

Obstacles

"Superman" Tower

"Thor" Tires

"Aqua man Slide"

"Wolverine" Wash

"Spiderman's" Web

And more...



Run Packets:

Run start times will be assigned
at Packet Pick up.

Parks and Recreation Office

March 25-27 from 2PM-6PM

Gotham City

Participant Awards

Finish Line Refreshments

Inflatable Activities

Vendor Booths

FlipSide

Town of Gilbert—Parks and Recreation

90 E. Civic Center Drive

Gilbert, AZ 85296

www.gilbertaz.gov/Kapow



Presented By:  Banner Health Center



Presented By:  Banner Health Center

Saturday-March 29, 2014

Freestone Park

8:00 am* 1st Wave will start

5 Obstacle "Spiderman" Adventure Run

10 Obstacle "Wolverine" Adventure Run

16 Obstacle "Superman" Adventure Run

On race day runners may choose whichever course they
would like to run.

*Registered participants will be assigned a start time at
Run Packet Pick up. Wave start will begin at 8:00 am and
continue every 5-10 minutes



Name _____
 Address _____
 City, State, Zip _____
 Email _____

Please make checks payable to:

Town of Gilbert
 Mail to: Town of Gilbert
 Parks & Recreation Dept.
 90 E. Civic Center Dr.
 Gilbert, AZ 85296

Presented By:  **Banner Health Center**

Office use only:

Check # _____ Cash \$ _____
 Credit Card \$ _____
 Amount Pd. _____
 Staff _____ Date: _____

Runners are encouraged to wear their favorite superhero costume!

Official Entry Waiver (ENTIRE FORM MAY BE PHOTOCOPIED) I allow my child, and/or myself, to participate in this program/activity. I understand that there are risks associated with strenuous physical exertion with this event, including but not limited to those caused by the terrain, the weather and the condition of the athlete, the vehicular traffic, other participants and lack of hydration. I also understand that if in doubt of any physical condition to engage in the KA-POW! Adventure Run, I have been advised to seek the advice of a competent physician and abide by his/her advice. I understand that the Town of Gilbert has no medical insurance for this program/activity. In consideration of the right to participate in the Gilbert Parks and Recreation Department Event, I hereby waive, release and discharge any and all claims for damages, for death, personal injury or property damage or actions of any kind which may hereafter occur to me or any other persons as a result of my participation in this event. This waiver and release shall be binding on my heirs, my executors and administrators and shall favor Gilbert Parks and Recreation Department, and all promoters, officials, and any other individuals of entries in any way connected to this event. I hereby grant full permission to any and all the above to use my name, my likeness and any photograph, videotapes, motion pictures, recordings or any other record of my participation in this event to the Town of Gilbert for any publicity and/or promotional purposes.

Participant Signature _____ (Registration form will not be processed without signature)
 Parent/Guardian Signature if Under 18 _____ Parent Name Print (If Minor) _____

Credit Card Payment

_____ MasterCard _____ Visa _____ Amex _____ CC# _____ Exp. Date _____

Name on Card (please print) _____

I agree to the terms and conditions of this agreement, and waiver all rights to charge back any amount on my card.

Authorized Signature _____

On-line Registration:

January 6th through March 20th
 www.GilbertRecreation.com

Registration Code-75172

Mail and Walk in Registration:

Parks and Recreation
 90 E. Civic Center Drive
 Gilbert, AZ 85296

**Forms must be received
 by March 20th @ 6pm.**

Registration Hours:
 Monday-Thursday 7am-6pm

Fees-All Ages*

5 Obstacle "Spiderman" Run

10 Obstacle "Wolverine" Run

16 Obstacle "Superman" Run

\$15 prior to March 20th

\$20 on Event Day

*Age 7 and under require a registered parent to be with the child at all times. Some obstacles are not recommended for children under 4 years old.

Race Day Registration:

CASH OR CHECK ONLY

Credit Cards not accepted on Race Day

All registrations are non-refundable.

No Strollers or Pets Please.

**Runners are encouraged to wear
 their favorite superhero costume!**

Call Gilbert Parks & Recreation

(480) 503-6200

www.gilbertaz.gov/events