



Gangs & Drugs
What Every Parent and Teacher
NEEDS TO KNOW

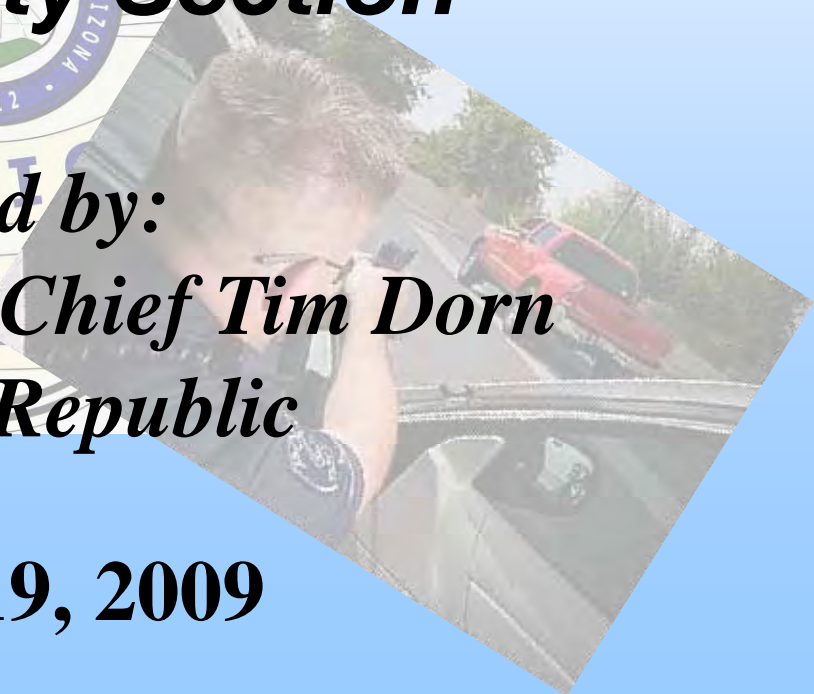


Computer Safety Section

Presented by:

The Gilbert Police: Chief Tim Dorn
The Gilbert Republic

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Resources

Gilbert Police Department's
Youth and Adult Resources
(480)635-7701



<http://www.gilbertaz.gov/police/yar.cfm>



Suggestions For Parents

- Communicate openly about drugs/alcohol with your children and their friends
- Communicate with parents of your child's friends.
- Establish and enforce home rules
- Participate in family activities
- Involve children in extracurricular activities
- Spend quality time with your children



Don't Be Afraid to Ask

- **Home Drug Tests Kits**
- **Available at local pharmacies**
 - Home Health Testing
1-800-211-6636
www.home-healthtesting.com
- Parents Home Drug Testing
1-800-397-8880
www.netdrugtest.com



Resources



<http://www.parentshelpingparents.info/>

- Where your child hides drugs
- Parents providing support and assistance to other parents



Resources



<http://www.notmykid.org/>

- At notMYkid, we inspire positive life choices by educating our community about the consequences of destructive youth behaviors.



www.communitybridgesaz.org

Central City ARC	602-273-9999*
East Valley ARC	480-962-7711*
AZ Bridge to Recovery	480-649-1141*
	866-910-1141*
Admin/Prevention	480-831-7566
Journey – A New Beginning	480-962-7922
Center for Hope	480-461-1711
Center for Excellence	602-861-2255
Day Resource Center	602-393-9930
Steele Commons	602-258-3876

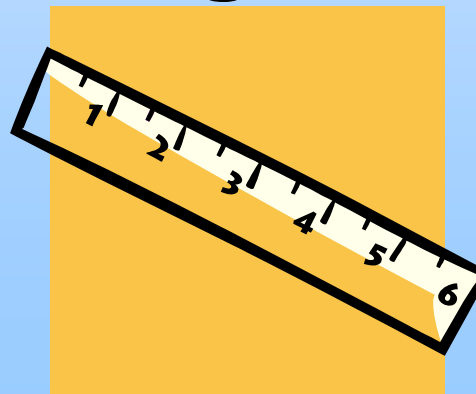
* Open 24 hours



Top ten things you can do to protect you children Online

10

Establish rules with your teen about where they can go online.





Top ten things you can do to protect you children Online

9

Talk to your teens about incidents that occur Online and who they talk to Online





Top ten things you can do to protect you children Online



8

Create a User profile within the Operating System which allows you set parameters of usage



Top ten things you can do to protect you children Online

7

**Set security setting on browsers
which restricts certain web site
access**





Top ten things you can do to protect you children Online

6

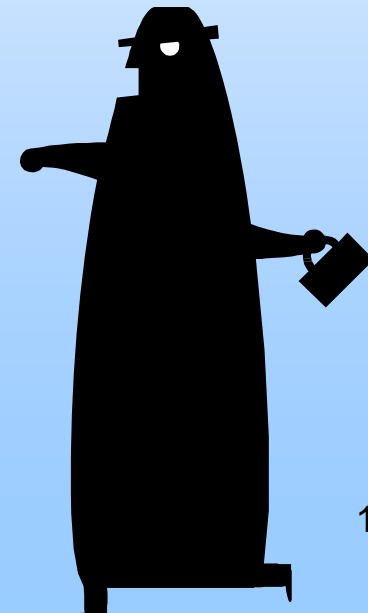
**Do not give out personal
information over the Internet**



Top ten things you can do to protect you children Online

5

Keep screen names generic and gender unspecific





Top ten things you can do to protect you children Online

4

Do not share any passwords or allow access to any computer accounts





Top ten things you can do to protect you children Online

3

Check internet history on a regular basis





Top ten things you can do to protect you children Online

2

Location, Location, Location
Have line of sight on computer



- Top ten things you can do to protect you children Online
- **And the #1 thing to do to protect your children Online...**

**...THROW YOUR COMPUTER
OUT THE WINDOW**



Questions to ask yourself:

- Has my child shown recent change or poor progress or achievement in school?
- Does my child have low self-esteem?
- Is my child truant from school?
- Does my child have changes of interest in hobbies?
- Does my child have difficult finding something to do or have trouble with leisure time (too much)?
- Has my child's sleeping habits changed?



Questions to ask yourself:

- Has my child withdrawn from family or friends?
- Does my child associate with undesirable kids?
- Has my child began to stay out later than usual?
- Has my child developed major attitude problems with parents, teachers or those in authority?
- Does my child have a liberal or favorable attitude toward drugs and drug use?
- Does my child have the perception that there is little caring or acceptance on the part of school staff?
- Is my child acting aggressive or angry behavior?₉



Suggestions For Parents

- Communicate openly with your children and their friends about drugs and drug awareness
- Communicate with parents of your child's friends
- Establish and enforce home rules
- Participate in family activities
- Involve children in sports, scouts, clubs, dance, etc.
- Spend quality time with your children
- Start neighborhood block watches and block parties
- Share your values and beliefs with your children to help them establish their own



Suggestions for Parents

- Set limits for your children and enforce those limits
- Do not allow your children to stay out late and spend a lot of unsupervised time away from home
- Do not allow your children to write or practice gang names, symbols, or other gang graffiti
- Know your child's friends and communicate with their parents