Inc.**  
*Suicide counseling*  
800-248-8336 | 602-248-8336 after 4 p.m.  
[teenlifeline.org](http://teenlifeline.org)

**Tumbleweed (24-hr crisis hotline)**  
*Immediate aid such as safety, shelter and food to homeless and at-risk youth, long term assistance through case management services such as education, life skills, counseling, transitional housing and job placement*  
602-841-5799  
[tumbleweed.org](http://tumbleweed.org)
**Child Care/After School Care**

A New Leaf, Inc. Childcare Programs  
After school programs  
480-832-9268  
turnanewleaf.org/services/youth-behavioral.html

Chandler School District – Child Care  
Child care for ages 0-5, Kids Express before and after school care for grades K-8  
480-224-3900 | 480-224-3922  
cusd80.com/Page/87257

Child Care Resources & Referral  
Resource to find quality child care near you  
1-800-308-9000  
arizonachildcare.org

East Valley Jewish Community Center  
Early learning center for all, school break camps, and preschool  
480-897-0588  
evjcc.org

Gilbert Boys & Girls Club  
After school, teen & summer programs; youth and teen sports leagues; homework assistance  
480-813-2020  
clubzona.org/gilbertbranch.html

Gilbert Public Schools –VIK  
Before & after school programs K-6th grade, full day programs ages 3-5 yrs old, summer programs  
480-892-9089 x100  
gilbertschools.net/parent_zone/before___after_school_programs/

Gilbert Public Schools-ToyBox  
Early education child care program for ages 3-5  
480-497-3300  
gilbertschools.net/cms/One.aspx?portalId=63564&pageId=701130

Higley School District – Kids Club  
Before/After, summer & school break programs ages 3-12  
480-279-7055  
www.husd.org/domain/1854

**Counseling Services**

A New Leaf, Inc. Counseling Service  
Counseling center for children and youth  
480-969-4024  
turnanewleaf.org/services/youth-behavioral.html

Childhelp  
For children affected by child abuse  
480-922-8212  
childhelp.org

EMPACT  
Suicide prevention  
480-784-1514  
empact-spc.com

Family Service Agency Counseling  
Out-patient behavioral health clinic  
fsaphoenix.org/outpatient-services/  
602-264-9891

Gilbert Youth & Adult Resources  
Comprehensive counseling program for Gilbert youth and families  
480-635-7701  
gilbertaz.gov/departments/police/community/yo uth-adult-resources

Jewish Family and Children’s Services  
Counseling & behavioral health services  
602-279-7655  
jfcsaz.org

Valle Del Sol  
Adult, youth and family counseling  
602-258-6797  
valledelsol.com
Domestic Violence & Sexual Abuse

A New Leaf / Autumn House Domestic Violence Shelter
Refuge from abuse and violence
480-890-3039
turnanewleaf.org/services/domestic-violence.html

AZ Coalition to End Sexual and Domestic Violence
Helpline, education, resourcing
602-279-2900 or 1-800-799-7233 | TTY 1-800-787-3224
acesdv.org

Community Alliance Against Family Abuse (CAAFA)
Emergency shelter, support groups, legal advocacy, case management, sexual assault victim advocacy
480-982-0205
caafaaz.org

Chrysalis Shelter
Includes shelter, transitional housing, adult and child counseling, court victim advocacy and offender treatment for women, men and children.
602-955-9059
noabuse.org

Domestic Violence Support/Shelter
Shelter search, answers to domestic violence questions
480-890-3039
domesticshelters.org

DOVES – 50+
602-264-2255 | TTY/TDD 602-241-6110
Senior Helpline 602-264-4357
Helps victims of late-life (ages 50+) domestic violence
aaaphx.org/program-services/doves-program

Fresh Start Women’s Resource Center
Education, resources and support for women
602-252-8494
www.freshstartwomen.org

Gilbert Youth & Adult Resources
Comprehensive counseling program for Gilbert youth and families
480-635-7701
gilbertaz.gov/departments/police/youth-adult-resources

Mesa Center Against Family Violence (ACFAN)
On-scene crisis intervention from trained Victim Services personnel; medical attention is provided on-site to physical and sexual assault victims;
480 644-4075
acfan.net/centers/mesa-center.htm

My Sister’s Place-DV shelter
Domestic violence shelter
480-821-1024
catholiccharitiesaz.org/phoenix/domestic-violence

National Domestic Violence Hotline
800-799-7233 | TTY 1-800-787-3224
thel hotline.org

Winged Hope
Assistance with treatment of domestic violence
480-757-7030
Wingedhope.org

Woman Shelters
Listings of shelters, transitional housing, residential treatment centers and women’s residential services.
womenshelters.org/sta/arizona

Drugs

See “Alcohol and/or Drugs” on p. 4
Eating Disorders

Healthy Futures-Scottsdale
Focuses on curing eating issues
480-451-8500
healthyfuturesaz.com

Ophelia’s Place-Gilbert
Support and education for eating disorders
480-436-7683
opheliasplace.org

Rosewood Ranch – Tempe
General counseling, nutrition, and psychiatric services for eating disorders
1-844-203-8398
rosewoodranch.com/locations/rosewood-tempe/

Education Resources-
Adult & Youth

Arizona Department of Education
High quality educational opportunities to all
602-542-5393 | 1-800-352-4558
azed.gov/eee/

Arizona Kids Think Too
Serving disadvantaged youth and their families providing academic tutoring, family education nights, early literacy interventions, and more
602-441-2443
azkids.azptc.us

Arizona Literacy and Learning Center, Inc.
Help children and youth who have literacy/dyslexia and other language-based disorders
602-212-1089
mightycause.com/organization/Azliteracy

First Things First
Healthy development and learning of young children
602-771-5100 | 1-877-803-7234
azftf.gov/Pages/default.aspx

Fresh Start Women’s Resource Center
Education, resources and support for women
602-252-8494
freshstartwomen.org

Friendly House
Early Childhood Development Center, Adult Education, Workforce Development, Family Immigration Services, College & Career Readiness Program, Homecare for Seniors/Physically Disabled, Parent Education & Drug Prevention, Emergency Supportive Services
602-257-1870
www.friendlyhouse.org

Healthy Families Arizona
Resources for families
480-545-1901 ext. 15886
https://des.az.gov/services/disabilities/early-intervention/resources-families

Junior Achievement of Arizona
Money management skills
480-377-8500
jaaz.org

New Directions Institute for Early Childhood Brain Development
Provides parents and caregivers with training and tools for optimal development
602-371-1366
arizonaschildren.org/ndi

Southeast Regional Library
Storytime, baby time and more
602-652-3000
mcldaz.org/custom/branches/southeast.aspx

Perry Branch Library
Storytime, baby time and more
602-652-3000
mcldaz.org/custom/branches/perry.aspx

Southwest Human Development
Child development, early literacy, disability services
602-266-5976
swhd.org
Emergency/Crisis

9-1-1
Stop a crime! Report a fire! Save a Life!

Adult Protective Services
1-877-767-2385 | 602-542-4446
azdes.gov/daas/aps/

Child Crisis Center
Foster care and adoption services
480-834-9424
childcrisis.org

Department of Child Safety
1-888-767-2445 | TDD 602-530-1831
dcs.az.gov/

Gilbert Police Non-Emergency
480-503-6500
gilbertaz.gov/police

Maricopa CRISIS Line
602-222-9444
crisisnetwork.org

Starbright Foundation for Abused Children
Housing for victims of trafficking and child abuse
480-371-3381
starbrightfoundation.org

Urgent Psychiatric Care (UPC)
Adult only 24 hr emergency/crisis psychiatric care
602-416-7600
connectionsarizona.com

Food/Clothing

AZCEND
Emergency & supplemental food boxes
480-963-1423
azcend.org/food-bank/

Clothes Cabin
Clothes, steel toed work boots, laundry service for the homeless
480-285-4111
clothescabin.org

Friendly House
Food boxes, hygiene boxes
602-257-1870
friendlyhouse.org/programs/family-services/

Matthew’s Crossing Food Bank
Emergency and supplemental food boxes
480-857-2296
matthewscrossing.org

Open Arms Care Center
Supplemental food & clothing
480-539-0175
openarmscc.com

Paz de Cristo
Diapers & hygiene products, clothing, and clothing vouchers
480-464-2370
pazdecristo.org/

Employment Services

Arizona Women’s Education & Employment
Connect clients with better jobs
602-601-7200
awee.org

Fresh Start Women’s Resource Center
Education, resources and support for women
602-252-8494
freshstartwomen.org

Maricopa Workforce Connections – Gilbert
Job placement, skills assessments, job training, career counseling and resume development.
602-372-9700 | 602-506-5911
TTY/TDD 602-506-4802
maricopaworkforceconnection.com
**Food/Clothing**

**Salvation Army – Chandler Corp**  
Food pantry and meal program  
480-963-2041  
salvationarmyusa.org

**St. Anne’s Friends of the Needy**  
Food, clothing toys, household appliances  
480-507-4400  
stanneaz.org/connect/ministries/outreach/friends-of-the-needy

**St. Mary’s Food Bank Alliance**  
Food distribution warehouse to agency partners  
602-242-3663  
firstfoodbank.org

**St. Vincent de Paul**  
Dining rooms, clothing distribution  
602-261-6886 | 602-266-4673  
stvincentdepaul.net

**United Food Bank**  
Food distribution warehouse to agency partners  
480-926-4897  
unitedfoodbank.org

**Vineyard Community Church**  
Clothing and food boxes  
480-892-5898  
vineyardaz.com

**Functional/Special Needs**

**Arizona Autism United (AZA United)**  
Services for children with autism and their families  
602-773-5773  
azaunited.org

**AZ Center for the Blind & Visually Impaired**  
Promoting resourcefulness, independence, dignity and employability  
602-273-7411  
www.acbvi.org

**AZ Commission for the Deaf & Hard of Hearing**  
Referral center for issues related to people with hearing loss  
TTY 800-352-8161 | Voice 602-542-3323  
acdhh.org

**AZ Dept. Economic Security – Services for Blind, Visually Impaired and Deaf**  
Assist individuals to achieve employment  
480-820-8629  
https://des.az.gov/services/employment/arizona-rehabilitation-services

**Arizona Governor’s Council on Spinal and Head Injuries**  
Resources and information  
602-774-9148  
azheadspine.org

**Arizona Relay Service 7-1-1**  
Assists in connecting deaf, hard of hearing, deaf-blind or have difficulty speaking to whom they need to reach  
TTY 1-800-367-8939 | Voice 1-800-842-4681  
azrelay.org

**Autism Society of Greater Phoenix**  
Mentoring, support groups, advocacy  
480-940-1093  
phxautism.org/

**Autism Speaks**  
Resources for programs and services  
888-288-4762  
autismspeaks.org/resource-guide/state/AZ

**A Brighter Avenue**  
Therapies, early autism programs, in home services  
480-474-4173  
abrighteravenue.org

**Chandler Gilbert ARC**  
Teaching and support to individuals with intellectual and developmental disabilities  
480-892-9422  
cgarc.org
Functional/Special Needs

Civitan Foundation
Respite, habilitation, attendant care, day treatment for adults, home and community based services, group supported employment and recreational events. Transportation is offered to and from services. 602-953-2944
civitanfoundationaz.com

Cornerstone Healthcare Inc.
In home service provider 1-800-743-8013
cornerstonehealthcareaz.com/

Foundation for Blind Children
Education, tools and services to those with vision loss 602-331-1470 | 602-678-5800 seeitourway.org

Gilbert Adaptive Recreation Program
Programs and activities for 14+ with adaptive recreation needs 480-503-6270

AZ HBS- Home Based Services
Habilitation, respite and attendant care 480-577-5925 | 480-351-9479 Azhbs.com

Marc Community Resources Inc.
Educational, therapeutic, rehabilitation and social services to children & adults with developmental, physical disabilities and behavioral health challenges 480-969-3800 marccr.com/

Smiles for Special Needs
Respite, habilitation and attendant care 480-361-1972 smilesforspecialneeds.com/Home_Page.html

Southwest Autism Research and Resource Center
Clinical, school-based, and employment-based autism programs and services 602-340-8717 autismcenter.org

Southwest Human Development
Developmental assessments, inclusion program, assistive technology, autism services and more 602-266-5976 swhd.org

Valley Center of the Deaf
Provide services to help live independently 602-267-9122 vcdaz.org

Grief & Loss

GriefShare
Support for grief journey after loss of a loved one 480-600-8352 Cfalie.org or griefsharie.org

Hospice of the Valley
For adults or teens who have suffered a loss 602-530-6900 hov.org/grief-support-groups

MISS Foundation
For those who have lost a child 1-602-279-6477 https://missfoundation.org/

New Song Center for Grieving Children
Support groups and activities for children, teens or young adults who have lost a loved one 480-951-8985 hov.org/welcome-new-song-center-grieving-children

Stepping Stones of Hope
Support groups and camps for kids, teens, adults and families who have lost a loved one 602-264-7520 steppingstonesofhope.org
Health Services: Low/No Cost

Adalante Healthcare, Inc.
Primary medical care for the whole family, including family and internal medicine, pediatrics, dental and on-site lab, WIC/nutrition and help applying for AHCCCS and other assistance.
877-809-5092
adelantehealthcare.com

Arizona Health Care Cost Containment System (AHCCCS)
Medicaid agency that provides medical insurance and health care programs
602-417-7100 | 1-800-334-5283
azdes.gov/main.aspx?menu=357&id=5255

Dignity Health-Chandler Regional
Diabetes self-management classes, children’s and adult immunization clinics, children’s hearing and vision screenings, oral health education and services, safety education and prenatal classes,
480-728-3000
dignityhealth.org/chandlerregional

Desert Mission Medical Services
Adult day healthcare senior enrichment programs
602-331-5792
desertmission.com/programs/community-healthcare/

Mission of Mercy-MOM
Free medical care and prescription medications
480-758-8343
momaz.org

Banner Gateway Medical Center
480-543-2000 | 855-256-6444
bannerhealth.com/locations/gilbert/banner-gateway-medical-center

Banner Heart Hospital
480-854-5000
www.bannerhealth.com/locations/mesa/banner-heart-hospital

Cardon Children’s Medical Center
480-412-5437
bannerhealth.com/locations/mesa/cardon-children’s-medical-center

Chandler Regional Medical Center
480-728-3000
dignityhealth.org/chandlerregional

Mission of Mercy-Gilbert
Free medical care and prescription medications
480-989-8558
momaz.org

Oasis Behavioral Health Hospital
480-917-9301
obhhospital.com

Hospitals: Psychiatric

Aurora Psychiatric
877-870-7012
aurorabehavioral.com

Banner Behavioral Health
bannerhealth.com/locations/scottsdale/banner-behavioral-health-hospital
480-448-7500

Community Bridges Inc.
480-962-7711 or 877-931-9142
communitybridgesaz.org/

Oasis Behavioral Health Hospital
480-917-9301
obhhospital.com

Banner Desert Medical Center
480-412-3000
bannerhealth.com/locations/mesa/banner-desert-medical-center

Cardon Children’s Medical Center
480-412-5437
bannerhealth.com/locations/mesa/cardon-children’s-medical-center

Chandler Regional Medical Center
480-728-3000
dignityhealth.org/chandlerregional

Mission of Mercy-Gilbert
Free medical care and prescription medications
480-989-8558
momaz.org

Oasis Behavioral Health Hospital
480-917-9301
obhhospital.com
**Hospitals: Psychiatric**

- **Phoenix Children’s Hospital** (up to age 12)
  602-933-1000 | 1-888-908-5437
  phoenixchildrens.org

- **Quail Run Behavioral Health** (8-11 yrs & adults)
  602-455-5700
  quailrunbehavioral.com

- **St. Luke’s Behavioral**
  602-251-8535 | 1-800-821-4193
  stlukesbehavioralhealth.com

- **Urgent Psychiatric Care (UPC)**
  602-416-7600
  connectionsarizona.com

**Housing & Rent Assistance**

- **Affordable Rental Movement of Save the Family**
  Transitional housing and supportive services for homeless families with children
  480-898-0228
  savethefamily.org

- **Gilbert Cares**
  Refurbish homes for seniors, veterans, disabled and families at risk
  480-857-8581
  gilbertcares.org

- **Gilbert Community Action Program (CAP)**
  Rent & Utility assistance
  480-892-5331
  Azcend.org/community-action-program/

- **Habitat for Humanity**
  Builds and improves homes for individuals & families
  602-268-9022
  habitatcaz.org

**Homes for Single Moms**

Help single mother homeowners manage & maintain their homes with support, resources, education and maintenance
homesforsinglemom.org/

**Rebuilding Together**

Critical repairs and accessibility modifications at no cost to income-eligible seniors, veterans, families with young children, and those with disabilities
480-774-0237
rtvos.org/

**Salvation Army – Chandler Office**

Assist with paying utilities, rent or other vital payments
480-963-2041
arizona.salvationarmy.org/arizona/chandler_corp_s_community_center_page

**Town of Gilbert - Emergency Home Repair Program**

Emergency and minor home repairs to income eligible Gilbert homeowners to assist with health or safety related home repairs.
480-503-6277
gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/emergency-minor-home-repair-program

**Immigration Services**

- **MP legal services LLC**
  Prepares legal documents
  602-357-0811
  perezlegalservicesaz.com/

- **Sanchez Immigration**
  Practices federal immigration and nationality law
  480-275-2407
  sanchezimmigration.com/

- **The Widow’s Mite**
  Assists African refugees
  facebook.com/widowsmiteaz/
Legal

AZ Coalition to End Sexual and Domestic Violence (ACESDV)

Legal Advocacy Hotline
602-279-2900 | 800-782-6400
TTD/TTY 602.279.7270
acesdv.org

Arizona Fair Housing Center

Investigate housing discrimination and civil rights complaints.
602-548-1599 | 1-800-367-8939
http://azfairhousing.net/

Community Legal Services

Legal services to lower income eligible residents experiencing legal problems
480-833-1442 (EV) | 602-258-3434 (Phx)
clsaz.org

Family Legal Assistance Program (FLAP)

Free or reduced fee legal help for those who qualify
602-506-7948 | 602-257-4434
azlawhelp.org

State Bar of Arizona

Resources on finding a lawyer, legal help and education
602-252-4804
azbar.org

VITA-Volunteer Income Tax Assistance

Taxes prepared for free
480-834-2113
irs.treasury.gov/freetaxprep

Lesbian, Gay, Bisexual, Transgendered, Queer (LGBTQ)

1 N 10

Provide support groups & social programs for youth 14-24
602-279-0894
onenten.org/

GLSEN

Community connections & crisis assistance
602-705-9780
glsenphoenix.org

Greater Phoenix Gay & Lesbian Chamber of Commerce

Supports an inclusive business environment
480-748-6681
phoenixgaychamber.com

Parents Families and Friends of Lesbians & Gays (PFLAG) Phoenix

Provides support to those on the journey
602-843-1404
pflagphoenix.org

Phoenix Pride

Promotes unity, visibility and self-esteem through programs
602-277-7433
phoenixpride.org

Teen Lifeline

24 hr service with trained peer counselors
602-248-8336
teenlifeline.org

Trevor Project

Crisis intervention and suicide prevention for LGBTQ youth
866-488-7386
thetrevorproject.org
Mental/Behavioral Health

AZ Teen Crisis Solutions
602-879-9600 | Crisis Text 741741

Community Bridges
Crisis stabilization services and emergency interventions
877-931-9142
communitybridgesaz.org

EMPATH
Mobile crisis support, case management and trauma healing program
1-800-273-8255
empact-spc.com

Exhale PTSD Recovery Centers
Specializing in recovery from trauma through therapy, support, behavioral health, housing and treatment services.
1(866)994-PTSD
https://exhalerecovery.com/

Gilbert Youth & Adult Resources
Comprehensive counseling program for Gilbert youth and families
480-635-7701
gilbertaz.gov/police

IMHR Epicenter Phx (ages 15-35)
Therapy, education, support and medicine management
602-595-5447
imhrepicenter.org

Jewish Family & Children Services
Counseling & behavioral health services, substance abuse counseling and recovery
480 820-0825 | 602-279-7655
jfcasaz.org

Mercy Maricopa Integrated Care
Connect to behavioral health, substance use and crisis care services
602-222-9444 | 1-800-631-1314
TYY/TDD 1-800-327-9254
mercy.maricopa.org

NAMI Valley of the Sun office
Advocates for access to services, treatment and education programs
602-244-8166
namivalleyofthesun.org

Redemption Psychiatry & Counseling
Outpatient group to provide mental health treatment to children, teens and adults in the East Valley
480 471-8560
redemptionpsychiatry.com

San Tan Behavioral Health
Screening/assessments, treatment planning, counseling, life skills, behavior coaching, and therapeutic recreation programs
480-507-3644
santanbhs.com

Southwest Behavioral & Health Services
Providing integrated behavioral & health services to children, adolescents and adults
480-820-5422 | 602-265-8338
sbhservices.org

Military/Veterans

American Red Cross
Supports military families during deployments and emergencies
602-336-6660
redcross.org/what-we-do/support-military-families or www.redcross.org/find-help

CRISIS Line
Connect with a qualified responder
480-784-1500
480-784-1514 Veterans Crisis Line
602-277-5551 Phx VA Health Care
veteranscrisisline.net

Military/Veterans Crisis Line
Free VA support for all service members
800-273-8255 press 1
veteranscrisisline.net/activateduty.aspx
Military/Veterans

Military OneSource
Assistance in preparing for deployment, homecoming and reintegration
800-342-9647
militaryonesource.mil/deployment/military-and-family-support-programs

Guard and reserve family resources for deployment, benefits and support available
military.com/spouse/military-life/military-resources/family-support-services.html

Operation Welcome Home
Assist in coordinating deployment and welcome home ceremonies. Nominate a veteran.
480-400-9349
operationwelcomehomeaz.com/

Project Sanctuary
Supports military families and assists with reintegration
720-561-9193
projectsanctuary.us/

Rally Point Arizona
Veterans helping veterans and their families with suicide prevention
480-784-1514 | 1-855-725-5948
rallypointaz.org

Veteran’s Affairs Health Clinic - Gilbert
Primary health care, psychiatry, psychology dermatology, gastroenterology and rheumatology.
480-397-2800
phoenix.va.gov/locations/southeast.asp

Veterans Hospital
Health care services, dental, nutrition, and mental health services
602-277-5551
https://www.phoenix.va.gov/

Choices Pregnancy Center
Free consultations, ultrasounds, pregnancy tests and pregnancy information
480-733-2740
choicesaz.org

Hope Women’s Center
Safe haven for at-risk women and girls
480-983-4673 (AJ) | 602-715-0999 (Phx)
hopewomenscenter.org

Maggie’s Place
House of hospitality for pregnant and parenting women in need
602-262-5555
maggiesplace.org

Pregnancy Care Center of Gilbert
Free pregnancy testing, options counseling, ultrasounds, referrals and resources. PCC does not provide or refer for abortions.
480-237-4810
http://pccchandler.com/

Recovery Centers

Community Bridges, Inc.
Crisis stabilization services are emergency interventions that can last up to a maximum of 23 hours. Services include medically monitored stabilization, triage, evaluation, assessment, and transitional services for individuals who have either used a substance within the last five days, or are currently experiencing a substance or co-morbid related crisis.
1550 North Stonehenge Drive, Suite 104
Gilbert, 85233 (877) 931-9142
https://communitybridgesaz.org/programs/crisis-stabilization-medical-detoxification/
https://communitybridgesaz.org/

Eureka Imperial Residence
Private traditional rehab located in Arizona, Gilbert. Eureka Imperial Residence offers inpatient programs for men struggling with alcohol and drug abuse.
1740 South Heritage Drive
Gilbert, 85295
1(888) 771-6276
https://www.rehab.com/eureka-imperial-residence/5181079-r

Exhale PTSD Recovery Centers
*Specializing in recovery from trauma through therapy, support, behavioral health, housing and treatment services.*
1(866)994-PTSD
https://exhalerecovery.com/

MHCTI DBA Step Two Recovery Center
*Substance abuse treatment services, aftercare addiction treatment, residential long-term inpatient treatment, adolescent’s addiction treatment.*
3771 East Brooks Farm Road
Gilbert, Arizona 85298
1(888)-203-2709
https://www.rehabcenter.net/rehab-centers/arizona-rehab-centers/gilbert/mhcti-dba-step-two-recovery-center

Pathway Program
*Teen/ Young Adult support groups, parent support group, intensive outpatient treatment, residential treatment.*
4820 S. Mill Ave Suite 101
Tempe, Arizona 85282
1(877)-921-4050
https://thepathwayprogram.com/

Seniors

About Care, Inc.
*Transportation, respite care, minor repairs*
480-802-2331
aboutcare.org

Alzheimer’s Association
*Education and support to caregivers, patients, and families*
602-528-0545
alz.org/dsw?set=1

Area Agency on Aging
*Advocate for older adults and senior help line.*

602-264-2255 | TTY/TDD 602-241-6110
www.aaaphx.org

Arizona Assisted Living Facilities & Senior Care
*Senior placement organization to help families find safe care options*
866-560-5656
carepatrol.com

Seniors

Ability360
*Removal of architectural barriers in the homes of residents with disabilities.*
480-655-9750
ability360.org/

Chandler Senior Center
*Recreational, social and support services including an on-site hot lunch program*
480-782-2720
chandleraz.gov/explore/chandler-recreation/centers-and-facilities/chandler-senior-center

East Valley Adult Resources
*In home support, referral & care information*
480-964-9014
evadultresources.org

East Valley Dial-a-Ride
*ADA transportation for those unable to use the local bus service due to a disability*
602-253-5000
valleymetro.org/dial-ride

Gilbert Community Center-Home of Senior Center
*On-site daily lunch program, classes, activities and health presentations.*
480-503-6061
gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/seniors

Meals - Home Delivered
*Hot meal is delivered to homes Monday-Friday*
602-264-4357
aaaphx.org/program-services/home-delivered-meals/

Senior Help Line
24 hr information and assistance resource to help you find the service you need for transportation, housing, long-term care, meals, home care, etc.
602-264-4357
aaaphx.org

Senior Guidance
Assisted living resources
seniorguidance.org/assisted-living/arizona/

Shelters: Homeless

Centralized Screening for Homeless Individuals and Families
Singles 602-759-5356
Families 602-595-8700
Domestic Violence 480-890-3039
Youth 602-271-9904
Veterans & Veteran Families 602-248-6040

Child Crisis Center (ages 0-11)
Provides emergency shelter to children
480-969-2308
childcrisisaz.org/

Interfaith Homeless Emergency Lodging Program (I-HELP)-Chandler
Safe place to sleep, hot meal and shower for adults experiencing homelessness. Case management, clothing and employment services.
480-963-1423x112
http://azcend.org/i-help/

Maggie’s Place
House of hospitality for pregnant and parenting women in need
602-246-3724
maggiesplace.org

Special Needs
See “Functional Needs” on p. 12

Suicide
9-1-1

American Foundation for Suicide prevention
Provides resources and aid to those affected
1-888-333-2377
afsp.org

Suicide

AZ Teen Crisis Solutions
623-879-9600 (24 hr)

Crisis Response Network (CRN)
24/7 crisis response network to assist children and adults connect with medical, legal, affordable housing services and more.
602-222-9444
crisisnetwork.org

EMPACT Suicide Prevention Hotline
480-784-1500|1-800-273-8255
empact-spc.com

The Jason Foundation
School based curriculum, online staff development programs and parent seminars
1-888-881-2323
jasonfoundation.com

Mercy Maricopa Integrated Care
Crisis intervention, support and referrals available 24 hrs a day
602-222-9444
mercymaricopa.org/members/resources/crisis

National Suicide Prevention Hotline
1-800-273-8255
suicidepreventionlifeline.org

Teen Lifeline
Suicide counseling with trained peer counselors
602-248-8336
teenlifelineTeen.org
Trevor Project
*Crisis intervention and suicide prevention for LGBTQ youth*
866-488-7386
thetrevorproject.org

Veteran’s Administration, Veteran’s Crisis
*Free VA support for all service members*
1-800-273-8255 | 480-353-0293
phoenix.va.gov

**Support Groups**

**Al Anon/Alateen**
Support for family members and teens who are worried about someone with a drinking problem
602-249-1257 | 480-969-6144
https://al-anon.org/

**Alcoholics Anonymous**
Meetings for those who have had a drinking problem
602-264-1341
aaphoenix.org | http://aamesaaz.org/

**Alzheimer’s Association**
Support individuals, families, care partners and communities affected by dementia.
1-800-272-3900
alz.org

**Autism Speaks**
Resources for programs and services
480-231-4214 | 1-888-288-4762
autismspeaks.org/resource-guide/state/AZ

**Hidden Heroes - Military Caregivers**
Support for those caring for an injured service member
202-249-7172
https://hiddenheroes.org/

**NAMI-National Alliance on Mental Illness**
Meetings of caregivers of individuals with a mental illness
602-244-8166
namiarizona.org/

Teen Addiction Anonymous
*Created for teens 15-18 by teens to reflect on life issues, work on behavior and find peer support.*
teenaddictionanonymous.com

**Transportation**

**About Care**
Transportation to medical, groceries and/or social appointments
480-802-2331
aboutcare.org

**ComTrans**
Specialized community behavioral health and social service transportation for adults and children to medical or counseling appointments
602-231-0102
gocomtrans.com

**East Valley Dial-A-Ride**
ADA transportation for those unable to use the local bus service due to a disability
480-633-0101
valleymetro.org/dial-ride

**Valley Metro**
480-921-3071 | 602-253-5000
Bus and rail information
valleymetro.org

**Utility Assistance**

**Gilbert Community Action Program (CAP)**
Emergency financial and utility assistance
480-892-5331
azcend.org/community-action-program

**Salvation Army – Chandler Office**
Assist with paying utilities, rent or other vital payments
480-963-2041 | 480-786-4093
chandler.salvationarmy.org
Southwest Gas – Low-Income Ratepayer Assistance (LIRA)
Qualified individuals can receive a 30% reduction in monthly basic service charge and a “per therm” rate discount
877-860-6020
myaccount.swgas.com/content/lira

St. Anne-Friends of the Needy
Utility bill assistance for basic needs like water, gas, and electricity.
480-507-4466
stanneaz.org/connect/ministries/outreach/friends-of-the-needy

SRP Economy Price Plan
Receive a monthly discount if qualified
602-236-8888
srpnet.com/prices/economy.aspx

Veterans
See “Military” on p. 17

Volunteer Opportunities
For Our City – Gilbert
irun4good.org/

Gilbert Gives (Chamber for Good)
chamberforgood.com/gilbert

Just Serve
justserve.org

Town of Gilbert
gilbertaz.gov/residents/volunteer

VolunteerMatch
volunteermatch.org

Miscellaneous
Abandoned Ride-Share Bikes
LimeBike (Green and Yellow Bikes)
888-546-3345

support@limebike.com

Spin (Orange Bikes)
888-262-5189 (instant messaging available)
www.spin.pm

OFO (Yellow Bikes)
support@ofobike.com

Abandoned Shopping Cart
Arizona Food Marketing Alliance
1-800-THE-CART or 1-800-843-2278

Bees
For bees on private property, contact a bee removal service.
If the bees are actively attacking, Call 9-1-1.

Community Information & Referral
(2-1-1)
211
cir.org

Home Safety Evaluations
Town of Gilbert Fire and Rescue
gilbertaz.gov/departments/fire-and-rescue
480-503-6300

Maricopa Government Directory
www.maricopa.gov/

Mosquitos
Information on how to control mosquitos and entities to contact for assistance
gilbertaz.gov/departments/public-works/wastewater/mosquito-control

Phoenix Community ToolBank
Lends organizations tools for use in volunteer and community benefit projects
602-438-4005
phoenix.toolbank.org

Poison Control
800-222-1222
Silent Witness
480-948-6377
silentwitness.org/

Stray/Feral Cats
Maricopa County Animal Control
https://www.maricopa.gov/3560/Animal-Care-and-Control

Roof Rats
Maricopa County Vector Control Office & Lab
602-506-0700
https://www.maricopa.gov/2179/Roof-Rat-Resources