

Human Services

# Community Resource Guide

*Directory of Services in the Gilbert Area*

Spring 2019

[gilbertaz.gov](http://gilbertaz.gov)



## Table of Contents

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<b><u>Heritage Center</u></b> .....	<b>4</b>
<b>Abuse, Adult &amp; Children</b> .....	<b>4</b>
<b>Adoption/Foster Care</b> .....	<b>4</b>
<b>Alcohol and/or Drugs</b> .....	<b>5</b>
<b>Animals: Stray or Injured Animals/Animal Cruelty, Emergency Placement</b> .....	<b>6</b>
<b>Benefits</b> .....	<b>6</b>
<b>Child/Teen Services</b> .....	<b>7</b>
<b>Child Care/After School Care</b> .....	<b>7</b>
<b>Counseling Services</b> .....	<b>8</b>
<b>Domestic Violence &amp; Sexual Abuse</b> .....	<b>9</b>
<b>Drugs see “Alcohol and/or Drugs”</b> .....	<b>9</b>
<b>Eating Disorders</b> .....	<b>9</b>
<b>Education Resources - Adult &amp; Youth</b> .....	<b>10</b>
<b>Emergency/Crisis</b> .....	<b>9</b>
<b>Employment Services</b> .....	<b>10</b>
<b>Food/Clothing</b> .....	<b>10</b>
<b>Functional Needs</b> .....	<b>10</b>
<b>Grief &amp; Loss</b> .....	<b>13</b>
<b>Health Services - Low/No Cost</b> .....	<b>14</b>
<b>Hospitals - Medical</b> .....	<b>14</b>
<b>Hospitals - Psychiatric</b> .....	<b>14</b>
<b>Housing &amp; Rent Assistance</b> .....	<b>13</b>
<b>Immigration Services</b> .....	<b>13</b>
<b>Legal</b> .....	<b>16</b>
<b>Lesbian, Gay, Bisexual, Transgendered, Queer</b> .....	<b>16</b>
<b>Mental/Behavioral Health</b> .....	<b>16</b>

<b>Military/Veterans .....</b>	<b>17</b>
<b>Pregnancy.....</b>	<b>18</b>
<b>Recovery Centers.....</b>	<b>18</b>
<b>Seniors .....</b>	<b>19</b>
<b>Shelters – Homeless.....</b>	<b>20</b>
<b>Special Needs see “Functional Needs” .....</b>	<b>20</b>
<b>Suicide .....</b>	<b>20</b>
<b>Support Groups.....</b>	<b>21</b>
<b>Transportation .....</b>	<b>21</b>
<b>Utility Assistance .....</b>	<b>21</b>
<b>Veterans see “Military” .....</b>	<b>22</b>
<b>Volunteer Opportunities .....</b>	<b>22</b>
<b>Miscellaneous .....</b>	<b>23</b>

This is a brief listing of some of the providers available in and near Gilbert. This guide is intended to connect residents with community assets, provide information about resources to improve quality of life and offer access to information for residents who are in need of services.

The Town of Gilbert (Gilbert) does not endorse any provider or evaluate the quality of service provided. You are encouraged to research and determine the best provider for your family.

Gilbert accepts no liability for the content of this Resource Guide, or for the consequences of any actions taken on the basis of the information provided.

Other resources may be available at 211, Maricopa County Health Services and County Department of Public Health and via 211 at cir.org.

It’s our goal to provide current and accurate information; however businesses may have changed locations or contact information. **To report errors or to submit additional agencies for consideration, [click here.](#)**

Date Revised: 9/24/2018

## Heritage Center-Gilbert

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132 W Bruce Ave, Gilbert 85233  
480-428-5446

[gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/heritage-center](http://gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/heritage-center)

### AZCEND

**CAP office-** Emergency financial assistance for utilities and eviction prevention.

**Family Resource Center-** free parenting education workshops, interactive family play opportunities, story time for families with children 0-5.

480-428-5446

[azcend.org](http://azcend.org)

### Dignity Health

Children's dental clinic, immunization clinics, vision and hearing clinics for children, Mommy Fit Classes, Keeping Kids Safe programs, Healthier Living Self-Management

**Children's Dental 480-292-8728**

**Hearing & Vision 480-728-5602**

**Immunization Clinic 480-728-3777 (children)  
480-728-2004 (adults)**

**Workshops 480-728-2376**

[dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach](http://dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach)

### Mission of Mercy-MOM

Free medical care and prescription medications  
480-758-8343

[momaz.org](http://momaz.org)

### Southwest Behavioral & Health Services

Counseling services, case management, Child and Family Team Meetings, resource development, and community outreach.

480-695-8198

[www.sbhservices.org](http://www.sbhservices.org)

### Women, Infant & Children (WIC)

Nutrition and breastfeeding information, health foods, community referrals

602-506-9333

[maricopa.gov/1491/Women-Infants-Children-WIC](http://maricopa.gov/1491/Women-Infants-Children-WIC)

## Abuse, Adult & Children

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9-1-1

### Adult Protective Services

Services to protect adults from abuse, neglect or exploitation.

1-877-767-2385

[azdes.gov/daas/aps](http://azdes.gov/daas/aps)

### Arizona Department of Child Safety

Report suspected child abuse, neglect, exploitation or abandonment

1-888-767-2445

[dcs.az.gov/](http://dcs.az.gov/)

### Winged Hope

Assistance with treatment of child abuse or domestic violence

480-757-7030

[wingedhope.org](http://wingedhope.org)

## Adoption/Foster Care

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### Aid to Adoption of Special Kids

Connecting children in foster care to mentors, creates families through adoption and foster care

602-254-2275

[aask-az.org](http://aask-az.org)

### ASA Now

Respite care, therapeutic programs, and support for foster families and caregivers

[asanow.org](http://asanow.org)

### Boost a Foster Family

Provides assistance to Arizona foster families and those seeking foster care licensure

480-298-5665

[boostafosterfamily.org](http://boostafosterfamily.org)

### Child Crisis Arizona: Family Resource Center, Adoption, Foster Care

Education classes, foster care and adoption services

(480) 834-9424

[childcrisisaz.org/](http://childcrisisaz.org/)

## Adoption/Foster Care

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### Eagle Pathway

Resource for youth and single moms exiting foster care

480-225-6664

[eaglepathway.com](http://eaglepathway.com)

### Foster Care & Adoption - Arizona's Children Association

Train and support foster care families; provide adoption services

800.944.7611

[arizonaschildren.org/foster-adopt/](http://arizonaschildren.org/foster-adopt/)

### Foster Arizona

Connecting kids to foster families

[fosterarizona.org](http://fosterarizona.org)

### Helen's Hope Chest

Clothes, personal hygiene items, school supplies, & baby items for children in foster care

[mesaunitedway.org/helenshope/](http://mesaunitedway.org/helenshope/)

480-834-2121

### Jose's Closet

Clothes, school backpacks, toys, diapers and other resources for foster/adoptive families

480-313-8496

[josescloset.org](http://josescloset.org)

### LDS Family Services: AZ Mesa LDS Family Services Office

1-800-453-3860 ext. 2-1711

(480)-968-2995

[providentliving.org/lds-family-services/adoption-resources](http://providentliving.org/lds-family-services/adoption-resources)

## Alcohol and/or Drugs

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### Arizona Bridge to Recovery (ABR)

Addiction Recovery Center for drugs & alcohol

480.649.1141

[communitybridgesaz.org/program-directory/](http://communitybridgesaz.org/program-directory/)

### ASAP - Adolescent Substance Abuse

602-434-0249

[asapaz.com](http://asapaz.com)

### ASPIRE Outpatient Women's Substance Abuse Treatment

480-768-6022

[communitybridgesaz.org/programs/womens-and-childrens/aspire/](http://communitybridgesaz.org/programs/womens-and-childrens/aspire/)

### Community Bridges

Crisis mobile teams, inpatient/outpatient opioid & mental health treatment

877-931-9142

[communitybridgesaz.org](http://communitybridgesaz.org)

### Celebrate Recovery

Recovery ministry

480-257-3968

[sunvalley.com/recovery-care](http://sunvalley.com/recovery-care)

### Center for Hope

Transitional housing program for women; assists with substance abuse and behavioral health

480.461.1711

[communitybridgesaz.org/videos/center-for-hope/](http://communitybridgesaz.org/videos/center-for-hope/)

### Chandler Valley Hope

Addiction treatment facility; residential & partial day levels of care

480-899-3335

[valleyhope.org/locations/chandler-valley-hope/](http://valleyhope.org/locations/chandler-valley-hope/)

### Dynamic Living Counseling

Counseling, classes and treatment services

480-507-9919

[dynamicliving.net/](http://dynamicliving.net/)

### East Valley Addiction Recovery Center

480.962.7711

[communitybridgesaz.org/program-directory/](http://communitybridgesaz.org/program-directory/)

### Gilbert Youth & Adult Resources

Comprehensive counseling program

480-635-7701

[gilbertaz.gov/departments/police/community/youth-adult-resources](http://gilbertaz.gov/departments/police/community/youth-adult-resources)

## Alcohol and/or Drugs

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### Pathways Program for Teens/ Young Adults

Rehab treatment center

877-921-4050

[thepathwayprogram.com](http://thepathwayprogram.com)

### Hope for Addiction, Inc.

Weekly meetings, mentorship, transition support  
and practical tools

480-782-0403

[myhopeforaddiction.com](http://myhopeforaddiction.com)

### Salvation Army Adult Rehabilitation Center

Residential recovery program

1-800-728-7825 | 602-256-4500

[salvationarmyphoenix.org/#!/adult-rehabilitation-center/c1lgc](http://salvationarmyphoenix.org/#!/adult-rehabilitation-center/c1lgc)

### Teen Challenge of Arizona

Faith-based solutions for youth, adults and  
families struggling with life controlling problems.

800-346-7859

[tcaz.org](http://tcaz.org)

## Animals: Stray or Injured Animals/Animal Cruelty, Emergency Placement

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### HALO Animal Rescue

Adoptions and rescues

602-971-9222

[halorescue.org](http://halorescue.org)

### Arizona Humane Society

Rescue & adoptions

602-997-7585 x134

[azhumane.org](http://azhumane.org)

### Maricopa County Animal Care & Control

602-506-3011

[maricopa.gov/pets](http://maricopa.gov/pets)

## Injured Wildlife:

### Arizona Covey

(Quail)

602-996-1934

### East Valley Wildlife

(Bird, including ducks; small mammals)

480-814-9339 or [evwildlife@aol.com](mailto:evwildlife@aol.com)

[eastvalleywildlife.org](http://eastvalleywildlife.org)

### Liberty Wildlife

(Birds, mammals, reptiles, amphibians)

480-998-5550

[libertywildlife.org/](http://libertywildlife.org/)

### Southwest Wildlife

(Large Native Arizona mammals)

480-471-9109

[southwestwildlife.org](http://southwestwildlife.org)

### Wild Wing Rescue

(Hummingbirds, Native and migratory songbirds)

480-893-6660

## Benefits

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### Arizona Health Care Cost Containment System (AHCCCS)

Medical insurance coverage

602-417-7100 | Application 855-432-7587

[des.az.gov/services/basic-needs/ahcccs-health-insurance-medical-assistance](http://des.az.gov/services/basic-needs/ahcccs-health-insurance-medical-assistance)

### Arizona Long Term Care System (ALTCS)

Medicaid program to help seniors and disabled  
individuals afford health care

602-417-6600

[altcs.com](http://altcs.com)

### DES Childcare Assistance

Financial aid for child care assistance

602-542-2526

[des.az.gov/services/basic-needs/child-care-home](http://des.az.gov/services/basic-needs/child-care-home)

## Benefits

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### Medicare

Health care assistance for 65+  
**1-800-772-1213 | TTY 1-800-325-0778**  
[ssa.gov/medicare/apply.html](https://ssa.gov/medicare/apply.html)

### Nutrition Assistance (formerly Food Stamp program)

Supports families to prevent under-nutrition  
**1-855-432-7587**  
[azdes.gov/nutrition\\_assistance](https://azdes.gov/nutrition_assistance)

### Social Security Disability (SSI/SSDI)

Benefits to disabled adults and children  
**1-800-772-1213 | TTY 1-800-325-0778**  
[socialsecurity.gov/disabilityssi/ssi.html](https://socialsecurity.gov/disabilityssi/ssi.html)

### Social Security (retirement)

Retirement financial benefits  
**1-800-772-1213**  
[ssa.gov/retirement/retirement.htm](https://ssa.gov/retirement/retirement.htm)

### Temporary Assistance for Needy Families (TANF)

Temporary cash assistance to meet basic needs  
**1-855-432-7587**  
[des.az.gov/content/cash-assistance-overview](https://des.az.gov/content/cash-assistance-overview)

### Women, Infants and Children (WIC)

Nutrition program, supplemental foods & referrals for pregnant, breastfeeding and postpartum women, infants & children under 5  
**1-800-252-5942**  
[azdhs.gov/azwic](https://azdhs.gov/azwic)

## Child/Teen Services

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### Big Brothers Big Sisters

Mentoring program for 6-18  
**602-264-9254 | TTY 1-800-367-8939**  
[bbbsaz.org](https://bbbsaz.org)

### Boys Town National Crisis Hotline

Provide information, guidance, and expertise  
**800-448-3000**  
[boystown.org](https://boystown.org)

### Chandler-Gilbert YMCA

Sports, childcare, community programs

**480-899-9622**

[valleymca.org/chandler-gilbert](https://valleymca.org/chandler-gilbert)

### Florence Crittenton Services of Arizona

Housing, outpatient & skills programs  
**602-274-7318 | TDD 602-288-4551**  
[flocrit.org](https://flocrit.org)

### Gilbert Boys & Girls Club

After school, teen & summer programs; youth and teen sports leagues; homework assistance  
**480-813-2020**  
[clubzona.org/gilbertbranch.html](https://clubzona.org/gilbertbranch.html)

### HomeBase Youth Services – Homeless Youth

Affordable housing  
**602-263-5531**  
[hbys.org](https://hbys.org)

### HandsOn Greater Phoenix

Coordinates volunteer opportunities  
**602-973-2212**  
[handsonphoenix.org](https://handsonphoenix.org)

### Not My Kid

Education programs-substance abuse, bullying, internet safety and more  
**602-652-0163**  
[notmykid.org](https://notmykid.org)

### Teen Lifeline, Inc.

Suicide counseling  
**800-248-8336 | 602-248-8336 after 4 p.m.**  
[teenlifeline.org/](https://teenlifeline.org/)

### Tumbleweed (24-hr crisis hotline)

Immediate aid such as safety, shelter and food to homeless and at-risk youth, long term assistance through case management services such as education, life skills, counseling, transitional housing and job placement  
**602-841-5799**  
[tumbleweed.org](https://tumbleweed.org)

## Child Care/After School Care

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### A New Leaf, Inc. Childcare Programs

*After school programs*

**480-832-9268**

[turnanewleaf.org/services/youth-behavioral.html](http://turnanewleaf.org/services/youth-behavioral.html)

### Chandler School District– Child Care

*Child care for ages 0-5, Kids Express before and after school care for grades K-8*

**480-224-3900 | 480-224-3922**

[cusd80.com/Page/87257](http://cusd80.com/Page/87257)

### Child Care Resources & Referral

*Resource to find quality child care near you*

**1-800-308-9000**

[arizonachildcare.org](http://arizonachildcare.org)

### East Valley Jewish Community Center

*Early learning center for all, school break camps, and preschool*

**480-897-0588**

[evjcc.org](http://evjcc.org)

### Gilbert Boys & Girls Club

*After school, teen & summer programs; youth and teen sports leagues; homework assistance*

**480-813-2020**

[clubzona.org/gilbertbranch.html](http://clubzona.org/gilbertbranch.html)

### Gilbert Public Schools –VIK

*Before & after school programs K-6<sup>th</sup> grade, full day programs ages 3-5 yrs old, summer programs*

**480-892-9089 x100**

[gilbertschools.net/parent\\_zone/before\\_\\_\\_after\\_school\\_programs/](http://gilbertschools.net/parent_zone/before___after_school_programs/)

### Gilbert Public Schools-ToyBox

*Early education child care program for ages 3-5*

**480-497-3300**

[gilbertschools.net/cms/One.aspx?portalId=63564&pageId=701130](http://gilbertschools.net/cms/One.aspx?portalId=63564&pageId=701130)

### Higley School District – Kids Club

*Before/After, summer & school break programs ages 3-12*

**480-279-7055**

[www.husd.org/domain/1854](http://www.husd.org/domain/1854)

## Counseling Services

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### A New Leaf, Inc. Counseling Service

*Counseling center for children and youth*

**480-969-4024**

[turnanewleaf.org/services/youth-behavioral.html](http://turnanewleaf.org/services/youth-behavioral.html)

### Childhelp

*For children affected by child abuse*

**480-922-8212**

[childhelp.org](http://childhelp.org)

### EMPACT

*Suicide prevention*

**480-784-1514**

[empact-spc.com](http://empact-spc.com)

### Family Service Agency Counseling

*Out-patient behavioral health clinic*

[fsaphoenix.org/outpatient-services/](http://fsaphoenix.org/outpatient-services/)

**602-264-9891**

### Gilbert Youth & Adult Resources

*Comprehensive counseling program for Gilbert youth and families*

**480-635-7701**

[gilbertaz.gov/departments/police/community/youth-adult-resources](http://gilbertaz.gov/departments/police/community/youth-adult-resources)

### Jewish Family and Children's Services

*Counseling & behavioral health services*

**602-279-7655**

[jfcsaz.org](http://jfcsaz.org)

### Valle Del Sol

*Adult, youth and family counseling*

**602-258-6797**

[valledelsol.com](http://valledelsol.com)



## Domestic Violence & Sexual Abuse

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### A New Leaf/ Autumn House Domestic Violence Shelter

*Refuge from abuse and violence*

**480-890-3039**

[turnanewleaf.org/services/domestic-violence.html](http://turnanewleaf.org/services/domestic-violence.html)

### AZ Coalition to End Sexual and Domestic Violence

*Helpline, education, resourcing*

**602-279-2900 or 1-800-799-7233 | TTY 1-800-787-3224**

[acesdv.org](http://acesdv.org)

### Community Alliance Against Family Abuse (CAAFa)

*Emergency shelter, support groups, legal advocacy, case management, sexual assault victim advocacy*

**480-982-0205**

[caafaaz.org](http://caafaaz.org)

### Chrysalis Shelter

*Includes shelter, transitional housing, adult and child counseling, court victim advocacy and offender treatment for women, men and children.*

**602-955-9059**

[noabuse.org](http://noabuse.org)

### Domestic Violence Support/Shelter

*Shelter search, answers to domestic violence questions*

**480-890-3039**

[domesticshelters.org](http://domesticshelters.org)

### DOVES – 50+

**602-264-2255 | TTY/TDD 602-241-6110**

**Senior Helpline 602-264-4357**

*Helps victims of late-life (ages 50+) domestic violence*

[aaaphx.org/program-services/doves-program](http://aaaphx.org/program-services/doves-program)

### Fresh Start Women’s Resource Center

*Education, resources and support for women*

**602-252-8494**

[www.freshstartwomen.org](http://www.freshstartwomen.org)

### Gilbert Youth & Adult Resources

*Comprehensive counseling program for Gilbert youth and families*

**480-635-7701**

[gilbertaz.gov/departments/police/youth-adult-resources](http://gilbertaz.gov/departments/police/youth-adult-resources)

### Mesa Center Against Family Violence (ACFAN)

*On-scene crisis intervention from trained Victim Services personnel; medical attention is provided on-site to physical and sexual assault victims;*

**480 644-4075**

[acfan.net/centers/mesa-center.htm](http://acfan.net/centers/mesa-center.htm)

### My Sister’s Place-DV shelter

*Domestic violence shelter*

**480-821-1024**

[catholiccharitiesaz.org/phoenix/domestic-violence](http://catholiccharitiesaz.org/phoenix/domestic-violence)

### National Domestic Violence Hotline

**800-799-7233 | TTY 1-800-787-3224**

[thehotline.org](http://thehotline.org)

### Winged Hope

*Assistance with treatment of domestic violence*

**480-757-7030**

[Wingedhope.org](http://Wingedhope.org)

### Woman Shelters

*Listings of shelters, transitional housing, residential treatment centers and women's residential services.*

[womenshelters.org/sta/arizona](http://womenshelters.org/sta/arizona)

## Drugs

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See “Alcohol and/or Drugs” on p. 4

## Eating Disorders

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### Healthy Futures-Scottsdale

*Focuses on curing eating issues*

**480-451-8500**

[healthyfuturesaz.com](http://healthyfuturesaz.com)

### Ophelia's Place-Gilbert

*Support and education for eating disorders*

**480-436-7683**

[opheliasplace.org](http://opheliasplace.org)

### Rosewood Ranch – Tempe

*General counseling, nutrition, and psychiatric services for eating disorders*

**1-844-203-8398**

[rosewoodranch.com/locations/rosewood-tempe/](http://rosewoodranch.com/locations/rosewood-tempe/)

## Education Resources- Adult & Youth

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### Arizona Department of Education

*High quality educational opportunities to all*

**602-542-5393 | 1-800-352-4558**

[azed.gov/ece/](http://azed.gov/ece/)

### Arizona Kids Think Too

*Serving disadvantaged youth and their families providing academic tutoring, family education nights, early literacy interventions, and more*

**602-441-2443**

[azkids.azptc.us](http://azkids.azptc.us)

### Arizona Literacy and Learning Center, Inc.

*Help children and youth who have literacy/dyslexia and other language-based disorders*

**602-212-1089**

[mightycause.com/organization/Azliteracy](http://mightycause.com/organization/Azliteracy)

### First Things First

*Healthy development and learning of young children*

**602-771-5100 | 1-877-803-7234**

[azftf.gov/Pages/default.aspx](http://azftf.gov/Pages/default.aspx)

### Fresh Start Women's Resource Center

*Education, resources and support for women*

**602-252-8494**

[freshstartwomen.org](http://freshstartwomen.org)

### Friendly House

*Early Childhood Development Center, Adult Education, Workforce Development, Family Immigration Services, College & Career Readiness Program, Homecare for Seniors/Physically Disabled, Parent Education & Drug Prevention, Emergency Supportive Services*

**602-257-1870**

[www.friendlyhouse.org](http://www.friendlyhouse.org)

### Healthy Families Arizona

*Resources for families*

**480-545-1901 ext. 15886**

<https://des.az.gov/services/disabilities/early-intervention/resources-families>

### Junior Achievement of Arizona

*Money management skills*

**480-377-8500**

[jaaz.org](http://jaaz.org)

### New Directions Institute for Early Childhood Brain Development

*Provides parents and caregivers with training and tools for optimal development*

**602-371-1366**

[arizonaschildren.org/ndi](http://arizonaschildren.org/ndi)

### Southeast Regional Library

*Storytime, baby time and more*

**602-652-3000**

[mclidaz.org/custom/branches/southeast.aspx](http://mclidaz.org/custom/branches/southeast.aspx)

### Perry Branch Library

*Storytime, baby time and more*

**602-652-3000**

[mclidaz.org/custom/branches/perry.aspx](http://mclidaz.org/custom/branches/perry.aspx)

### Southwest Human Development

*Child development, early literacy, disability services*

**602-266-5976**

[swhd.org](http://swhd.org)

## Emergency/Crisis

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**9-1-1**

Stop a crime! Report a fire! Save a Life!

### Adult Protective Services

1-877-767-2385 | 602-542-4446

[azdes.gov/daas/aps/](http://azdes.gov/daas/aps/)

### Child Crisis Center

Foster care and adoption services

480-834-9424

[childcrisis.org](http://childcrisis.org)

### Department of Child Safety

1-888-767-2445 | TDD 602-530-1831

[dcs.az.gov/](http://dcs.az.gov/)

### Gilbert Police Non-Emergency

480-503-6500

[gilbertaz.gov/police](http://gilbertaz.gov/police)

### Maricopa CRISIS Line

602-222-9444

[crisisnetwork.org](http://crisisnetwork.org)

### Starbright Foundation for Abused Children

Housing for victims of trafficking and child abuse

480-371-3381

[starbrightfoundation.org](http://starbrightfoundation.org)

### Urgent Psychiatric Care (UPC)

Adult only 24 hr emergency/crisis psychiatric care

602-416-7600

[connectionsarizona.com](http://connectionsarizona.com)

## Employment Services

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### Arizona Women's Education & Employment

Connect clients with better jobs

602-601-7200

[awee.org](http://awee.org)

### Fresh Start Women's Resource Center

Education, resources and support for women

602-252-8494

[freshstartwomen.org](http://freshstartwomen.org)

### Maricopa Workforce Connections – Gilbert

Job placement, skills assessments, job training, career counseling and resume development.

602-372-9700 | 602-506-5911

TTY/TDD 602-506-4802

[maricopaworkforceconnection.com](http://maricopaworkforceconnection.com)

## Food/Clothing

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### AZCEND

Emergency & supplemental food boxes

480-963-1423

[azcend.org/food-bank/](http://azcend.org/food-bank/)

### Clothes Cabin

Clothes, steel toed work boots, laundry service for the homeless

480-285-4111

[clothescabin.org](http://clothescabin.org)

### Friendly House

Food boxes, hygiene boxes

602-257-1870

[friendlyhouse.org/programs/family-services/](http://friendlyhouse.org/programs/family-services/)

### Matthew's Crossing Food Bank

Emergency and supplemental food boxes

480-857-2296

[matthewscrossing.org](http://matthewscrossing.org)

### Open Arms Care Center

Supplemental food & clothing

480-539-0175

[openarmscc.com](http://openarmscc.com)

### Paz de Cristo

Diapers & hygiene products, clothing, and clothing vouchers

480-464-2370

[pazdecristo.org/](http://pazdecristo.org/)

## Food/Clothing

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### Salvation Army – Chandler Corp

Food pantry and meal program

480-963-2041

[salvationarmyusa.org](http://salvationarmyusa.org)

### St. Anne’s Friends of the Needy

Food, clothing toys, household appliances

480-507-4400

[stanneaz.org/connect/ministries/outreach/friends-of-the-needy](http://stanneaz.org/connect/ministries/outreach/friends-of-the-needy)

### St. Mary’s Food Bank Alliance

Food distribution warehouse to agency partners

602-242-3663

[firstfoodbank.org](http://firstfoodbank.org)

### St. Vincent de Paul

Dining rooms, clothing distribution

602-261-6886 | 602-266-4673

[stvincentdepaul.net](http://stvincentdepaul.net)

### United Food Bank

Food distribution warehouse to agency partners

480-926-4897

[unitedfoodbank.org](http://unitedfoodbank.org)

### Vineyard Community Church

Clothing and food boxes

480-892-5898

[vineyardaz.com](http://vineyardaz.com)

## Functional/Special Needs

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### Arizona Autism United (AZA United)

Services for children with autism and their families

602-773-5773

[azaunited.org](http://azaunited.org)

### AZ Center for the Blind & Visually Impaired

Promoting resourcefulness, independence, dignity and employability

602-273-7411

[www.acbvi.org](http://www.acbvi.org)

### AZ Commission for the Deaf & Hard of Hearing

Referral center for issues related to people with hearing loss

TTY 800-352-8161 | Voice 602-542-3323

[acdhh.org](http://acdhh.org)

### AZ Dept. Economic Security – Services for Blind, Visually Impaired and Deaf

Assist individuals to achieve employment

480-820-8629

<https://des.az.gov/services/employment/arizona-rehabilitation-services>

### Arizona Governor’s Council on Spinal and Head Injuries

Resources and information

602-774-9148

[azheadspine.org](http://azheadspine.org)

### Arizona Relay Service 7-1-1

Assists in connecting deaf, hard of hearing, deaf-blind or have difficulty speaking to whom they need to reach

TTY 1-800-367-8939 | Voice 1-800-842-4681

[azrelay.org](http://azrelay.org)

### Autism Society of Greater Phoenix

Mentoring, support groups, advocacy

480-940-1093

[phxautism.org/](http://phxautism.org/)

### Autism Speaks

Resources for programs and services

888-288-4762

[autismspeaks.org/resource-guide/state/AZ](http://autismspeaks.org/resource-guide/state/AZ)

### A Brighter Avenue

Therapies, early autism programs, in home services

480-474-4173

[abrighteravenue.org](http://abrighteravenue.org)

### Chandler Gilbert ARC

Teaching and support to individuals with intellectual and developmental disabilities

480-892-9422

[cgarc.org](http://cgarc.org)

## Functional/Special Needs

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### Civitan Foundation

Respite, habilitation, attendant care, day treatment for adults, home and community based services, group supported employment and recreational events Transportation is offered to and from services.

**602-953-2944**

[civitanfoundationaz.com](http://civitanfoundationaz.com)

### Cornerstone Healthcare Inc.

In home service provider

**1-800-743-8013**

[cornerstonehealthcareaz.com/](http://cornerstonehealthcareaz.com/)

### Foundation for Blind Children

Education, tools and services to those with vision loss

**602-331-1470 | 602-678-5800**

[seeitourway.org](http://seeitourway.org)

### Gilbert Adaptive Recreation Program

Programs and activities for 14+ with adaptive recreation needs

**480-503-6270**

[gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/adaptive-recreation](http://gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/adaptive-recreation)

### AZ HBS- Home Based Services

Habilitation, respite and attendant care

**480-577-5925 | 480-351-9479**

[Azhbs.com](http://Azhbs.com)

### Marc Community Resources Inc.

Educational, therapeutic, rehabilitation and social services to children & adults with developmental, physical disabilities and behavioral health challenges

**480-969-3800**

[marccr.com/](http://marccr.com/)

### Smiles for Special Needs

Respite, habilitation and attendant care

**480-361-1972**

[smilesforspecialneeds.com/Home\\_Page.html](http://smilesforspecialneeds.com/Home_Page.html)

### Southwest Autism Research and Resource Center

Clinical, school-based, and employment-based autism programs and services

**602-340-8717**

[autismcenter.org](http://autismcenter.org)

### Southwest Human Development

Developmental assessments, inclusion program, assistive technology, autism services and more

**602-266-5976**

[swhd.org](http://swhd.org)

### Valley Center of the Deaf

Provide services to help live independently

**602-267-9122**

[vcdaz.org](http://vcdaz.org)

## Grief & Loss

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### GriefShare

Support for grief journey after loss of a loved one

**480-600-8352**

[Cfalife.org](http://Cfalife.org) or [griefsharie.org](http://griefsharie.org)

### Hospice of the Valley

For adults or teens who have suffered a loss

**602-530-6900**

[hov.org/grief-support-groups](http://hov.org/grief-support-groups)

### MISS Foundation

For those who have lost a child

**1-602-279-6477**

<https://missfoundation.org/>

### New Song Center for Grieving Children

Support groups and activities for children, teens or young adults who have lost a loved one

**480-951-8985**

[hov.org/welcome-new-song-center-grieving-children](http://hov.org/welcome-new-song-center-grieving-children)

### Stepping Stones of Hope

Support groups and camps for kids, teens, adults and families who have lost a loved one

**602-264-7520**

[steppingstonesofhope.org](http://steppingstonesofhope.org)

## Health Services: Low/No Cost

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### Adalante Healthcare, Inc.

Primary medical care for the whole family, including family and internal medicine, pediatrics, dental and on-site lab, WIC/nutrition and help applying for AHCCCS and other assistance.

877-809-5092

[adelantehealthcare.com](http://adelantehealthcare.com)

### Arizona Health Care Cost Containment System (AHCCCS)

Medicaid agency that provides medical insurance and health care programs

602-417-7100 | 1-800-334-5283

[azdes.gov/main.aspx?menu=357&id=5255](http://azdes.gov/main.aspx?menu=357&id=5255)

### Dignity Health-Chandler Regional

Diabetes self-management classes, children's and adult immunization clinics, children's hearing and vision screenings, oral health education and services, safety education and prenatal classes,

480-728-3000

[dignityhealth.org/chandlerregional](http://dignityhealth.org/chandlerregional)

### Desert Mission Medical Services

Adult day healthcare senior enrichment programs

602-331-5792

[desertmission.com/programs/community-healthcare/](http://desertmission.com/programs/community-healthcare/)

### Mission of Mercy-MOM

Free medical care and prescription medications

480-758-8343

[momaz.org](http://momaz.org)

## Hospitals: Medical

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### Banner Desert Medical Center

480-412-3000

[bannerhealth.com/locations/mesa/banner-desert-medical-center](http://bannerhealth.com/locations/mesa/banner-desert-medical-center)

### Banner Gateway Medical Center

480-543-2000 | 855-256-6444

[bannerhealth.com/locations/gilbert/banner-gateway-medical-center](http://bannerhealth.com/locations/gilbert/banner-gateway-medical-center)

### Banner Heart Hospital

480-854-5000

[www.bannerhealth.com/locations/mesa/banner-heart-hospital](http://www.bannerhealth.com/locations/mesa/banner-heart-hospital)

### Cardon Children's Medical Center

480-412-5437

[bannerhealth.com/locations/mesa/cardon-children-s-medical-center](http://bannerhealth.com/locations/mesa/cardon-children-s-medical-center)

### Chandler Regional Medical Center

480-728-3000

[dignityhealth.org/chandlerregional](http://dignityhealth.org/chandlerregional)

### Mercy Gilbert Medical Center

480-728-8000

[dignityhealth.org/mercygilbert/](http://dignityhealth.org/mercygilbert/)

### Phoenix Children's Hospital

602-933-1000

[phoenixchildrens.org](http://phoenixchildrens.org)

## Hospitals: Psychiatric

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### Aurora Psychiatric

877-870-7012

[aurorabehavioral.com](http://aurorabehavioral.com)

### Banner Behavioral Health

[bannerhealth.com/locations/scottsdale/banner-behavioral-health-hospital](http://bannerhealth.com/locations/scottsdale/banner-behavioral-health-hospital)

480-448-7500

### Community Bridges Inc.

480-962-7711 or 877-931-9142

[communitybridgesaz.org/](http://communitybridgesaz.org/)

### Oasis Behavioral Health Hospital

480-917-9301

[obhhospital.com](http://obhhospital.com)

## Hospitals: Psychiatric

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**Phoenix Children's Hospital** (up to age 12)  
602-933-1000 | 1-888-908-5437  
[phoenixchildrens.org](http://phoenixchildrens.org)

**Quail Run Behavioral Health** (8-11 yrs & adults)  
602-455-5700  
[quailrunbehavioral.com](http://quailrunbehavioral.com)

**St. Luke's Behavioral**  
602-251-8535 | 1-800-821-4193  
[stlukesbehavioralhealth.com](http://stlukesbehavioralhealth.com)

**Urgent Psychiatric Care (UPC)**  
602-416-7600  
[connectionsarizona.com](http://connectionsarizona.com)

## Housing & Rent Assistance

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**Affordable Rental Movement of Save the Family**  
Transitional housing and supportive services for homeless families with children  
480-898-0228  
[savethefamily.org](http://savethefamily.org)

**Gilbert Cares**  
Refurbish homes for seniors, veterans, disabled and families at risk  
480-857-8581  
[gilbertcares.org](http://gilbertcares.org)

**Gilbert Community Action Program (CAP)**  
Rent & Utility assistance  
480-892-5331  
[Azcend.org/community-action-program/](http://Azcend.org/community-action-program/)

**Habitat for Humanity**  
Builds and improves homes for individuals & families  
602-268-9022  
[habitatcaz.org](http://habitatcaz.org)

## Homes for Single Moms

Help single mother homeowners manage & maintain their homes with support, resources, education and maintenance  
[homesforsinglemoms.org/](http://homesforsinglemoms.org/)

## Rebuilding Together

Critical repairs and accessibility modifications at no cost to income-eligible seniors, veterans, families with young children, and those with disabilities  
480-774-0237  
[rtvos.org/](http://rtvos.org/)

## Salvation Army – Chandler Office

Assist with paying utilities, rent or other vital payments  
480-963-2041  
[arizona.salvationarmy.org/arizona/chandler\\_corps\\_community\\_center\\_page](http://arizona.salvationarmy.org/arizona/chandler_corps_community_center_page)

## Town of Gilbert - Emergency Home Repair Program

Emergency and minor home repairs to income eligible Gilbert homeowners to assist with health or safety related home repairs.  
480-503-6277  
[gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/emergency-minor-home-repair-program](http://gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/emergency-minor-home-repair-program)

## Immigration Services

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**MP legal services LLC**  
Prepares legal documents  
602-357-0811  
[perezlegalservicesaz.com/](http://perezlegalservicesaz.com/)

## Sanchez Immigration

Practices federal immigration and nationality law  
480-275-2407  
[sanchezimmigration.com/](http://sanchezimmigration.com/)

## The Widow's Mite

Assists African refugees  
[facebook.com/widowsmiteaz/](http://facebook.com/widowsmiteaz/)

## Translation AZ

Professional translation services for all languages

1-800-620-4789

[translationaz.com/translation-services/](http://translationaz.com/translation-services/)

## Legal

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### AZ Coalition to End Sexual and Domestic Violence (ACESDV)

Legal Advocacy Hotline

602-279-2900 | 800-782-6400

TTD/TTY 602.279.7270

[acesdv.org](http://acesdv.org)

### Arizona Fair Housing Center

Investigate housing discrimination and civil rights complaints.

602-548-1599 | 1-800-367-8939

<http://azfairhousing.net/>

### Community Legal Services

Legal services to lower income eligible residents experiencing legal problems

480-833-1442 (EV) | 602-258-3434 (Phx)

[clsaz.org](http://clsaz.org)

### Family Legal Assistance Program (FLAP)

Free or reduced fee legal help for those who qualify

602-506-7948 | 602-257-4434

[azlawhelp.org](http://azlawhelp.org)

### State Bar of Arizona

Resources on finding a lawyer, legal help and education

602-252-4804

[azbar.org](http://azbar.org)

### VITA-Volunteer Income Tax Assistance

Taxes prepared for free

480-834-2113

[irs.treasury.gov/freetaxprep](http://irs.treasury.gov/freetaxprep)

## Lesbian, Gay, Bisexual, Transgendered, Queer (LGBTQ)

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### 1 N 10

Provide support groups & social programs for youth 14-24

602-279-0894

[oneten.org/](http://oneten.org/)

### GLSEN

Community connections & crisis assistance

602-705-9780

[glsenphoenix.org](http://glsenphoenix.org)

### Greater Phoenix Gay & Lesbian Chamber of Commerce

Supports an inclusive business environment

480-748-6681

[phoenixgaychamber.com](http://phoenixgaychamber.com)

### Parents Families and Friends of Lesbians & Gays (PFLAG) Phoenix

Provides support to those on the journey

602-843-1404

[pflagphoenix.org](http://pflagphoenix.org)

### Phoenix Pride

Promotes unity, visibility and self-esteem through programs

602-277-7433

[phoenixpride.org](http://phoenixpride.org)

### Teen Lifeline

24 hr service with trained peer counselors

602-248-8336

[teenlifeline.org](http://teenlifeline.org)

### Trevor Project

Crisis intervention and suicide prevention for LGBTQ youth

866-488-7386

[thetrevorproject.org](http://thetrevorproject.org)



## Mental/Behavioral Health

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**AZ Teen Crisis Solutions**  
602-879-9600 | Crisis Text 741741

**Community Bridges**  
*Crisis stabilization services and emergency interventions*  
877-931-9142  
[communitybridgesaz.org](http://communitybridgesaz.org)

**EMPACT**  
*Mobile crisis support, case management and trauma healing program*  
1-800-273-8255  
[empact-spc.com](http://empact-spc.com)

**Exhale PTSD Recovery Centers**  
*Specializing in recovery from trauma through therapy, support, behavioral health, housing and treatment services.*  
1(866)994-PTSD  
<https://exhalerecovery.com/>

**Gilbert Youth & Adult Resources**  
*Comprehensive counseling program for Gilbert youth and families*  
480-635-7701  
[gilbertaz.gov/police](http://gilbertaz.gov/police)

**IMHR Epicenter Phx (ages 15-35)**  
*Therapy, education, support and medicine management*  
602-595-5447  
[imhrepicenter.org](http://imhrepicenter.org)

**Jewish Family & Children Services**  
*Counseling & behavioral health services, substance abuse counseling and recovery*  
480 820-0825 | 602-279-7655  
[jfcsaz.org](http://jfcsaz.org)

**Mercy Maricopa Integrated Care**  
*Connect to behavioral health, substance use and crisis care services*  
602-222-9444 | 1-800-631-1314  
TTY/TDD 1-800-327-9254  
[mercymaricopa.org](http://mercymaricopa.org)

**NAMI Valley of the Sun office**  
*Advocates for access to services, treatment and education programs*  
602-244-8166  
[namivalleyofthesun.org](http://namivalleyofthesun.org)

**Redemption Psychiatry & Counseling**  
*Outpatient group to provide mental health treatment to children, teens and adults in the East Valley*  
480 471-8560  
[redemptionpsychiatry.com](http://redemptionpsychiatry.com)

**San Tan Behavioral Health**  
*Screening/assessments, treatment planning, counseling, life skills, behavior coaching, and therapeutic recreation programs*  
480-507-3644  
[santanbhs.com](http://santanbhs.com)

**Southwest Behavioral & Health Services**  
*Providing integrated behavioral & health services to children, adolescents and adults*  
480-820-5422 | 602-265-8338  
[sbhservices.org](http://sbhservices.org)

## Military/Veterans

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**American Red Cross**  
*Supports military families during deployments and emergencies*  
602-336-6660  
[redcross.org/what-we-do/support-military-families](http://redcross.org/what-we-do/support-military-families) or [www.redcross.org/find-help](http://www.redcross.org/find-help)

**CRISIS Line**  
*Connect with a qualified responder*  
480-784-1500  
480-784-1514 Veterans Crisis Line  
602-277-5551 Phx VA Health Care  
[veteranscrisisline.net](http://veteranscrisisline.net)

**Military/Veterans Crisis Line**  
*Free VA support for all service members*  
800-273-8255 press 1  
[veteranscrisisline.net/activeduty.aspx](http://veteranscrisisline.net/activeduty.aspx)

## Military/Veterans

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### Military OneSource

Assistance in preparing for deployment, homecoming and reintegration

**800-342-9647**

[militaryonesource.mil/deployment/military-and-family-support-programs](http://militaryonesource.mil/deployment/military-and-family-support-programs)

### Military.com

Guard and reserve family resources for deployment, benefits and support available

[military.com/spouse/military-life/military-resources/family-support-services.html](http://military.com/spouse/military-life/military-resources/family-support-services.html)

### Operation Welcome Home

Assist in coordinating deployment and welcome home ceremonies. Nominate a veteran.

**480-400-9349**

[operationwelcomehomeaz.com/](http://operationwelcomehomeaz.com/)

### Project Sanctuary

Supports military families and assists with reintegration

**720-561-9193**

[projectsanctuary.us/](http://projectsanctuary.us/)

### Rally Point Arizona

Veterans helping veterans and their families with suicide prevention

**480-784-1514 | 1-855-725-5948**

[rallypointaz.org](http://rallypointaz.org)

### Veteran's Affairs Health Clinic- Gilbert

Primary health care, psychiatry, psychology dermatology, gastroenterology and rheumatology.

**480-397-2800**

[phoenix.va.gov/locations/southeast.asp](http://phoenix.va.gov/locations/southeast.asp)

### Veterans Hospital

Health care services, dental, nutrition, and mental health services

**602-277-5551**

<https://www.phoenix.va.gov/>

## Pregnancy

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### Choices Pregnancy Center

Free consultations, ultrasounds, pregnancy tests and pregnancy information

**480-733-2740**

[choicesaz.org](http://choicesaz.org)

### Hope Women's Center

Safe haven for at-risk women and girls

**480-983-4673 (AJ) | 602-715-0999 (Phx)**

[hopewomenscenter.org](http://hopewomenscenter.org)

### Maggie's Place

House of hospitality for pregnant and parenting women in need

**602-262-5555**

[maggiesplace.org](http://maggiesplace.org)

### Pregnancy Care Center of Gilbert

Free pregnancy testing, options counseling, ultrasounds, referrals and resources. PCC does not provide or refer for abortions.

**480-237-4810**

<http://pccchandler.com/>

## Recovery Centers

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### Community Bridges, Inc.

Crisis stabilization services are emergency interventions that can last up to a maximum of 23 hours. Services include medically monitored stabilization, triage, evaluation, assessment, and transitional services for individuals who have either used a substance within the last five days, or are currently experiencing a substance or co-morbid related crisis.

**1550 North Stonehenge Drive, Suite 104**

**Gilbert, 85233 (877) 931-9142**

<https://communitybridgesaz.org/programs/crisis-stabilization-medical-detoxification/>

<https://communitybridgesaz.org/>

### Eureka Imperial Residence

Private traditional rehab located in Arizona, Gilbert. Eureka Imperial Residence offers inpatient programs for men struggling with alcohol and drug abuse.

**1740 South Heritage Drive**

Gilbert, 85295  
1(888) 771-6276  
<https://www.rehab.com/eureka-imperial-residence/5181079-r>

### Exhale PTSD Recovery Centers

*Specializing in recovery from trauma through therapy, support, behavioral health, housing and treatment services.*  
1(866)994-PTSD  
<https://exhalerecovery.com/>

### MHCTI DBA Step Two Recovery Center

*Substance abuse treatment services, aftercare addiction treatment, residential long-term inpatient treatment, adolescent's addiction treatment.*  
3771 East Brooks Farm Road  
Gilbert, Arizona 85298  
1(888)-203-2709  
<https://www.rehabcenter.net/rehab-centers/arizona-rehab-centers/gilbert/mhcti-dba-step-two-recovery-center>

### Pathway Program

*Teen/ Young Adult support groups, parent support group, intensive outpatient treatment, residential treatment.*  
4820 S. Mill Ave Suite 101  
Tempe, Arizona 85282  
1(877)-921-4050  
<https://thepathwayprogram.com/>

## Seniors

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### About Care, Inc.

*Transportation, respite care, minor repairs*  
480-802-2331  
[aboutcare.org](http://aboutcare.org)

### Alzheimer's Association

*Education and support to caregivers, patients, and families*  
602-528-0545  
[alz.org/dsw?set=1](http://alz.org/dsw?set=1)

### Area Agency on Aging

*Advocate for older adults and senior help line.*

602-264-2255 | TTY/TDD 602-241-6110  
[www.aaaphx.org](http://www.aaaphx.org)

### Arizona Assisted Living Facilities & Senior Care

*Senior placement organization to help families find safe care options*  
866-560-5656  
[carepatrol.com](http://carepatrol.com)

## Seniors

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### Ability360

*Removal of architectural barriers in the homes of residents with disabilities.*  
480-655-9750  
[ability360.org/](http://ability360.org/)

### Chandler Senior Center

*Recreational, social and support services including an on-site hot lunch program*  
480-782-2720  
[chandleraz.gov/explore/chandler-recreation/centers-and-facilities/chandler-senior-center](http://chandleraz.gov/explore/chandler-recreation/centers-and-facilities/chandler-senior-center)

### East Valley Adult Resources

*In home support, referral & care information*  
480-964-9014  
[evadultresources.org](http://evadultresources.org)

### East Valley Dial-a-Ride

*ADA transportation for those unable to use the local bus service due to a disability*  
602-253-5000  
[valleymetro.org/dial-ride](http://valleymetro.org/dial-ride)

### Gilbert Community Center-Home of Senior Center

*On-site daily lunch program, classes, activities and health presentations.*  
480-503-6061  
[gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/seniors](http://gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/seniors)

### Meals - Home Delivered

*Hot meal is delivered to homes Monday-Friday*

602-264-4357

[aaaphx.org/program-services/home-delivered-meals/](http://aaaphx.org/program-services/home-delivered-meals/)

### Senior Help Line

24 hr information and assistance resource to help you find the service you need for transportation, housing, long-term care, meals, home care, etc.

602-264-4357

[aaaphx.org](http://aaaphx.org)

### Senior Guidance

Assisted living resources

[seniorguidance.org/assisted-living/arizona/](http://seniorguidance.org/assisted-living/arizona/)

## Shelters: Homeless

### Centralized Screening for Homeless Individuals and Families

Singles	602-759-5356
Families	602-595-8700
Domestic Violence	480-890-3039
Youth	602-271-9904
Veterans & Veteran Families	602-248-6040

### Child Crisis Center (ages 0-11)

Provides emergency shelter to children

480-969-2308

[childcrisisaz.org/](http://childcrisisaz.org/)

### Interfaith Homeless Emergency Lodging Program (I-HELP)-Chandler

Safe place to sleep, hot meal and shower for adults experiencing homelessness. Case management, clothing and employment services.

480-963-1423x112

<http://azcend.org/i-help/>

### Maggie's Place

House of hospitality for pregnant and parenting women in need

602-246-3724

[maggiesplace.org](http://maggiesplace.org)

## Special Needs

See "Functional Needs" on p. 12"

## Suicide

9-1-1

### American Foundation for Suicide prevention

Provides resources and aid to those affected

1-888-333-2377

[afsp.org](http://afsp.org)

## Suicide

### AZ Teen Crisis Solutions

623-879-9600 (24 hr)

### Crisis Response Network (CRN)

24/7 crisis response network to assist children and adults connect with medical, legal, affordable housing services and more.

602-222-9444

[crisisnetwork.org](http://crisisnetwork.org)

### EMPACT Suicide Prevention Hotline

480-784-1500 | 1-800-273-8255

[empact-spc.com](http://empact-spc.com)

### The Jason Foundation

School based curriculum, online staff development programs and parent seminars

1-888-881-2323

[jasonfoundation.com](http://jasonfoundation.com)

### Mercy Maricopa Integrated Care

Crisis intervention, support and referrals available 24 hrs a day

602-222-9444

[mercymaricopa.org/members/resources/crisis](http://mercymaricopa.org/members/resources/crisis)

### National Suicide Prevention Hotline

1-800-273-8255

[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

### Teen Lifeline

Suicide counseling with trained peer counselors

602-248-8336

[teenlifelineTeen.org](http://teenlifelineTeen.org)

## Trevor Project

Crisis intervention and suicide prevention for LGBTQ youth

866-488-7386

[thetrevorproject.org](http://thetrevorproject.org)

## Veteran's Administration, Veteran's Crisis

Free VA support for all service members

1-800-273-8255 | 480-353-0293

[phoenix.va.gov](http://phoenix.va.gov)

## Support Groups

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### Al Anon/Alateen

Support for family members and teens who are worried about someone with a drinking problem

602-249-1257 | 480-969-6144

<https://al-anon.org/>

### Alcoholics Anonymous

Meetings for those who have had a drinking problem

602-264-1341

[aaphoenix.org](http://aaphoenix.org) | <http://aamesaaz.org/>

### Alzheimer's Association

Support individuals, families, care partners and communities affected by dementia.

1-800-272-3900

[alz.org](http://alz.org)

### Autism Speaks

Resources for programs and services

480-231-4214 | 1-888-288-4762

[autismspeaks.org/resource-guide/state/AZ](http://autismspeaks.org/resource-guide/state/AZ)

### Hidden Heroes- Military Caregivers

Support for those caring for an injured service member

202-249-7172

<https://hiddenheroes.org/>

### NAMI-National Alliance on Mental Illness

Meetings of caregivers of individuals with a mental illness

602-244-8166

[namiarizona.org/](http://namiarizona.org/)

## Teen Addiction Anonymous

Created for teens 15-18 by teens to reflect on life issues, work on behavior and find peer support.

[teenaddictionanonymous.com](http://teenaddictionanonymous.com)

## Transportation

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### About Care

Transportation to medical, groceries and/or social appointments

480-802-2331

[aboutcare.org](http://aboutcare.org)

### ComTrans

Specialized community behavioral health and social service transportation for adults and children to medical or counseling appointments

602-231-0102

[gocomtrans.com](http://gocomtrans.com)

### East Valley Dial-A-Ride

ADA transportation for those unable to use the local bus service due to a disability

480-633-0101

[valleymetro.org/dial-ride](http://valleymetro.org/dial-ride)

### Valley Metro

480-921-3071 | 602-253-5000

Bus and rail information

[valleymetro.org](http://valleymetro.org)

## Utility Assistance

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### Gilbert Community Action Program (CAP)

Emergency financial and utility assistance

480-892-5331

[azcend.org/community-action-program](http://azcend.org/community-action-program)

### Salvation Army – Chandler Office

Assist with paying utilities, rent or other vital payments

480-963-2041 | 480-786-4093

[chandler.salvationarmy.org](http://chandler.salvationarmy.org)

### Southwest Gas – Low-Income Ratepayer Assistance (LIRA)

Qualified individuals can receive a 30% reduction in monthly basic service charge and a “per therm” rate discount  
877-860-6020

[myaccount.swgas.com/content/lira](http://myaccount.swgas.com/content/lira)

### St. Anne-Friends of the Needy

Utility bill assistance for basic needs like water, gas, and electricity.  
480-507-4466

[stanneaz.org/connect/ministries/outreach/friends-of-the-needy](http://stanneaz.org/connect/ministries/outreach/friends-of-the-needy)

### SRP Economy Price Plan

Receive a monthly discount if qualified  
602-236-8888

[srpnet.com/prices/economy.aspx](http://srpnet.com/prices/economy.aspx)

## Veterans

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See “Military” on p. 17

## Volunteer Opportunities

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### For Our City – Gilbert

[irun4good.org/](http://irun4good.org/)

### Gilbert Gives (Chamber for Good)

[chamberforgood.com/gilbert](http://chamberforgood.com/gilbert)

### Just Serve

[justserve.org](http://justserve.org)

### Town of Gilbert

[gilbertaz.gov/residents/volunteer](http://gilbertaz.gov/residents/volunteer)

### VolunteerMatch

[volunteermatch.org](http://volunteermatch.org)

## Miscellaneous

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### Abandoned Ride-Share Bikes

LimeBike (Green and Yellow Bikes)  
888-546-3345

[support@limebike.com](mailto:support@limebike.com)

### Spin (Orange Bikes)

888-262-5189 (instant messaging available)  
[www.spin.pm](http://www.spin.pm)

### OFO (Yellow Bikes)

[support@ofobike.com](mailto:support@ofobike.com)

### Abandoned Shopping Cart

Arizona Food Marketing Alliance  
1-800-THE-CART or 1-800-843-2278  
<http://afmaaz.org/report-a-stray-cart-arizona-cart-services.html>

### Bees

For bees on private property, contact a bee removal service.  
If the bees are actively attacking, Call 9-1-1.

### Community Information & Referral

(2-1-1)

211

[cir.org](http://cir.org)

### Home Safety Evaluations

Town of Gilbert Fire and Rescue  
[gilbertaz.gov/departments/fire-and-rescue](http://gilbertaz.gov/departments/fire-and-rescue)  
480-503-6300

### Maricopa Government Directory

[www.maricopa.gov/](http://www.maricopa.gov/)

### Mosquitos

Information on how to control mosquitos and entities to contact for assistance  
[gilbertaz.gov/departments/public-works/wastewater/mosquito-control](http://gilbertaz.gov/departments/public-works/wastewater/mosquito-control)

### Phoenix Community ToolBank

Lends organizations tools for use in volunteer and community benefit projects  
602-438-4005  
[phoenix.toolbank.org](http://phoenix.toolbank.org)

### Poison Control

800-222-1222

[azpoison.com/](http://azpoison.com/)

### Silent Witness

480-948-6377

[silentwitness.org/](http://silentwitness.org/)

### Stray/Feral Cats

Maricopa County Animal Control

<https://www.maricopa.gov/3560/Animal-Care-and-Control>

### Roof Rats

Maricopa County Vector Control Office & Lab

602-506-0700

<https://www.maricopa.gov/2179/Roof-Rat-Resources>