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This is a brief listing of some of the providers available in and near Gilbert. This guide is intended to connect residents with community assets, provide information about resources to improve quality of life and offer access to information for residents who are in need of services.

The Town of Gilbert (Gilbert) does not endorse any provider or evaluate the quality of service provided. You are encouraged to research and determine the best provider for your family.

Gilbert accepts no liability for the content of this Resource Guide, or for the consequences of any actions taken on the basis of the information provided.

Other resources may be available at 211, Maricopa County Health Services and County Department of Public Health and via 211 at cir.org.

It’s our goal to provide current and accurate information; however businesses may have changed locations or contact information. To report errors or to submit additional agencies for consideration, click here.

Date Revised: 9/23/2019
Heritage Center-Gilbert
Provides access to medical, dental, counseling, and social services; hosts workshops
132 W Bruce Ave, Gilbert 85233
480-428-5446
gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/heritage-center

AZCEND
CAP office- Emergency financial assistance for utilities and eviction prevention.
Family Resource Center- free parenting education workshops, interactive family play opportunities, story time for families with children 0-5
480-428-5446
azcend.org

Dignity Health
Children’s dental clinic, immunization clinics, vision and hearing clinics for children, workshops
Children’s Dental 480-728-5790
Hearing & Vision 480-728-5602
Immunization Clinic  480-728-3777 (Espanola)
        480-728-2004 (English)
Healthy Living Workshops  480-728-2376
dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach

Mission of Mercy-MOM
Free medical care and prescription medications
480-758-8343
momaz.org

Southwest Behavioral & Health Services
Counseling services, case management, Child and Family Team Meetings, resource development, and community outreach
480-695-8198
www.sbhservices.org

Women, Infant & Children (WIC)
Nutrition and breastfeeding information, health foods, community referrals
602-506-9333
maricopa.gov/1491/Women-Infants-Children-WIC

Abuse, Adult & Children
9-1-1
Adult Protective Services
Services to protect adults from abuse, neglect or exploitation
1-877-767-2385
azdes.gov/daas/aps

Arizona Department of Child Safety
Report suspected child abuse, neglect, exploitation or abandonment
1-888-767-2445
dcs.az.gov/

Winged Hope
Assistance with treatment of child abuse or domestic violence
480-757-7030
wingedhope.org

Adoption/Foster Care
Aid to Adoption of Special Kids
Connecting children in foster care to mentors, creates families through adoption and foster care
602-254-2275
aask-az.org

Arizona Friends of Foster Children Foundation (AFFCF)
Resources for foster kids to participate in athletic, educational, and other social activities
602-252-9445
affcf.org

ASA Now
Respite care, therapeutic programs, and support for foster families and caregivers
asanow.org

Boost a Foster Family
Provides assistance to Arizona foster families and those seeking foster care licensure
480-298-5665
boostafosterfamily.org
Adoption/Foster Care

Child Crisis Arizona: Family Resource Center, Adoption, Foster Care
*Education classes, foster care and adoption services*
480-834-9424
cchildcrisisaz.org/

Eagle Pathway
*Resource for youth and single moms exiting foster care*
480-225-6664
eaglepathway.com

Foster Care & Adoption - Arizona's Children Association
*Train and support foster care families; provide adoption services*
800-944-7611
arizonaschildren.org/foster-adopt/

Foster Arizona
*Connecting kids to foster families, lists steps to become foster/adoptive family*
fosterarizona.org

Helen’s Hope Chest
*Clothes, personal hygiene items, school supplies, and baby items for children in foster care*
mesaunitedway.org/helenshope/
480-834-2121

Jose’s Closet
*Clothes, school backpacks, toys, diapers and other resources for foster/adoptive families*
480-313-8496
josescloset.org

LDS Family Services: AZ Mesa LDS Family Services Office
1-800-453-3860 ext. 2-1711
480-968-2995
providentliving.org/lds-family-services/adoption-resources

Alcohol and/or Drugs

Arizona Addiction Treatment Information
*Information on treatment addiction centers near you, include specialized programs and diverse treatment types*
888-365-2740
rehabcenter.net/inpatient-rehab-centers/arizona-inpatient-rehab-centers/

Arizona Bridge to Recovery (ABR)
*Addiction Recovery Center for drugs and alcohol*
480-649-1141
communitybridgesaz.org/program-directory/

ASAP - Adolescent Substance Abuse Program
*Treatment program for people ages 12-18 years old*
602-434-0249
asapaz.com

ASPIRE Outpatient Women’s Substance Abuse Treatment
*Substance abuse counseling, trauma therapy, in-home visits, peer-to-peer support, transportation and childcare to encourage participation*
480-768-6022
communitybridgesaz.org/programs/womens-and-childrens/aspire/

Community Bridges
*Crisis mobile teams, inpatient/outpatient opioid and mental health treatment*
877-931-9142
communitybridgesaz.org

Celebrate Recovery
*Recovery ministry*
480-257-3968
sunvalley.com/recovery-care

Center for Hope
*Transitional housing program for women; assists with substance abuse and behavioral health*
480.461.1711
communitybridgesaz.org/videos/center-for-hope/
Alcohol and/or Drugs

Chandler Valley Hope
Addiction treatment facility; residential and partial day levels of care
480-899-3335
valleyhope.org/locations/chandler-valley-hope/

Dynamic Living Counseling
Counseling, classes and treatment services
480-507-9919
dynamicliving.net/

East Valley Addiction Recovery Center
Health programs pertaining to prevention & treatment
480-962-7711
communitybridgesaz.org/program-directory/

Gilbert Youth & Adult Resources
Comprehensive counseling program
480-635-7701
gilbertaz.gov/departments/police/community/yo uth-adult-resources

Transitional Living Communities
Safe, secure, and sober environment for recovery from addictions and alcoholism
480-833-0143
transitionalliving.org

Pathways Program for Teens/YA
Rehab treatment center
877-921-4050
thepathwayprogram.com

Hope for Addiction, Inc.
Weekly meetings, mentorship, transition support and practical tools
480-782-0403
myhopeforaddiction.com

Salvation Army Adult Rehabilitation Center
Residential recovery program
1-800-728-7825 | 602-256-4500
salvationarmyphoenix.org/#!adult-rehabilitation-center/c1lgc

Teen Challenge of Arizona
Faith-based solutions for youth, adults and families struggling with life controlling problems
800-346-7859
tcaz.org

Other Rehab Resources
addictioncenter.com/rehabs/arizona/
www.rehabcenter.net/inpatient-rehab-centers/arizona-inpatient-rehab-centers/
transitionalliving.org

Animals: Stray or Injured Animals/Animal Cruelty, Emergency Placement

Arizona Medical Center of Chandler
Full service hospital, spay/neuter, dentistry diagnostics, dermatology and spa services, and more
480-339-0406
amcofc.com

Arizona Humane Society
Rescue and adoptions
602-997-7585 x134
azhumane.org

HALO Animal Rescue
Adoptions and rescues
602-971-9222
halorescue.org

Maricopa County Animal Care & Control
Pet adoptions, file dog licenses, post lostFOUND pets, and report pet incidents
602-506-3011
maricopa.gov/pets
Injured Wildlife

Arizona Covey
Quail care
602-996-1934

East Valley Wildlife
Care for small birds/mammals, including ducks, doves, woodpeckers, hummingbird, rabbits, squirrels, etc.
480-814-9339 or evwildlife@aol.com
eastvalleywildlife.org

Liberty Wildlife
Rehabilitation for birds, mammals, reptiles, & amphibians, environmental educational, *conservation services
480-998-5550
libertywildlife.org/

Southwest Wildlife Conservation Center
Rescue/rehabilitation of Arizona wildlife
480-471-9109
southwestwildlife.org

Wild Wing Rescue
Bird rescue
480-893-6660

Benefits

Arizona Health Care Cost Containment System (AHCCCS)
Medical insurance coverage
602-417-7100 | Application 855-432-7587
des.az.gov/services/basic-needs/ahcccs-health-insurance-medical-assistance

Arizona Long Term Care System (ALTCS)
Medicaid program to help seniors and disabled individuals afford health care
602-417-6600
altcs.com

DES Childcare Assistance
Financial aid for child care assistance
602-542-2526
des.az.gov/services/basic-needs/child-care-home

Medicare
Health care assistance for 65+
1-800-772-1213 | TTY 1-800-325-0778
ssa.gov/medicare/apply.html

Nutrition Assistance
(formerly Food Stamp program)
Supports families to prevent under-nutrition
1-855-432-7587
azdes.gov/nutrition_assistance

Social Security Disability (SSI/SSDI)
Benefits to disabled adults and children
1-800-772-1213 | TTY 1-800-325-0778
socialsecurity.gov/disabilityssi/ssi.html

Social Security (Retirement)
Retirement financial benefits
1-800-772-1213
ssa.gov/retirement/retirement.htm

Temporary Assistance for Needy Families (TANF)
Temporary cash assistance to meet basic needs
1-855-432-7587
des.az.gov/content/cash-assistance-overview

Women, Infants and Children (WIC)
Nutrition program, supplemental foods and referrals for pregnant, breastfeeding and postpartum women, infants and children under 5
1-800-252-5942
azdhs.gov/azwic

Child/Teen Services

Big Brothers Big Sisters
Mentoring program for 6-18
602-264-9254 | TTY 1-800-367-8939
bbbsaz.org
Child/Teen Services

Boys Town National Crisis Hotline
Provide information, guidance, and expertise
800-448-3000
boystown.org

Chandler-Gilbert YMCA
Sports, childcare, community programs
480-899-9622
valleymca.org/chandler-gilbert

Florence Crittenton Services of Arizona
Housing, outpatient and skills programs
602-274-7318 | TDD 602-288-4551
flocrit.org

Gilbert Boys & Girls Club
After school, teen and summer programs; youth and teen sports leagues; homework assistance
480-813-2020
clubzona.org/gilbertbranch.html

HomeBase Youth Services – Homeless Youth/Native American Connections
Affordable housing assistance, drug and alcohol recovery, family stabilization, and community wellness
602-263-5531
hbys.org

HandsOn Greater Phoenix
Coordinates volunteer opportunities
602-973-2212
handsonphoenix.org

Not My Kid
Education programs—substance abuse, bullying, internet safety and more
602-652-0163
notmykid.org

Teen Lifeline, Inc.
Suicide counseling
800-248-8336 | 602-248-8336 after 4 p.m.
teenlifeline.org/

Tumbleweed (24-hr crisis hotline)
Immediate aid such as safety, shelter and food to homeless and at-risk youth, long term assistance through case management services such as education, life skills, counseling, transitional housing and job placement
602-841-5799
tumbleweed.org

Child Care/After School Care

A New Leaf, Inc. Childcare Programs
After school programs
480-832-9268
turnanewleaf.org/services/youth-behavioral.html

Chandler School District – Child Care
Child care for ages 0-5, Kids Express before and after school care for grades K-8
480-224-3900 | 480-224-3922
cusd80.com/Page/87257

Child Care Resources & Referral
Resource to find quality child care near you
1-800-308-9000
arizonachildcare.org

East Valley Jewish Community Center
Early learning center for all, school break camps, and preschool
480-897-0588
evicc.org

Gilbert Boys & Girls Club
After school, teen and summer programs; youth and teen sports leagues; homework assistance
480-813-2020
clubzona.org/gilbertbranch.html

Gilbert Public Schools – VIK
Before/After school programs K-6th grade, full day programs ages 3-5 yrs old, summer programs
480-892-9089 x100
gilbertschools.net/parent_zone/before_after_schol_programs/
**Child Care/After School Care**

Gilbert Public Schools-ToyBox  
*Early education child care program for ages 3-5*  
480-497-3300  
gilbertschools.net/cms/One.aspx?portalId=63564&pageId=701130

Higley School District – Kids Club  
*Before/After, summer and school break programs*  
ages 3-12  
480-279-7055  
www.husd.org/domain/1854

**Counseling Services**

A New Leaf, Inc. Counseling Service  
*Counseling center for children and youth*  
480-969-4024  
turnanewleaf.org/services/youth-behavioral.html

Childhelp  
*For children affected by child abuse*  
480-922-8212  
childhelp.org

EMPACT  
*Suicide prevention*  
480-784-1514  
empact-spc.com

Family Service Agency Counseling  
*Out-patient behavioral health clinic*  
fsaphoenix.org/outpatient-services/  
602-264-9891

Gilbert Youth & Adult Resources  
*Comprehensive counseling program for Gilbert youth and families*  
480-635-7701  
gilbertaz.gov/departments/police/community/yo uth-adult-resources

Jewish Family and Children’s Services  
*Counseling and behavioral health services*  
602-279-7655  
jfcsaz.org

**Domestic Violence & Sexual Abuse**

A New Leaf/ Autumn House Domestic Violence Shelter  
*Refuge from abuse and violence*  
480-890-3039  
turnanewleaf.org/services/domestic-violence.html

AZ Coalition to End Sexual and Domestic Violence  
*Helpline, education, resourcing*  
602-279-2900 or 1-800-799-7233 | TTY 1-800-787-3224  
acesdv.org

Community Alliance Against Family Abuse (CAAFA)  
*Emergency shelter, support groups, legal advocacy, case management, sexual assault victim advocacy*  
480-982-0205  
caafaaz.org

Chrysalis Shelter  
*Includes shelter, transitional housing, adult and child counseling, court victim advocacy and offender treatment for women, men and children.*  
602-955-9059  
noabuse.org

Domestic Violence Support/Shelter  
*Shelter search, answers to domestic violence questions*  
480-890-3039  
domesticshelters.org
Domestic Violence & Sexual Abuse

DOVES – 50+
602-264-2255 | TTY/TDD 602-241-6110
Senior Helpline 602-264-4357
Helps victims of late-life (ages 50+) domestic violence
aaaphx.org/program-services/doves-program

Fresh Start Women’s Resource Center
Education, resources and support for women
602-252-8494
www.freshstartwomen.org

Gilbert Youth & Adult Resources
Comprehensive counseling program for Gilbert youth and families
480-635-7701
gilbertaz.gov/departments/police/youth-adult-resources

Mesa Center Against Family Violence (ACFAN)
On-scene crisis intervention from trained Victim Services personnel; medical attention is provided on-site to physical and sexual assault victims;
480 644-4075
acfan.net/centers/mesa-center.htm

My Sister’s Place-DV shelter
Domestic violence shelter
480-821-1024
catholiccharitiesaz.org/phoenix/domestic-violence

National Domestic Violence Hotline
800-799-7233 | TTY 1-800-787-3224
thehotline.org

Winged Hope
Assistance with treatment of domestic violence
480-757-7030
Wingedhope.org

Women Shelters
Listings of shelters, transitional housing, residential treatment centers and women’s residential services.
womenshelters.org/sta/arizona

Drugs

See “Alcohol and/or Drugs” on p. 4

Eating Disorders

Healthy Futures-Scottsdale
Focuses on curing eating issues
480-451-8500
healthyfuturesaz.com

Ophelia’s Place-Gilbert
Support and education for eating disorders
480-436-7683
opheliasplace.org

Rosewood Ranch – Tempe
General counseling, nutrition, and psychiatric services for eating disorders
1-844-203-8398
rosewoodranch.com/locations/rosewood-tempe/

Education Resources-Adult & Youth

Arizona Department of Education
High quality educational opportunities to all
602-542-5393 | 1-800-352-4558
azed.gov/ece/

Arizona Kids Think Too
Serving disadvantaged youth and their families providing academic tutoring, family education nights, early literacy interventions, and more
602-441-2443
azkids.azptc.us
Education Resources-Adult & Youth

Arizona Literacy and Learning Center, Inc.
Help children and youth who have literacy/dyslexia and other language-based disorders
602-212-1089
mightycause.com/organization/Azliteracy

Family Education and Support Services
Provides FREE parenting worship for parents and caregivers of children birth to five years old
602-371-1366
arizonaschildren.org/parenting-education

First Things First
Healthy development and learning of young children
602-771-5100 | 1-877-803-7234
azftf.gov/Pages/default.aspx

Fresh Start Women's Resource Center
Education, resources and support for women
602-252-8494
freshstartwomen.org

Friendly House
Early Childhood Development Center, Adult Education, Workforce Development, Immigration Services, College/Career Readiness Program, Homecare for Seniors/Physically Disabled, Parent Education and Drug Prevention, Emergency Supportive Services
602-257-1870
www.friendlyhouse.org

Healthy Families Arizona
Resources for families
480-545-1901 ext. 15886
https://des.az.gov/services/disabilities/early-intervention/resources-families

Junior Achievement of Arizona
Money management skills
480-377-8500
jaaz.org

Southeast Regional Library
Storytime, baby time and more
602-652-3000
mcldash.org/custom/branches/southeast.aspx

Perry Branch Library
Storytime, baby time and more
602-652-3000
mcldash.org/custom/branches/perry.aspx

Southwest Human Development
Child development, early literacy, disability services
602-266-5976
swhd.org

Emergency/Crisis

9-1-1
Stop a crime! Report a fire! Save a life!

Adult Protective Services
1-877-767-2385 | 602-542-4446
azdes.gov/daas/aps/

Child Crisis Center
Foster care and adoption services
480-834-9424
childcrisis.org

Department of Child Safety
1-888-767-2445 | TDD 602-530-1831
dcs.az.gov/

Maricopa CRISIS Line
602-222-9444
crisisnetwork.org

Starbright Foundation for Abused Children
Housing for victims of trafficking and child abuse
480-371-3381
starbrightfoundation.org

Urgent Psychiatric Care (UPC)
Adult only 24 hr emergency/crisis psychiatric care
602-416-7600
connectionsarizona.com
### Employment Services

**Arizona Women’s Education & Employment**  
*Connect clients with better jobs*  
602-601-7200  
[awee.org](http://awee.org)

**Fresh Start Women’s Resource Center**  
*Education, resources and support for women*  
602-252-8494  
[freshstartwomen.org](http://freshstartwomen.org)

**Goodwill Career Center**  
*No cost career services to those in need of achieving employment & sustainable wages*  
602-535-4444  
[goodwillaz.org/locations/?filter=career-center](http://goodwillaz.org/locations/?filter=career-center)

**Maricopa Workforce Connections – Gilbert**  
*Job placement, skills assessments, job training, career counseling and resume development.*  
602-372-9700 | 602-506-5911  
TTY/TDD 602-506-4802  
[maricopaworkforceconnection.com](http://maricopaworkforceconnection.com)

**St. Joseph the Worker**  
*Help individuals return to work and become self-sufficient, provides access to job opportunities*  
602-417-9854  
[sjwjobs.org](http://sjwjobs.org)

### Food/Clothing

**AZCEND**  
*Emergency and supplemental food boxes*  
480-963-1423  
[azcend.org/food-bank/](http://azcend.org/food-bank/)

**Clothes Cabin**  
*Clothes, steel toed work boots, laundry service for the homeless*  
480-285-4111  
[clothescabin.org](http://clothescabin.org)

**Friendly House**  
*Food boxes, hygiene boxes*  
602-257-1870  
[friendlyhouse.org/programs/family-services/](http://friendlyhouse.org/programs/family-services/)

**Matthew’s Crossing Food Bank**  
*Emergency and supplemental food boxes*  
480-857-2296  
[matthewscrossing.org](http://matthewscrossing.org)

**Open Arms Care Center**  
*Supplemental food and clothing*  
480-539-0175  
[openarmscsc.com](http://openarmscsc.com)

**Paz de Cristo**  
*Diapers, hygiene products, clothing, and clothing vouchers*  
480-464-2370  
[pazdecristo.org/](http://pazdecristo.org/)

**Salvation Army – Chandler Corp**  
*Food pantry and meal program*  
480-963-2041  
[salvationarmyusa.org](http://salvationarmyusa.org)

**St. Anne’s Friends of the Needy**  
*Food, clothing toys, household appliances*  
480-507-4400  

**St. Mary’s Food Bank Alliance**  
*Food distribution warehouse to agency partners*  
602-242-3663  
[firstfoodbank.org](http://firstfoodbank.org)

**St. Vincent de Paul**  
*Dining rooms, clothing distribution*  
602-261-6886 | 602-266-4673  
[stvincentdepaul.net](http://stvincentdepaul.net)

**United Food Bank**  
*Food distribution warehouse to agency partners*  
480-926-4897  
[unitedfoodbank.org](http://unitedfoodbank.org)
Vineyard Community Church
Clothing and food boxes
480-892-5898
vineyardaz.com

Functional/Special Needs

Arizona Autism United (AZA United)
Services for children with autism and their families
602-773-5773
azaunited.org

AZ Center for the Blind & Visually Impaired
Promoting resourcefulness, independence, dignity and employability
602-273-7411
www.acbvi.org

AZ Commission for the Deaf & Hard of Hearing
Referral center for issues related to people with hearing loss
TTY 800-352-8161 | Voice 602-542-3323
acdhh.org

AZ Dept. Economic Security – Services for Blind, Visually Impaired and Deaf
Assist individuals to achieve employment
480-820-8629
https://des.az.gov/services/employment/arizona-rehabilitation-services

Arizona Governor’s Council on Spinal and Head Injuries
Resources and information
602-774-9148
azheadspine.org

Arizona Relay Service 7-1-1
Assists in connecting deaf, hard of hearing, deaf-blind or have difficulty speaking to whom they need to reach
TTY 1-800-367-8939 | Voice 1-800-842-4681
azrelay.org

Autism Society of Greater Phoenix
Mentoring, support groups, advocacy
480-940-1093
phxautism.org/

Autism Speaks
Resources for programs and services
888-288-4762
autismspeaks.org/resource-guide/state/AZ

A Brighter Avenue
Therapies, early autism programs, in home services
480-474-4173
abrighteravenue.org

Brain Injury Alliance of Arizona
Services to improve the quality of life for those with brain injuries and their families
602-508-8024 | 1-888-500-9165
biaaz.org

Chandler Gilbert ARC
Teaching and support to individuals with intellectual and developmental disabilities
480-892-9422
cgarc.org

Civitan Foundation
Respite, habilitation, attendant care, day treatment for adults, home and community based services, group supported employment and recreational events Transportation is offered to and from services.
602-953-2944
civitanfoundationaz.com

Cornerstone Healthcare Inc.
In home service provider
1-800-743-8013
cornerstonehealthcareaz.com/

Foundation for Blind Children
Education, tools and services to those with vision loss
602-331-1470 | 602-678-5800
seeitourway.org
Functional/Special Needs

Gilbert Adaptive Recreation Program
Programs and activities for 14+ with adaptive recreation needs
480-503-6270

AZ HBS- Home Based Services
Habilitation, respite and attendant care
480-577-5925 | 480-351-9479
Azhbs.com

Marc Community Resources Inc.
Educational, therapeutic, rehabilitation and social services to children and adults with developmental, physical disabilities and behavioral health challenges
480-969-3800
marccr.com/

Smiles for Special Needs
Respite, habilitation and attendant care
480-361-1972
smilesforspecialneeds.com/Home_Page.html

Southwest Autism Research and Resource Center
Clinical, school-based, and employment-based autism programs and services
602-340-8717
autismcenter.org

Southwest Human Development
Developmental assessments, inclusion program, assistive technology, autism services and more
602-266-5976
swhd.org

Valley Center of the Deaf
Provide services to help live independently
602-267-9122
vcdaz.org

Grief & Loss

GriefShare
Support for grief journey after loss of a loved one
480-600-8352
Cfalife.org or griefsharie.org

Hospice of the Valley
For adults or teens who have suffered a loss
602-530-6900
hov.org/grief-support-groups

MISS Foundation
For those who have lost a child
1-602-279-6477
https://missfoundation.org/

New Song Center for Grieving Children
Support groups and activities for children, teens or young adults who have lost a loved one
480-951-8985
hov.org/welcome-new-song-center-grieving-children

Stepping Stones of Hope
Support groups and camps for kids, teens, adults and families who have lost a loved one
602-264-7520
steppingstonesofhope.org

Health Services:
Low/No Cost

Adalante Healthcare, Inc.
Primary medical care, family & internal medicine, pediatrics, dental, WIC/nutrition and help applying for AHCCCS and other assistance.
877-809-5092
adelantehealthcare.com

Arizona Health Care Cost Containment System (AHCCCS)
Medicaid agency that provides medical insurance and health care programs
602-417-7100 | 1-800-334-5283
azdes.gov/main.aspx?menu=357&id=5255
Dignity Health-Chandler Regional
*Diabetes self-management classes, children’s and adult immunization clinics, children’s hearing and vision screenings, oral health education and services, safety education and prenatal classes,*
480-728-3000
dignityhealth.org/chandlerregional

Desert Mission Medical Services
*Adult day healthcare senior enrichment programs*
602-331-5792
desertmission.com/programs/community-healthcare/

Mission of Mercy-MOM
*Free medical care and prescription medications*
480-758-8343
momaz.org

**Hospitals: Medical**

Banner Desert Medical Center
480-412-3000
bannerhealth.com/locations/mesa/banner-desert-medical-center

Banner Gateway Medical Center
480-543-2000 | 855-256-6444
bannerhealth.com/locations/gilbert/banner-gateway-medical-center

Banner Heart Hospital
480-854-5000
www.bannerhealth.com/locations/mesa/banner-heart-hospital

Cardon Children’s Medical Center
480-412-5437
bannerhealth.com/locations/mesa/cardon-children-s-medical-center

Chandler Regional Medical Center
480-728-3000
dignityhealth.org/chandlerregional

Mercy Gilbert Medical Center
480-728-8000
dignityhealth.org/mercygilbert/

Phoenix Children’s Hospital
602-933-1000
phoenixchildrens.org

**Hospitals: Psychiatric**

Aurora Psychiatric
877-870-7012
aurorabehavioral.com

Banner Behavioral Health
bannerhealth.com/locations/scottsdale/banner-behavioral-health-hospital
480-448-7500

Community Bridges Inc.
480-962-7711 or 877-931-9142
communitybridgesaz.org/

Oasis Behavioral Health Hospital
480-917-9301
obhhospital.com

Phoenix Children’s Hospital (up to age 12)
602-933-1000 | 1-888-908-5437
phoenixchildrens.org

Quail Run Behavioral Health
(8-11 yrs & adults)
602-455-5700
quailrunbehavioral.com

St. Luke’s Behavioral
602-251-8535 | 1-800-821-4193
stlukesbehavioralhealth.com

Urgent Psychiatric Care (UPC)
602-416-7600
connectionsarizona.com
Housing & Rent Assistance

Affordable Rental Movement of Save the Family
Transitional housing and supportive services for homeless families with children
480-898-0228
savethefamily.org

Gilbert Community Action Program (CAP)
Rent & Utility assistance
480-892-5331
Azcend.org/community-action-program/

Habitat for Humanity
Builds and improves homes for individuals and families
602-268-9022
habitatcaz.org

Homes for Single Moms
Help single mother homeowners manage and maintain their homes with support, resources, education and maintenance
homesforsinglemoms.org/

House of Refuge
Provides homeless families with transitional housing and services to reach self-sufficiency and help find a permanent home
480-988-9242
houseofrefuge.org

Rebuilding Together
Critical repairs and accessibility modifications at no cost to income-eligible seniors, veterans, families with young children, and those with disabilities
480-774-0237
rtvos.org/

Salvation Army – Chandler Office
Assist with paying utilities, rent or other vital payments
480-963-2041
arizona.salvationarmy.org/arizona/chandler_corps_community_center_page

Town of Gilbert - Emergency Home Repair Program
Emergency and minor home repairs to income eligible Gilbert homeowners to assist with health or safety related home repairs.
480-503-6277
gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/emergency-minor-home-repair-program

Immigration Services

MP legal services LLC
Prepares legal documents
602-357-0811
perezlegalservicesaz.com/

Sanchez Immigration
Practices federal immigration and nationality law
480-275-2407
sanchezimmigration.com/

The Widow’s Mite
Assists African refugees
facebook.com/widowsmiteaz/

Translation AZ
Professional translation services for all languages
1-800-620-4789
translationaz.com/translation-services/

Legal

AZ Coalition to End Sexual and Domestic Violence (ACESDV)
Legal Advocacy Hotline
602-279-2900 | 800-782-6400
TTD/TTY 602.279.7270
acesdv.org

Community Legal Services
Legal services to lower income eligible residents experiencing legal problems
480-833-1442 (EV) | 602-258-3434 (Phx)
clsaz.org
Legal

Family Legal Assistance Program (FLAP)
Free or reduced fee legal help for those who qualify
602-506-7948 | 602-257-4434
azlawhelp.org

State Bar of Arizona
Resources on finding a lawyer, legal help and education
602-252-4804
azbar.org

VITA-Volunteer Income Tax Assistance
Taxes prepared for free
480-834-2113
irs.treasury.gov/freetaxprep

Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ)

1 N 10
Provide support groups and social programs for youth 14-24
602-279-0894
onenten.org/

GLSEN
Community connections and crisis assistance
602-705-9780
glensenphoenix.org

Greater Phoenix Gay & Lesbian Chamber of Commerce
Supports an inclusive business environment
480-748-6681
phoenixgaychamber.com

Parents Families and Friends of Lesbians & Gays (PFLAG) Phoenix
Provides support to those on the journey
602-843-1404
pflagphoenix.org

Phoenix Pride
Promotes unity, visibility and self-esteem through programs
602-277-7433
phoenixpride.org

Teen Lifeline
24 hr service with trained peer counselors
602-248-8336
teenlifeline.org

Trevor Project
Crisis intervention and suicide prevention for LGBTQ youth
866-488-7386
thetrevorproject.org

Mental/Behavioral Health

AZ Teen Crisis Solutions
602-879-9600 | Crisis Text 741741

Community Bridges
Crisis stabilization services and emergency interventions
877-931-9142
communitybridgesaz.org

EMPACT
Mobile crisis support, case management and trauma healing program
1-800-273-8255
empact-spc.com

Exhale PTSD Recovery Centers
Specializing in recovery from trauma through therapy, support, behavioral health, housing and treatment services.
1(866)994-PTSD
https://exhalerecovery.com/

Gilbert Youth & Adult Resources
Comprehensive counseling program for Gilbert youth and families
480-635-7701
gilbertaz.gov/police
Mental/Behavioral Health

IMHR Epicenter Phx (ages 15-35)
Therapy, education, support and medicine management
602-595-5447
imhrepicenter.org

Jewish Family & Children Services
Counseling and behavioral health services, substance abuse counseling and recovery
480 820-0825 | 602-279-7655
jfcsaz.org

Mercy Maricopa Integrated Care
Connect to behavioral health, substance use and crisis care services
602-222-9444 | 1-800-631-1314
TTY/TDD 1-800-327-9254
mercymaricopa.org

NAMI Valley of the Sun office
Advocates for access to services, treatment and education programs
602-244-8166
namivalleyofthesun.org

Redemption Psychiatry & Counseling
Outpatient group to provide mental health treatment to children, teens and adults in the East Valley
480 471-8560
redemptionpsychiatry.com

San Tan Behavioral Health
Screening/assessments, treatment planning, counseling, life skills, behavior coaching, and therapeutic recreation programs
480-507-3644
santanbhs.com

Southwest Behavioral & Health Services
Providing integrated behavioral and health services to children, adolescents and adults
480-820-5422 | 602-265-8338
sbhservices.org

Military/Veterans

American Red Cross
Supports military families during deployments and emergencies
602-336-6660
redcross.org/what-we-do/support-military-families or www.redcross.org/find-help

CRISIS Line
Connect with a qualified responder
480-784-1500
480-784-1514 Veterans Crisis Line
602-277-5551 Phx VA Health Care
veteranscrisisline.net

Military/Veterans Crisis Line
Free VA support for all service members
800-273-8255 press 1
veteranscrisisline.net/activeduty.aspx

Military OneSource
Assistance in preparing for deployment, homecoming and reintegration
800-342-9647
militaryonesource.mil/deployment/military-and-family-support-programs

Military.com
Guard and reserve family resources for deployment, benefits and support available
military.com/spouse/military-life/military-resources/family-support-services.html

Operation Welcome Home
Assist in coordinating deployment and welcome home ceremonies. Nominate a veteran.
480-400-9349
operationwelcomehomeaz.com/

Project Sanctuary
Supports military families and assists with reintegration
720-561-9193
projectsanctuary.us/
Military/Veterans

Rally Point Arizona
Veterans helping veterans and their families with suicide prevention
480-784-1514 | 1-855-725-5948
rallypointaz.org

Veteran’s Affairs Health Clinic-
Gilbert
Primary health care, psychiatry, psychology
dermatology, gastroenterology and rheumatology.
480-397-2800
phoenix.va.gov/locations/southeast.asp

Veterans Hospital
Health care services, dental, nutrition, and mental
health services
602-277-5551
https://www.phoenix.va.gov/

Pregnancy

Choices Pregnancy Center
Free consultations, ultrasounds, pregnancy tests
and pregnancy information
480-733-2740
choicesaz.org

Hope Women’s Center
Safe haven for at-risk women and girls
480-983-4673 (AJ) | 602-715-0999 (Phx)
hopewomenscenter.org

Maggie’s Place
House of hospitality for pregnant and parenting
women in need
602-262-5555
maggiesplace.org

Pregnancy Care Center of Gilbert
Free pregnancy testing, options counseling,
ultrasounds, referrals and resources. PCC does
not provide or refer for abortions.
480-237-4810
http://pccchandler.com/

Recovery Centers

Community Bridges, Inc.
Crisis stabilization services and emergency
interventions can last up to 23 hours
https://communitybridgesaz.org/

Eureka Imperial Residence
Private traditional rehab located in Gilbert. Eureka
Imperial Residence offers inpatient programs for
men struggling with alcohol and drug abuse.
1(888) 771-6276
https://www.rehab.com/eureka-imperial-
residence/5181079-r

Exhale PTSD Recovery Centers
Specializing in recovery from trauma through
therapy, support, behavioral health, housing and
treatment services.
1(866)994-PTSD
https://exhalerecovery.com/

MHCTI DBA Step Two Recovery Center
Substance abuse treatment services, aftercare
addiction treatment, residential long-term
inpatient treatment, adolescent’s addiction
treatment in Gilbert.
1(888)-203-2709
https://www.rehabcenter.net/rehab-
centers/arizona-rehab-centers/gilbert/mhcti-dba-
step-two-recovery-center

Pathway Program
Teen/ Young Adult support groups, parent support
group, intensive outpatient treatment, residential
treatment.
1(877)-921-4050
https://thepathwayprogram.com/
Seniors

About Care, Inc.
Transportation, respite care, minor repairs
480-802-2331
aboutcare.org

Alzheimer’s Association
Education and support to caregivers, patients, and families
602-528-0545
alz.org/dsw?set=1

Area Agency on Aging
Advocate for older adults and senior help line.
602-264-2255 | TTY/TDD 602-241-6110
www.aaaphx.org

Arizona Assisted Living Facilities & Senior Care
Senior placement organization to help families find safe care options
carepatrol.com
caring.com
seniorguidance.org/assisted-living/arizona/

Ability360
Removal of architectural barriers in the homes of residents with disabilities.
480-655-9750
ability360.org/

Chandler Senior Center
Recreational, social and support services including an on-site hot lunch program
480-782-2720
chandleraz.gov/explore/chandler-recreation/centers-and-facilities/chandler-senior-center

East Valley Adult Resources
In home support, referral and care information
480-964-9014
evadultresources.org

East Valley Dial-a-Ride
ADA transportation for those unable to use the local bus service due to a disability
602-253-5000
valleymetro.org/dial-ride

Gilbert Community Center-Home of Senior Center
On-site daily lunch program, classes, activities and health presentations.
480-503-6061
gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/seniors

Meals - Home Delivered
Hot meal is delivered to homes Monday-Friday
602-264-4357
aaaphx.org/program-services/home-delivered-meals/

Senior Help Line
24 hr information and assistance resource to help you find the service you need for transportation, housing, long-term care, meals, home care, etc.
602-264-4357
aaaphx.org

Senior Guidance
Senior health information
drugwatch.com/health/seniors

Shelters: Homeless

Centralized Screening for Homeless Individuals and Families
Singles 602-759-5356
Families 602-595-8700
Domestic Violence 480-890-3039
Youth 602-271-9904
Veterans & Veteran Families 602-248-6040

Child Crisis Center (ages 0-11)
Provides emergency shelter to children
480-969-2308
childcrisisaz.org/
Shelters: Homeless

Interfaith Homeless Emergency Lodging Program (I-HELP)-Chandler
Safe place to sleep, hot meal and shower for adults experiencing homelessness. Case management, clothing and employment services.
480-963-1423x112
http://azcend.org/i-help/

Maggie’s Place
House of hospitality for pregnant and parenting women in need
602-246-3724
maggiesplace.org

Special Needs

See “Functional Needs” on p. 12

Suicide

9-1-1
Stop a crime! Report a fire! Save a life!

American Foundation for Suicide prevention
Provides resources and aid to those affected
1-888-333-2377
afsp.org

AZ Teen Crisis Solutions
623-879-9600 (24 hr)

Crisis Response Network (CRN)
24/7 crisis response network to assist children and adults connect with medical, legal, affordable housing services and more.
602-222-9444
crisisnetwork.org

EMPACT Suicide Prevention Hotline
480-784-1500 | 1-800-273-8255
empact-spc.com

The Jason Foundation
School based curriculum, online staff development programs and parent seminars
1-888-881-2323
jasonfoundation.com

Mercy Maricopa Integrated Care
Crisis intervention, support and referrals available
24 hrs a day
602-222-9444
mercymaricopa.org/members/resources/crisis

National Suicide Prevention Hotline
1-800-273-8255
suicidepreventionlifeline.org

Teen Lifeline
Suicide counseling with trained peer counselors
602-248-8336
teenlifelineTeen.org

Trevor Project
Crisis intervention and suicide prevention for LGBTQ youth
866-488-7386
thetrevorproject.org

Veteran’s Administration,
Veteran’s Crisis
Free VA support for all service members
1-800-273-8255 | 480-353-0293
phoenix.va.gov

Support Groups

Al Anon/Alateen
Support for family members and teens who are worried about someone with a drinking problem
602-249-1257 | 480-969-6144
https://al-anon.org/

Alcoholics Anonymous
Meetings for those who have had a drinking problem
602-264-1341
aaphoenix.org | http://aamesaaz.org/
Support Groups

Alzheimer’s Association
Support individuals, families, care partners and communities affected by dementia.
1-800-272-3900
alz.org

Autism Speaks
Resources for programs and services
480-231-4214 | 1-888-288-4762
autismspeaks.org/resource-guide/state/AZ

Hidden Heroes- Military Caregivers
Support for those caring for an injured service member
202-249-7172
https://hiddenheroes.org/

NAMI-National Alliance on Mental Illness
Meetings of caregivers of individuals with a mental illness
602-244-8166
namiarizona.org/

Teen Addiction Anonymous
Created for teens 15-18 by teens to reflect on life issues, work on behavior and find peer support.
teenaddictionanonymous.com

Transportation

About Care
Transportation to medical, groceries and/or social appointments
480-802-2331
aboutcare.org

ComTrans
Specialized community behavioral health and social service transportation for adults and children to medical or counseling appointments
602-231-0102
gocomtrans.com

East Valley Dial-A-Ride
ADA transportation for those unable to use the local bus service due to a disability
480-633-0101
valleymetro.org/dial-ride

Valley Metro
480-921-3071 | 602-253-5000
Bus and rail information
valleymetro.org

Utility Assistance

Gilbert Community Action Program (CAP)
Emergency financial and utility assistance
480-892-5331
azcend.org/community-action-program

Salvation Army – Chandler Office
Assist with paying utilities, rent or other vital payments
480-963-2041 | 480-786-4093
chandler.salvationarmy.org

Southwest Gas – Low-Income Ratepayer Assistance (LIRA)
Qualified individuals can receive a 30% reduction in monthly basic service charge and a “per therm” rate discount
877-860-6020
myaccount.swgas.com/content/lira

St. Anne-Friends of the Needy
Utility bill assistance for basic needs like water, gas, and electricity.
480-507-4466
stanneaz.org/connect/ministries/outreach/friends-of-the-needy

SRP Economy Price Plan
Receive a monthly discount if qualified
602-236-8888
srpnet.com/prices/economy.aspx
Veterans
See “Military” on p. 17

Volunteer Opportunities
For Our City – Gilbert
irun4good.org/

Gilbert Gives (Chamber for Good)
chamberforgood.com/gilbert

Just Serve
justserve.org

Town of Gilbert
gilbertaz.gov/residents/volunteer

VolunteerMatch
volunteermatch.org

**Organizations and programs mentioned throughout this resource guide may have their own volunteer opportunities mentioned on their websites**

Miscellaneous
Abandoned Ride-Share Bikes
LimeBike (Green and Yellow Bikes)
888-546-3345
support@limebike.com

Spin (Orange Bikes)
888-262-5189 (instant messaging available)
www.spin.pm

OFO (Yellow Bikes)
support@ofobike.com

Abandoned Shopping Cart
Arizona Food Marketing Alliance
1-800-THE-CART or 1-800-843-2278

Bees
For bees on private property, contact a bee removal service.
If the bees are actively attacking, Call 9-1-1.

Community Information & Referral (2-1-1)
211
cir.org

Home Safety Evaluations
Town of Gilbert Fire and Rescue
gilbertaz.gov/departments/fire-and-rescue
480-503-6300

Maricopa Government Directory
www.maricopa.gov/

Mosquitos
Information on how to control mosquitos and entities to contact for assistance
gilbertaz.gov/departments/public-works/wastewater/mosquito-control

Phoenix Community Tool Bank
Lends organizations tools for use in volunteer and community benefit projects
602-438-4005
phoenix.toolbank.org

Poison Control
800-222-1222
azpoison.com/

Silent Witness
480-948-6377
silentwitness.org/

Stray/Feral Cats
Maricopa County Animal Control
https://www.maricopa.gov/3560/Animal-Care-and-Control

Roof Rats
Maricopa County Vector Control Office & Lab
602-506-0700
https://www.maricopa.gov/2179/Roof-Rat-Resources